

**Data Brief 411. Adult Day Services Center Participant Characteristics: United States, 2018**

**Data table for Figure 1. Sex, race and ethnicity, and age of adult day services center participants: United States, 2018**

Characteristic	Percent
Sex	
Female. . . . .	57
Male. . . . .	44
Race and ethnicity	
Non-Hispanic white . . . . .	45
Hispanic. . . . .	22
Non-Hispanic black . . . . .	17
Non-Hispanic other . . . . .	16
Age	
Under 65 . . . . .	39
65–74. . . . .	18
75–84. . . . .	24
85 and over . . . . .	19

NOTES: Non-Hispanic other includes non-Hispanic American Indian or Alaska Native; non-Hispanic Asian; non-Hispanic Native Hawaiian or Other Pacific Islander; and non-Hispanic persons of more than one race. Table excludes cases with missing data. See Data source and methods for details. Percentages are based on unrounded numbers; estimates may not sum to totals because of rounding.

SOURCE: National Center for Health Statistics, National Study of Long-Term Care Providers, 2018.

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**Data table for Figure 2. Adult day services center participants with Medicaid, overall and by age: United States, 2018**

Age	Percent
All ages . . . . .	72
Under 65 . . . . .	85
65–74. . . . .	75
75–84. . . . .	64
85 and over . . . . .	55

NOTES: Refers to participants who had some or all of their long-term care services paid by Medicaid during last complete month prior to the survey. This includes any funding from a Medicaid state plan, Medicaid waiver, Medicaid managed care, or California regional center. Table excludes cases with missing data. See Data source and methods for details.

SOURCE: National Center for Health Statistics, National Study of Long-Term Care Providers, 2018.

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**Data table for Figure 3. Adult day services center participants needing assistance with activities of daily living: United States, 2018**

Activities of daily living	Percent
Number of ADLs:	
0 ADLs . . . . .	17
1–2 ADLs . . . . .	18
3–6 ADLs . . . . .	64
Type of ADL:	
Bathing . . . . .	75
Dressing . . . . .	64
Walking . . . . .	58
Transferring . . . . .	54
Toileting . . . . .	53
Eating . . . . .	41

NOTES: Activities of daily living (ADLs) refers to participants needing any help or supervision from another person, or use of assistive devices, or both, at their usual residence or at the center, due to limitations in up to six ADLs (transferring in and out of a chair; eating, such as cutting up food; dressing; bathing or showering; toileting; and walking). Individual ADLs are not mutually exclusive; a participant can be counted in more than one ADL. Table excludes cases with missing data. See Data source and methods for details. The estimate for the number of ADLs may not add to 100 because of rounding.

SOURCE: National Center for Health Statistics, National Study of Long-Term Care Providers, 2018.

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**Data table for Figure 4. Most common chronic conditions of adult day services center participants: United States, 2018**

Chronic condition	Percent
Number of conditions:	
0 conditions . . . . .	4
1 condition . . . . .	31
2–3 conditions . . . . .	47
4–10 conditions . . . . .	18
High blood pressure . . . . .	51
Diabetes . . . . .	30
Alzheimer disease and other dementias . . . . .	28
Intellectual and developmental disability . . . . .	27
Depression . . . . .	22
Arthritis . . . . .	19
Heart disease . . . . .	13
Osteoporosis . . . . .	13
Severe mental illness . . . . .	11
COPD . . . . .	7

NOTES: Heart disease includes coronary or ischemic heart disease. COPD is chronic obstructive pulmonary disease and includes chronic bronchitis or emphysema. Individual conditions are not mutually exclusive; a participant can be counted in more than one condition. Table excludes cases with missing data. See Data source and methods for details.

SOURCE: National Center for Health Statistics, National Study of Long-Term Care Providers, 2018.