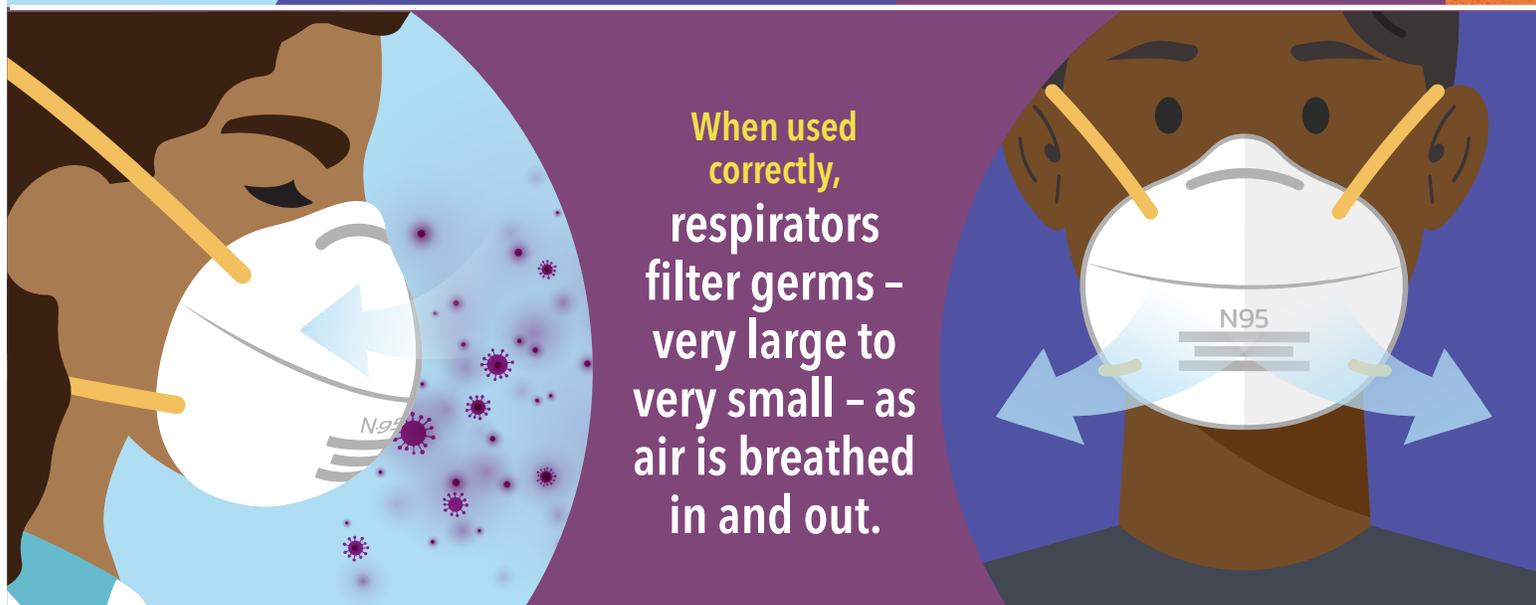
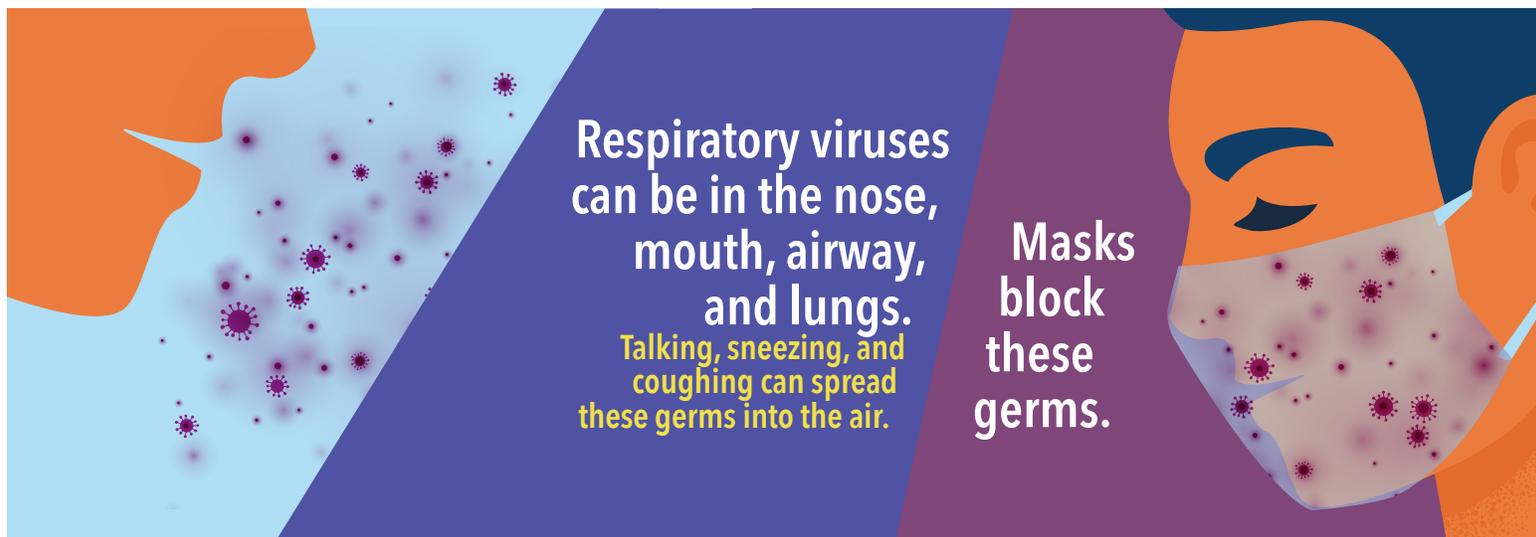


# **Infection Control Actions** to stop the spread of viral respiratory infections like influenza, RSV, and COVID-19.



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention



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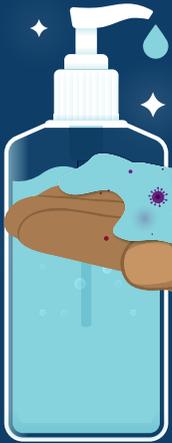
# **Infection Control Actions** to stop the spread of viral respiratory infections like influenza, RSV, and COVID-19.

Hand hygiene and routine cleaning & disinfection help remove or destroy respiratory viruses.

Practicing these infection control actions **together** effectively stops the spread of germs.

**How?**

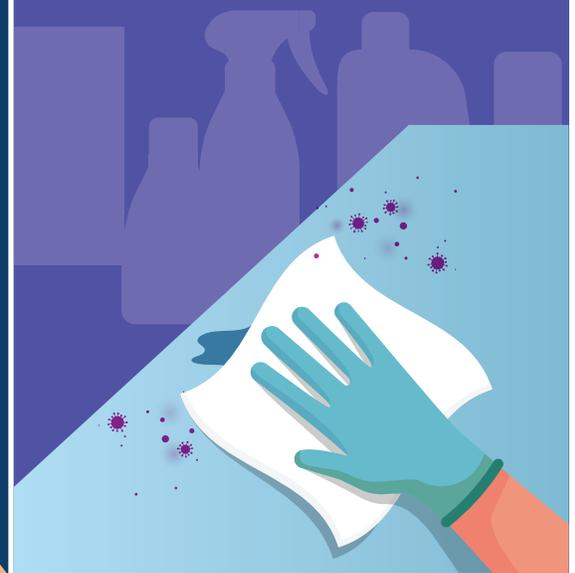
Alcohol-based sanitizer inactivates viral particles.



Soap and water carry viral particles off the skin.



EPA-registered disinfecting products destroy the virus.



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