Miller, Diane M. (CDC/NIOSH/EID)

From:

levinerac@mail.nih.gov

Sent:

Monday, March 10, 2008 8:25 PM

To:

NIOSH Docket Office (CDC)

Cc:

Chen, Jihong (Jane) (CDC/NIOSH/EID) (CTR); Doyle, Glenn (CDC/NIOSH/EID)

Subject:

132 - WorkLife Comments

Name

Rachel Permuth-Levine

Organization NIH, NHLBI

Email

levinerac@mail.nih.gov

Address 6701 Rockledge Dr, Suite 7106 Bethesda, MD 20892 USA

Comments

I think you have done a nice job. I would add, under "evaluation" to be certain to include qualitative documentation. Pictures speak louder than words, indeed. Take pictures of people walking, doing your fitness classes. Get testimonials of how worksite wellness has changed lives. Obtain before/after pictures, etc.

I'm happy to provide more comments via phone if you wish - please look at the welcoa.org site too, i really like the way they break down "successful implementation of wellness programs."

-Dr. Rachel Permuth-Levine Director of Worksite Wellness, NHLBI (301) 496-9845