

National Health Interview Survey—Teen

An online health survey just for teens



An opportunity for teens to share their unique perspective about their health.

A quick survey that will take no more than 15 minutes to complete.

Part of a federal survey considered to be a gold standard by researchers and policymakers.

Topics include:

- Doctor visits
- Sleep
- Physical activity
- Injuries
- Mental health
- Social and emotional supports
- Experiences with bullying and discrimination



The National Health Interview Survey (NHIS) is a trusted resource for public health information.

National Health Interview Survey—Teen

Giving Teens a Voice About Their Health

Thank you for completing the National Health Interview Survey (NHIS), the nation's largest and oldest in-person household health survey. The success of the NHIS depends on the participation from people like you.

Now, we are asking for your help to better understand the health of teens in the United States, as well as issues they may face getting health care. With your permission, we will ask your teen to complete a quick online survey about many of the same topic areas covered in the NHIS. Teenagers encounter unique challenges that impact their health. That's why we think it is important to give them a chance to tell us about their health.

The information your teenager provides will be combined with thousands of other teen survey responses, and together, they will help tell the story of the health of our nation's teenagers.

For any questions about NHIS—Teen, call 1-800-618-5888 or e-mail nhist@census.gov.

Centers for Disease Control and Prevention
National Center for Health Statistics
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Thank you

for participating and helping us learn more
about the health of teens in the United States.