

National Firefighter Registry (NFR)

Protocol

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TABLE OF CONTENTS:

SUMMARY

I. PERSONNEL AND RESOURCES

- A. Key Personnel

II. PURPOSE

III. BACKGROUND

- A. Exposure studies
- B. Epidemiological studies
- C. Knowledge Gaps
- D. Firefighter Cancer Registry Act of 2018
- E. Rationale

IV. PROPOSED APPROACH

- A. Participant Population
- B. Stakeholder Participation and Advisory Committee
- C. Objectives
- D. Potential Approach Limitations

V. DATA MANAGEMENT AND ANALYSIS

- A. Data Security
- B. Data Analysis

VI. HUMAN SUBJECTS PROTECTIONS

- A. Surveillance and Research Activities
- B. Informed Consent
- C. The Reasonable Person Standard
- D. Confidentiality

VII. STUDY RISKS AND BENEFITS

- A. Assessment of Potential Benefits
- B. Assessment of Potential Risks
- C. Description of Measures Taken to Minimize Potential Risks
- D. Vulnerable populations
- E. Risk versus Benefit Evaluation

VIII. FUNDING

REFERENCES

APPENDICES

- Appendix A – Participant Population Recruitment Design Flowchart
- Appendix B – Informational and Promotional Materials
- Appendix C – List of Stakeholders
- Appendix D – Informed Consent Document
- Appendix E – User Profile Questions
- Appendix F – Enrollment Questionnaire
- Appendix G – Assurance of Confidentiality

ACRONYMS

AOC	Assurance of Confidentiality
BLS	Bureau of Labor Statistics
BSC	Board of Scientific Counselors
CDC	Centers for Disease Control and Prevention
DNA	Deoxyribonucleic acid
DUA	Data use agreement
FRs	Flame retardants
HCN	Hydrogen cyanide
IABPFF	International Association of Black Professional Fire Fighters
IAFC	International Association of Fire Chiefs
IAFF	International Association of Fire Fighters
IARC	International Agency for Research on Cancer
IIF	Information in Identifiable Form
IRB	Institutional Review Board
LTAS	Life Table Analysis System
MFA	Multi-factored authentication
NAACCR	North American Association of Central Cancer Registries
NDI	National Death Index
NFORS	National Fire Operations Reporting System
NFPA	National Fire Protection Association
NFR	National Firefighter Registry
NIOSH	National Institute for Occupational Safety and Health
NIST	National Institute of Standards and Technology
NVFC	National Volunteer Fire Council
OMB	Office of Management and Budget
PAH	Polycyclic aromatic hydrocarbons
PCB	Polychlorinated biphenyls
PPE	Personal protective equipment
RFI	Request for information
SEER	Surveillance, Epidemiology, and End Results
SIRs	Standardized Incidence Ratios
SMR	Standardized mortality ratio
STEL	Short term exposure limits
TDE	Transparent Data Encryption
UUID	Universally unique identifier
VOC	Volatile organic compounds
VPR-CLS	Virtual Pooled Registry Cancer Linkage System
USFA	United States Fire Administration

SUMMARY

Cancer risk in the U.S. fire service is a topic of growing concern, and firefighters' occupational exposure to hazardous contaminants is thought to play an important role in their excess cancer risk. Dozens of chemicals classified by the International Agency for Research on Cancer (IARC) as known or probable carcinogens (IARC, 2010) have been identified on the fireground. Polycyclic aromatic hydrocarbons (PAH) metabolites, some of which are classified as known or probable carcinogens by IARC, have been identified in firefighters' urine after fire responses (Fent et al., 2014).

Epidemiologic evidence from recent studies suggest firefighters have an increased risk for cancer. Specifically, a meta-analysis conducted by LeMasters et al. in 2006 found firefighters have an increased risk for several types of cancer (LeMasters et al., 2006). In 2010, IARC classified firefighters' occupational exposure to be possibly carcinogenic (Group 2B) (IARC, 2010). In 2014, Daniels et al. conducted a study with nearly 30,000 firefighters and found 9% more cancer diagnoses than expected based on rates in the general population (Daniels et al., 2014). An additional analysis found a dose-response relationship between fire-runs and leukemia, and fire hours and lung cancer (Daniels et al., 2015).

More information is needed to assess the cancer risk for minority and female firefighters. Minority firefighters make up roughly 20% of the career workforce (BLS, 2019), and roughly 8% of all firefighters are women (NFPA, 2018). While there is evidence to suggest that minority and female firefighters have an increased risk for some cancers (Daniels et al., 2014; Tsai et al., 2015; Lee et al., 2020), most studies have lacked sufficient power to examine cancer risk for these populations.

Few studies have examined the potential cancer risk for volunteer firefighters, who comprise a majority of the U.S. fire service, as well as subspecialty groups like wildland firefighters, arson investigators, and instructors. Similarly, while nearly half of U.S. fire departments serve rural populations (NFPA, 2018), cancer risk has yet to be evaluated for most firefighters serving rural areas. More information on lifestyle characteristics is needed to better understand the relationship between firefighting and cancer. More comprehensive information on exposure characteristics like fire incidents (e.g., number of fire runs, time spent on fireground) and control measures (e.g. consistent use of respiratory protection, decontamination measures, etc.) and how they relate to cancer would allow for better informed public health decisions relating to efforts to reduce cancer incidence in the U.S. fire service.

In order to accurately monitor trends in cancer incidence and evaluate control measures among the U.S. fire service, Congress passed the Firefighter Cancer Registry Act of 2018. Under this legislation, the U.S. Centers for Disease Control and Prevention's (CDC) National Institute for Occupational Safety

and Health (NIOSH) was directed to create a registry of U.S. firefighters for the purpose of monitoring cancer incidence and risk factors among the current U.S. fire service. Funding of the project was authorized through this legislation for five years as of fiscal year 2019.

The main goal of the National Firefighter Registry (NFR), according to the Firefighter Cancer Registry Act of 2018, is “to develop and maintain...a voluntary registry of firefighters to collect relevant health and occupational information of such firefighters for purposes of determining cancer incidence.” Results from the NFR will provide information for decision makers within the fire service and medical or public health community to devise and implement policies and procedures to lessen cancer risk and/or improve early detection of cancer among firefighters. This goal aligns with public health surveillance. Below, we have identified the primary surveillance activities necessary to achieve this goal:

1. Collect self-reported information from firefighters on employment/workplace characteristics, exposure, demographics, lifestyle factors, co-morbidities, and other confounders related to cancer.
2. Obtain records from fire departments/agencies to track trends and patterns of exposure as it relates to cancer in firefighters.
3. Monitor cancer in firefighters by linking with health information databases (i.e., population-based cancer registries and the National Death Index (NDI)) to assess cancer incidence and mortality.

I. PERSONNEL AND RESOURCES

A. Key Personnel

Key personnel include Kenneth Fent, PhD (Research Industrial Hygienist/Team Lead), Miriam Siegel, DrPH (Lead Epidemiologist), Alex Mayer, MPH (Health Scientist), Jill Raudabaugh, MPH (Data Scientist), Andrea Wilkinson, MS (Health Scientist), William Wepsala, MPA (Health Communication Specialist), Breanna Newton, MPH (Data Scientist), I-Chen Chen, PhD (Statistician), Stephen Bertke, PhD (Statistician).

The investigator leading the project has extensive research experience working on exposure science as it relates to firefighters. Dr. Kenneth Fent has led and published on several projects assessing firefighters' exposures. Dr. Miriam Siegel is serving as the lead epidemiologist on the project and has experience working with firefighters. Alex Mayer and Andrea Wilkinson will serve as health scientists on the team, and both individuals have published on several projects assessing exposures among firefighters. Jill Raudabaugh is a data scientist and team leader for the Data Science Team in the Field Research Branch. Jill Raudabaugh will lead the data security aspect of the project. Breanna Newton will assist with data management. Drs. Stephen Bertke and I-Chen Chen are experienced statisticians who

will provide data analysis support. Will Wepsala will lead the communications aspects of the project, including the development of recruiting and promotional materials.

II. PURPOSE

The purpose of the NFR is to evaluate and monitor cancer rates and risk factors in the current U.S. fire service. With voluntary participation from firefighters, the NFR will obtain information about work and exposure history, demographics, co-morbidities, and lifestyle factors. This information will be linked with records from population-based, or state, cancer registries to monitor cancer diagnoses and improve our knowledge about cancer risks for firefighters, especially those linked to workplace exposures. Special emphasis will be given to recruit a large sample that is diverse by geography, sex, race/ethnicity, career status, and firefighter specialization.

III. BACKGROUND

A. Exposure studies

Structural firefighters are occupationally exposed to a number of hazardous chemicals during emergency fire responses. Chemicals found on the fireground include PAHs like benzo[a]pyrene and dibenz[a,h]anthracene, volatile organic compounds (VOCs) like benzene, polychlorinated biphenyls (PCBs), dioxins, flame retardants (FRs), formaldehyde, and hydrogen cyanide (HCN), and respirable particulates (Bolstad-Johnson et al., 2000; Fent et al., 2018; Fent et al., 2019a; Jankovic et al., 1991). Over a dozen of these chemicals are listed by IARC as Group 1, known carcinogens to humans, including benzene, benzo[a]pyrene, formaldehyde, while other chemicals are listed as Group 2A, probably carcinogenic to humans, including PCBs and dibenz[a,h]anthracene (IARC, 2010).

PAHs are produced during incomplete combustion and have been associated with certain types of cancer (Dreij, 2017). Several studies (Fent et al., 2017; Fent et al., 2014; Kirk and Logan, 2015; Stec et al., 2018) have found structural firefighters are occupationally exposed to PAHs, including a study by Fent et al. in 2014 where PAH metabolites were identified in firefighters' urine post firefighting. In addition, studies have found phthalates, PAHs, and FRs on firefighters' personal protective equipment (PPE) after fire responses (Alexander and Baxter, 2016; Easter et al., 2016; Fent et al., 2014). These contaminants could also be transferred to skin and dermally absorbed, inhaled, or inadvertently ingested.

By comparison, fewer studies have evaluated exposures in subspecialty groups of firefighters. Of note, a study by Fent et al. examined firefighter instructors supervising three trainings per day and found PAH metabolite concentrations increased after each training (Fent et al., 2019b). Some studies have examined wildland firefighters' exposures, including a study reporting carbon monoxide air exposures

exceeding short term exposure limits (STEL) (Adetona et al., 2013). Another study investigated prescribed burns and identified increased PAH metabolite concentrations in urine collected from wildland firefighters post-fire (Adetona et al., 2017). Indeed, firefighters' occupational exposures to contaminants are thought to play an important role in their cancer risk.

B. Epidemiological studies

Early epidemiological studies on the association between firefighting and cancer mortality in the U.S. often evaluated only a single municipal fire department or a collection of a few regionally-linked departments (Baris et al., 2001; Beaumont et al., 1991; Demers et al., 1992; Lewis et al., 1982; Musk et al., 1978; Vena et al., 1987). Findings from these individual studies were somewhat inconsistent, with moderately weak measures of association and some variability in the cancers found to be elevated. These studies were limited by relatively small sample sizes, short periods of follow-up, and geographic variation across samples.

Several studies have been published in recent years that have evaluated cancer among larger, more diverse samples of firefighters. In the U.S., Daniels et al. (2014) conducted a retrospective cohort study of nearly 30,000 firefighters employed in Philadelphia, Chicago, and San Francisco between 1950–2009 and found 14% more cancer deaths and 9% more cancer diagnoses than expected based on rates in the general population. These increases were primarily due to digestive (esophagus, intestine, colon/rectum), respiratory (lung, mesothelioma), urinary (kidney, bladder), and oral (buccal and pharynx) cancers. There was some evidence for elevated prostate cancer and leukemia among non-white firefighters and breast and bladder cancer among female firefighters, but sample sizes were small, or estimates were not statistically significant for these groups. A mortality update of the cohort published in 2020 found additional evidence for elevated mortality due to non-Hodgkin's lymphoma overall (Pinkerton et al., 2020). A recent large case-control study of approximately 4,000 California firefighters found elevated odds of melanoma, multiple myeloma, leukemia, and cancers of the esophagus, prostate, brain, and kidney overall (Tsai et al., 2015); and non-Hodgkin's lymphoma and cancers of the tongue, testes, and bladder were found to be associated with firefighting among small samples of non-white firefighters. A recent mortality study of Indiana firefighters found excess deaths due to malignant cancers, including oral, pancreatic, kidney, connective tissue, and nervous system cancers (Muegge et al., 2018). In Florida, a study published in 2020 found firefighting to be associated with melanoma and cancers of the prostate, testes, thyroid, and colon in men; and cancers of the thyroid and brain in women (Lee et al., 2020). Large international studies generally support the finding from U.S. studies that firefighters have elevated rates of cancer, with some variation by cancer site (Ahn et al., 2012; Amadeo

et al., 2015; Glass et al., 2016b; Glass et al., 2017; Glass et al., 2019; Harris et al., 2018; Petersen et al., 2018a; b; Pukkala et al., 2014).

Meta-analyses have pooled findings from individual epidemiological studies on cancer mortality and incidence in U.S. and international firefighting populations (Crawford et al., 2017; Guidotti et al., 2007; IARC, 2010; Jalilian et al., 2019; LeMasters et al., 2006; Sritharan et al., 2017; Soteriades, et al., 2019). These meta-analyses identified cancers that appeared to be elevated based on a weight of the evidence, including testicular (Lemasters et al., 2005; Guidotti et al., 2007; IARC, 2010; Jalilian et al., 2019; Soteriades, et al., 2019), prostate (Lemasters et al., 2005; Guidotti et al., 2007; IARC, 2010; Jalilian et al., 2019; Sritharan et al., 2017; Soteriades, et al., 2019), bladder (Guidotti et al., 2007; Crawford et al., 2017; Jalilian et al., 2019; Soteriades, et al., 2019), kidney (Crawford et al., 2017), colorectal (Crawford et al., 2017, Jalilian et al., 2019; Soteriades, et al., 2019), lymphohematopoietic (e.g., non-Hodgkin lymphoma, multiple myeloma) (Lemasters et al., 2005; Guidotti et al., 2007; IARC, 2010; Jalilian et al., 2019; Sritharan et al., 2017; Soteriades, et al., 2019), central nervous system (Soteriades, et al., 2019), thyroid (Jalilian et al., 2019), and pleural cancers (Jalilian et al., 2019), and melanoma (Crawford et al., 2017; Jalilian et al., 2019; Soteriades, et al., 2019). As a result of the meta-analysis conducted by IARC, the agency classified firefighting to be possibly carcinogenic to humans (Group 2B) (IARC, 2010). However, in March of 2019, the IARC Advisory Group recommended firefighting as a high priority for reevaluation based on new human cancer and mechanistic evidence (IARC, 2019).

Few studies have evaluated potential exposure-response relationships. Of these studies, some surrogates of exposure have included duration of employment/firefighting (Aronson et al., 1994; Baris et al., 2001; Bates et al., 2001; Beaumont et al., 1991; Demers et al., 1994; Guidotti et al., 1993; Heyer et al., 1990; Tornling et al., 1994; Vena et al., 1987), number of fire runs (Baris et al., 2001; Daniels et al., 2015; Tornling et al., 1994), and number of hours spent at fires (Daniels et al., 2015). Cancers that were found to be significantly elevated with increasing exposure in these studies included testicular (Bates et al., 2001), prostate (Demers et al., 1994), and lung cancers, and leukemia (Daniels et al., 2015).

The research on cancer for subspecialty groups of firefighters is limited, but a recent study of fire instructors (paid and volunteer) in Australia found an exposure-response relationship between training exposures (based on job activities) and cancer incidence (Glass et al., 2016a). To examine cancer risk for wildland firefighters, Navarro et al. (2019) conducted a risk assessment using an exposure-response relationship for risk of lung cancer mortality and measured particulate matter exposure from smoke at wildfires. This study estimated that wildland firefighters were at an increased risk of lung cancer mortality (8 to 43 percent) across different exposure scenarios and career durations.

In addition to epidemiological studies, mechanistic studies have used biomarkers to investigate exposures' effects on biological changes that could be related to cancer development. These studies provide evidence of DNA damage, oxidative stress, and epigenetic changes related to firefighter exposures (Abreu et al., 2017; Adetona et al., 2017; Andersen et al., 2017; Hoppe-Jones et al., 2018; Jeong et al., 2018; Keir et al., 2017; Oliveira et al., 2018; Zhou et al. 2019).

C. Knowledge Gaps

Exposure research supports that firefighters are exposed to hundreds of chemicals at fires, many of which are known or probable carcinogens (IARC, 2010). Epidemiologic evidence suggests that firefighters are at an increased risk for cancer. There is some variation in the literature on the risk of cancer by cancer site, which could be due to chance findings or differences in exposures, workplace practices, and PPE use by geographic region; firefighter characteristics; and time (Fritschi et al., 2014). Many details about the risk of cancer among the fire service are still poorly understood.

While there is some possible evidence to suggest that non-white or minority and female firefighters have an increased risk of specific cancers (Daniels et al., 2014; Tsai et al., 2015), analyses of demographic subgroups have been underpowered because study samples have consisted of predominantly white male populations. Because roughly 20% of career firefighters are non-white or minorities, and approximately 8% of all firefighters are women (BLS, 2019; NFPA, 2018), findings are not necessarily generalizable to the entire workforce unless samples sufficiently represent these demographics. Furthermore, in the general population, cancer rates vary by demographic characteristics, including sex and race/ethnicity (Howlader et al., 2019), as do cancer risk factors (e.g., social determinants of health) (Ellis et al., 2018), and biological mechanisms for metabolism of substances and/or the development of cancer (Wiencke et al., 2004; Zahm et al., 1995). But little is known about how cancer risk differs across varying demographic groups of firefighters. Additionally, larger samples of female firefighters are needed to estimate specific cancer incidence, such as cancers of the breast and female reproductive organs.

Studies support that workplace activities, practices, and exposures can vary based on firefighting specialization (Broyles, 2013; Fritschi et al., 2014; Glass et al., 2016a), but most epidemiologic studies have evaluated cancer risk only among groups of career structural firefighters. More information is needed on cancer rates and risk factors for volunteers, wildland and airport rescue firefighters, fire investigators, instructors, and others. Similarly, while nearly half of U.S. fire departments serve rural populations of less than 2,500 people (NFPA, 2018), cancer risk has yet to be evaluated for firefighters serving rural areas.

More accurate information on exposure characteristics like fire incidents (e.g., number of fire runs, time spent on fireground) and control measures (e.g. consistent use of respiratory protection, hood exchange programs, etc.) and how they relate to cancer incidence in the U.S. fire service is needed. It is also important to consider personal and lifestyle risk factors for cancer, such as tobacco and alcohol use, sleep deprivation, diet, and physical activity, in order to better understand how they may affect the relationship between firefighting and cancer; especially because the effects of these personal risk factors on cancer risk appear to be larger than the individual effects of firefighting and firefighting exposures that have been observed (Daniels et al., 2015; IARC, 2012; Schottenfeld et al., 2006). Likewise, information on the use of PPE and workplace practices is necessary to obtain a more comprehensive understanding of cancer risk associated with firefighting as an occupation. Lastly, it is important to collect health information from firefighters because comorbidities (e.g., diabetes) and associated health behaviors may increase or mediate the risk of certain types of cancer.

Some population-based (i.e., state) cancer registries collect occupational information, but it is often vague and incomplete (Freeman, et al. 2017) because patient information related to work history is often not obtained in the healthcare setting. Among firefighters specifically, one study found that roughly half of career firefighters in Florida with a cancer diagnosis were missing an occupation classification in the cancer registry, and only 17% were classified as a firefighter in the cancer registry (McClure et al., 2019). This estimate would likely be much smaller for former or retired firefighters, or volunteers working a non-firefighting job, at the time of cancer diagnosis, since the extent of occupational information ascertained may relate only to current job. Therefore, there is not enough accurate information available from state cancer registries alone to produce comprehensive estimates of cancer burden and risk factors among the fire service nationally.

D. Firefighter Cancer Registry Act of 2018

The President of the United States signed the Firefighter Cancer Registry Act of 2018 in July 2018, authorizing the Secretary of Health and Human Services to develop a voluntary registry to collect data on cancer incidence among firefighters (Congress, 2018). This law charged NIOSH—through CDC’s Director—to create the National Firefighter Registry.

Specifically, NIOSH is required to “improve data collection and data coordination activities related to the nationwide monitoring of the incidence of cancer among firefighters” and “to collect, consolidate, and maintain, epidemiological information and analyses related to cancer incidence and trends among volunteer, paid-on-call and career firefighters”. The law also requires NIOSH to “generate a statistically reliable representation of minority, female, and volunteer firefighters” and requires NIOSH “consult

with non-Federal experts on the Firefighter Registry”. Lastly, NIOSH is responsible for developing a “reliable and standardized method for estimating the number of fire incidents attended by a firefighter as well as the type of fire incident”.

E. Rationale

There are approximately 1.1 million firefighters currently serving in the United States (NFPA, 2018). Though roughly 20% of the firefighting workforce are minorities, 8% are women, and 67% are volunteers (BLS, 2019; NFPA, 2018), these subgroups have been understudied in relation to cancer risk. In order to obtain a diverse sample of U.S. firefighters to accurately assess cancer incidence, NIOSH investigators will seek to enroll firefighters at fire departments with higher numbers of female and minority firefighters from all regions of the country. In addition, NIOSH will encourage participation from subspecialty groups of firefighters including but not limited to wildland firefighters, arson investigators, and fire instructors. Overall, the NFR will seek to register approximately 200,000 firefighters in an effort to capture a more generalizable sample of the workforce.

This would be the largest database of firefighters ever assembled for health purposes and would allow NIOSH investigators to monitor cancer incidence in the U.S. fire service. Specifically, this sample size may enable investigators to monitor firefighters for rare types of cancer not previously identified in this workforce. Additionally, previous studies like Daniels et al. (2015) examined firefighters’ cancer risk based on exposures to burning of older structures (1950-2009). Through the NFR, NIOSH investigators can examine cancer risk among firefighters who may have different exposures, such as those experienced from the burning of synthetic materials present in newer structures. By aiming for a diverse sample with representation from subgroups specified in the Act (i.e., women, minorities, and volunteers), investigators can be more confident that results will better inform public health action.

IV. PROPOSED APPROACH

A. Participant Population

The NFR will be a surveillance system of adult (≥ 18 years of age) U.S. firefighters designed to evaluate cancer rates and occupational risk factors in the current U.S. firefighting workforce. The goal is to achieve a total NFR sample (i.e., General NFR Sample) of close to 200,000 participants 5 years after beginning enrollment that is diverse demographically (gender, race, etc.), geographically, and by firefighting specialization (arson investigation, wildland firefighting, etc.) and type of firefighter (career, volunteer, paid-on call, etc.). There will be no exclusion or inclusion criteria based on cancer or health status. There will be two components of the comprehensive General NFR Sample: a subsample

comprised of a **Targeted Cohort** for assessing cancer incidence; and a more-inclusive **Open Cohort** for describing cancer risk factors and other cross-sectional analyses (Appendix A). Specific inclusion criteria and sampling/recruitment strategies for each NFR component are outlined below.

1. Targeted Cohort

The Targeted Cohort will provide the population at risk required for assessing cancer incidence by targeting a sample of firefighters from career and volunteer fire departments that is diverse by geographic, demographic, and occupational characteristics, and following their vital and cancer status. The Targeted Cohort will be a prospective cohort (continuous enrollment). Firefighters in the Targeted Cohort will be recruited from two sampling frames: selected departments and state firefighter certification registries. Eligible participants will be all current firefighters from selected departments or states with rosters of certified firefighters. These eligible fire personnel will be invited by NIOSH to participate in the NFR. Additionally, departments with high participation from the Open Cohort (e.g., $\geq 70\%$ of the department's fire personnel) may also be added to the Targeted Cohort, as described below in the *Open Cohort* section.

The Targeted Cohort will be important for several reasons, including: 1) this approach will limit selection/response bias with specific eligibility criteria and a sampling design; 2) quality exposure information can be obtained from department records; 3) department workforce information allows for the estimation of cancer incidence rates and assessment of response characteristics and potential biases of the Open Cohort.

a. Targeted Cohort: Selected Fire Departments

Targeted career and volunteer departments will be selected in two sampling phases, as outlined below in *Fire Department Sampling Strategy*. Phase 1 will be recruitment from departments with high numbers of female, minority, and volunteer firefighters, to ensure adequate sample size for analysis. Fire departments with large numbers of female and minority firefighters will generally be those with a large overall workforce, thus these departments will also contribute large numbers of firefighters to the Targeted Cohort overall. Phase 2 will utilize a stratified random design to select a geographically diverse sample of career and volunteer departments from across the country.

The departments selected for targeted recruitment will be contacted to obtain rosters of their current firefighting workforce (i.e., employed at the time of NIOSH's roster solicitation). These rosters will provide the total number of current fire personnel and firefighters' contact information (e.g., name and email address) to allow NIOSH to send individual invitations for firefighters to voluntarily enroll.

NIOSH investigators will also request support in individual firefighter recruitment from department and state leadership and from the local union/memberships (if applicable). Fire departments may be unable or decline to participate, in which case, NIOSH will reach out to other departments with similar characteristics by using the same means of selection or from the same sampling stratum. For those departments that agree to participate, NIOSH investigators will provide informational and promotional materials (directly and through the department/union) to encourage all eligible firefighters to enroll through the NFR web portal. See Appendix B for recruiting materials. Additionally, NIOSH will request incident records from departments dating back to at least January 1, 2010, as discussed under *Objective 2*, for ascertaining incident-specific exposure information. Updated rosters and incident records will be requested on a recurring basis (e.g., every two years) to recruit firefighters new to the department and to update incident information. Departments that are unwilling or unable to provide incident records may still be included in the Targeted Cohort, but NIOSH may recruit additional departments with similar characteristics (i.e., from the same phase/strata). All new firefighters identified in rosters obtained by NIOSH periodically (e.g., every two years) will be actively invited to participate in NFR enrollment (firefighters can also enroll themselves through the web portal before then) until a sufficient number of firefighters are enrolled to provide statistical power to detect meaningful differences in risk estimates according to the sample size calculation (see *Sample Size Calculation (Targeted Cohort)*).

i. Fire Department Sampling Strategy

Phase 1: Focused Enrollment of Women, Minorities, and Volunteers:

Phase 1 will involve focused enrollment of female, minority, and volunteer firefighters (Appendix A). Departments with high numbers of female and minority firefighters will be identified by recent estimates from surveys of fire departments (e.g., NFPA census estimates) and/or conversations with relevant stakeholder groups. At least 10 departments with large numbers of female firefighters and 20 departments with large numbers of minority firefighters will be recruited; otherwise, departments will be recruited until sufficient samples of female and minority firefighters have been obtained for the Targeted Cohort (as indicated by *Sample Size Calculations (Targeted Cohort)*).

Additionally, NIOSH will consult estimates from surveys of fire departments (e.g., NFPA census estimates) and stakeholder groups to identify a list of large volunteer/mostly volunteer departments or career departments with a large volunteer workforce from across the country (i.e., with representation in all four U.S. regions). NIOSH will randomly select approximately six of these departments from each of the four regions defined by the U.S. Census Bureau (Northeast, Midwest, South, West) to ensure geographic variability. Otherwise, volunteer departments will be recruited from the four regions until a

sample of volunteer firefighters has been obtained that is adequate for analysis (as indicated by *Sample Size Calculations (Targeted Cohort)*).

Phase 2: Stratified Random Sample:

NIOSH will use a three-level sampling design to sample from career/mostly career and volunteer/mostly volunteer departments across the country (Appendix A). The U.S. will be divided into nine geographic units specified by the U.S. Census Bureau (https://www2.census.gov/geo/pdfs/maps-data/maps/reference/us_regdiv.pdf). Using recent national estimates from fire department surveys (e.g., NFPA, USFA), departments within each region will be stratified by career/mostly career and volunteer/mostly volunteer status. Career/mostly career departments will then be categorized according to population size served (i.e., $\geq 100,000$ vs. $< 100,000$). From each geographic region, NIOSH will first randomly select at least three career/mostly career departments with at least 100 current firefighters from each category of population size served to invite to participate (Tier 1); and will then randomly select at least three volunteer/mostly volunteer departments to invite to participate (Tier 2). Volunteer departments will not be stratified by population size served since a majority serve populations of $< 50,000$, therefore it may be difficult to find larger volunteer departments in some regions.

b. Targeted Cohort: State Firefighter Certification Registries

In addition to the fire department sampling frame, NIOSH will incorporate other sampling frames for the Targeted Cohort, including state rosters of certified firefighters. A few states (e.g., Georgia, Kentucky, New York, Ohio, etc.) require all firefighters, career and volunteer, to be certified and regularly re-certified to be active in that state. Each of these states has a governing body that keeps track of all active firefighters and their certifications. NIOSH will work with these states to obtain contact information (e.g., name and email address) for all currently active firefighters in that state. All new firefighters identified in state records sent to NIOSH periodically (e.g., every two years) will be invited to enroll. Additionally, some states could potentially include a link or invitation to the NFR during their initial certification and/or recertification process. Some of the state governing bodies may also have access to incident records. NIOSH will explore obtaining these records either from the state or from individual fire departments in the state. In most cases, however, state certification registries are not anticipated to have records with the level of detail related to fire incidents that are available from individual departments.

c. Sample Size Calculation (Targeted Cohort)

A sample size calculation was used to determine the minimum baseline sample sizes (i.e., number of currently active firefighters) necessary to detect elevated cancer rates for select subgroups of interest. The sample size calculations were based on attaining 80% power from a Poisson regression with 30 years of follow-up, comparing the observed cancer rate of the cohort to the US population cancer rate with an $\alpha = 0.05$ level of significance. It was further assumed that the cohort would grow by 2.5% per year as was calculated from the Daniels et al. (2014) study data. Population death rates and cancer incidence rates were obtained from CDC Wonder and the average of the most recent 5 years (2012-2017 for mortality and 2011-2016 for incidence) was used and assumed to remain constant into the future. Using this information, an initial targeted cohort of 5,000 firefighters is needed to observe a standardized incidence ratio (SIR) of 1.09 for all cancer sites, 6,500 non-white firefighters are needed to observe an SIR 1.09 for all cancer sites, and 1,000 women firefighters are needed to observe an SIR of 1.45 for breast cancer. The SIRs for these calculations were obtained from the Daniels et al. (2014) study.

These sample sizes were used to determine the minimum number of departments to recruit with the fire department sampling strategy. More specifically, mean reported counts of firefighters from a recent NFPA census of U.S. fire departments were used to estimate current workforce sizes. Under an assumption of 50% participation rate, we estimate that the proposed fire department sampling strategy (Appendix A) will contribute a baseline sample of roughly 26,000 firefighters, including at least 1,000 women, 6,500 non-white firefighters, and 5,000 volunteers, that will grow to roughly 56,000 after 30 years of follow-up by 2050 (assuming an annual growth rate of 2.5%). The number of necessary fire departments could change based on observed participation rates and participation from state firefighter certification registries.

NIOSH anticipates including several states' firefighter certification registries in the Targeted Cohort, which would greatly increase the sample size and potentially reduce the number of individual departments necessary to recruit for the fire department sampling strategy. Hypothetically, if a state with 40,000 active firefighters participated in the NFR, the Targeted Cohort would increase by roughly 20,000 participants, assuming the same participation rate as above. Thus, a total Targeted Cohort of approximately 46,000 firefighters at baseline would grow to approximately 100,000 after 30 years of follow-up. Additions of departments with high participation from the Open Cohort would further increase the size of the Targeted Cohort.

With participation from fire departments selected in the fire department sampling strategy and multiple states, the Targeted Cohort could be used to evaluate even smaller measures of effect, more subgroups of firefighters, and rarer cancers.

2. *Open Cohort*

The Open Cohort will involve a non-probability sampling design and include all firefighters that complete enrollment through the secure web portal not otherwise recruited for the Targeted Cohort. All adult members of the U.S. fire service, including active, former, and retired members, who have ever been an active firefighter will be eligible to join the NFR through this method. This will include former firefighters at fire departments selected for the Targeted Cohort. Additionally, the Open Cohort will be designed to recruit large representation from sub-specialties of firefighting, such as wildland, instructors, fire investigators, and airport rescue. Participants will be able to enroll on a continuous basis.

Firefighters will be recruited for the Open Cohort by disseminating informational and promotional materials through stakeholders, membership organizations, social media, and trade literature. Appendix B provides informational materials. These materials will be provided to our list of stakeholders (Appendix C) for dissemination to their membership.

NIOSH investigators will deliver presentations on the NFR at professional conferences and meetings all over the United States. NIOSH will also set up booths at professional conferences where firefighters can obtain informational materials and possibly even register by using electronic tablets at the booth.

Through non-probability sampling, some firefighters may be more likely to register than others based on characteristics such as cancer status (i.e., selection/response bias). Therefore, the Open Cohort may limit the ability of investigators to make statistical inferences related to cancer rates from this sample. Nevertheless, enrolling large numbers of NFR participants through this design will be relatively quick and cost-effective. Further, because of the broad eligibility criteria, this approach would provide the opportunity for any fire service members to participate in the NFR, including subgroups not initially eligible or selected for the Targeted Cohort. Lastly, previous cohorts of a similar design (e.g., the Women's Health Initiative Observational Study and Nurse's Health Study III) have demonstrated that the Open Cohort will have strong utility for descriptive and hypothesis-generating analyses of cancer risk factors, including those cross-sectional and longitudinal in design (Hays, et al. 2003; Chlebowski, et al. 2019; Bao, et al., 2016).

a. Adding Open Cohort Groups to the Targeted Cohort

NFR investigators will evaluate the opportunity for treating subgroups from the Open Cohort as part of the Targeted Cohort and/or additional department records collection based on the estimated severity of response bias (e.g., based on cancer status) and participation rates of such subgroups (e.g., high participation from single departments, states, or organizational memberships for which denominator

information is available). For example, if select departments have high participation (e.g., $\geq 70\%$ of the department's fire personnel) in the Open Cohort and, thus, minimal response bias based on cancer status, NFR investigators may treat this subgroup as part of the Targeted Cohort; that is, by possibly soliciting incident records and performing longitudinal analyses related to cancer incidence. NIOSH will determine participation rates using denominator information available from NFPA, USFA, and/or contact with individual departments/states.

b. Power/Sample Size Calculation (Open Cohort)

Previous power calculations for a cohort of a similar design to the NFR Open Cohort have shown the capability of such a design. For example, the Women's Health Initiative Observational Study provides the opportunity for comparing characteristics between participants that have developed a given disease (e.g., cancer) with a suitable number of time-from-enrollment matched controls, i.e., using a nested case-control analysis. Power analyses demonstrate that, for example, a 1:1 matched case-control analysis based on a cohort size of 80,000 is approximately equal to a full-cohort analysis based on a cohort of size 40,000. Furthermore, in a hypothetical cohort of 40,000, investigators suggest that "an odds ratio as small as 1.50 for an exposure having a frequency of 0.50 can be detected with a probability (power) of 90% or greater by an average of 3 years of follow-up for diseases such as breast cancer... having an annual incidence of at least 0.20%. Such an odds ratio can be detected with a power of 80% for much rarer diseases having an annual incidence of 0.05% by an average of 9 years of follow-up" (The Women's Health Initiative Study Group, 1998, pg. 90–91). The NFR Open Cohort is anticipated to be much larger than 40,000.

B. Stakeholder Participation and Advisory Committee

There are many stakeholders interested in the NFR (Appendix C). NIOSH investigators have identified a list of individuals and organizations to be included in communications regarding the Registry including representatives from academic institutions, other federal agencies, fire and emergency response organizations, firefighter unions, fire departments, and cancer registry experts. Specifically, members of the International Association of Fire Fighters (IAFF), International Association of Fire Chiefs (IAFC), Firefighter Cancer Support Network, United States Fire Administration (USFA), and National Fire Protection Association (NFPA) have expressed interest in assisting with efforts to maximize participation in the Registry. In addition, the Firefighter Cancer Registry Act of 2018 specifically mentions generating representation of female, volunteer, and minority firefighters, so NIOSH investigators have communicated with representatives from the National Volunteer Fire Council

(NVFC), Women in Fire, National Association of Hispanic Fire Fighters, and the International Association of Black Professional Fire Fighters (IABPFF).

NIOSH engages with stakeholders for the Registry through various forms of communication including periodic emails, quarterly newsletters, individual conference calls, and presentations at conferences. NIOSH investigators published a request for information (RFI) in the Federal Register and presented at meetings open to the general public including at the NIOSH Board of Scientific Counselors (BSC) bi-annual meeting and the 2019 Firefighter Cancer Symposium. Additionally, NIOSH investigators provided Registry updates to members of Congress and will continue to do so annually. Through these mechanisms, stakeholders were able to express opinions and share insights in both public and private forums, and their perspectives were instrumental during the development of the protocol. NIOSH investigators will continue to provide opportunities for stakeholder feedback at upcoming conferences. NIOSH investigators also created an email address (NFRRegistry@cdc.gov) solely dedicated to answering questions regarding the Registry. Through a subcommittee of the NIOSH BSC, NIOSH created the NFR Subcommittee—an advisory committee for the NFR. The NFR Subcommittee, as outlined in the Firefighter Cancer Registry Act of 2018, is comprised of non-federal experts in related fields including cancer registries, cancer epidemiology, clinicians with expertise in cancer or firefighter health, fire and emergency response organizations, active firefighters, state health departments, and state departments of homeland security. The NFR Subcommittee will provide guidance on the design, implementation, and reporting for the NFR and meet at least once a year.

The results from our study will be communicated to stakeholders via scientific journal publications, presentations, and communications to the public.

C. Objectives

Objective 1: Enroll firefighters and collect self-reported information on employment/workplace characteristics, exposure, demographics, lifestyle factors, co-morbidities, and other confounders related to cancer.

NIOSH will develop a secure web portal that allows any firefighter in the nation to self-register. All firefighters participating in the NFR will enroll through the web portal. The web portal will meet all requirements of the Federal Information Security Management Act of 2002 (FISMA). Firefighters will access the web portal through the dedicated NFR website (www.cdc.gov/niosh/firefighters/registry.html or www.cdc.gov/NFR). This website will include frequently asked questions (FAQs) and other important background information about the NFR. After reviewing the NFR website, if firefighters are interested in enrolling in the registry, they will click the “REGISTER” icon. This will take them to the

secure web portal, which will have multi-factored authentication (MFA) (see *Data Security* section for more details).

a. Enrollment

To complete enrollment in the NFR, the firefighters will need to first complete the informed consent document (Appendix D) and then the user profile (Appendix E) and then the enrollment questionnaire (Appendix F). Icons for each of these documents will be included on their profile page or dashboard. If firefighters have questions that are not included or fully answered in the FAQs, they can call the NIOSH investigators at the phone number provided on the informed consent document.

After completing and electronically signing the informed consent document, the firefighters will be taken to the user profile page. This page will serve to collect basic information from the firefighter that could change over time and hence can be accessed and updated by the user. After completing the user profile questions, the firefighter will be directed to complete the enrollment questionnaire. The questionnaire will collect information on employment/workplace characteristics, exposure, demographics, lifestyle factors, co-morbidities, and other confounders. The questionnaire is expected to take less than 15 minutes to complete.

The very last question on the questionnaire asks for the participant's Social Security Number (SSN). The questionnaire explains why the SSN is needed, "*In the United States, each state has a cancer registry that collects and combines information on all cancer diagnoses from all hospitals in that state. In order to match the information you have provided in this survey with any potential cancer diagnosis reported to a state, we need your social security number (SSN).*" If a firefighter submits the questionnaire without providing their SSN, a warning textbox will pop-up that says,

"We noticed that you did not include an SSN. Would you consider providing the last four digits of your SSN? Although not as reliable as your full SSN, the last four digits of your SSN would increase the likelihood of linking your information to any future cancer diagnosis."

Two clickable icons will be provided in the text box:

- (1) Yes, I will provide my last four digits here,*
- (2) No, I do not wish to provide this information. I understand this may exclude my information from analysis to estimate cancer risks in firefighters.*

If firefighters are unable to complete the questionnaire in one sitting, they can log-off and return at a later date to complete it. If they have not completed the questionnaire within 7 days of completing the informed consent, the firefighters will be sent a reminder email using the email address they provided during login and/or a text message using the mobile phone number they provided as part of the

registration process. If necessary, another reminder email or text message will be sent 14 days, 28 days, and 42 days later. If there is no response after 42 days, no further emails or text messages will be sent.

Once the questionnaire has been completed and submitted, all responses will be uploaded to a secure server and the firefighter participant will no longer be able to access their questionnaire responses. However, the profile page or dashboard will include the profile data that were entered (see Appendix E). All this information can be viewed and edited from the dashboard, but only after the participant successfully logs in using MFA.

b. Follow-Up Questionnaires and Continued Engagement

Following enrollment, NIOSH will send NFR participants notifications for periodic follow-up questionnaires (e.g., one per year) to be filled out through the web portal. These follow-up questionnaires will contain questions related to documenting changes in work history (e.g., incident frequency/type, department, position), workplace practices (e.g., PPE use, shiftwork), and covariates (e.g., smoking and alcohol use) longitudinally, as well as more focused questions related to particular risk factors or health outcomes (e.g., reproductive health and breast cancer risk factors). These questionnaires will be voluntary but important for understanding the relationship between firefighting and health status over time. NFR participants can choose not to respond to any or all questionnaires or can opt out of receiving notifications for follow-up questionnaires and other communications (temporarily or permanently) through their profile settings in the web portal. All questionnaires will be designed to be short and minimize the time burden on NFR participants.

In addition to notifications for follow-up questionnaires, NIOSH will send NFR participants regular updates/newsletters (e.g., every six months) to keep participants engaged and remind them to keep their contact information up-to-date. This continued engagement will also likely improve response rate for follow-up questionnaires and provide a mechanism for notifying participants of external study opportunities (refer to *Sharing Data with External Investigators*).

Objective 2: Obtain records from fire departments/agencies to track trends and patterns of exposure as related to cancer in firefighters.

In addition to roster information, NIOSH will request fire incident records dating back to January 1, 2010, or earlier when available, from fire departments participating in the Targeted Cohort. Fire departments are required to collect some basic information about fire incidents under the National Fire Incident Reporting System (NFIRS) established by the U.S. Fire Administration. Department incident records will provide NIOSH investigators with apparatus and incident-specific information to be used as

surrogates of exposure for dose-response analyses. Specific variables of interest that will be requested from department incident records will include but are not limited to: incident number, fire station, apparatus, incident type, on scene time, off scene time, job assignments, number of fire runs, and duration at fires.

NIOSH will also solicit employment records for firefighters participating in the NFR, which will provide investigators with key individual-level information. Specific variables of interest requested from employment records for each firefighter participating in the NFR will include but are not be limited to: full name, employee ID, current and past job titles (e.g., recruit, firefighter, chief, etc.), hire date, termination date (if applicable), promotion history, duration of employment, fire station, apparatus, and crew assignment(s). Where possible, NIOSH will attempt to collect electronic records from departments instead of paper records.

Meetings will be held with individual departments and local unions to reach agreement on their support to participate in the Targeted Cohort. Specifically, the NFR team will work with individual fire department leadership to determine the most effective and secure mechanism for sharing employment and incident records with NIOSH. This will include employment records for all fire personnel participating in the NFR and department incident records dating back to at least January 1st, 2010 or earlier when available (i.e., for information on eligible firefighters that were active at the department prior to 2010). Data use agreements (DUAs) can be developed if necessary.

Firefighters from departments in the Targeted Cohort will be asked to enroll through the NFR web registration. NIOSH investigators will be able to track response rate by running queries of the database. NIOSH investigators will code work history and incident and response records and combine data from each department into one database with linkages to individual participants where such linkages can be reliably made.

Additionally, if participants are currently tracking their exposures, they can individually give the exposure tracking programs (e.g., PER, NFORS, PIIERS, FirstForward) permission to provide this information to the NFR. At this time, it is not clear how many firefighters use exposure tracking systems, how long they have been using these systems (most are relatively new), or how complete or consistent the data are across the different platforms. If these programs gain in popularity and meet specific data standards and quality, there may be an opportunity to use the data to estimate exposures longitudinally, at least for certain groups of firefighters (e.g., new recruits). Therefore, although exposure tracking programs are not the primary data source for estimating lifetime exposures, the NFR program will consider these data for exploratory analyses and possible use in future assessments of

exposure. Other data collection methods for individual and department level information will also be considered and added as amendments to this protocol.

Objective 3: Monitor cancer in firefighters by linking with health information databases (i.e., population-based cancer registries and the National Death Index) to assess cancer incidence and mortality.

NIOSH will identify all cancer diagnoses and determine vital status for all NFR participants by periodically linking (e.g., every five years) with health information databases. These linkages will be used to associate NFR participants' occupational information with cancer and/or cause of death information. NIOSH will link to all outcome databases (i.e., Social Security Administration Death Master File, NDI, and population-based cancer registries) using identifying information ascertained in the NFR web portal's profile and enrollment questionnaire (e.g., name, social security number, date of birth, address, sex).

For participants who become deceased, we will obtain underlying and contributing causes of death from NDI to determine cancer mortality and mortality due to other causes. Cancer incidence will be determined to more accurately assess the risk of specific cancers in the initial analysis and among living participants at each period of follow-up (i.e., linkage update), which is a more accurate measure for cancers with high survival rates (e.g., testicular and prostate). Cancer diagnoses will be identified by matching participant records with applicable population-based cancer registries (commonly referred to as state cancer registries) from all states and territories in the U.S. Records will be obtained from cancer registries either by applying for data from registries individually or, when available, from the North American Association of Central Cancer Registries' Virtual Pooled Registry Cancer Linkage System (NAACCR VPR-CLS), which is an automated, standard linkage methodology and streamlined application process available for cancer registries that volunteer to participate (<https://www.naacr.org/about-vpr-cls/>).

In order to conduct further vital status tracing over time and ensure quality control in data linkages, NIOSH will refer to existing administrative records resources, such as those available through the Internal Revenue Service (IRS) and LexisNexis.

Vital status, cause of death, and cancer incidence data will be updated periodically (e.g., every five years) as new participants enroll and as the cohort ages. Linkages between exposure, demographic, and lifestyle information and mortality/cancer diagnosis information will be used to determine rates of death due to cancer and other causes, as well as the incidence of cancer among firefighters, overall and for

specific subgroups/subspecialties of firefighters (e.g., men, women, non-white or minority, instructors, investigators, urban/rural, structural/volunteer, career/volunteer, geographic regions, exposure amounts).

D. Potential Approach Limitations

The proposed approach for the NFR surveillance system has some limitations. Despite specific inclusion criteria and a sampling design for the Targeted Cohort, the participant population will be limited to fire service personnel from departments/states that are willing to participate in the NFR. These departments and states may employ workplace practices and policies for firefighters that differ from departments/states that decline to participate in the NFR, potentially limiting the generalizability of the NFR. Some analyses like mortality/incidence for rare cancers and subgroups (women, minorities, rural, volunteers) of firefighters may be limited by small sample sizes; and sample sizes for smaller subgroups may not be representative (e.g., samples of women and minorities, who will likely come from mostly large/urban settings in certain regions). Dose-response analyses using department incident records will be limited to participants and time periods for which records are available from each department. However, questionnaire data will be used to examine dose-response for all participants based on comprehensive work history and estimated number of fire responses (even across multiple departments). Lastly, because of the long latency period of cancer, it will be some time before cancer incidence rates, comparisons with the general population, and some cancer risk factors may be evaluated.

V. DATA MANAGEMENT AND ANALYSIS:

A. Data security

1. Creating an account

Account creation begins with the interested participant clicking the “Register” button on the CDC/NIOSH NFR web portal application. This self-registration initiates the process of creating a login.gov managed account. Login.gov is a single sign-on solution for U.S. government websites. This federal government service enables participants to log in to federal government applications using MFA. MFA is an authentication method that requires more than one method of authentication from independent categories of credentials to verify the user’s identity for a login or other transaction. When the participant clicks the “Register” button it will redirect to login.gov where they can sign in or create an account. The login.gov page that the participant is redirected to will be branded with the NFR logo to give the participant a consistent user interface experience.

Account creation requires entering one’s first and last name and an email address or phone number, creating a password and confirming it, and choosing a preferred language from a drop-down menu. The

web portal will require firefighters to create an account using MFA. Briefly, the firefighters will enter their email address and a strong password and then be asked to provide at least two levels of authentication, which could include: 1) passcode via text message to their mobile phone; 2) security token via third-party authenticator app; and/or 3) answers to challenge questions. Through the login.gov authentication process, a universally unique identifier (UUID) that identifies the user is assigned to the participant. The firefighters' UUID and email will be shared with NIOSH. Participants can find assistance for creating accounts at <https://login.gov/help/>. After account creation, the participant is redirected back to the NFR web portal with the UUID that identifies the participant. After completing account creation (and informed consent document if not already signed), the firefighters will be taken to a profile page and asked to enter (or update if returning to the site) their legal first, middle, and last name; current email address, mobile phone number, current or most recent fire department, current work status, and job title (see Appendix E). This will establish their profile.

2. Login procedures

The NFR web portal will have a register/log in button. When the participant clicks the button, it will redirect to login.gov to handle the MFA process. Every time the participant signs in to the NFR web portal, they will need their email address, their password, and access to one of the two-factor authentication methods they chose to set up. After the participant enters their email address and password to sign in, login.gov will ask them to authenticate (enter a security code sent to their phone by voice or text or enter the security code from their authentication application). After authenticating with login.gov, they are redirected back to the NFR web portal. Once a participant is authenticated on login.gov and passed back to the NFR web portal, the session will be managed by secure CDC on-premise infrastructure, including CDC-managed web servers and database servers.

When completing the questionnaire (Appendix F), firefighters will be automatically logged-off if there is no online activity for 5 minutes. To log back in, the firefighters will be required to successfully perform MFA as described previously.

3. Password management

To change their password, participants will be redirected to the “Manage Account” page on login.gov. They will select “Edit” next to password, enter the new password and submit their change. Login.gov enforces strong passwords that meet National Institute of Standards and Technology (NIST) requirements

4. Encryption

Collected data (including questionnaire data, exposure data, and matched cancer data) will be stored by unique participant ID. This unique participant ID will be a UUID, assigned by login.gov. User accounts will be proofed at (LOA3), corresponding to [NIST 800-63-2 levels of assurance \(LOA\)](#). All collected data will be stored in a secure database that meets NIST 800-53, SC-28 PROTECTION OF INFORMATION AT REST standards. Multiple layers of encryption will be implemented on the database. Information in Identifiable Form (IIF) fields will be masked on the Graphical User Interface because of the sensitivity of the data. For example, month and year of birth will be masked.

5. Minimize collection of identifiable information

The information required for registration has been limited to only that needed to confidently link an individual to state cancer registries and the NDI.

6. Internal Access

Restrictions on internal access and auditing of internal access will be implemented to meet the controls listed in [NIST Special Publication 800-53 \(as amended\)](#), Security and Privacy Controls for Federal Information Systems and Organizations.

7. Physical and Environmental Protection (PE)

CDC facilities meet security controls in accordance with the PE security control requirements stated in NIST SP 800-53, Revision 4, Security and Privacy Controls for Federal Information Systems and Organizations. Servers are stored in a server room secured by the CDC. Physical controls are in place to secure entry into CDC buildings (Guards, ID Badges, Key Card, Cipher Locks, and Closed-Circuit TV).

All incidents involving a suspected or confirmed breach of Personally Identifiable Information (PII) must be reported to CDC Office of the Chief Information Security Officer (OCISO) according to the policy titled “OCISO/CDC Standard for Responding to Breaches of Personally Identifiable Information (PII).”

B. Data Analysis

The primary goal of this surveillance system is to monitor trends in cancer incidence among firefighters (e.g., incidence rates), as specified in the mandate. Beyond this goal, the data will be evaluated for various potential analytic objectives, including but not limited to descriptive and hypothesis-generating investigations of cancer risk factors, dose-response analyses, and comparisons of cancer risk and risk factors by subgroups of firefighters. Data analyses objectives and plans may change and evolve over time as the cohort grows and surveillance needs develop. The data analysis plan for the primary goal of the NFR is described below.

1. Analyzing Mortality and Cancer Rates

Mortality and cancer rates will be calculated and compared to the general U.S. population as was done in previous NIOSH studies of firefighters (Daniels et al., 2014; Pinkerton, et al., 2020). State rates will be used for comparison where available. Briefly, mortality rates will be assessed by using the NIOSH Life Table Analysis System (LTAS.NET) or a similar program to generate expected numbers of cancer deaths (NIOSH, 2001). Enumeration of observed deaths and person-years at risk for NFR participants will begin at enrollment and end at the date deceased or end of observation, whichever is earliest. Numbers of deaths observed for each cause (e.g., cancer site) will be divided by the expected number of deaths to obtain cause-specific standardized mortality ratios (SMRs). The precision of each estimated SMR will be assessed assuming a Poisson or Negative Binomial distribution, with two-sided 95% confidence intervals.

To analyze cancer incidence, SIRs, person days at risk, and the expected number of cancer incidence cases will be calculated using LTAS.NET, SEER*Stat, or a similar program. The methods for producing these estimates are the same as those used for the mortality analyses. Person-days at risk will accumulate beginning at enrollment. Each individual contributes person-days until the date of diagnosis of cancer, the date of death, or the end of observation, whichever is earliest.

Regression analyses will be conducted to further evaluate the associations between risk factors and selected cancer outcomes through internal comparisons. In general, dose-response modeling of longitudinal data will be approached using standard methods of regression modeling of survival data (i.e., failure-time data). Analysis plans guiding specific modeling strategies will be developed based on review of available data.

Analyses of the Targeted Cohort may necessitate incorporation of sampling weights, as appropriate, for the oversampling of women and minorities of Phase 1 and the stratified sampling design of Phase 2 to improve the generalizability of results.

2. Analytic Considerations

The NFR analyses may be affected by “healthy worker” biases since a firefighting population is healthier than the general U.S. population, and firefighters in the Targeted Cohort must have survived until present day to be eligible (healthy worker survivor effect (HWSE)) (Checkoway et al., 1989; Naimi et al., 2013). These biases will be evaluated analytically where possible. Methods accounting for HWSE are currently evolving (e.g., Naimi et al., 2013). NIOSH will keep current with the literature on HWSEs and utilize proven methodology as practicable.

The ability to perform lagged analyses may be difficult where timing of exposures or behaviors cannot be accurately ascertained through self-report. However, information will be obtained longitudinally with follow-up questionnaires and cancer can also be evaluated prospectively in relation to some self-reported information after expected latency periods have occurred. Timing of incidents will also be available from department records for some participants.

NIOSH will have the ability to identify potential biases affecting the NFR sample by comparing the demographics and characteristics of NFR participants to those of the U.S. firefighter workforce that are provided by NFPA, USFA, and the U.S. Bureau of Labor Statistics (NFPA, 2015-2017), as well as comparing the Open Cohort and Targeted Cohort. Additionally, with roster information available from fire departments selected in the Targeted Cohort serving as denominator estimates, NIOSH will be able to evaluate characteristics of response and non-response.

VI. HUMAN SUBJECTS PROTECTIONS

A. Surveillance and Research Activities

1. Surveillance Activities

The primary objective of the NFR is to monitor cancer and cancer risk factors among the U.S. fire service. This primary objective is a public health surveillance activity deemed not to be research under the 2018 Requirements (subpart A of 45 CFR part 46), and therefore does not require Institutional Review Board (IRB) submission.

By definition, public health surveillance activities include “the collection and testing of information or biospecimens, conducted, supported, requested, ordered, required, or authorized by a public health authority. Such activities are limited to those necessary to allow a public health authority to identify,

monitor, assess, or investigate potential public health signals, onsets of disease outbreaks, or conditions of public health importance (including trends, signals, risk factors, patterns in diseases, or increases in injuries from using consumer products)” (<https://www.hhs.gov/ohrp/regulations-and-policy/requests-for-comments/draft-guidance-activities-deemed-not-be-research-public-health-surveillance/index.html>). The NFR has been authorized by CDC/NIOSH to collect information to allow NFR investigators to identify and monitor cancer trends and risk factors among the U.S. fire service. Public health surveillance activities of the NFR include ongoing recruitment and enrollment of participants; follow-up or supplemental questionnaire administration related to cancer and cancer risk factors, including but not limited to work history, exposure, comorbidities, and lifestyle characteristics; and routine linkages with NDI and cancer registries to determine cancer status and/or cause of death.

2. *Secondary Activities*

NIOSH investigators will create and administer follow-up questionnaires to capture additional information related to firefighters’ work, cancer, or other health conditions. Any potential questionnaires not related to the primary goal of monitoring cancer and cancer risk factors among firefighters will need to undergo research/non-research determination at CDC/NIOSH. If the questionnaires and related activities are deemed a public health surveillance activity under the goals of the NFR, they will be added to this protocol as an amendment and submitted for review and approval according to CDC/NIOSH procedures. The questionnaire will also be submitted to the U.S. Office of Management and Budget (OMB) for approval. If the new questionnaires are deemed research, the NIOSH investigators will develop a new protocol, undergo CDC/NIOSH review procedures, and obtain all the necessary IRB and OMB approvals before posting these questionnaires to the web portal and notifying participants via email or text message of the new questionnaire.

Additionally, NIOSH is required to make NFR data available to external researchers as stated in the legislation (subparts (2)(f)-(g)). See the *Assurance of Confidentiality* section (below) for more details on how data will be made available to external researchers.

B. Informed Consent

NIOSH will obtain informed consent as described in *Objective 1*. Interested firefighters will be able to read the consent form in its entirety and provide an electronic signature indicating their consent. If firefighters have questions, they will be referred to the FAQs on the NFR website and if their questions are not answered there, we will provide a phone number that they can call to reach a member of the NFR investigation team. The consent form was determined to have a Flesch-Kincaid 10th grade reading level

and was thought to be adequate for the target audience of firefighters. It is important to note that most career fire departments require at least a high school education and nearly all fire departments (including volunteer departments) require fluency in English.

C. The Reasonable Person Standard

Application of the **reasonable person** standard is required by the revised Common Rule in development of the consent process and form. That is, the consent form must provide the information that a reasonable person would want to have in order to make an informed decision about whether to participate. **Key Information** is the phrase used to describe a new requirement for consent processes and forms: Obtaining consent must begin by presenting the potential participants with the key information that is most likely to assist them in understanding the reasons why they might or might not want to participate in this surveillance project.

Based on conversations the NFR team has had with stakeholders, it is clear that confidentiality of data is of utmost importance to the firefighters. It is also clear that there is confusion among firefighters regarding who can register in the NFR. Consequently, it is important that firefighters understand that their data will be protected to the fullest extent allowed by law and cannot be released to their fire departments or insurance companies and that all firefighters in the United States can register, regardless of their position or health status. The “Key Information” section of the consent form (first paragraph, Appendix D) provides these details in a short and understandable format so that a firefighter (or any reasonable person) has these details up-front as they continue to read the consent form. The rest of the consent form then provides additional details (including potential risks) that are also necessary to make an informed decision about whether or not to participate in the study.

In addition to the details in the consent form, the participants will also be provided with a link to FAQs (www.cdc.gov/niosh/firefighters/registry.html) and a phone number to reach a member of the NFR team if they have additional questions. However, we have strived to make the consent form comprehensive, concise, and understandable (Flesch-Kincaid grade level of 10.0), so that a reasonable person has all the information in the consent form necessary to decide whether or not to participate.

D. Confidentiality

1. Assurance of Confidentiality

NIOSH will seek to obtain an Assurance of Confidentiality (AOC) for the NFR. An AOC is a formal confidentiality protection authorized under Section 308(d) of the Public Health Service Act. An AOC protects individuals and institutions involved in either research or non-research (e.g., surveillance),

thereby protecting the confidentiality of participants involved in both surveillance and any future research involving NFR data. Only individuals that are part of the NFR program will have access to personally identifiable information (PII). These individuals may include NIOSH employees, Federal contractors, or cooperative agreement partners. However, all individuals with access to PII will have to comply with the data security requirements outlined above in the *Data Security* section.

This protection will allow the NFR team to assure participants, departments, and other institutions that NIOSH will protect the confidentiality of the data collected. The legislation states that no identifiable information may be used for any purpose other than the purpose for which it was supplied, and that no disclosure of the data may be made unless such institution or individual has consented to that disclosure.

The purposes for which the data will be collected include: a) for use by NIOSH to monitor trends in cancer incidence and risk factors among the U.S. fire service, including evaluating exposure-response relationships, as outlined in the primary objectives of the protocol; b) secondary purposes pursued by NIOSH related to non-cancer research aims; and c) approved secondary research purposes proposed by external investigators and collaborators.

In the latter case, NIOSH will make NFR data accessible, upon request, to external researchers through a Research Data Center (RDC). All requests for NFR data files must be made through a proposal to the RDC. The proposal will be reviewed by the RDC, NIOSH, and any state cancer registry outlined in the proposal. If approved by all parties, the appropriate de-identified data files will be provided to the RDC for analysis. All individual identifiers will be removed from the data. Other variables that could be used to identify an individual depending on the analyses being performed will also be removed.

External researchers can also request that NIOSH reach out to NFR participants to solicit their interest in an outside study. NIOSH will review and approve these requests on a case-by-case basis, ensuring that all studies have received appropriate review and approvals. Once NIOSH has approved the proposal, the NFR program will be responsible for re-contacting participants.

Collected data (including questionnaire data, exposure data, and matched cancer and death data) will be stored by unique participant ID. This participant ID will be a UUID, assigned by login.gov. User accounts will be proofed at (LOA3), corresponding to NIST 800-63-2 levels of assurance (LOA). All collected data will be stored in a Transparent Data Encryption (TDE) database with the additional layer of column –level encryption for Personally Identifiable Information fields.

VII. RISKS AND BENEFITS:

A. Assessment of Potential Benefits

There are no direct benefits from participating in the NFR. However, firefighters will indirectly benefit from participating in the NFR by contributing to a knowledge base that could influence practices and policies aimed at preventing cancer in firefighting for generations to come. For example, the NFR could find that certain control measures are related to a reduced risk of cancer, which would provide additional evidence and support for fire departments to implement these measures.

B. Assessment of Potential Risks

The risk to participants in this study is minimal. There is a slight risk of unintended disclosure of the personal information for participants in this study. Participants may also experience emotional stress by participating in a study focused on cancer or answering questions related to cancer. However, these risks will be minimized as summarized below.

C. Description of Measures Taken to Minimize Potential Risks

Several steps are being taken to protect participants' confidentiality and prevent unintended disclosure of personal information at each step along the registration, cancer diagnosis matching, data sharing, and dissemination processes.

1. Enrollment/Registration

- Participants will only be able to enter their information, answer questions, and/or see previously entered responses after successfully logging in using MFA.
- If a firefighter is uncomfortable answering a question, he or she can skip the question. All questions are optional.
- Once the participants submit their questionnaire, their responses are uploaded to an on-premise secure and encrypted database. Their questionnaire and responses are then cleared from the web portal and can no longer be accessed by them, with the exception of the information that is part of their profile page or dashboard for possible future updating. This information includes firefighter's name, current physical address, current email address, mobile phone number, current or most recent fire department, position, and employment status (Appendix E). This information will be editable from their profile page but can only be accessed after successfully logging in using MFA.

2. Encryption

- Following controls listed in [NIST Special Publication 800-53](#), Security and Privacy Controls for Federal Information Systems and Organizations, data will be encrypted at rest and in transit.

3. Matching to State Cancer Registries and the National Death Index

- Identifiable information provided to state cancer registries or the NDI for linkage will not be kept by those programs. State cancer registry data and NDI data are protected by Assurances of Confidentiality within the NIOSH Division of Field Studies and Engineering which restrict release of the data. Under the Assurance for death certificate data, NIOSH is allowed to share de-identified individual-level data with external investigators under an approved protocol and within a secure data enclave such as a National Center for Health Statistics - Research Data Center (RDC). The current AOC for cancer registry data does not permit NIOSH to share these data with external investigators. However, NIOSH is exploring an update to this AOC that would function in a manner similar to the death certificate Assurance and could permit sharing of de-identified individual-level data with external investigators via RDCs, if permitted by the state cancer registry.

4. Sharing Data with External Investigators

- The NFR Team will be the stewards of the collected data. Individual identifiable data will not be shared directly with external researchers. External researchers will be able to request access to de-identified NFR data through an RDC as outlined in the *Assurance of Confidentiality* section (above). The data will not contain personally identifiable information or other data that could be used to identify individuals depending on the analyses performed.

5. Dissemination of Results

- Results will be published in academic peer-reviewed journals or NIOSH publications. All dissemination products will be reviewed following NIOSH publication guidelines. After NIOSH publication clearance and submission to the academic journal, results and findings will be further disseminated via trade magazine articles, presentations, and in other products through fire service stakeholders. Only summary aggregate data that cannot be linked back to an individual will be disseminated.

D. Vulnerable populations

The NFR will include current or former U.S. firefighters and will exclude prisoners and children under the age of 18 as specified in the consent form. However, former prisoners who were once part of a wildland fire prison crew would be eligible to voluntarily register (open cohort). Because the web portal provides an opportunity for any firefighter to register, it is likely that our participant population will be diverse and include firefighters of both sexes and every race and ethnicity and socioeconomic background. Pregnant women are eligible to be included in the NFR. We are providing no incentives to participate in the NFR.

It is possible that firefighters will feel obligated to participate if their superiors were to tell them participation is required. In working with fire department management (and local unions) we will convey that the NFR is entirely voluntary. The voluntary nature of the NFR is also clearly noted in the recruiting flyer and consent form. If a fire department were to ask us who has registered from their department, NIOSH would only provide summary statistics (e.g., percent of their active firefighters who registered) that could not be used to identify specific people or subgroups.

E. Risk versus Benefit Evaluation

Information gleaned from this study is likely to result in better understanding of cancer in the fire service and improved protections for firefighters as a whole. The risks associated with this study are considered to be minimal. The primary risk is unintended disclosure of private information, and numerous safeguards will be in place to minimize that risk. The anticipated benefits are thought to outweigh the potential harm and discomfort to the study participants.

VIII. FUNDING: The NFR is funded annually by Congress as authorized in the Firefighter Cancer Registry Act of 2018 (H.R.931).

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ADDENDICES

Appendix A – Participant Population Recruitment Design Flowchart

Appendix B – Informational and Promotional Materials

Appendix C – List of Stakeholders

Appendix D – Informed Consent Document

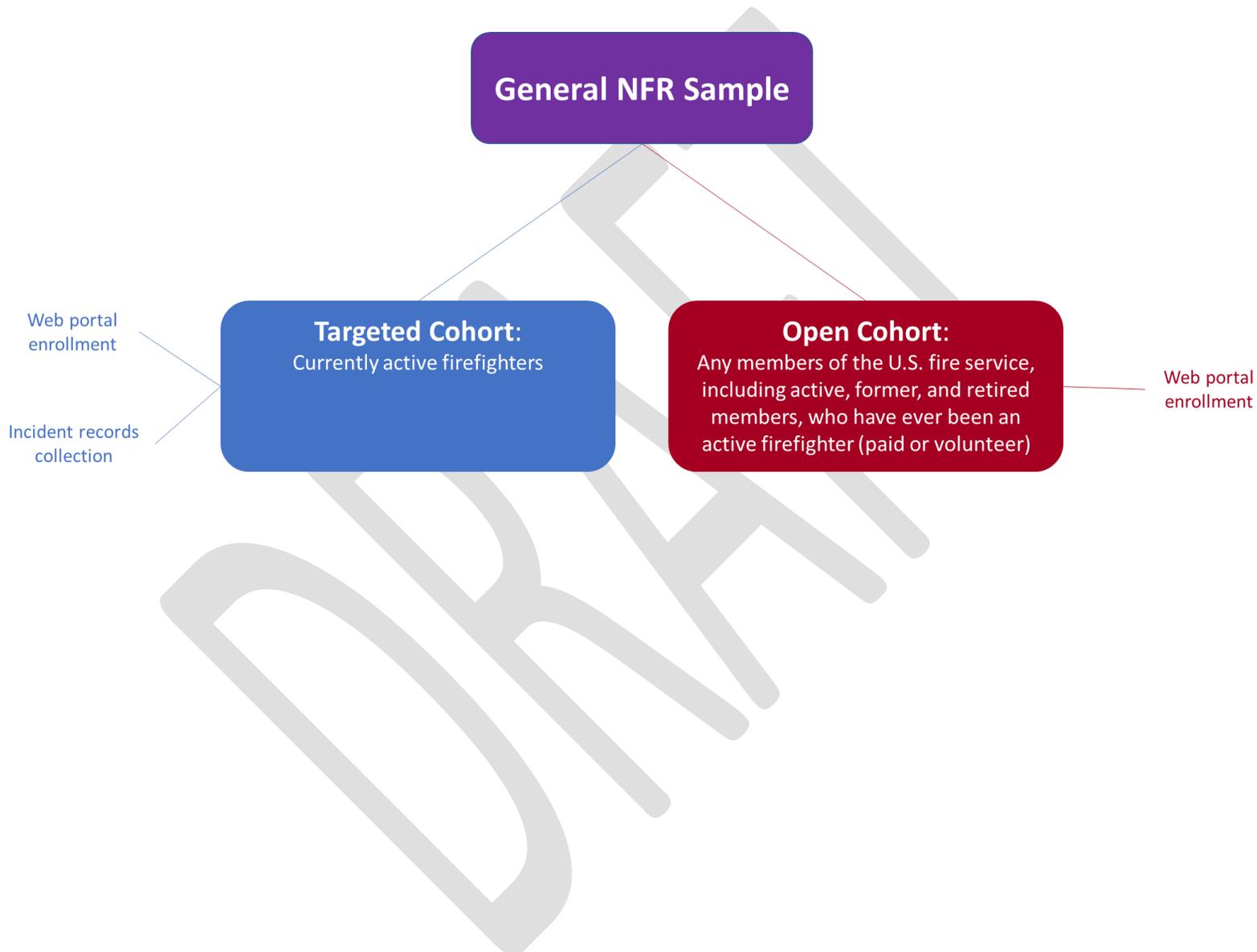
Appendix E – User Profile Questions

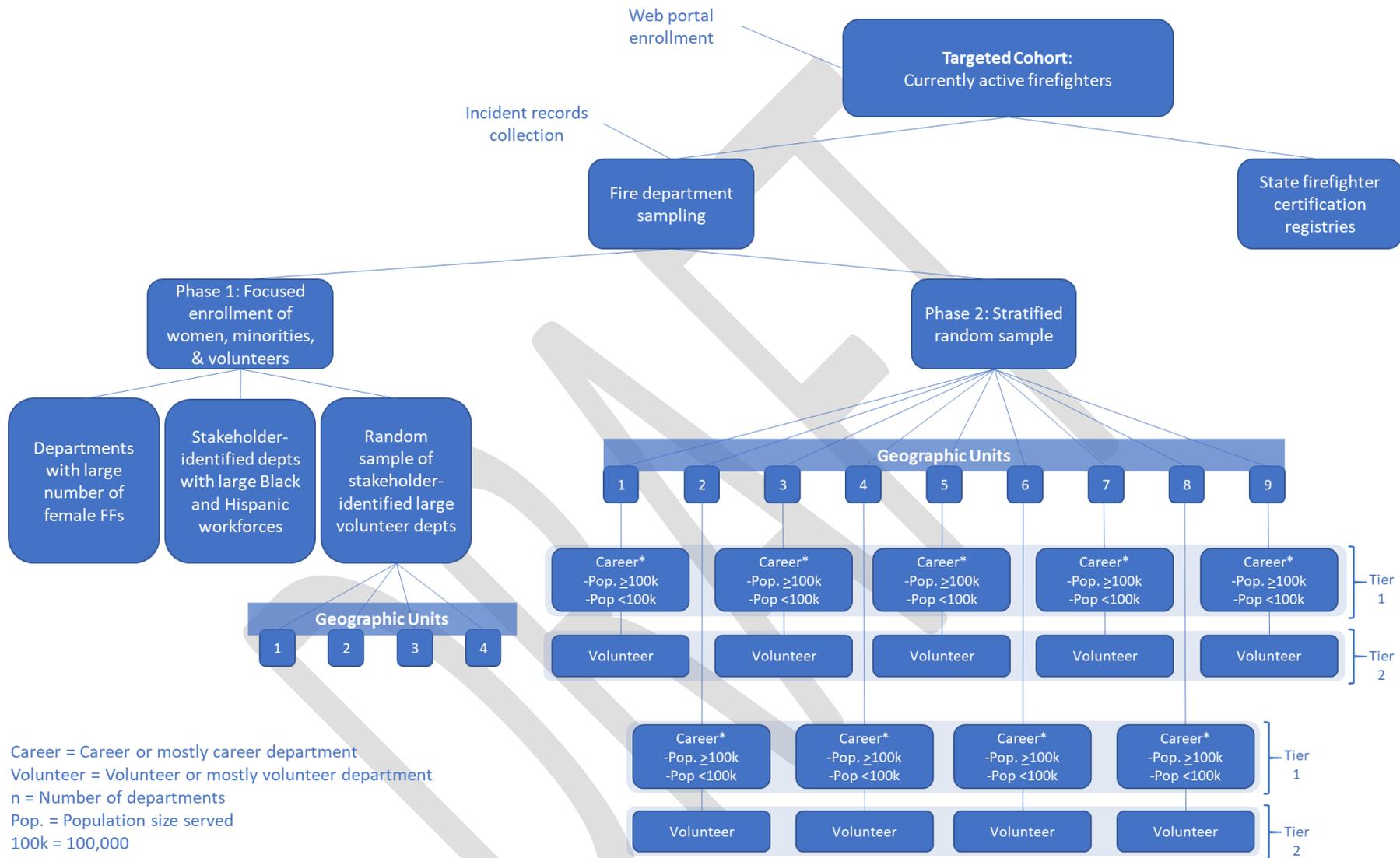
Appendix F – Enrollment Questionnaire

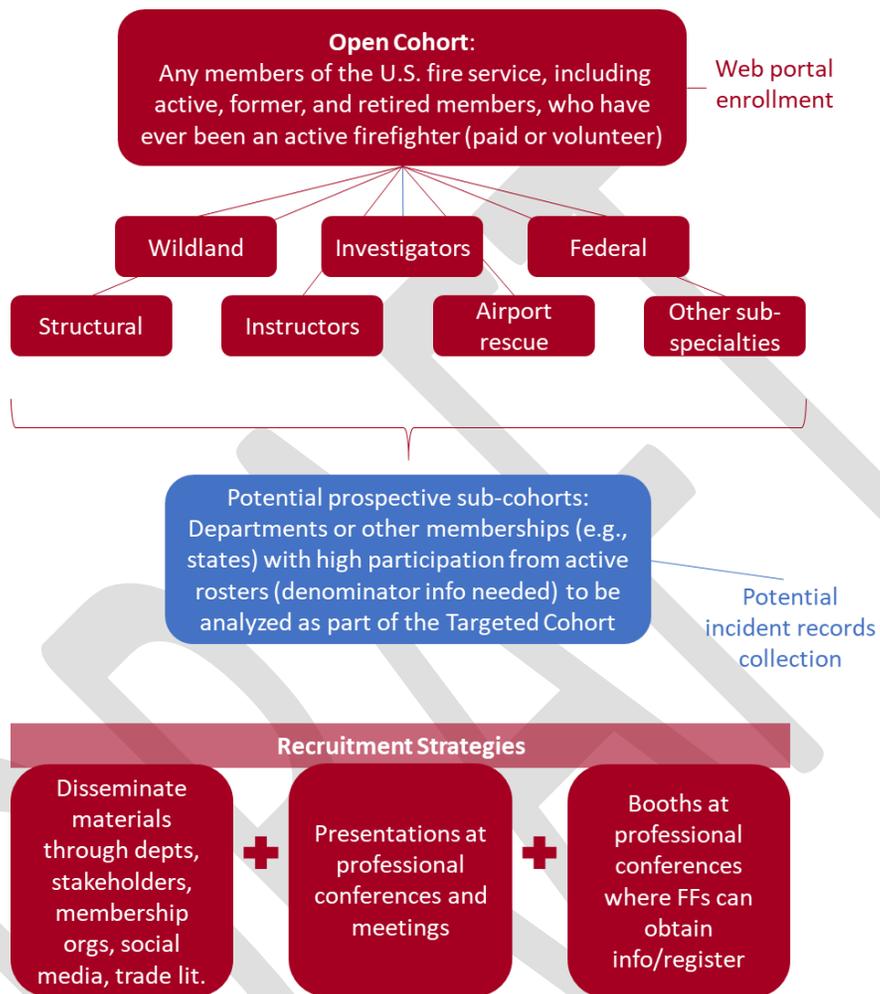
Appendix G – Assurance of Confidentiality

DRAFT

Appendix A – Participant Population Recruitment Design Flowchart







Appendix B – Informational and Promotional Materials

B1. One Page Overview for Fire Department Leadership

NFR

National Firefighter Registry

UNDERSTANDING AND PREVENTING CANCER

What is the National Firefighter Registry (NFR)?

Once it opens, the National Firefighter Registry (NFR) will be a new, voluntary registry of firefighters that will help us monitor and better understand cancer among firefighters in the United States.

Congress directed the Centers for Disease Control and Prevention (CDC) to create the NFR through the Firefighter Cancer Registry Act of 2018. CDC's National Institute for Occupational Safety and Health (NIOSH) is developing the NFR with guidance from the scientific and firefighting communities. It will be a groundbreaking study that aims to reduce occupational cancer among firefighters.

Our goal is to better understand the link between workplace exposures and cancer among firefighters.

How will the NFR benefit firefighters?

Previous studies have shown firefighters may have an increased risk for certain cancers compared to the general population. However, these studies have not determined:

- Cancer risk among volunteer firefighters, female and minority firefighters, and other sub-specialties
- How the risk of cancer varies with exposure, including among recently or currently employed firefighters who are frequently exposed to burning synthetic materials

We will use NFR data to estimate an overall rate of cancer for firefighters. This will help us determine if:

- Certain groups of firefighters are at a higher risk of cancer than others based on level of exposure, geography, sex, or other demographic and workplace characteristics
- Certain protective measures are associated with a reduced risk of cancer

Who will be included in the NFR?

The NFR will be open to **all U.S. firefighters** regardless of health status.

We encourage all firefighters to participate in the NFR, including:

- Active and retired firefighters
- Career, paid-on-call, and volunteer firefighters
- Structural firefighters
- Wildland firefighters
- Instructors
- Arson investigators
- Other fire service members

Firefighters do not need to have cancer or any other health condition to participate in the NFR.

Having different types of firefighters participate in the NFR is important. It will allow us to examine relationships between different firefighting activities and cancer.

Contact Us: NFRRegistry@cdc.gov
www.cdc.gov/NFR

When will the NFR be open for enrollment?

We anticipate enrollment will begin sometime in 2021.

What are the next steps for the NFR?

Obtain guidance from the fire service and scientific community

We are currently developing the protocol for the NFR and obtaining input and guidance from various scientific and fire-service stakeholders. We are obtaining guidance through the NFR Subcommittee that meets on a regular basis and by soliciting input through Federal Register Notices and at other venues, such as professional conferences. If you have comments, please feel free to contact us at NFRRegistry@cdc.gov.

Enrollment and Data Collection

Once the protocol and secure system for registering firefighters have been finalized, we will begin enrollment, which we anticipate will be sometime in 2021. We will collect work history and exposure information through questionnaires and/or department records to explore the relationship between exposures and cancer. NIOSH will link exposure information with state cancer registries to track cancer diagnoses. Findings will be shared through scientific publications and communications to stakeholders and the public.

What else should I know about the NFR?

- The NFR is voluntary, and no one can force a firefighter to join.
- Registration will occur through a web portal that is secure and intuitive. Our goal is for firefighters to be able to register in less than 30 minutes.
- Your personal information will be confidential. Any information that identifies an individual will not be shared with any outside organizations, including fire departments, unions, or other researchers without permission of the NFR participant.
- We are developing a comprehensive promotional campaign. We will work with stakeholders to notify firefighters throughout the country when the NFR opens.

Where can I get more information?

- Website: <https://www.cdc.gov/NFR>
- Email: NFRRegistry@cdc.gov



Contact Us: NFRRegistry@cdc.gov
www.cdc.gov/NFR

B2. Recruiting Flyer for Firefighters

NFR

National Firefighter Registry

UNDERSTANDING AND PREVENTING CANCER

Are you interested in helping to understand and prevent cancer among firefighters? What if you could do it over your morning cup of coffee? If so, the National Institute for Occupational Safety and Health (NIOSH) urges you to participate in the National Firefighter Registry (NFR).



Our goal is to better understand the link between workplace exposures and cancer among firefighters.

With guidance from the scientific and firefighting communities, NIOSH developed the NFR to be a groundbreaking study that aims to reduce occupational cancer among firefighters. Achieving that goal is perhaps the most important step that can be taken to protect the health and safety of firefighters.

Numerous studies show that firefighters' exposure to smoke and other chemical products released from burning materials increases their risk of disease and mortality, including cancer. However, more information about these health risks is needed.

To address that need, Congress passed the Firefighter Cancer Registry Act of 2018, which mandated the creation of the NFR to address the growing health crisis of cancer in the fire service. By providing critical information needed to better understand the link between on-the-job exposure to toxicants and cancer, the NFR will help communities develop better tools and procedures to protect the health of firefighters.

Understanding Cancer Risk

NIOSH intends the NFR to become the world's largest database of health and occupational information for firefighters. This database will track and analyze the incidence of cancer and provide critical information for the public safety community, researchers, scientists, and medical professionals to find better ways to protect firefighters and other first responders.

The NFR will rely on broad participation from firefighters around the nation to answer many questions regarding the exposures and cancer risks firefighters face, while laying the groundwork for preventing these cancers in the future. The NFR will:

- *Track cancer incidence (including rare types of cancer) among the full range of firefighters throughout the United States.*
- *Explore cancer risks among specific groups of firefighters, including women, minorities, and sub-specialties of the fire service.*
- *Investigate whether the cancer risk is higher or lower among younger or more recent firefighters.*
- *Evaluate how on-the-job exposures, including large or unusual incidents, relate to cancer risk.*
- *Evaluate how fire and suppression agents and firefighter personal protective equipment relates to firefighters' cancer risk.*

Contact Us: NFRRegistry@cdc.gov
www.cdc.gov/NFR

Firefighter Participation is Crucial to Combat Occupational Cancer

While participation is voluntary, it is important that as many firefighters as possible sign up for the NFR. Maximum participation will provide the best knowledge and tools to address the cancer crisis.

All firefighters—career and volunteer, active and retired, those who have had or currently have cancer and those who have never received the diagnosis—should take part. For the NFR to contribute to reducing cancer, the database must be large and encompass the full array of firefighters.

By providing information about their own health and work experiences, firefighters will play a critical role in helping researchers understand more about the health risks the profession faces and assist in developing ways to improve prevention.

Once you register, we will have what we need to link you (and your occupation) to any past, present, or future cancer diagnosis.

Firefighters do not need to have cancer or any other health condition to participate in the NFR.

NFR Data is Secure and Privacy Protected

NIOSH will protect all personal information according to strict Federal privacy laws. Any information that identifies individual firefighters will never be shared with any outside organizations, including fire departments, local governments, unions, or other researchers, without express written permission.

Working closely with stakeholders and health experts, NIOSH, a part of the Centers for Disease Control and Prevention (CDC), is taking the lead on managing the NFR. NIOSH will summarize and share results broadly with the fire service and the public health community.

Enrollment is as Easy as 1-2-3

1. Go to: www.cdc.gov/NFR
2. Click the registration link, which will take you to a secure portal.
3. Take a guided walk through the registration, which is expected to take a half hour or less.

Get More Information

Visit www.cdc.gov/NFR to learn more about the NFR, including frequently asked questions. You can send any additional questions or concerns to NFRRegistry@cdc.gov.



Contact Us: NFRRegistry@cdc.gov
www.cdc.gov/NFR

Appendix C – List of Stakeholders

Organization
Boston Fire Department
Bureau of Indian Affairs
Cal Fire
California Department of Public Health
Cancer Institute and Infusion Center
Chicago Fire Department
Commonweal Biomonitoring Resource Center
Congressional Fire Services Institute
Fire Department Instructors Conference
Fire Department of New York (FDNY)
Firefighter Cancer Support Network
Firehouse Magazine
First Responder Center for Excellence for Reducing Occupational Illness, Injuries and Deaths, Inc.
Idaho Cancer Registry
Illinois Fire Service Institute
International Association of Black Professional Fire Fighters
International Association of Fire Chiefs
International Association of Fire Fighters
International Association of Fire Fighters Wildfire Division
International Association of Wildland Fire
International Association of Women in Fire & Emergency Services (Women in Fire)
Johns Hopkins University Bloomberg School of Public Health
Lebanon Fire District
Loveland-Symmes Fire Department
National Association of Hispanic Firefighters
National Fallen Firefighter Foundation
National Fire Protection Association
National Volunteer Fire Council
Nebraska Department of Health and Human Services
New York State Fire Prevention and Control
North American Association of Central Cancer Registries
Oakland Fire Department
Portsmouth, New Hampshire Office of the Mayor
Rutgers School of Public Health
San Antonio Fire Department
Skidmore College
Tucson Fire Department
Underwriters Laboratories (UL) Firefighter Safety Research Institute
United States Fire Administration

University of Arizona
University of Miami
University of Southern California
Wildfire Today
Yale School of Public Health

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Appendix D: Informed Consent Document

National Firefighter Registry Consent Form

Key Information (Short Summary): The National Firefighter Registry (NFR) is a voluntary registry created to evaluate cancer trends in U.S. firefighters. Any firefighter can register regardless of health status. You can register in the NFR in about 30 minutes by completing this consent document and enrollment questionnaire.

The NFR tracks the health of its participants. If you are diagnosed with cancer, your cancer will be reported to the population-based cancer registry in the state or territory where you were diagnosed. The National Institute for Occupational Safety and Health (NIOSH) will match the information you provide in the NFR with this diagnosis information. NIOSH may also collect information about your work history from your fire department(s) to estimate your exposures. All your personal information will be kept confidential and protected to the fullest extent allowed by law. The goal of the NFR is to understand and prevent cancer in the U.S. fire service.

1	Who is conducting the Registry?	The National Institute for Occupational Safety and Health (NIOSH) is a Federal agency that studies worker safety and health. We are part of the U.S. Centers for Disease Control and Prevention (CDC).
2	What is the purpose of the Registry?	The National Firefighter Registry (NFR) aims to better understand the link between firefighting and cancer in the United States.
3	Who is eligible for the Registry?	All current and former firefighters in the United States are eligible for the NFR. This includes career, volunteer, seasonal, and paid on-call firefighters.
4	Is my participation voluntary?	The NFR is voluntary. No one can force you to register.
5	What is expected of me?	<p>After signing this consent document, you will be asked to complete a user profile and an enrollment questionnaire. This questionnaire takes about 15 minutes to complete. The questions focus on demographics, work history, exposures, current health status, and other risk factors for cancer. It is critical that you complete the enrollment questionnaire to help us better understand the link between firefighting and cancer.</p> <p>Once you have registered, NIOSH will be able to track your cancer risk by matching your data to state cancer registries. By signing this consent form, you give NIOSH permission to access any potential cancer diagnosis information from these population-based, or state, cancer registries. You are not required to report any future cancer diagnosis to NIOSH.</p> <p>We will also send you follow-up questionnaires asking for additional details on your health or work as a firefighter. Follow-up questionnaires are voluntary but important for understanding the relationship between firefighting and health status over time. We will not send more than one follow-up questionnaire per calendar year.</p>

		<p>We may also reach out to your fire department to learn more about your fire responses. This will not require any action from you.</p> <p>If you are currently tracking your exposures, you can request that this information is shared with NIOSH. This will help us understand how your exposures relate to cancer risk.</p>
6	What is the time commitment?	<p>You should be able to read and complete this consent document and the initial questionnaire in 30 minutes or less. You do not have to answer all the questions. If you do not have time to complete the questionnaire in one sitting, you can log off and finish it later. Once you finish, you are officially registered.</p> <p>Because cancer can take years to develop, the NFR is designed to track cancer diagnoses over a long period of time. To do this, we will send you follow-up questionnaires over the next 30 years. These are voluntary and you can stop or resume them at any time.</p>
7	Are there direct benefits to me?	<p>There are no direct benefits from participating in the NFR. Findings from the NFR may increase scientific understanding of how firefighting exposures relate to cancer. We may find that certain aspects of firefighting are related to an increased or even decreased risk of cancer.</p>
8	Are there risks associated with participating in the Registry?	<p>You may experience stress from participating in a study focused on cancer. If you are uncomfortable answering a question, you can skip it. You can also opt out of additional questionnaires at any time.</p> <p>While there is always a risk that data could be accidentally released, we will minimize this privacy risk by requiring authentication during login, encrypting all data, storing your name and other identifiable information separately from your questionnaire responses or exposure data, and assigning a unique identifier to your personal data.</p>
9	Will my personal information be kept private?	<p>Information or documents that can be used to identify you are considered identifiable information. NIOSH will protect this information to the fullest extent allowed by law. The NFR is covered by an Assurance of Confidentiality (AOC), which is the highest level of protection available.</p> <p>The AOC protects your identifiable information from all outside requests, including legal proceedings. We cannot share your identifiable information with any external parties without your written permission. For example:</p> <ul style="list-style-type: none"> • NIOSH cannot give your identifiable information to your insurance company • NIOSH cannot be forced to share your identifiable information for a lawsuit. • NIOSH cannot release your identifiable information for use as evidence even if there is a court subpoena
10	What if I'm injured or harmed?	<p>Injury or harm as a result of participating in the NFR is unlikely. If harmed through negligence of a NIOSH employee, you might obtain compensation under Federal Law. If a NIOSH contractor is negligent, you can file a claim with that contractor.</p>

<p>11</p>	<p>Will I or anyone else receive study results?</p>	<p>Analysis of the NFR data will result in scientific papers and reports. The papers and reports will summarize our findings and will never identify you or any other individual. These papers and reports will be provided to fire service organizations and departments. NIOSH will also post any papers and reports on its website (www.cdc.gov/NFR) and make them available to NFR participants through their communication channels.</p> <p>NIOSH will also make the data we collect available to outside researchers, but this data will not identify you. We will not release your individual data or study results to anyone without written permission.</p>
<p>12</p>	<p>Who can I talk to if I have more questions?</p>	<p>Answers to frequently asked questions (FAQs) about the NFR are available at www.cdc.gov/NFR</p> <p>For additional questions, contact the NFR team at NFRRegistry@cdc.gov.</p>
<p>13</p>	<p>Your consent and signature</p>	<p>The National Firefighter Registry (NFR) was explained to me, including potential risks associated with the study. My questions have been answered.</p> <ul style="list-style-type: none"> <input type="checkbox"/> I understand what is required of me to be in the NFR. I agree to be in the NFR. <input type="checkbox"/> I do not want to participate in the NFR. <hr/> <p>Participant signature _____ Date _____</p>

Appendix E: User Profile Questions

- What is your full name?
 - First: _____
 - Middle: _____
 - Last: _____
- What is your date of birth? (scrolling menu)
 - Month____, Day ____, Year
- What is your current residential address?
 - Street: _____
 - City: _____
 - State: (scrolling menu)

 - Zip code: _____
- We would like to keep you updated on the progress of the NFR. We have the following email address on file for you (auto-filled from information provided in login.gov). Would you like to provide another email address? A personal email address is preferred for communications because you should have access to this email even outside of work.
 - _____
- If you would also like to receive updates via text message, please provide your mobile number below
 - (xxx)xxx-xxxx
- Where is your current, or most recent fire department or organization located? (scrolling menu of states, Washington D.C., and territories) _____
- What is your current, or most recent fire department/organization affiliation?
 - (scrolling menu from state selection)_____
 - If not listed, please fill-in department name_____
- What type of department/organization is (auto-filled with selection above)(dropdown menu)
 - Career
 - Volunteer
 - Combination
 - Other
 - If other, please describe _____
- What jurisdiction do/did you serve at this department? (dropdown menu, select all that apply)
 - Federal
 - Military
 - Municipal/City

If a user provides a DOB that makes them younger than 18 years old, the following dialogue will pop up. "According to your date of birth, you are younger than 18 years of age. Unfortunately, you are not eligible to be in the NFR at this time. Please consider registering when you have reached 18 years of age or older."

- Municipal/County
- Private
- Tribal
- Other
 - [if other, please describe] _____
- Approximately what year did you start working at this department/organization _____ and when did you stop _____ ? (current/present will be an option)
- What is your current work status in the fire service?
 - Full time, paid
 - Part time, paid
 - Full time, volunteer
 - Part time, volunteer
 - Seasonal
 - Paid on call or paid per call
 - Retired
 - Other
 - If other, please specify _____
- What job title do/did you hold at this department/organization? Select all that apply:
 - Firefighter
 - [if selected] are/were you primarily a structural firefighter?
 - No
 - Yes
 - [If yes] are/were you (select all that apply)
 - Firefighter Medic
 - Firefighter EMT
 - Firefighter AEMT
 - Firefighter Paramedic
 - Probationary Firefighter
 - Driver/Engineer
 - [if selected] are/were you primarily a wildland firefighter, forestry technician, or range technician?
 - No
 - Yes
 - [if yes] are/were you (select all that apply)
 - Engine crew
 - Hand crew
 - Line medic
 - Base camp support staff
 - Other
 - [if other, please describe]
 - Company Officer (Lt, Cpt, Sgt)

- Wildland Supervisor or Overhead
- Battalion Chief
- Assistant/Deputy Chief
- Fire Chief
- Arson Investigator
- Instructor
- Superintendent/Crew Boss
- EMT/Paramedic
- Other
 - Please specify

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Appendix F: Enrollment Questionnaire

** Information collected through the user profile questionnaire will be automatically uploaded to this questionnaire to reduce the burden on the firefighter.*

National Firefighter Registry (NFR) Enrollment Questionnaire

Demographics

1. First Name _____
2. Middle Name _____
3. Last Name _____
4. Employee ID/Departmental Identification _____
5. Have you been known by any other name (example, maiden name)?
 - No
 - Yes
 - [If yes] What name? First _____ Last _____
6. Date of Birth ____ month ____ day ____ year
7. Country of Birth _____ City of Birth _____ State of Birth _____
8. Current residential address
 - Street _____
 - City _____
 - State _____
 - Zip _____
9. What sex were you assigned at birth, on your original birth certificate?
 - Male
 - Female
10. Are you Hispanic or Latino?
 - Yes, I am Hispanic or Latino
 - No, I am not Hispanic or Latino
11. Race- check one or more
 - American Indian or Alaska Native
 - Asian
 - Black or African American
 - Native Hawaiian or Other Pacific Islander
 - White
12. Marital status
 - Married
 - Unmarried
 - Divorced
 - Separated
 - Widowed
 - Other
 - Please specify _____
 - Prefer not to answer
13. What is your height? ____ feet ____ inches

14. What is your current weight? _____ pounds (if pregnant, please report pre-pregnancy weight)

Work History

Please answer the following questions as they pertain to your work history.

15. Are you currently working as a firefighter?

- Yes
 - [If yes] In what state/territory is your current fire department located? (dropdown menu of US States and Territories and "Outside U.S.") _____
- No
 - [If no] What year did you last work as a firefighter? ____ _

16. What is the total amount of time that you have worked in the fire service?

- ____ years ____ months

17. In what year did you begin work as a firefighter (including volunteer work)? ____ _

18. How many fire departments or agencies have you worked at? [dropdown menu with numerical choices ranging from 1-20] _____

19. Tell us more about those X departments [auto filled with response from Q18]

- **1st dept:**

- What jurisdiction do/did you serve at this department? (dropdown menu, select all that apply)
 - Federal
 - Military
 - Municipal/City
 - Municipal/County
 - Private
 - Tribal
 - Other
 - [if other, please describe] _____
- What state is this department located in? (drop down list of US states and territories and "Outside U.S.")
- Name of department? [Drop down list with option for other] _____
 - [If other, please list] _____
- Approximate starting year: _____ and stopping year: _____ [current/present will be an option]
- Tell us about the job titles you've held at this department/organization- select all that apply
 - Firefighter
 - [if selected] are/were you primarily a structural firefighter?
 - No
 - Yes
 - [If yes] are/were you (select all that apply)
 - Firefighter Medic
 - Firefighter EMT
 - Firefighter AEMT
 - Firefighter Paramedic
 - Probationary Firefighter
 - Driver/Engineer

- [if selected] are/were you primarily a wildland firefighter, forestry technician, or range technician?
 - No
 - Yes
 - [if yes] are/were you (select all that apply)
 - Engine crew
 - Hand crew
 - Line medic
 - Base camp support staff
 - Other
 - [if other, please describe]
 - Company Officer (Lt, Cpt, Sgt)
 - Wildland Supervisor or Overhead
 - Battalion Chief
 - Assistant/Deputy Chief
 - Fire Chief
 - Arson Investigator
 - Instructor
 - Superintendent/Crew Boss
 - EMT/Paramedic
 - Other
 - Please specify
- What best describes your position at this fire department (select all that apply)?
 - Full time
 - Part time
 - Volunteer
 - Seasonal
 - Paid on call or paid per call
 - Other
 - [if other, please specify] _____
- **2nd dept:**
 - What jurisdiction do/did you serve at this department? (dropdown menu, select all that apply)
 - Federal
 - Military
 - Municipal/City
 - Municipal/County
 - Private
 - Tribal
 - Other
 - [if other, please describe] _____
 - What state is this department located in? (drop down list of US states and territories and "Outside U.S.")
 - Name of department? [Drop down list with option for other] _____
 - [If other, please list] _____

- Approximate starting year: _____ and stopping year: _____ [current/present will be an option]
- Tell us about the job titles you've held at this department/organization- select all that apply
 - Firefighter
 - [if selected] are/were you primarily a structural firefighter?
 - No
 - Yes
 - [If yes] are/were you (select all that apply)
 - Firefighter Medic
 - Firefighter EMT
 - Firefighter AEMT
 - Firefighter Paramedic
 - Probationary Firefighter
 - Driver/Engineer
 - [if selected] are/were you primarily a wildland firefighter, forestry technician, or range technician?
 - No
 - Yes
 - [if yes] are/were you (select all that apply)
 - Engine crew
 - Hand crew
 - Line medic
 - Base camp support staff
 - Other
 - [if other, please describe]
 - Company Officer (Lt, Cpt, Sgt)
 - Wildland Officer or Supervisor
 - Battalion Chief
 - Assistant/Deputy Chief
 - Fire Chief
 - Arson Investigator
 - Instructor
 - Superintendent/Crew Boss
 - EMT/Paramedic
 - Other
 - Please specify
 - What best describes your position at this fire department (select all that applies)?
 - Full time
 - Part time
 - Volunteer
 - Seasonal
 - Paid on call or paid per call
 - Other
 - [if other, please specify] _____

- **3rd dept:**

- What jurisdiction do/did you serve at this department? (dropdown menu, select all that apply)
 - Federal
 - Military
 - Municipal/City
 - Municipal/County
 - Private
 - Tribal
 - Other
 - [if other, please describe] _____
- What state is this department located in? (drop down list of US states and territories and "Outside U.S.")
- Name of department? [Drop down list with option for other] _____
 - [If other, please list] _____
- Approximate starting year: _____ and stopping year: _____ [current/present will be an option]
- Tell us about the job titles you've held at this department/organization- select all that apply
 - Firefighter
 - [if selected] are/were you primarily a structural firefighter?
 - No
 - Yes
 - [If yes] are/were you (select all that apply)
 - Firefighter Medic
 - Firefighter EMT
 - Firefighter AEMT
 - Firefighter Paramedic
 - Probationary Firefighter
 - Driver/Engineer
 - [if selected] are/were you primarily a wildland firefighter, forestry technician, or range technician?
 - No
 - Yes
 - [if yes] are/were you (select all that apply)
 - Engine crew
 - Hand crew
 - Line medic
 - Base camp support staff
 - Other
 - [if other, please describe]
 - Company Officer (Lt, Cpt, Sgt)
 - Wildland Officer or Supervisor
 - Battalion Chief
 - Assistant/Deputy Chief
 - Fire Chief

- Arson Investigator
- Instructor
- Superintendent/Crew Boss
- EMT/Paramedic
- Other
 - Please specify
- What best describes your position at this fire department (select all that apply)?
 - Full time
 - Part time
 - Volunteer
 - Seasonal
 - Paid on call or paid per call
 - Other
 - [if other, please specify] _____
- Did you forget a department? If so, you can add another one here
 - [+ sign to allow additional departments]
 - Additional departments:
 - Same questions
 - [Repeat pattern for number of departments specified in question 18]

20. Throughout your **entire career**, please estimate the number of fires you have actively worked in each category:

- Aircraft Rescue Firefighting
 - Approximately how many aircraft rescue calls have you responded to in your career?
 - [fill in with numerical values only] _____
- Aquatic/Marine/Boating Firefighting
 - Approximately how many marine calls have you responded to in your career?
 - [fill in with numerical values only] _____
- Arson Investigation
 - Approximately how many arson investigations have you responded to in your career?
 - [fill in with numerical values only] _____
- Industrial Firefighting
 - Approximately how many industrial/factory calls have you responded to in your career?
 - [fill in with numerical values only] _____
- Live-Fire Instruction
 - Approximately how many live-fire trainings have you instructed in your career?
 - [fill in with numerical values only] _____
- Live-Fire Training
 - Approximately how many live-fire trainings have you participated in throughout your career?
 - [fill in with numerical values only] _____
- Structural Firefighting
 - Approximately how many structural fire calls have you responded to in your career?
 - [fill in with numerical values only] _____
- Vehicle Firefighting

- Approximately how many vehicle fire calls have you responded to in your career?
 - [fill in with numerical values only] _____
 - Vegetation/Brush Firefighting (not including wildland fires)
 - Approximately how many brush/vegetation calls have you responded to in your career?
 - [fill in with numerical values only] _____
 - Wildland Firefighting
 - Approximately how many wildland fires have you responded to in your career?
 - [fill in with numerical values only] _____
 - In total, approximately how many days have you spent actively responding to these fires in your career? _____
 - Wildland Urban Interface Firefighting
 - Approximately how many wildland urban interface fires have you responded to in your career?
 - [fill in with numerical values only] _____
- 21. Have you ever served in the U.S. Armed Forces or other uniformed services?**
- Yes
 - Are you currently serving?
 - Yes
 - No
 - Did you ever serve in a combat or war zone?
 - Yes
 - No
 - No, never served in the U.S. Armed Forces or other uniformed services
- 22. Have you ever held employment outside of the fire service where you were routinely exposed to smoke or chemicals twice a week or more?**
- No
 - Yes
 - [If yes] In total, approximately how long have you worked in jobs outside of the fire service with these exposures?
 - _____ years _____ months
 - Do you currently work in such a job?
 - No
 - Yes
- 23. Have you ever held other employment that overlapped with your fire service career?**
- No
 - Yes
 - For your job that overlapped with your fire service career the longest...
 - What kind of work do/did you do? (for example, registered nurse, janitor, cashier, auto mechanic)
 - What kind of business or industry do/did you work in? (for example, hospital, elementary school, clothing manufacturing, restaurant)
 - What year did you begin that job? [year – numerical fill-in]
 - Are you currently employed in that job?
 - No
 - What year did you end that job? [year – numerical fill-in]
 - Yes

For our next group of questions, we are going to ask you about your current (for current firefighters) or most recent assignment (for former/retired firefighters).

24. What describes your current shift configuration (or last assignment if former firefighter)?

- 24 hours on/24 hours off
- 24 hours on/48 hours off
- 24 hours on/72 hours off
- 48 hours on/96 hours off
- 72 hours on/96 hours off
- 9 hours on/15 hours off
- 10 hours on/14 hours off
- 12 hours on/12 hours off
- 8 hours on/5 days per week
- 5-6 (5-24 hour shifts, 6 days off)
- On-call
- Wildland, seasonally deployed
- Other

[If other] Please specify _____

25. On average, how many calls do you/did you run in a shift?

- [dropdown with numerical options starting with 0] _____
- N/A, I don't operate on shift

26. On average, how many hours of uninterrupted sleep do you/did you get in a 24-hour period when on duty at the firehouse or camp?

- [numerical fill-in] _____

27. On average, how many hours of uninterrupted sleep do you/did you get in a 24-hour period when you are not/were not at the firehouse or camp?

- [numerical fill in] _____

Exposure & Personal Protective Equipment Questions

The next group of questions also applies to your current or most recent position. Please answer these questions based on your experience at this department over the last two years (or length of time at department if less than two years).

28. How often are you exposed to smoke at fire incidents in your current role (please comment on past exposures if you are no longer in an active duty role)?

- Multiple times per day
- Daily
- 2-3 times/ week
- Weekly
- Every other week
- Monthly
- Quarterly
- Twice per year
- Once per year
- Less than once per year

29. How frequently do you/did you wear respiratory protection during the following:

- External fire attack of a structural/industrial fire?

- [slide bar] Never rarely sometimes mostly always N/A
- Structural/industrial fire overhaul?
 - [slide bar] Never rarely sometimes mostly always N/A
- Fighting vehicle fires?
 - [slide bar] Never rarely sometimes mostly always N/A
- Brush fires or other fire incidents that require a long-term response?
 - [slide bar] Never rarely sometimes mostly always N/A
- During wildland fire suppression?
 - [slide bar] Never rarely sometimes mostly always N/A
- When performing or attending fire investigations?
 - [slide bar] Never rarely sometimes mostly always N/A
- When responding to wildland-urban interface fires?
 - [slide bar] Never rarely sometimes mostly always N/A
- 30. How frequently do you/did you remove your turnout gear before re-boarding the apparatus to return to quarters?
 - [slide bar] Never rarely sometimes mostly always N/A
- 31. Prior to departing a fire incident, how frequently do you/did you do any of the following?
 - Hang my PPE in the truck cabin **without** cleaning
 - [slide bar] Never rarely sometimes mostly always N/A
 - Bag my PPE and put it in a cabinet in the back of the truck
 - [slide bar] Never rarely sometimes mostly always N/A
 - Bag my PPE and place it in the passenger compartment
 - [slide bar] Never rarely sometimes mostly always N/A
 - Wash my breathing apparatus face mask
 - [slide bar] Never rarely sometimes mostly always N/A
 - Wash my hands
 - [slide bar] Never rarely sometimes mostly always N/A
 - Preliminary exposure reduction of my PPE (aka on-scene gross decon)
 - [slide bar] Never rarely sometimes mostly always N/A
 - Wipe down my radio
 - [slide bar] Never rarely sometimes mostly always N/A
- 32. How regularly do you/did you shower within 24-hours following a fire call?
 - [slide bar] Never rarely sometimes mostly always N/A
- 33. If you shower/showered within 24-hours post fire call, on average, when do you/did you shower?
 - [dropdown with numerical options starting with 1 hour post fire] _____
 - I don't typically shower following fire
 - I don't shower due to ongoing fire incident involvement (for example, multi-day response)
- 34. How regularly do you/did you launder/wash your PPE?
 - After every fire incident, no exceptions
 - After fire incidents where exposures were likely
 - Weekly
 - Every other week
 - Monthly
 - Quarterly
 - Twice a year
 - Annually

- Less than once a year
- Never
- Other

○ [If other] Please explain _____

35. How do you/did you launder your PPE?

- Take it home
- Send out via contracted service
- Wash it at the station
- Take to a laundromat
- I don't launder my PPE
- Other

○ [If other] Please explain _____

36. Throughout your entire career, have you ever used Aqueous Film-Forming Foam (AFFF)?

- No
- Yes

○ Approximately how many times have you used AFFF (please include all uses such as training, fire suppression, maintenance, etc)? (numerical fill in)

37. Throughout your career, have you responded to any major events that were unusual in duration or intensity? These events could include: natural disasters, acts of terrorism, industrial events, extreme wildland disasters, etc.

- No
- Yes
- Prefer not to respond

○ [If yes] Approximately how many times have you responded to a major event? [dropdown menus with numerical options starting at 1] _____

○ **Event 1:** How would you classify the first event? [repeats for each event]

- Natural disaster
- Chemical
- Industrial/Factory
- Wildland
- Vegetation
- Structural
- Terrorist event
- Other

○ [If other] Please specify _____

○ Approximately how long did this event last? [repeats for each event]

_____ [dropdown menu for days] _____ [dropdown menu for hours]

○ Was this a named event? (example, 9-11, Hurricane Katrina) [repeat for each event]

- No
- Yes

○ [If yes] What was this event commonly known as?

○ **Event 2:** How would you classify the second event? [repeats for each event]

- Natural disaster
- Chemical

- Industrial/Factory
- Wildland
- Vegetation
- Structural
- Terrorist event
- Other
 - [If other] Please specify _____
- Approximately how long did this event last? [repeat for each event]
- Was this a named event? (example, 9-11, Hurricane Katrina) [repeat for each event]
 - No
 - Yes
 - [If yes] What was this event commonly known as?

Lifestyle

Now we are going to ask you about your current health behaviors.

- 38.** Have you ever used any tobacco products (e.g., cigarettes, cigars, e-cigarettes/vape, smokeless tobacco, etc.)?
- Yes
 - No (skips questions 39-42)
 - Prefer not to answer (skips questions 39-42)
- 39.** Do you smoke cigarettes?
- Yes, I currently smoke cigarettes
 - Approximately what year did you start smoking cigarettes? (Dropdown with year options)
 - I formerly smoked cigarettes
 - [If formerly smoked] Have you smoked at least 100 cigarettes in your entire life? (note: 5 packs = 100 cigarettes)
 - Yes
 - Approximately what years did you smoke? (Dropdown with year options- current year)
 - No
 - No, I've never smoked cigarettes
- 40.** Do you smoke cigars?
- Yes, I currently smoke cigars
 - What year did you start smoking cigars? (Dropdown with year options)
 - I formerly smoked cigars
 - What years did you smoke? (Dropdown with year options- current year)
 - No, I've never smoked cigars
- 41.** Do you vape or use e-cigarettes?
- Yes, I currently vape or use e-cigarettes
 - What year did you start vaping or using e-cigarettes? (Dropdown with year options)
 - I formerly vaped or used e-cigarettes

- What years did you vape or use e-cigarettes? (Dropdown with year options-current year)
 - No, I've never vaped or used e-cigarettes
- 42.** Do you use smokeless tobacco, such as chewing tobacco, snuff, or dip?
- Yes, I currently use smokeless tobacco
 - What year did you start using smokeless tobacco? (Dropdown with year options)
 - I formerly used smokeless tobacco
 - What years did you use smokeless tobacco? (Dropdown with year options-current year)
 - No, I've never used smokeless tobacco
- 43.** One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. In the past 30 days, how many days did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor? [dropdown with numerical options starting with 0] _____
- **[If 0, skip questions ...44-45]**
- 44.** During the past 30 days, on the days when you drank, how many drinks did you consume on average? [dropdown with numerical options starting with 1] _____
- 45.** Considering all types of alcoholic beverages, how many times in the past 30 days did you consume 4/5 or more drinks on an occasion? [4 will appear for women, 5 will appear for men] [dropdown with numerical options starting with 0] _____
- 46.** Has a health professional ever told you to consider reducing your alcohol use?
- Yes
 - No
 - Unsure
 - Prefer not to answer
- 47.** In a typical week, how often do you do weight/strength training?
- _____ days per week
 - _____ minutes per session
 - Prefer not to answer
- 48.** In a typical week, how often do you do physical activity that increases your heartrate (please do not include firefighting response activities)?
- _____ days per week
 - _____ minutes per session
 - Prefer not to answer
- 49.** Have you ever used an indoor tanning device such as a sunlamp, sunbed, or tanning booth even one time? Do not include times you have gotten a spray-on tan
- Yes
 - Have you used an indoor tanning device in the last 12 months?
 - Yes
 - No
 - No
 - Prefer not to answer
- 50.** In the past 12 months, how many times have you had a sunburn? [dropdown menu listing 0-12]

- Prefer not to answer

Health History

51. Do you get an NFPA 1582 compliant or other comprehensive physical annually?
- Yes
 - No
 - Unsure
 - Prefer not to answer
52. How often do you see a health care provider for a routine check-up? (IE: primary care physician, nurse practitioner, physician assistant)?
- Annually
 - Once every 2-3 years
 - I do not see a health care provider routinely
 - Prefer not to answer
53. Do any of your physicals include cancer screening tests? These could include blood work, colonoscopy, mammogram, dermatology screen, or Pap smear?
- Yes
 - No
 - Unsure
 - Prefer not to answer
54. Have you ever been told by a doctor, nurse, or other health professional that you have the following conditions? Select all that apply
- Diabetes
 - Type 1
 - Type 2
 - Gestational
 - Unsure
 - High Blood Pressure
 - High Cholesterol
 - Overweight
 - Obesity
 - Rheumatoid Arthritis
 - Asthma
 - Emphysema
 - Chronic Bronchitis
 - Heart Disease (e.g. heart attack, heart failure, atherosclerosis)
 - Stroke
 - Sleep Apnea
 - Insomnia
 - Celiac Disease
 - Inflammatory bowel disease
 - Crohn's Disease
 - Ulcerative Colitis
 - Unsure
 - Other
 - Please specify
 - Chronic Hepatitis (HBV, HCV)

- Post-Traumatic Stress Disorder
- Depression
- Anxiety
- Dementia
- Traumatic Brain Injury (concussion)
- Injury resulting in modified duties for 1 year or longer

55. Have you ever been diagnosed with cancer?

- Yes
 - [If yes] What type of cancer was your primary site diagnosis? Select all that apply.
 - Bladder
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories, and other- please specify)
 - Bone
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories, and other- please specify)
 - Brain
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories, and other- please specify)
 - Breast
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
 - Cervix
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
 - Colon
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
 - Esophagus
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
 - Gallbladder
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
 - Intestine (Small)
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
 - Kidney
 - [if selected] what year were you diagnosed? ____ (fill-in)

- In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Larynx/trachea
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Leukemia
 - [if selected] what year were you diagnosed? ____ (fill-in) In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Liver
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Lung
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Lymphoma/ Hodgkin disease
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Lymphoma/ Non-Hodgkin disease
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Melanoma
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Mesothelioma
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Mouth/tongue/lip
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories, and other- please specify) Territories
- Multiple myeloma
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Nervous System
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Oral (e.g., lips, tongue, cheeks, mouth, palate, sinuses, pharynx)

- [if selected] what year were you diagnosed? _ _ _ _ (fill-in)
- In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Ovary
 - [if selected] what year were you diagnosed? _ _ _ _ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Pancreas
 - [if selected] what year were you diagnosed? _ _ _ _ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Prostate
 - [if selected] what year were you diagnosed? _ _ _ _ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Rectum
 - [if selected] what year were you diagnosed? _ _ _ _ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Skin (non-melanoma)
 - [if selected] what year were you diagnosed? _ _ _ _ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Skin (unsure of type)
 - [if selected] what year were you diagnosed? _ _ _ _ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Soft tissue (muscle or fat)
 - [if selected] what year were you diagnosed? _ _ _ _ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Stomach
 - [if selected] what year were you diagnosed? _ _ _ _ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Testis
 - [if selected] what year were you diagnosed? _ _ _ _ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Throat/nose
 - [if selected] what year were you diagnosed? _ _ _ _ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
- Thyroid
 - [if selected] what year were you diagnosed? _ _ _ _ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)

- Uterus/Endometrial
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
 - Other
 - Please specify
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
 -
 - Unsure
 - [if selected] what year were you diagnosed? ____ (fill-in)
 - In what state were you diagnosed? (dropdown menu of US states, Washington D.C., territories and other- please specify)
 - No
- 56. Do you have a family history of cancer in your immediate family (mother, father, sibling)?**
- Yes
 - [If yes] What type of cancer was the primary site diagnosis? Select all that apply.
 - Bladder
 - Bone
 - Brain
 - Breast
 - Cervix
 - Colon
 - Esophagus
 - Gallbladder
 - Intestine
 - Kidney
 - Larynx/trachea
 - Leukemia
 - Liver
 - Lung
 - Lymphoma/ Hodgkin disease
 - Lymphoma/ Non-Hodgkin disease
 - Mesothelioma
 - Mouth/tongue/lip
 - Multiple myeloma
 - Nervous System
 - Oral
 - Ovary
 - Pancreas
 - Prostate
 - Rectum
 - Skin (non-melanoma)
 - Skin (melanoma)
 - Skin (unsure of type)
 - Soft tissue (muscle or fat)

- Stomach
- Testis
- Throat/nose
- Thyroid
- Uterus/Endometrial
- Other
 - Please specify
- No
- Unsure

57. If answer to sex on question 9 is female (males will not see these questions): Have you ever been pregnant?

- No
- Yes
 - If yes, how many times have you been pregnant? (numerical fill-in)
 - How many of your pregnancies resulted in at least one live birth? (numerical fill-in)
 - How old were you when your first pregnancy occurred? (numerical fill in)
 - Have you ever breastfed?
 - No
 - Yes
 - Approximately how many months or years did you breastfeed in total for all births combined? ____months ____years (numerical fill-in)

58. How old were you when you had your first menstrual period? (numerical fill-in)

- _____
- Have never had a menstrual period
 - Prefer not to answer

59. Has it been 12 months or more since you had your last menstrual period?

- No
- Yes
 - How old were you when you had your last period? (numerical fill-in)
 - Why did your menstrual periods stop?
 - Currently pregnant or nursing
 - Menstrual periods stopped naturally
 - Surgery (e.g., hysterectomy or oophorectomy)
 - Chemotherapy treatments
 - Hormonal contraceptives (pill, shot, patch, intrauterine device, etc.)
 - Don't know
 - Other
 - Please specify _____
 - (If yes to 59) Have you used any female hormones for two months or more to treat hot flashes or other menopausal symptoms (such as Premarin or other estrogens)?
 - No
 - Yes
 - How old were you when you began using these medications? (numerical fill-in)
 - Altogether, for how many months or years in total have you used these medications? (numerical fill-in) ____months ____years
 - How old were you when you stopped using these medications? (numerical fill-in)

- Currently using
- N/A
- Prefer not to answer

60. Have you ever used hormonal contraceptives for two months or more for any reason (contraception, acne, menstrual irregularity, endometriosis, polycystic ovarian syndrome, etc.)?

- No
- Yes
 - How old were you when you began using hormonal contraceptives? (numerical fill-in)
 - Altogether, for how many months or years have you used hormonal contraceptives? (numerical fill-in) _____ months _____ years
 - How old were you when you stopped using hormonal contraceptives? (numerical fill-in)
 - Currently using
 - Prefer not to answer

61. In the United States, each state has a cancer registry that collects and combines information on all cancer diagnoses from all hospitals in that state. In order to match the information you have provided in this survey with any past or potentially future cancer diagnosis reported to a state, we need your social security number (SSN). This information is necessary to meet the statutory requirements of the Firefighter Cancer Registry Act of 2018. You can choose to provide this information or not. However, without this information, your data may not be included in the analysis of firefighters' cancer risk. As noted on the informed consent, all your private information will be encrypted, secured, and protected to the fullest extent allowed by law.

- SSN: _____ - _____ - _____ (link: why are we asking this?)

Why are we asking for this?

We need to track firefighters' health over time to truly understand their cancer risks and improve their protections. Your social security number will let us do this by linking your information to state cancer registries. With this information we can see any potential future cancer diagnosis without any further action from you. Each firefighter that shares this information will increase the accuracy of our findings, which could potentially lead to greater protections for all firefighters. Sharing your social security number will ensure your participation has the maximum impact.

We will protect your information to the fullest extent allowed by law. The National Firefighter Registry is covered by an Assurance of Confidentiality, which is the highest level of protection available for identifiable information. Under this formal protection, we are not allowed to share your identifiable information without your written permission. This means we will not share your social security number, contact information, or questionnaire responses with outside groups like your employer, insurance company, or even for a lawsuit. Your privacy is as important to us as your participation.

You have reached the end of this survey, and we would like to offer you an opportunity to give us feedback:

62. Is there anything else you would like us to know? [narrative box]

Thank you for your participation in the National Firefighter Registry. If you have consented to allow us to contact you, we may be in touch with additional questions and clarifications in the future. If you have questions, please feel free to email us at NFRegistry@cdc.gov or call

_____.

Submit

[If participant leaves SSN blank] [Pop-Up box occurs upon submission] We noticed that you did not include an SSN. Would you consider providing the last four digits of your SSN? Although not as reliable as your full SSN, the last four digits of your SSN would increase the likelihood of linking your information to any future cancer diagnosis.

- Yes, I'll provide my last four digits here*
 - [If yes _ _ _ _]*
- No, I do not wish to ensure my identity is correct. I understand this may exclude my information from analyses conducted to estimate cancer risks in firefighters.*

Appendix G – Assurance of Confidentiality

Under development

DRAFT