WMSD Hazard Identification Checklist

Date/ Company/Plant		Dept			
Job Name Evaluator N		lame			
Answer the following questions based on the p	orimary job activiti	es¹ of wor	kers in this fac	cility ² .	
Please indicate how frequently workers are exposed to the following job conditions:		Never	Sometimes (less than 3 times per day)	Usually (3 times or more per day)	If USUALLY, list jobs to which answer applies here
1. Perform tasks that are externally paced ³ .					
2. Exert force with their hands (e.g., gripping, pulling, pinching).					
3. Use handtools or handle parts/objects.					
4. Stand continuously for periods of more than 3	0 minutes.				
5. Sit for periods of more than 30 minutes witho opportunity to stand or move around freely.	ut the				
6. Use electronic input devices (e.g., keyboards, track balls) for continuous periods of more that					
7. Kneel (one or both knees).					
8. Perform activities with hands raised above sho	oulder height.				
9. Perform activities while bending or twisting at	the waist.				
10. Are exposed to vibration.					
11. Lift/lower objects between floor and waist hei shoulder height.	ght or above				
12. Lift/lower objects more than once per minute period of more than 15 minutes.					
Lift, lower, or carry large objects or objects the close to the body.	at cannot be held				
14. Lift, lower, or carry objects weighing more tha	n 50 lbs (23 kg).				

Glossary of Terms

¹Primary job activities: Job activities that make up a significant part of the work or are required for safety or contingency. Activities are not considered to be primary job activities if they make up a small percentage of the job (i.e., take up less than 10% of the worker's time), are not essential for safety or contingency, and can be readily accomplished in other way (e.g., using equipment already available in the facility).

2Facility: The location to which employees report each day for work. For situations in which employees do not report to any fixed location on a regular basis but are subject to common supervision, the facility may be defined as a central location where other OSHA records are maintained. (Note: Synonymous with establishment, as defined in OSHA recordkeeping requirements).

³Externally paced activities: Work activities for which the worker does not have direct control of the rate of work. Externally paced work activities include activities for which:

- 1) the worker must keep up with an assembly line or an inadequately-operating machine;
- 2) the worker must respond to a continuous queue (e.g., customers standing in line, phone calls at a call center); or
- 3) time standards are imposed on workers.