

Ad-Id: VCDC1417000

SPOT TITLE: Angie P. Vignette

LENGTH: 1:31

AS-RECORDED SCRIPT:

SUPER: SMOKING AND IDENTITY

A Former Smoker's Story

We see Angie in the kitchen pouring cereal and milk and hear as the cereal falls into the bowl.

ANGIE: It was fun growing up in Cincinnati

Cut to Angie speaking to camera sitting at a table. She is wearing a magenta cardigan and dark grey top.

ANGIE: but I felt like there was this huge dark space within me that I could not talk to anybody about

Cut to Angie walking through the kitchen, opening the refrigerator. Cut to Angie speaking to camera.

ANGIE: and anytime that I had any kind of feelings about being lesbian I'd just smoke.

Cut to Angie sitting down on a stool at the kitchen counter with her cereal bowl. Cut to Angie speaking to camera. Cut to Angie sitting and looking into the distance.

ANGIE: Menthol cigarettes became my best friend

Cut to Angie speaking to camera. Cut to Angie taking the cereal containers off of her kitchen counter. You can hear the clink of dishes.

ANGIE: When you inhaled it it was cool and then when you blew it out it was cool.

ART CARD: MENTHOL MASKS THE HARSHNESS OF TOBACCO PRODUCTS AND CAN MAKE THEM MORE ADDICTIVE.

Cut to Angie speaking to camera at the table.

ANGIE: I used cigarettes to cover up who I really truly was.

Cut to Angie walking on her balcony and sitting on a bench, reading a newspaper.

ANGIE: It made me angry that something had that much power over me

Cut to Angie speaking to camera

ANGIE: that left to my own devices I couldn't quit.

Cut to Angie looking in the distance and sitting on a bench on her porch. Cut to Angie speaking to camera.

ANGIE: Cigarettes meant so many different things to me so I had to go through the process of letting that go and dealing with the feelings that I've been hiding for the past 40 years.

Cut to a still image of Angie & her wife Catharay embracing outside amongst trees.

SUPER: Angie and wife, Catharay

ANGIE: I did not come out until my 40s.

Cut to Angie staring off into the distance. Cut to Angie speaking to camera. Cut to Angie outside walking down stairs and towards a fence, opening a gate.

ANGIE: I started unraveling all of that resentment, anger, all this stuff had to kind of just get out

Cut to an image of leaves with sunlight peeking through them. Pan down to Angie looking up at the tree leaves.

ANGIE: and I'm feeling good about myself as a result of quitting smoking.

Cut to Angie speaking to camera.

ANGIE: There was a change that took place I looked in the mirror one day and I could see who I was.

Cut to Angie walking through a neighborhood. The streets are lined with trees. Cut to Angie speaking to camera.

ANGIE: It's like I've come into myself and Angie is a really cool chick and I didn't know that for a very long time I did not know that.

ART CARD: You can quit. For free help, visit [CDC.GOV/QUIT](https://www.cdc.gov/quit)

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