

Data table for Figure 1. Percentage of children aged 5–17 years who had received any mental health treatment, taken medication for their mental health, or received counseling or therapy from a mental health professional in the past 12 months, by age group: United States, 2021

Mental health treatment and age group (years)	Percent (95% confidence interval)	Standard error
Any mental health treatment		
Total	14.9 (13.9–16.0)	0.53
5–11	11.3 (10.0–12.7)	0.66
12–17	18.9 (17.2–20.7)	0.86
Took medication		
Total	8.2 (7.4–9.0)	0.39
5–11	5.9 (5.0–6.9)	0.66
12–17	10.7 (9.4–12.0)	0.49
Received counseling or therapy		
Total	11.5 (10.6–12.5)	0.46
5–11	8.7 (7.6–9.9)	0.57
12–17	14.6 (13.2–16.1)	0.73

NOTES: Children were considered to have received any mental health treatment if they were reported to have taken medication for their mental health, received counseling or therapy from a mental health professional, or both in the past 12 months. Confidence intervals were calculated using the Korn–Graubard method for complex surveys. Estimates are based on household interviews of a sample of the U.S. civilian noninstitutionalized population.

SOURCE: National Center for Health Statistics, National Health Interview Survey, 2021.



Data Brief 472. Mental Health Treatment Among Children Aged 5–17 Years: United States, 2021

Data table for Figure 2. Percentage of children aged 5–17 years who had received any mental health treatment, taken medication for their mental health, or received counseling or therapy from a mental health professional in the past 12 months, by sex: United States, 2021

Mental health treatment and sex	Percent (95% confidence interval)	Standard error
Any mental health treatment		
Boys.....	15.3 (13.8–16.8)	0.76
Girls.....	14.5 (13.1–16.0)	0.72
Took medication		
Boys.....	9.0 (7.9–10.2)	0.59
Girls.....	7.3 (6.3–8.3)	0.51
Received counseling or therapy		
Boys.....	11.0 (9.8–12.3)	0.63
Girls.....	12.1 (10.8–13.4)	0.66

NOTES: Children were considered to have received any mental health treatment if they were reported to have taken medication for their mental health, received counseling or therapy from a mental health professional, or both in the past 12 months. Confidence intervals were calculated using the Korn–Graubard method for complex surveys. Estimates are based on household interviews of a sample of the U.S. civilian noninstitutionalized population.

SOURCE: National Center for Health Statistics, National Health Interview Survey, 2021.

Data Brief 472. Mental Health Treatment Among Children Aged 5–17 Years: United States, 2021

Data table for Figure 3. Percentage of children aged 5–17 years who had received any mental health treatment, taken medication for their mental health, or received counseling or therapy from a mental health professional in the past 12 months, by race and Hispanic origin: United States, 2021

Mental health treatment and race and Hispanic origin	Percent (95% confidence interval)	Standard error
Any mental health treatment		
Asian, non-Hispanic.	4.4 (2.7–6.7)	0.93
Black, non-Hispanic.	12.5 (9.6–15.8)	1.50
White, non-Hispanic	18.3 (16.9–19.9)	0.76
Hispanic.	10.3 (8.7–12.1)	0.85
Took medication		
Asian, non-Hispanic.	2.3 (1.1–4.2)	0.66
Black, non-Hispanic.	8.3 (5.9–11.3)	1.32
White, non-Hispanic	10.1 (9.0–11.2)	0.55
Hispanic.	4.9 (3.7–6.2)	0.62
Received counseling or therapy		
Asian, non-Hispanic.	3.1 (1.7–5.1)	0.80
Black, non-Hispanic.	8.8 (6.5–11.5)	1.23
White, non-Hispanic	14.1 (12.8–15.5)	0.68
Hispanic.	8.1 (6.6–9.8)	0.77

NOTES: Children were considered to have received any mental health treatment if they were reported to have taken medication for their mental health, received counseling or therapy from a mental health professional, or both in the past 12 months. Children categorized as Hispanic may be of any race or combination of races. Children categorized as Asian non-Hispanic, Black non-Hispanic, or White non-Hispanic indicated one race only. Confidence intervals were calculated using the Korn–Graubard method for complex surveys. Estimates are based on household interviews of a sample of the U.S. civilian noninstitutionalized population.

SOURCE: National Center for Health Statistics, National Health Interview Survey, 2021.

Data Brief 472. Mental Health Treatment Among Children Aged 5–17 Years: United States, 2021

Data table for Figure 4. Percentage of children aged 5–17 years who had received any mental health treatment, taken medication for their mental health, or received counseling or therapy from a mental health professional in the past 12 months, by urbanization level: United States, 2021

Mental health treatment and urbanization level	Percent (95% confidence interval)	Standard error
Any mental health treatment		
Large metropolitan	14.0 (12.7–15.3)	0.66
Medium or small metropolitan	14.9 (13.0–16.8)	0.95
Nonmetropolitan	19.1 (16.0–22.6)	1.65
Took medication		
Large metropolitan	7.1 (6.2–8.0)	0.46
Medium or small metropolitan	8.5 (7.0–10.1)	0.76
Nonmetropolitan	12.1 (9.8–14.7)	1.21
Received counseling or therapy		
Large metropolitan	11.5 (10.3–12.8)	0.62
Medium or small metropolitan	11.0 (9.5–12.5)	0.75
Nonmetropolitan	13.0 (10.3–16.1)	1.42

NOTES: Children were considered to have received any mental health treatment if they were reported to have taken medication for their mental health, received counseling or therapy from a mental health professional, or both in the past 12 months. Confidence intervals were calculated using the Korn–Graubard method for complex surveys. Estimates are based on household interviews of a sample of the U.S. civilian noninstitutionalized population.

SOURCE: National Center for Health Statistics, National Health Interview Survey, 2021.