Table of Contents

Children with Diabetes - A Resource Guide for Wisconsin Schools and Families

1. Workgroup Members

2 Care of Children with Diabetes in School Settings

 American Diabetes Association Position on Care of Children with Diabetes in School/ Day Care Settings

Diabetes General Information

- · Diabetes Overview
 - Symptoms
 - Types
- · Nutrition
- · Physical Activity
- · Blood Sugar Monitoring
- · Hypoglycemia (Low Blood Sugar)
 - What is Glucagon?
- Hyperglycemia (High Blood Sugar) and Monitoring for Presence of Ketones
 - Urine Testing for Ketones
- Insulin and Insulin Delivery Systems
 - Insulin
 - Insulin Delivery Systems (syringes, pens, pumps)
 - Disposing of Sharps Safely (syringes, lancets)
- Helping Others Take Care of the Child with Diabetes
- Sample Individualized Health Care Plan for Diabetes Management
- Sample Individualized Emergency School Health Plan

4 Tools and Information for Parents/Guardians

- Juvenile Diabetes Research Foundation Your Child Has Diabetes
- Parents/guardians of Children with Diabetes Have Responsibilities Too
- Appropriate Accommodations Under Law
- · Parents'/guardians' Rights

- · Education
- · Age-Related Responsibilities of Children
- · Psychosocial Aspects of the Child with Diabetes
- Factors Causing Emotional Distress at Diagnosis of Diabetes in a Child

5 Tools & Information for School Nurses, Parents/Guardians & School Staff

- · Care Planning
 - Parent/guardian Conference
 - Planning Meeting
 - Individual Care Plan
 - Training
- Documentation of Instruction from Registered
 Nurse to Unlicensed School Personnel Form
- · Effect of Illnes s/Injury on Diabetes Control
- · Field Trips
- Frequently Asked Questions About Roles and Responsibilities in Relation to Nursing Procedures and Health-Related Activities for Children in the School Setting

Tools for Teachers, Coaches, Administrators, School Staff & Bus Drivers

- · Teachers/Coaches
- · Administrators
- Food Service Personnel and Others Providing Food
- · Bus Drivers

7 Appendix

- · Blood Glucose Monitor Form
- Emergency Information Form for Children with Special Needs – Endorsed by the American College of Emergency Physicians, and the American Academy of Pediatrics
- · Wisconsin Diabetes Control Program Resources
- Publications
- · Resources for Additional Assistance
- Diabetes Internet Links