

RSV in Adults: Are You at Risk?

Respiratory syncytial virus, or RSV, can be dangerous for adults who are older or have certain risk factors.

Risk of severe RSV increases with age. Adults ages 75 and older are at highest risk of severe RSV.

✓ **Certain factors increase the risk of severe RSV, like:**

- Chronic heart or lung disease
- Weakened immune system
- Certain other underlying medical conditions
- Living in a nursing home

RSV can lead to serious outcomes

- Pneumonia (infection of the lungs)
- Hospitalization
- More severe symptoms for people with chronic obstructive pulmonary disease (COPD)
- More severe symptoms for people with congestive heart failure

RSV vaccines can protect you against serious illness

RSV vaccine is recommended for:

- Everyone 75 and older
- People 50-74 who have certain risk factors

- ✓ **The best time to get vaccinated is in late summer and early fall**
- ✓ **If you have already gotten an RSV vaccine, you should not get another one at this time**

It is always important to practice good hygiene and stay away from others when sick to help prevent the spread of respiratory viruses, like RSV.



EACH YEAR

RSV

**causes
serious illness
in adults
50 and older**

**110,000–180,000
hospitalizations**



[cdc.gov/rsv](https://www.cdc.gov/rsv)