

Know the Risks: A Parent's Guide to E-cigarettes and Youth INFORMATION FOR USERS

Purpose: CDC's Office on Smoking and Health (OSH) developed a presentation called, "Know the Risks: A Parent's Guide to E-cigarettes," to educate parents on youth e-cigarette use, including the health risks, the factors that lead to e-cigarette use, and what parents can do to help youth avoid all tobacco products, including e-cigarettes.

URL: The presentation is available on OSH's [website](#).

Length: The presentation will take approximately 45 minutes to deliver.

Target Age Group: Parents of youth ages 11-18

Intended Presenter(s): The presentation is intended to be delivered by adults who educate or serve youth ages 11-18. This could include teachers, coaches, Parent Teacher Associations, youth ministry leaders, etc.

Format: The presentation includes the entire script so the presenter does not need additional information to deliver the presentation. If you have props available to make it hands-on and interactive, consider the following:

- An e-cigarette such as a rechargeable e-cigarette, large tank device, medium tank device, or a disposable e-cigarette
- Fake Brain
- E-cigarette refillable liquid

Qs & As:

Can I modify these slides? No. The content contained within individual slides should not be modified.

Can I add or delete slides? Yes. However, CDC is neither responsible for, nor does it endorse, any added slides.

Do I need to be an expert on e-cigarettes to deliver the presentation? No, the presentation was developed so that any adult who educates or serves youth ages 11-18 can deliver the presentation without prior knowledge of e-cigarettes. Since you are serving the parents of youth, CDC OSH has provided you the content you need to educate parents on the risks of e-cigarettes.

Where can I find more information on e-cigarettes and youth?

- [Quick Facts on the Risks of E-cigarettes for Kids, Teens, and Young Adults | CDC](#)
- [Know the Risks](#)
- [Know the Risks: E-cigarettes & Young People | U.S. Surgeon General's Report](#)

Does CDC have a presentation on e-cigarettes for youth? Yes, a companion presentation on e-cigarettes and youth can be found [here](#). We have more information about e-cigarettes on our [website](#).

Do I need to have internet access to deliver the presentation? You can download the presentation and save it on your computer from CDC OSH's [website](#). Once downloaded, you can deliver the presentation without internet access.

Whom can I contact at CDC if I have any questions about the presentation? Please email the OSH Speakers Bureau at: oshspeakersbureau@cdc.gov if you have any questions. This email inbox is monitored regularly.