

# SAMPLE ADULT QUESTIONNAIRE

Administered to one randomly selected adult in each household

	2019	2020	2021	2022	2023	2024	2025	2026	2027
<b>ANNUAL CORE</b>	<p><b>Chronic Conditions:</b> Hypertension, High cholesterol, Cardiovascular conditions, Asthma, Cancer, Diabetes, Other chronic conditions, Height and weight  <b>Functioning and Disability:</b> Vision, Hearing, Mobility, Communication, Cognition, Self-care and upper-body limitations, Anxiety, Depression, Social functioning  <b>Health Insurance:</b> Coverage status, Sources of coverage, Characteristics of coverage, Continuity of coverage, Reasons for no health insurance  <b>Health Care Access and Use:</b> Primary and urgent care, Financial barriers to care, Prescription medication, Flu and pneumonia immunization, Mental health care, Telehealth  <b>Health-related Behaviors:</b> Cigarettes and E-cigarettes  <b>Demographics:</b> Race and Hispanic origin, Marital status, Sexual orientation, Veterans status, Nativity, Schooling, Employment, Family income, Food-related program participation, Housing, Telephone use</p>								
<b>ROTATING CORE</b>	<b>Service Utilization:</b> Dental care, Vision care, Therapy (physical, speech, rehabilitative, occupational), Home health care		<b>Allergies and Other Conditions</b>	<b>Service Utilization:</b> Dental care, Vision care, Therapy (physical, speech, rehabilitative, occupational), Home health care		<b>Allergies and Other Conditions</b>	<b>Service Utilization:</b> Dental care, Vision care, Therapy (physical, speech, rehabilitative, occupational), Home health care		<b>Allergies and Other Conditions</b>
			<b>Psychological Distress</b>			<b>Psychological Distress</b>			<b>Psychological Distress</b>
	<b>Mental Health Assessment<sup>1</sup></b>	<b>Industry and Occupation</b>		<b>Mental Health Assessment<sup>1</sup></b>	<b>Industry and Occupation</b>		<b>Mental Health Assessment<sup>1</sup></b>	<b>Industry and Occupation</b>	
		<b>Injuries</b>			<b>Injuries</b>			<b>Injuries</b>	
	<b>Chronic Pain:</b> Severity and impact, Locations	<b>Health-related Behaviors:</b> Physical activity, Walking, Sleep, Fatigue, Smoking history and cessation, Alcohol use	<b>Chronic Pain:</b> Severity and impact, Locations	<b>Health-related Behaviors:</b> Physical activity, Walking, Sleep, Fatigue, Smoking history and cessation, Alcohol use	<b>Chronic Pain:</b> Severity and impact, Locations	<b>Health-related Behaviors:</b> Physical activity, Walking, Sleep, Fatigue, Smoking history and cessation, Alcohol use	<b>Chronic Pain:</b> Severity and impact, Locations	<b>Health-related Behaviors:</b> Physical activity, Walking, Sleep, Fatigue, Smoking history and cessation, Alcohol use	<b>Chronic Pain:</b> Severity and impact, Locations
	<b>Preventive Services:</b> Screening tests, Aspirin use		<b>Preventive Services:</b> Screening tests, Aspirin use		<b>Preventive Services:</b> Screening tests, Aspirin use		<b>Preventive Services:</b> Screening tests, Aspirin use		<b>Preventive Services:</b> Screening tests, Aspirin use
<b>SPONSORED CONTENT</b>	<p><b>Sustaining sponsors* add content every year.</b> Annual sponsored content includes cancer control and prevention (NCI and NCCDPHP), immunizations (NCIRD), noncigarette tobacco product use (FDA), food security (USDA), disorders of sensory systems and communication (NIDCD), and insulin use (NIDDK and NCCDPHP).</p>								
	<p><b>Other sponsors* add content for selected years.</b> Sponsorships include expanded content on arthritis in 2019 and 2023 (NCCDPHP and NIAMS), asthma in 2020 (NCEH, NIOSH, and NHLBI), diabetes in 2019–2023 (NCCDPHP), insulin affordability in 2021 (NCCDPHP and NIDDK), prescription opioid use and pain management in 2020 (NCIPC), age of onset of disability in 2020–2023 (ACL), chronic fatigue syndrome in 2021–2023 (NCEZID), epilepsy in 2021–2023 (NCCDPHP), Crohn’s disease and ulcerative colitis in 2023 (NCCDPHP), psoriasis in 2023 (NCCDPHP), long COVID in 2023 (NCEZID), occupational health in 2021 and 2023 (NIOSH), life satisfaction in 2021–2023 (NCCDPHP and NIH/ODP), complementary and integrative health in 2022 (NCCIH), vision in 2023 (NEI), and concussions in 2023 (NCIPC).</p>								
<b>EMERGING TOPICS</b>	<p><b>New topics of growing interest may be added by the National Center for Health Statistics, generally for 1 year.</b> Emerging topics include prescription opioid use and pain management in 2019, COVID-related content in 2020 (July)–2022, healthcare access barriers in 2022, transportation barriers in 2022–2023, civic engagement in 2022 (July)–2023, health information technology use in 2022 (July)–2023, volunteer activities in 2022 (July)–2023, brief mental health assessments in 2023, everyday discrimination and heightened vigilance in 2023, and difficulty paying housing related bills in 2023.</p>								

\* As of January 2023, sponsors include the National Cancer Institute (NCI), National Eye Institute (NEI), National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP), National Center for Immunization and Respiratory Diseases (NCIRD), Food and Drug Administration (FDA), United States Department of Agriculture (USDA), National Institute on Deafness and Other Communication Disorders (NIDCD), National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS), National Center for Environmental Health (NCEH), National Institute for Occupational Safety and Health (NIOSH), National Heart, Lung, and Blood Institute (NHLBI), National Center for Injury Prevention and Control (NCIPC), Administration for Community Living (ACL), National Center for Emerging and Zoonotic Infectious Diseases (NCEZID), National Institutes of Health Office of Disease Prevention (NIH/ODP), and National Center for Complementary and Integrative Health (NCCIH). NCCDPHP, NCIRD, NCEH, NIOSH, NCIPC, and NCEZID are part of the Centers for Disease Control and Prevention. NCI, NEI, NIDCD, NIDDK, NIAMS, NHLBI, ODP, and NCCIH are part of the National Institutes of Health.

<sup>1</sup> Questions come from the Patient Health Questionnaire and the Generalized Anxiety Disorder scale.



Centers for Disease Control and Prevention  
National Center for Health Statistics

For more information on the National Health Interview Survey, visit <https://www.cdc.gov/nchs/nhis/>.  
To view full-length questionnaires, visit <https://www.cdc.gov/nchs/nhis/data-questionnaires-documentation.htm>.

