

## The National Firefighter Registry (NFR)

NIOSH Board of Scientific Counselors Meeting  
August 4, 2020

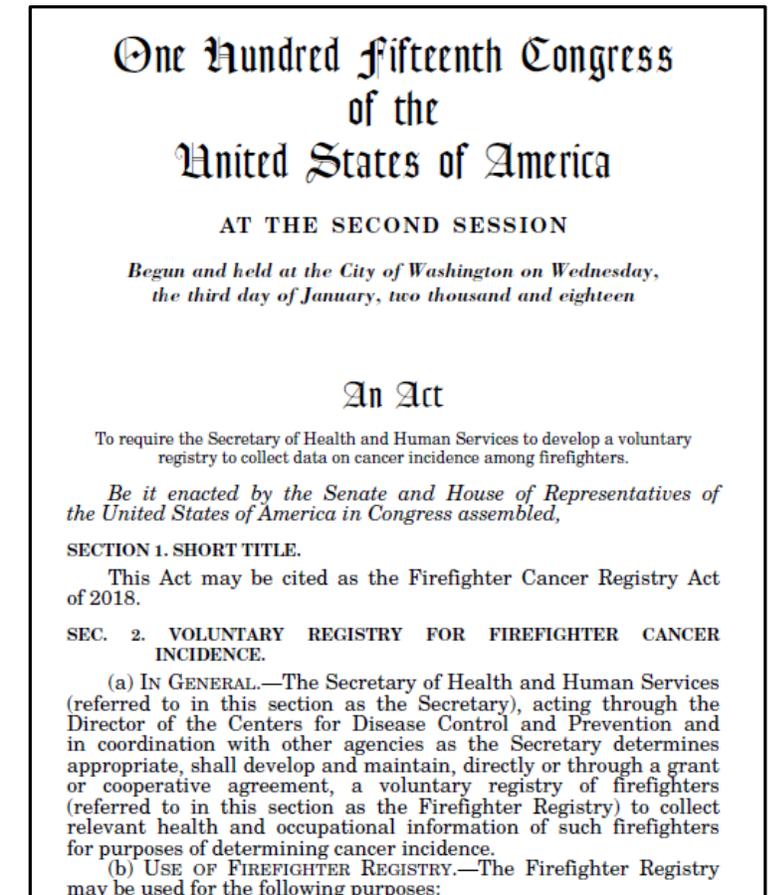
Miriam Siegel, DrPH  
NFR Lead Epidemiologist

**NFR** National  
Firefighter  
Registry

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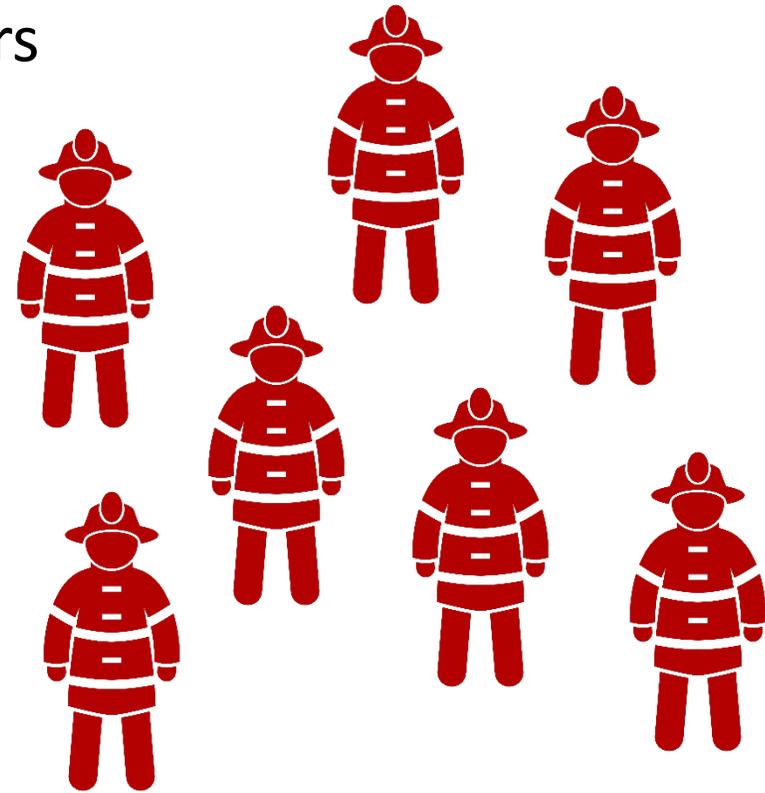
# Why is the NFR being created?

- The Firefighter Cancer Registry Act of 2018
- Previous studies, including a study by NIOSH, indicate that firefighters are at higher risk of cancer.
- Studies are limited by small numbers of women and minorities, and a lack of data on volunteers.
- No national data sources that combine exposure and cancer information for studying the link in firefighters.
- Goal to track firefighters' cancer risk over time to better understand the link between workplace exposures and cancer.



# Who will be included?

- The NFR will represent ALL firefighters, not just those with cancer
- Minority, female, and volunteer firefighters
- Also interested in sub-specialties like:
  - Instructors
  - Wildland firefighters
  - Fire investigators
- Goal is to enroll 200,000+



# Protocol Objectives

Develop a voluntary registry of firefighters to collect health and occupational information for determining cancer incidence and risk factors

- 1. Collect self-reported information** on workplace and personal characteristics through an online web portal
- 2. Obtain records** from fire departments or agencies to track trends and patterns of exposure
- 3. Link with health information databases**, including population-based cancer registries and the National Death Index to detect cancers and deaths

# NFR Participants

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graph TD; A[NFR Participants] --> B[Targeted Cohort: Currently active firefighters from selected fire departments or states]; A --> C[Open Cohort: Any members of the U.S. fire service, including active, former, and retired members, who have ever been an active firefighter (paid or volunteer)];
```

**Targeted Cohort:**  
Currently active firefighters from selected fire departments or states

Web portal enrollment  
Incident records collection

## Open Cohort:

Any members of the U.S. fire service, including active, former, and retired members, who have ever been an active firefighter (paid or volunteer)

Web portal enrollment

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Web portal enrollment

- Provides the population at risk required for assessing cancer incidence rates
- Reduces selection/participation bias
- Additional exposure information from department records
- Ability to assess response characteristics and comparisons with Open Cohort
- Most cost/labor/time-intensive
- Excludes non-structural, non-active firefighters

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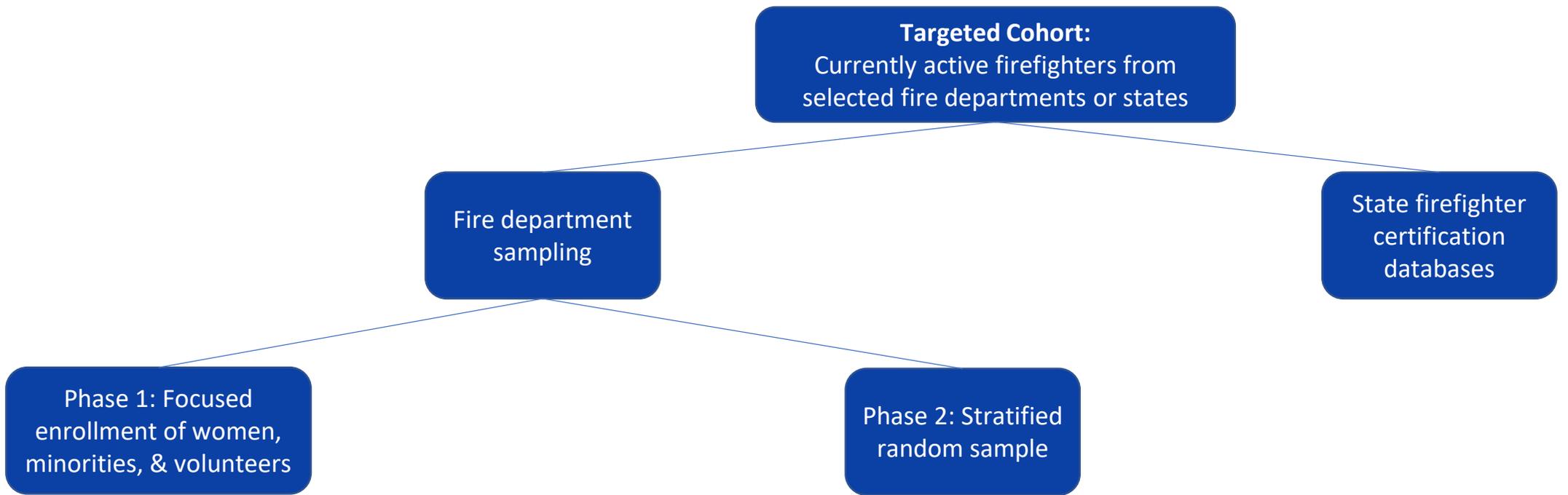
Web portal enrollment

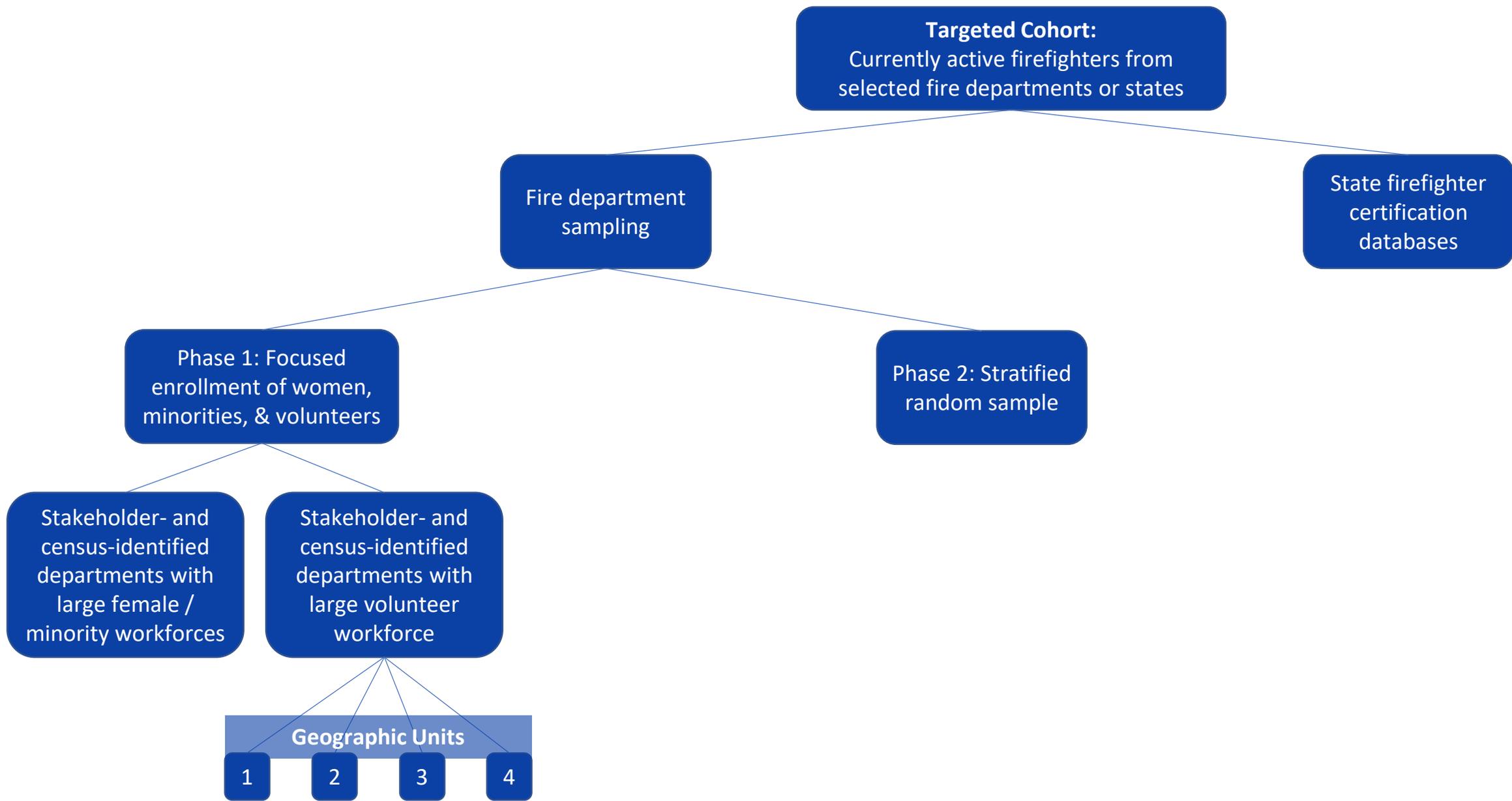
- Non-probability sample for which all firefighters are eligible
- Best method for recruiting a large, diverse, & inclusive sample
- Less cost/labor/time-intensive
- Opportunity for earlier analyses internal to sample (e.g., descriptive, cross-sectional, case-control)
- Subject to selection/participation bias
- Limited to self-reported exposure information

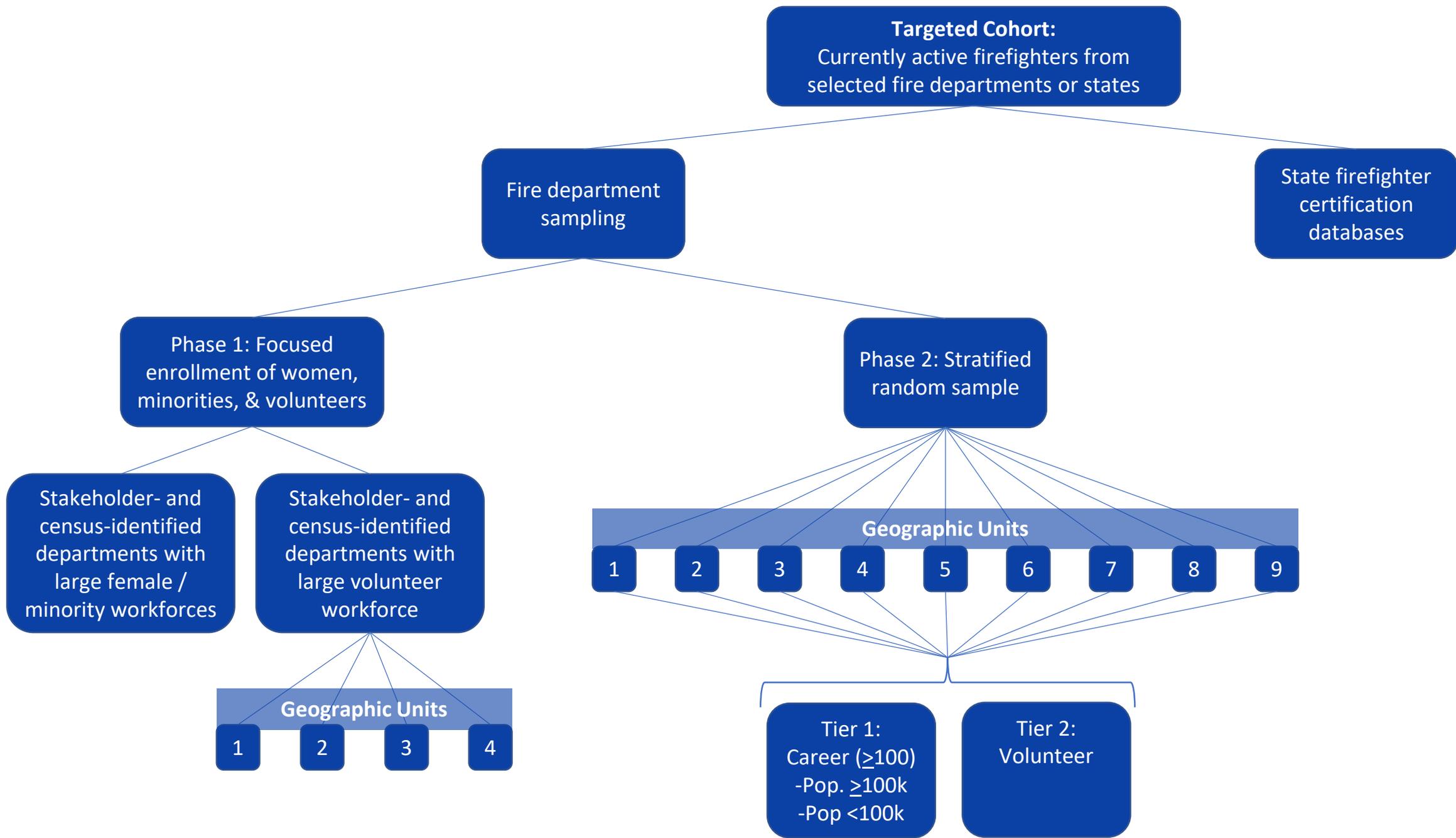
**Targeted Cohort:**  
Currently active firefighters from  
selected fire departments or states

Fire department  
sampling

State firefighter  
certification  
databases





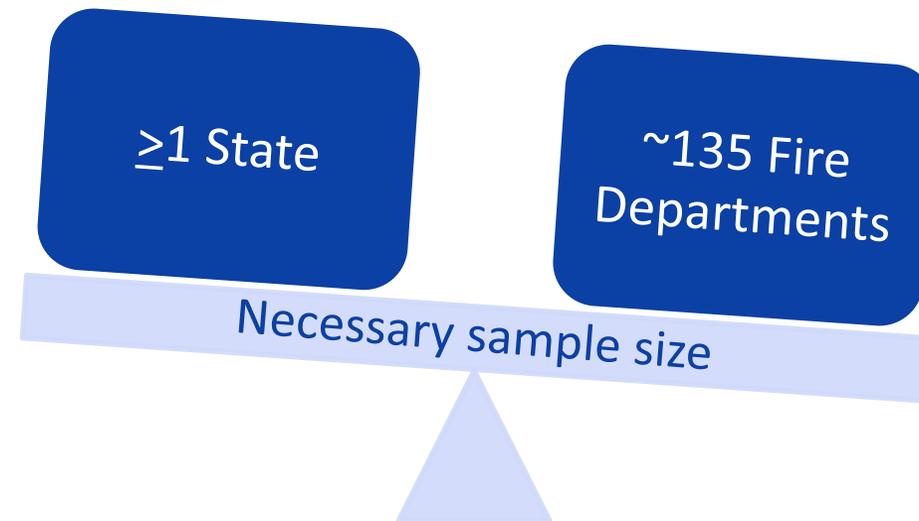


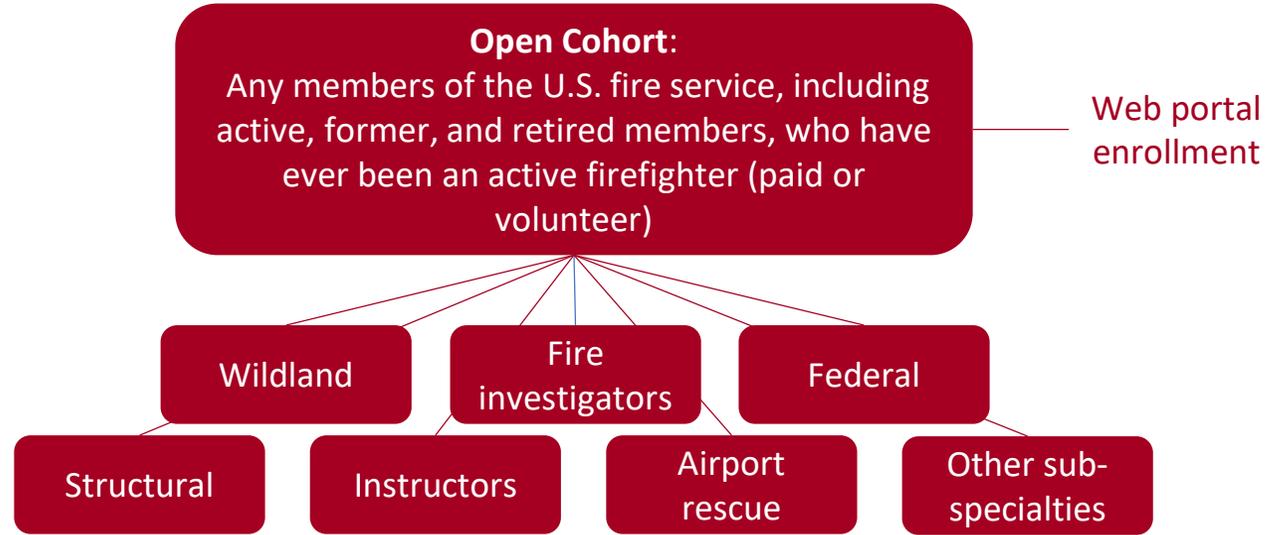
# Targeted Cohort Sample Size Estimates

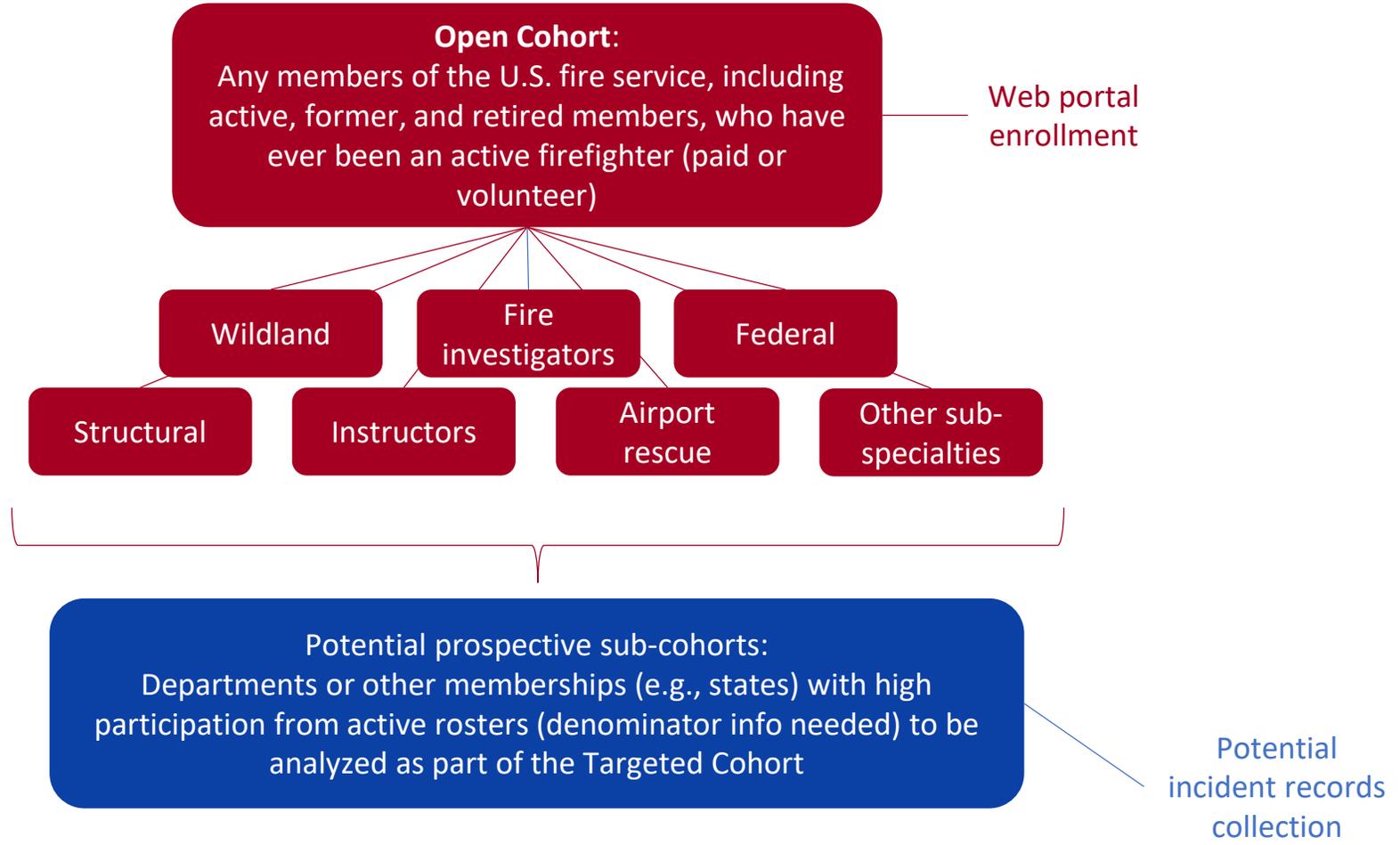
## Minimum benchmarks:

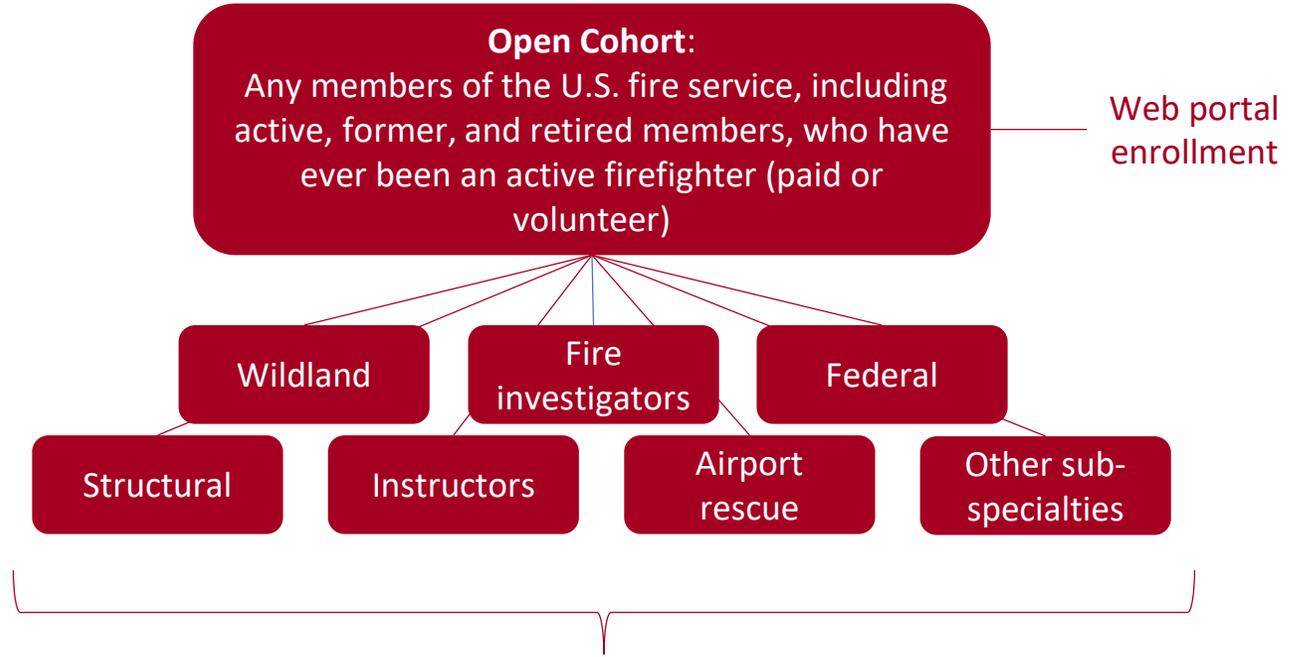
$\geq 1,000$  women;  $\geq 6,500$  non-white firefighters;  $\geq 5,000$  volunteers

to detect elevations in breast or all cancers in comparison to the general population (SIRs)









**Potential prospective sub-cohorts:**  
Departments or other memberships (e.g., states) with high participation from active rosters (denominator info needed) to be analyzed as part of the Targeted Cohort

Potential incident records collection

**Recruitment Strategies**



1.a



1.b



1.a

**TARGETED COHORT**  
Current firefighters from selected fire depts or state certification databases

**NFR Enrollment**  
Primary source of self-reported exposure information

1.b

**OPEN COHORT**  
Any current/former members of the U.S. fire service

### End results of participation

NIOSH periodically links participant information with:

- State cancer registries
- National Death Index/Social Security Admin Death Master File

NIOSH administers periodic web portal follow-up questionnaires

NIOSH sends periodic continued engagement communications

NIOSH solicits department employment records for participants (when applicable)

NIOSH links with exposure tracking/external study data for participants (when applicable)

1.a

### TARGETED COHORT

Current firefighters from selected fire depts or state certification databases

1.b

### OPEN COHORT

Any current/former members of the U.S. fire service

2.c

Individual FFs  
consent & enroll  
through web portal

5.a

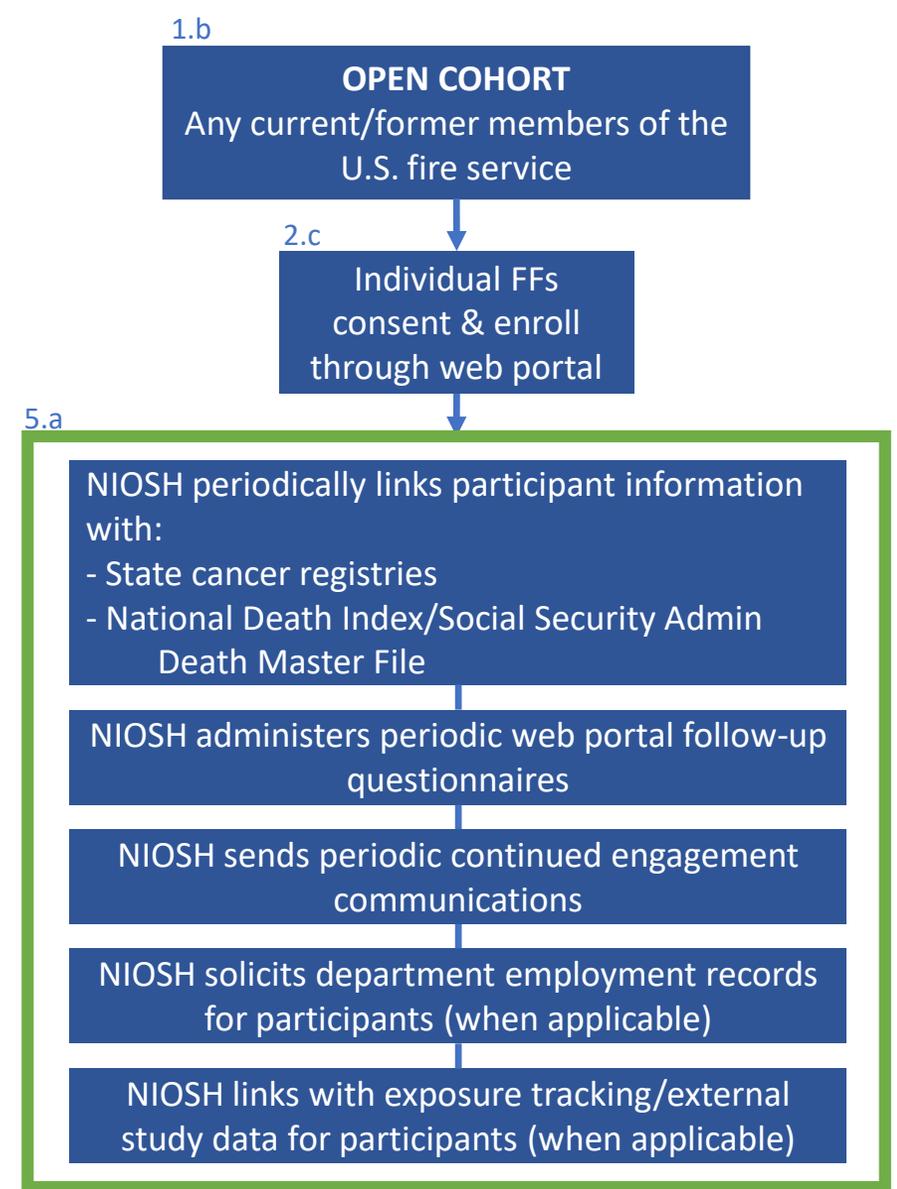
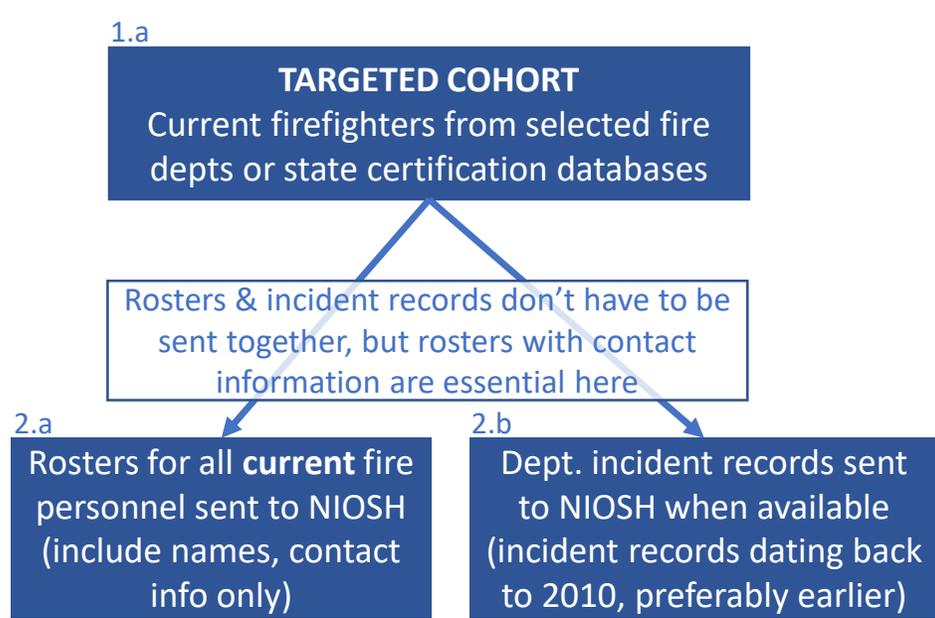
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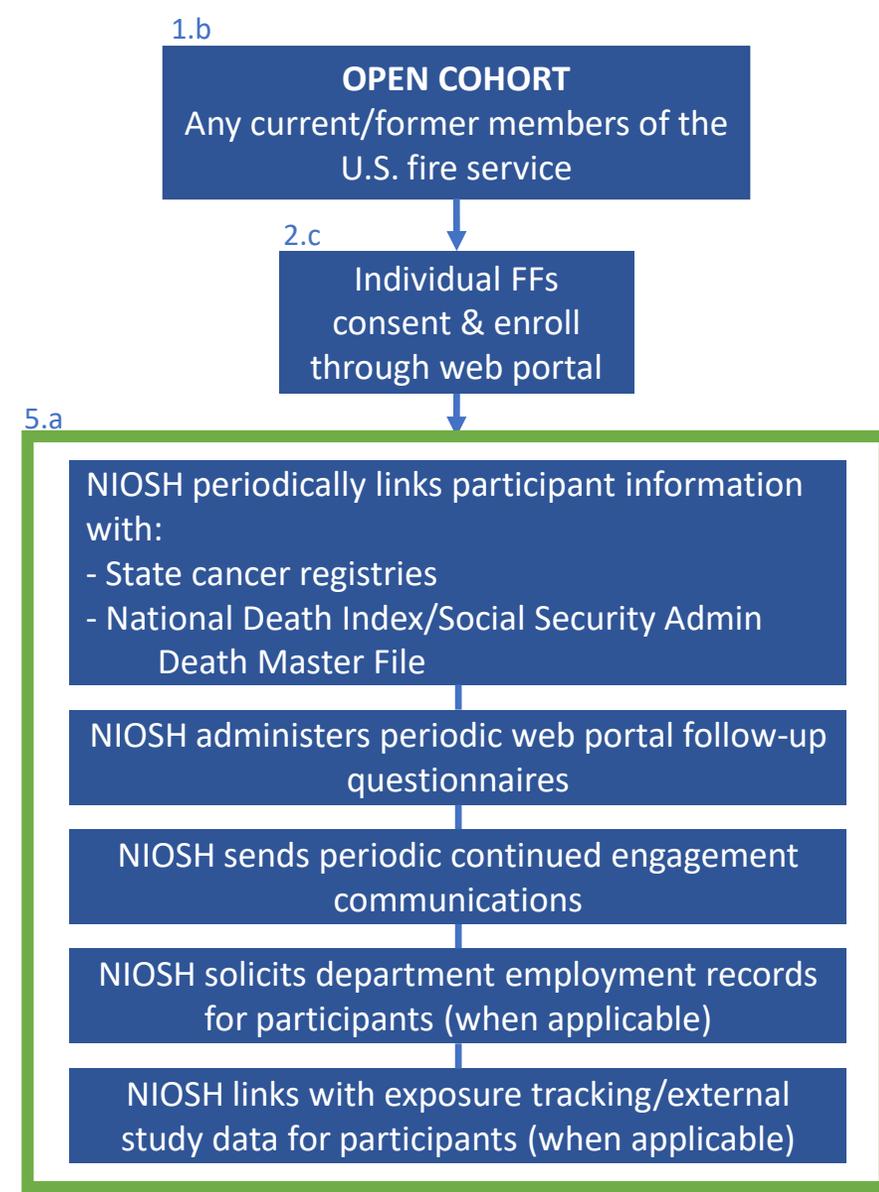
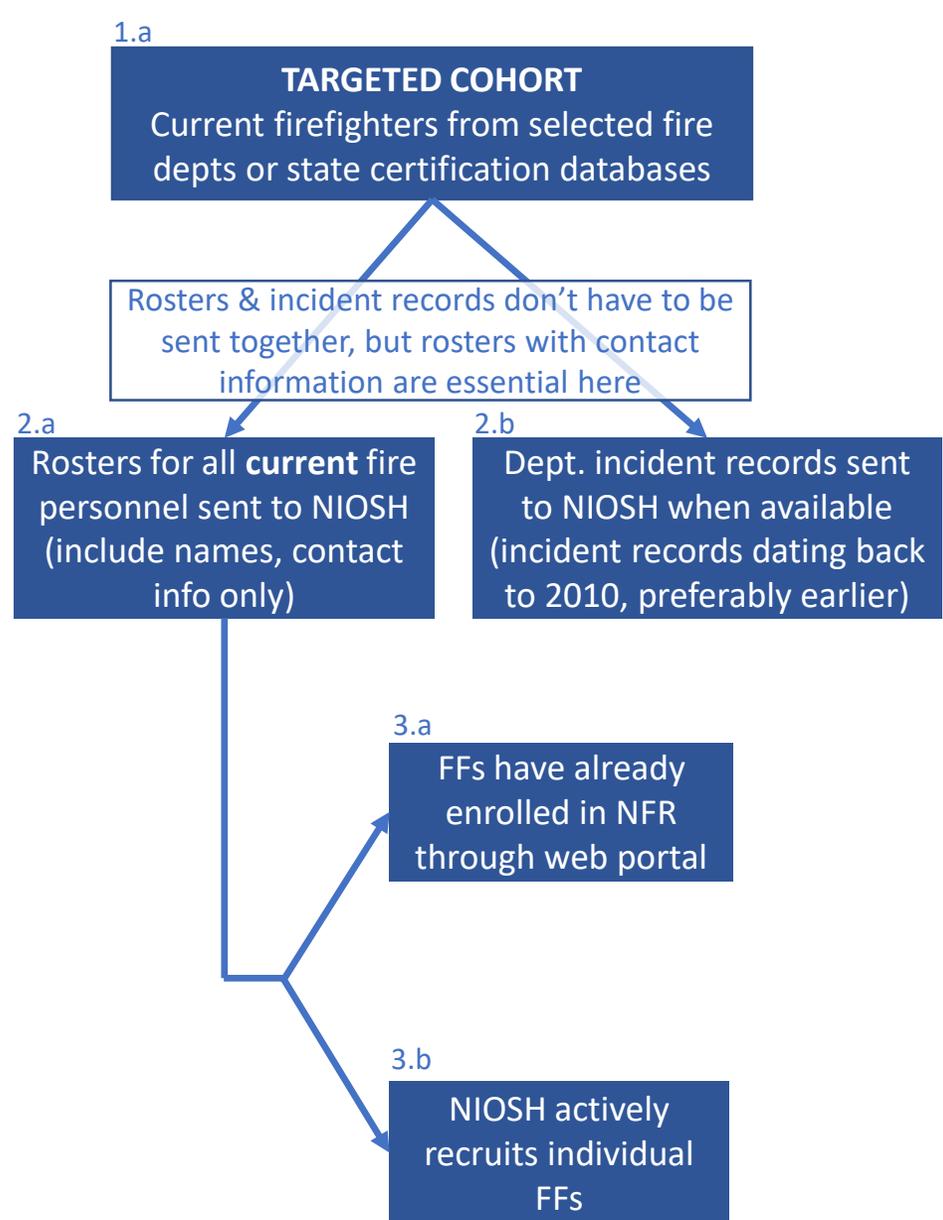
NIOSH administers periodic web portal follow-up questionnaires

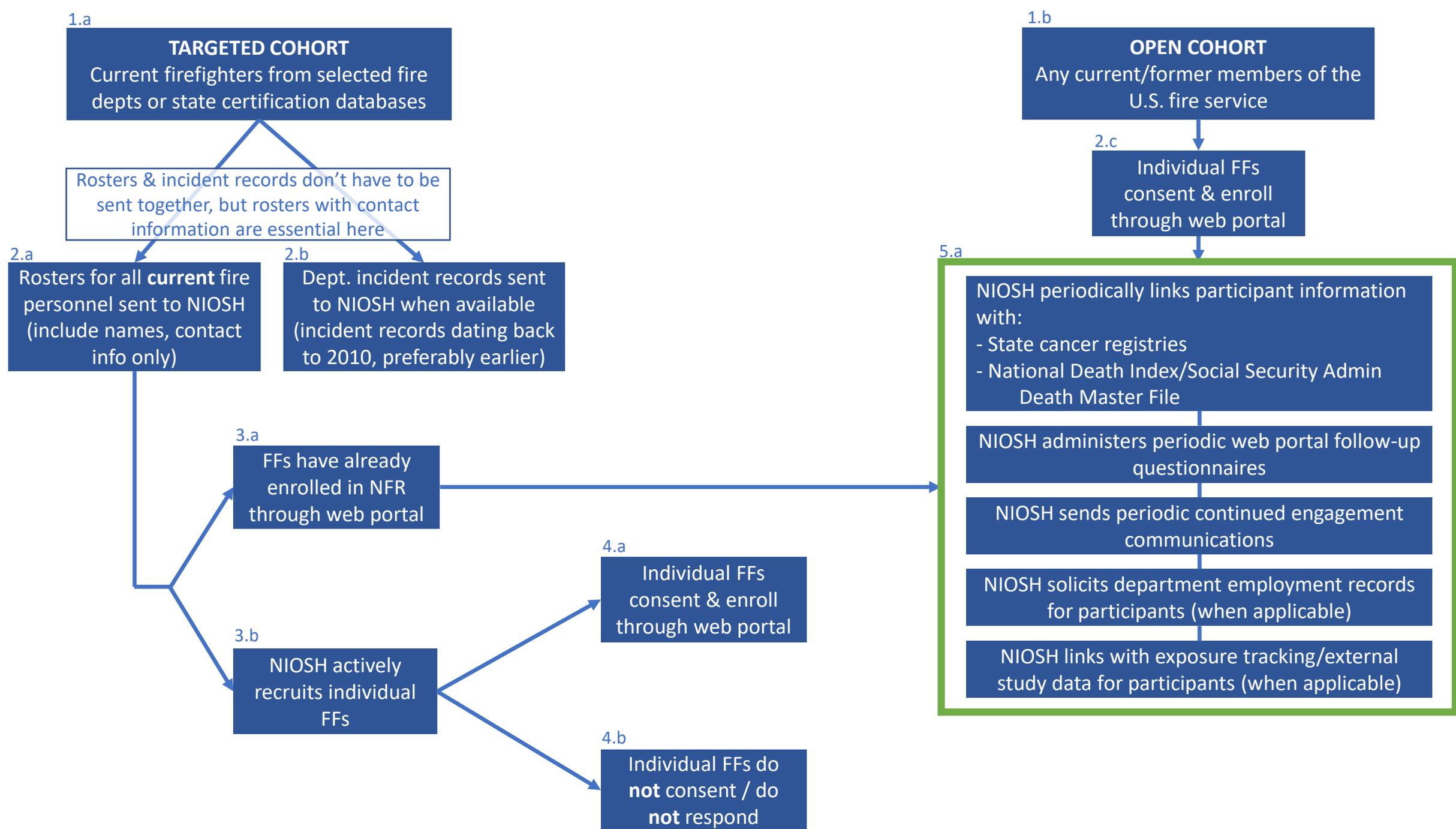
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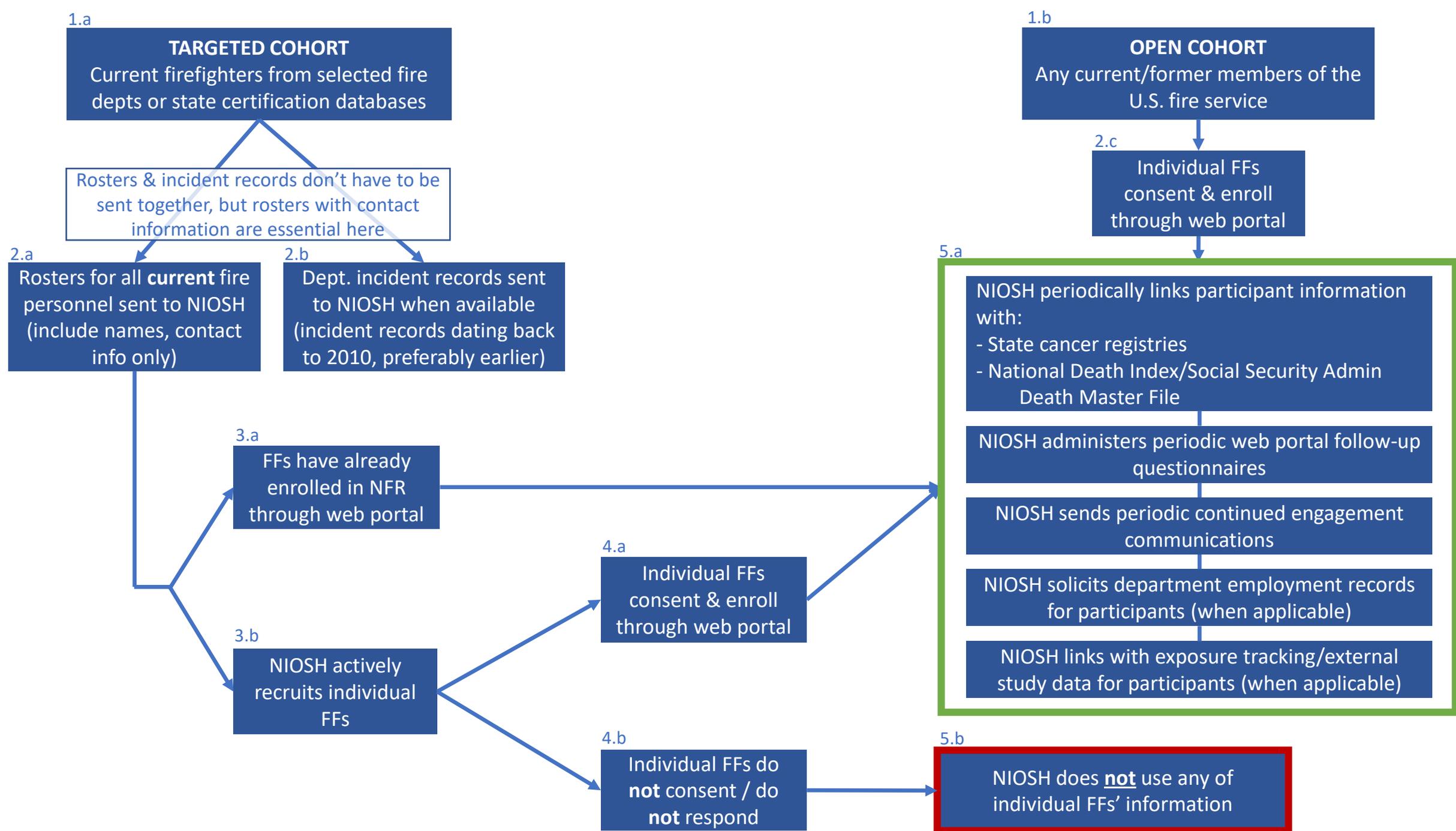
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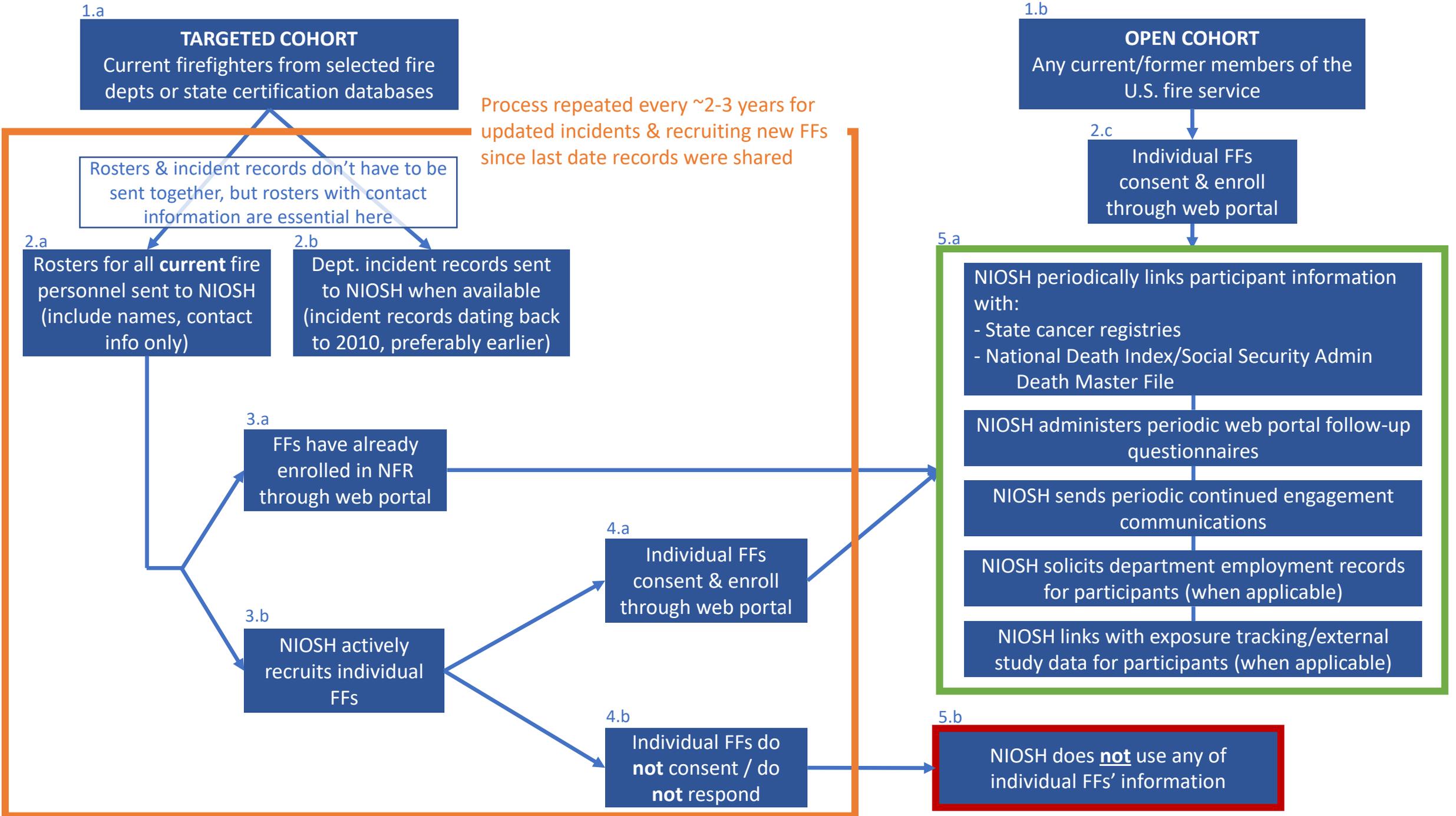
NIOSH links with exposure tracking/external study data for participants (when applicable)











# Enrollment Questionnaire/Web Portal

- Balance brevity with scientific reasoning
  - Work/exposure history, demographics, lifestyle, health history
- Simple & easily accessible
  - Mobile and desktop version
- Secure format
  - Multifactor authentication
- Relevant to all firefighters
- Convey privacy (e.g., for SSN collection)
- Platform for important, voluntary follow-up questionnaires

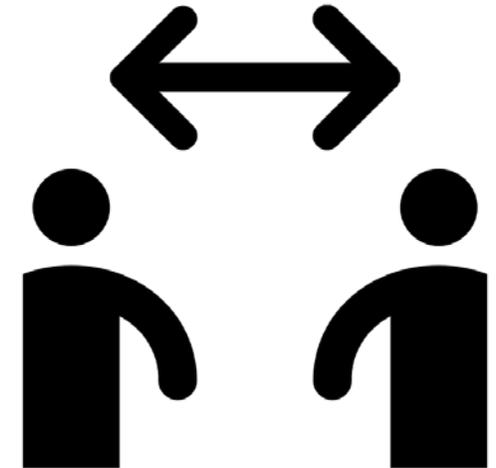
# Enrollment Process

- Step 1
  - Create login.gov account
- Step 2
  - Review and sign informed consent
- Step 3
  - Create user profile
- Step 4
  - Complete enrollment questionnaire



# Assurance of Confidentiality

- Firefighter Cancer Registry Act of 2018 stipulates:
  - **Make data publicly available**
  - **Protect firefighters' privacy**
- Obtain an Assurance of Confidentiality (AoC)
  - Highest level of protection by the federal government
  - Protects individuals and institutions



# Communication Plan

Focus groups

Raise awareness

Publications

Clarify scope & expectations

Social media

Highlight the need

Conferences

Videos

Encourage firefighters to enroll  
& spread the word

Newsletter

[www.cdc.gov/NFR](http://www.cdc.gov/NFR)

[www.cdc.gov/niosh/bsc/nfrs](http://www.cdc.gov/niosh/bsc/nfrs)

# NFR National Firefighter Registry Timeline

Establish the National Firefighter Registry



Collect data



Recruit and enroll firefighters



Analyze and disseminate results



2020

2021-2023

2024+

# Thank you!

Website: [www.cdc.gov/NFR](http://www.cdc.gov/NFR)

Email: [NFRRegistry@cdc.gov](mailto:NFRRegistry@cdc.gov)

For more information, contact CDC  
1-800-CDC-INFO (232-4636)  
TTY: 1-888-232-6348 [www.cdc.gov](http://www.cdc.gov)

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

