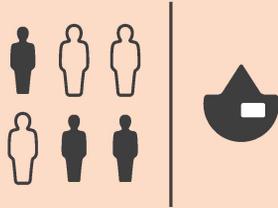


## WHO needs to get fitted?

### SUMMARY OF RESPIRATOR FIT TEST REQUIREMENTS

- Who
- How
- Follow up



All employees required to wear tight-fitting respirators, including N95 filtering facepiece respirators, elastomers, & tight-fitting PAPRs (with the blower off)



PAPRs with loose-fitting facepieces, hoods, or helmets do not require fit testing.

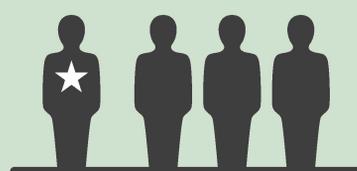
## HOW to get fit tested?



An OSHA-accepted fit test protocol must be followed exactly as written.

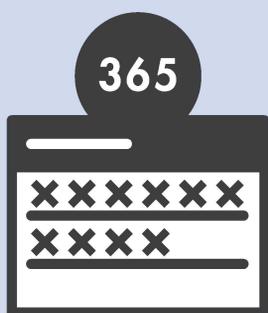


Fit testing may be done using a qualitative test using Bitrex® or saccharin or a quantitative test using a PortaCount® or another appropriate instrument

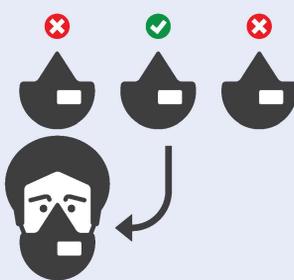


Fit tests must be performed by a qualified individual, able to follow the protocol & train employees.

## FOLLOW UP



Records must be kept on file until the next annual test is performed.



Know fit tested size and model of respirator.



A fit test is required before a respirator can be worn, yearly, and after any physical changes that may affect the fit (weight gain/loss, dental work, etc.)

### IMPORTANT RESOURCES:

- Hospital Respiratory Protection Program Toolkit  
<http://www.cdc.gov/niosh/docs/2015-117/pdfs/2015-117.pdf>
- OSHA Respiratory Protection Standard 1910.134 Appendix A  
[https://www.osha.gov/pls/oshaweb/owadisp.show\\_document?p\\_table=STANDARDS&p\\_id=9780](https://www.osha.gov/pls/oshaweb/owadisp.show_document?p_table=STANDARDS&p_id=9780)
- Implementing Hospital Respiratory Protection Programs: Strategies from the Field  
[http://www.jointcommission.org/assets/1/18/Implementing\\_Hospital\\_RPP\\_2-19-15.pdf](http://www.jointcommission.org/assets/1/18/Implementing_Hospital_RPP_2-19-15.pdf)