



CENTERS FOR DISEASE CONTROL AND PREVENTION  
National Center for Health Statistics  
3311 Toledo Road  
Hyattsville, MD 20782



Hello!

You are invited to participate in NHIS Teen!



Recently, your parent or guardian answered questions about your health as part of the National Health Interview Survey (NHIS). They also gave us permission to invite you to be part of a similar survey just for teens, called **NHIS-Teen**.



NHIS-Teen is a short online survey to learn more about the health of teens in the United States. This survey includes questions about your health and activities, like how often you see a doctor, how much exercise you get, and who you turn to when you need help.



NHIS-Teen takes approximately 15 minutes to complete and we will send you \$5 to thank you for your time. Your participation is voluntary, and you can skip any questions you don't want to answer.

Completing the survey is easy. You can even do it on your phone.



1. Go to: <https://respond.census.gov/nhist>
2. Enter your Login ID:

Common questions about the survey are on the back of this letter. If you have any problems with this survey, need help, or have questions about NHIS-Teen, please e-mail us at [nhist@census.gov](mailto:nhist@census.gov).

Thank you for your help with this important survey!

Sincerely,

Brian C. Moyer, Ph.D.  
Director, National Center for Health Statistics  
Centers for Disease Control and Prevention



NHIS-Teen

# Common Questions

## How was I selected?

You were invited to participate because your parent or guardian answered questions about your health as part of the National Health Interview Survey (NHIS). The NHIS is the longest-running household health survey in the United States. It is conducted by the U.S. Census Bureau on behalf of the National Center for Health Statistics (NCHS). The goal of the NHIS is to better understand the health of people in the United States.

## Do I have to participate?

You do not have to do this if you do not want to. You can skip any questions you don't want to answer. By taking part in NHIS-Teen you can make a difference by helping us learn about the health of teens in the United States.

## What is the goal of NHIS-Teen?

Nobody knows more about your health than you! NHIS-Teen gives you a chance to tell us about your health care needs. Your answers will be combined with other teens to help us learn about the health and health issues facing teens in the United States.

## What are you going to ask me?

NHIS-Teen covers a range of health topics including doctor visits, sleep, physical activity, injuries, mental health, social and emotional supports, and experiences with bullying and discrimination. You can skip any questions you don't want to answer.

## Will my answers be kept private?

Yes! By law, your answers cannot and will NOT be shared with anyone, including your parents or guardians without your permission. Strict federal law protects your privacy and keeps your answers confidential under Section 308(d) of the Public Health Service Act (42 U.S.C. 242m(d)), the Privacy Act of 1974 (5 U.S.C. § 552a) and the Confidential Information Protection and Statistical Efficiency Act (CIPSEA, Title 5 of Public Law 107-347). Under the Federal Cybersecurity Enhancement Act of 2015, your data are protected from cybersecurity risks through screening of the systems that transmit your data, but not the responses you provided. NCHS can only protect information once it is in the NCHS system and therefore cannot promise protection related to information shared when using a personal device.

## Who authorizes this survey?

The Census Bureau is conducting this survey on behalf of the U.S. Department of Health and Human Services under the authority of Title 13, United States Code (U.S.C.), Section 8(b) and section 501(a)(2) of the Social Security Act (42 U.S.C. §701). This survey has been approved by the Office of Management and Budget (OMB). The eight-digit OMB approval number 0920-0214 appears at the bottom left corner of the survey web page. If this number were not displayed, we could not conduct this survey.

NCHS collects and uses information you provide in accordance with System of Records Notice 09-20-0164, Health and Demographic Surveys Conducted in Probability Samples of the United States (<https://www.cdc.gov/SORNnotice/09-20-0164.htm>).