

**A TIP ABOUT
SECONDHAND
SMOKE**

TM

SECONDHAND SMOKE TRIGGERS SEVERE ASTHMA ATTACKS.

**Jamason
High School Student
Kentucky**

When Jamason was 16, secondhand smoke triggered such a severe asthma attack, he was hospitalized for four days. If you or someone you know wants free help to quit smoking, call **1-800-QUIT-NOW**.

#CDCTips



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention
[CDC.gov/tips](https://www.cdc.gov/tips)