

# Prevention Research Centers Creating Pathways to Practice Video

Transcript (With Audio/Visual Description)

0:00

**Visual:** PRC Logo

**Text:** Creating Pathways to Practice

**Visual:** CDC Logo

**Audio:** CDC Since 1986, CDC's, Prevention Research Centers, or PRC's, have been leading the way in research, working closely with communities across the US, especially those experiencing health disparities.

0:19

**Visual:** A woman in a wheelchair.

0:20

**Visual:** An overweight woman.

0:21

**Visual:** A man testing his blood sugar.

0:23

**Text:** Race, environment, income, sex, language, access to healthy foods, housing, healthcare access, culture, age, education.

0:34

**Audio:** PRCs operate within academic institutions with the goal of preventing chronic conditions to improve the nation's health.

0:42

**Text:** Cancer, heart disease, stroke chronic lung disease diabetes mental health

**Audio:** PRC research plays a vital role in improving public health practice by understanding how to put programs into action where people are born, grow, work, live and age.

1:04

**Audio:** PRC study how to put effective public health programs, policies, and practices that make people healthier into communities whose members can benefit.

1:14

**Text:** health policies in schools, community gardens, blood pressure screenings.

1:19

**Audio:** They test how to remove real world barriers.

1:22

**Text:** Not enough resources, money, time, transportation, interest, trust, policy constraints.

1:30

**Audio:** Adapt solutions for new groups of people or in other settings.

1:34

**Text:** in-person sessions.

1:36

**Text:** Elderly people at a workout session, A woman points to a board that says plan for healthy eating at an in-person meeting

**Audio:** and use what they learn to refine strategies.

1:45

**Text:** virtual delivery systems

**Visual:** A person works out in a virtual class and at home.

1:50

**Visual:** A man uses an app for healthy eating

**Audio:** and create practical tools like trainings, manuals and guides that can be used by community groups and organizations.

2:01

**Visual:** A woman holds resource materials such as a toolkit and a visual aid tool

**Audio:** this makes it easier for more public health workers to put research into practice using solutions that best meet their needs.

2:14

**Audio:** PRCs also work with each other, state and national partners, and the CDC to help make it possible for their local solutions to be adopted and spread widely to other communities and sustained across the nation.

2:29

**Visual:** U.S map pops up

**Text:** Cost effective solutions, health screenings, health interventions, training programs, improvements to built environment.

2:38

**Audio:** PRCs recognize the importance of involving communities throughout their work.

2:43

**Audio:** They value the insights and lived experiences of community members, which are crucial for understanding health problems and achieving long lasting results.

2:53

**Text:** Planning and designing the study. Putting programs into action. Sharing findings.

**Audio:** By working closely with communities and making decisions together with them, PRCs build trust and strong relationships that speed up research, spread knowledge and skills into more communities faster, and contribute to a healthier future for all.

3:14

**Visual:** People smile and shake hands.

3:16

**Visual:** A community of people lounge, work out and play outdoors in a park.

3:20

**Visual:** A truck labeled Health Screenings today is parked nearby.

3:23

**Audio:** Through their efforts, PRCs are creating pathways to practice, to build healthier communities, and to ensure the research has the greatest public health impact.

3:34

**Audio:** To find out more about PRCs and their work, visit [www.cdc.gov/prevention](http://www.cdc.gov/prevention) Dash Research Dash Centers/.