

## **Know the Risks: Youth and E-cigarettes**

### INFORMATION FOR USERS

**Purpose:** CDC's Office on Smoking and Health (OSH) developed a presentation called, "Know the Risks: Youth and E-cigarettes," to educate youth on e-cigarettes, including the health risks, the factors that lead to e-cigarette use, and what youth can do to avoid all tobacco products, including e-cigarettes.

**URL:** The presentation is available on OSH's [website](#).

**Length:** The presentation will take approximately 45 minutes to deliver.

**Target Age Group:** Youth ages 11-18

**Intended Presenter(s):** The presentation is intended to be delivered by adults who educate or serve youth ages 11-18. This could include teachers, coaches, Parent Teacher Associations, youth ministry leaders, etc.

**Format:** The presentation includes the entire script, so the presenter does not need additional information to deliver the presentation. If you have props available to make it hands-on and interactive, consider the following:

- An e-cigarette such as a disposable e-cigarette
- Fake Brain
- E-cigarette refillable liquid

### **Qs & As:**

#### **Can I modify these slides?**

No. The content contained within individual slides should not be modified.

#### **Can I add or delete slides?**

Yes. However, CDC is neither responsible for, nor does it endorse, any added slides.

#### **Do I need to be an expert on e-cigarettes to deliver the presentation?**

No, the presentation was developed so that any adult who educates or serves youth ages 11-18 can deliver the presentation without prior knowledge of e-cigarettes. Since you are serving youth directly, CDC OSH has provided you the content you need to educate youth on the risks of e-cigarettes.

#### **Where can I find more information on e-cigarettes and youth?**

[Quick Facts on the Risks of E-cigarettes for Kids, Teens, and Young Adults](#)

[Know the Risks: E-cigarettes & Young People](#)

[Teen.smokefree.gov](http://Teen.smokefree.gov)

**Does CDC have a presentation on e-cigarettes for adults?** Yes, a companion presentation on parents, e-cigarettes, and youth can be found [here](#). This presentation educates parents on youth e-cigarette use, including the health risks, the factors that lead to e-cigarette use, and what parents can do to help youth avoid all tobacco products, including e-cigarettes.

**Do I need to have internet access to deliver the presentation?** You can download the presentation and save it on your computer from CDC OSH's website. Once downloaded, you can deliver the presentation without internet access.

**Whom can I contact at CDC if I have any questions about the presentation?** Please email the OSH Speakers Bureau at: [oshspeakersbureau@cdc.gov](mailto:oshspeakersbureau@cdc.gov) if you have any questions. This email inbox is monitored regularly.