

## Appendix E. Leading Health Indicators

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<b>Objective Number</b>	<b>Leading Health Indicator Objective</b>
1-1	Increase the proportion of persons with health insurance.
1-4a	Increase the proportion of persons of all ages who have a specific source of ongoing care.
8-1a	Reduce the proportion of persons exposed to air that does not meet the U.S. Environmental Protection Agency's health-based standards for ozone.
13-6a	Increase the proportion of sexually active females aged 18 to 44 years whose partners use condoms.
13-6b	Increase the proportion of sexually active males aged 18 to 44 years who use condoms.
14-24a	Increase the proportion of children aged 19 to 35 months who receive all vaccines that have been recommended for universal administration for at least 5 years (4 DTaP, 3 polio, 1 MMR, 3Hib, 3 hepatitis B).
14-24b	Increase the proportion of adolescents aged 13 to 15 years who receive all the vaccines that have been recommended for universal administration for at least 5 years.
14-29a	Increase the proportion of noninstitutionalized adults aged 65 years and older who are vaccinated annually against influenza.
14-29b	Increase the proportion of noninstitutionalized adults aged 65 years and older who were ever vaccinated against pneumococcal disease.
15-15a	Reduce the number of deaths per 100,000 population caused by motor vehicle crashes.
15-32	Reduce homicides.
16-6a.	Increase the proportion of pregnant women who receive early and adequate prenatal care beginning in the first trimester of pregnancy.
18-9b.	Increase the proportion of adults aged 18 and older with recognized depression who receive treatment.
19-2	Reduce the proportion of adults who are obese.
19-3c	Reduce the proportion of children and adolescents aged 6 to 19 years who are obese.
22-2	Increase the proportion of adults who engage regularly, preferably daily, in moderate physical activity for at least 30 minutes per day 5 or more days per week or vigorous physical activity for at least 20 minutes per day 3 or more days per week.
22-7	Increase the proportion of adolescents who engage in vigorous physical activity that promotes cardiorespiratory fitness 3 or more days per week for 20 or more minutes per occasion.
25-11a	Increase the proportion of adolescents who have never had sexual intercourse.

<b>Objective Number</b>	<b>Leading Health Indicator Objective</b>
25-11b	Increase the proportion of sexually experienced adolescents who are not currently sexually active.
25-11c	Increase the proportion of currently sexually active adolescents who used a condom the last time they had sexual intercourse.
26-10a	Increase the proportion of adolescents not using alcohol or any illicit drugs during the past 30 days.
26-10c	Reduce the proportion of adults using any illicit drug during the past 30 days.
26-11c	Reduce the proportion of adults aged 18 years and older engaging in binge drinking of alcoholic beverages.
27-1a	Reduce cigarette smoking by adults.
27-2b	Reduce cigarette smoking by adolescents (past month).
27-10	Reduce the proportion of nonsmokers exposed to environmental tobacco smoke.