

Data Brief 476. Activity-limiting Injury in Adults: United States, 2020–2021

Data table for Figure 1. Percentage of adults who had an activity-limiting injury in the past 3 months, by sex and age group: United States, 2020–2021

Characteristic	Percent (95% confidence interval)	Standard error
Total .....	5.9 (5.7–6.2)	0.12
Sex		
Men .....	6.0 (5.7–6.4)	0.18
Women .....	5.9 (5.6–6.2)	0.16
Age group		
18–44 .....	6.1 (5.7–6.5)	0.21
45–64 .....	5.9 (5.6–6.3)	0.19
65 and over .....	5.7 (5.3–6.1)	0.20

NOTES: Activity-limiting injury is based on a yes response to the questions, "During the past 3 months, did you have an accident or an injury where any part of your body was hurt?" and "Did any of these injuries limit your usual activities for at least 24 hours after the injury occurred?" Estimates are based on household interviews of a sample of the U.S. civilian noninstitutionalized population.

SOURCE: National Center for Health Statistics, National Health Interview Survey, 2020–2021.



**Centers for Disease Control and Prevention**  
National Center for Health Statistics

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Data table for Figure 2. Percentage of adults who had an activity-limiting injury in the past 3 months, by race and Hispanic origin: United States, 2020–2021

Race and Hispanic origin	Percent (95% confidence interval)	Standard error
Asian, non-Hispanic. . . . .	3.2 (2.5–4.0)	0.37
Black, non-Hispanic. . . . .	4.9 (4.2–5.6)	0.35
White, non-Hispanic . . . . .	6.6 (6.3–6.9)	0.16
Hispanic <sup>1</sup> . . . . .	4.6 (4.0–5.2)	0.31

<sup>1</sup>People of Hispanic origin may be of any race.  
NOTES: Activity-limiting injury is based on a yes response to the questions, "During the past 3 months, did you have an accident or an injury where any part of your body was hurt?" and "Did any of these injuries limit your usual activities for at least 24 hours after the injury occurred?" Estimates are based on household interviews of a sample of the U.S. civilian noninstitutionalized population.

SOURCE: National Center for Health Statistics, National Health Interview Survey, 2020–2021.

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**Data table for Figure 3. Percentage of adults who had an activity-limiting injury in the past 3 months, by family income and education level: United States, 2020–2021**

Characteristic	Percent (95% confidence interval)	Standard error
<b>Family income</b>		
Less than 100% of federal poverty level . . . . .	5.9 (5.2–6.8)	0.41
100% to less than 200% of federal poverty level. . . . .	6.0 (5.4–6.6)	0.31
200%–400% of federal poverty level. . . . .	6.0 (5.6–6.5)	0.24
Greater than 400% of federal poverty level. . . . .	5.8 (5.5–6.2)	0.17
<b>Education level</b>		
Less than high school diploma or GED . . . . .	5.1 (4.3–6.0)	0.43
High school diploma or GED . . . . .	5.7 (5.2–6.3)	0.26
Some college. . . . .	6.1 (5.6–6.6)	0.23
College degree or higher. . . . .	6.3 (6.0–6.7)	0.19

NOTES: Activity-limiting injury is based on a yes response to the questions, “During the past 3 months, did you have an accident or an injury where any part of your body was hurt?” and “Did any of these injuries limit your usual activities for at least 24 hours after the injury occurred?” Federal poverty level is based on the ratio of the family’s income in the previous calendar year to the appropriate poverty threshold defined by the U.S. Census Bureau. Estimates are based on household interviews of a sample of the U.S. civilian noninstitutionalized population.

SOURCE: National Center for Health Statistics, National Health Interview Survey, 2020–2021.

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Data table for Figure 4. Percentage of adults who had an activity-limiting injury in the past 3 months, by region and urbanization level: United States, 2020–2021

Characteristic	Percent (95% confidence interval)	Standard error
Region		
Midwest . . . . .	6.1 (5.7–6.6)	0.23
Northeast . . . . .	5.3 (4.8–5.9)	0.28
South . . . . .	5.8 (5.4–6.2)	0.21
West . . . . .	6.4 (5.9–7.0)	0.27
Urbanization level		
Large central metropolitan . . . . .	5.3 (4.9–5.7)	0.22
Large fringe metropolitan . . . . .	5.9 (5.4–6.4)	0.25
Medium and small metropolitan . . . . .	6.4 (6.0–6.9)	0.23
Nonmetropolitan . . . . .	6.5 (5.8–7.2)	0.36

NOTES: Activity-limiting injury is based on a yes response to the questions, "During the past 3 months, did you have an accident or an injury where any part of your body was hurt?" and "Did any of these injuries limit your usual activities for at least 24 hours after the injury occurred?" Estimates are based on household interviews of a sample of the U.S. civilian noninstitutionalized population.

SOURCE: National Center for Health Statistics, National Health Interview Survey, 2020–2021.