

**Pharmacists can help reduce  
older adult falls.**



## As medication experts, you can reduce fall risk.

Certain medications, such as psychoactive medications, increase fall risk among older adults aged 65+. Psychoactive medications may cause side effects that increase fall risk by causing vision disturbances, orthostatic hypotension, confusion, and sleepiness.

More than 50% of older adults use psychoactive medications.

**Learn what you can do to help.**



**STEADI-R<sub>x</sub> tools and resources help pharmacists:**



**Screen**



**Assess**



**Coordinate Care**

**Learn more about STEADI-R<sub>x</sub>**  
[www.cdc.gov/steady](http://www.cdc.gov/steady)

**STEADI** Stopping Elderly Accidents,  
Deaths & Injuries



**Centers for Disease  
Control and Prevention**  
National Center for Injury  
Prevention and Control