

Data Brief 392. Increases in Prepregnancy Obesity: United States, 2016–2019

Data table for Figure 1. Prepregnancy obesity, by maternal race and Hispanic origin: United States, 2016–2019

Race and Hispanic origin	2016	2017	2018	2019
			Percent	
Total	26.1	27.1	28.1	29.0
Non-Hispanic white	24.1	24.9	25.8	26.6
Non-Hispanic black	36.4	37.0	38.0	39.1
Hispanic	28.9	30.1	31.3	32.4

SOURCE: National Center for Health Statistics, National Vital Statistics System, Natality file.

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Data table for Figure 3. Prepregnancy obesity, by maternal education: United States, 2016–2019

Education level	2016	2017	2018	2019
			Percent	
High school or less	33.2	34.0	35.3	36.5
Some college	34.2	35.2	36.4	37.5
Associate's degree	30.7	32.0	32.9	34.1
Bachelor's degree	19.0	19.9	20.8	21.5
Master's degree or higher	15.3	15.9	16.7	17.3

SOURCE: National Center for Health Statistics, National Vital Statistics System, Natality file.

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Data table for Figure 4. Prepregnancy obesity, 2019 and percent change, 2016–2019: United States and each state

Area	2016	2019	2016–2019
	Percent	Percent	Percent change
United States	26.1	29.0	11.1
Alabama	31.6	35.1	11.1
Alaska	27.3	28.8	5.5
Arizona	26.9	29.9	11.2
Arkansas	29.0	35.5	22.4
California	23.8	26.6	11.8
Colorado	21.8	23.8	9.2
Connecticut	23.7	25.9	9.3
Delaware	29.5	33.2	12.5
District of Columbia	20.5	22.6	10.2
Florida	24.0	27.1	12.9
Georgia	29.2	31.4	7.5
Hawaii	23.2	26.4	13.8
Idaho	24.7	27.4	10.9
Illinois	27.8	30.7	10.4
Indiana	29.8	33.3	11.7
Iowa	28.5	31.2	9.5
Kansas	27.0	30.3	12.2
Kentucky	30.3	33.2	9.6
Louisiana	31.7	34.0	7.3
Maine	30.1	31.4	4.3
Maryland	26.1	28.2	8.0
Massachusetts	20.8	23.4	12.5
Michigan	29.1	31.8	9.3
Minnesota	26.9	29.1	8.2
Mississippi	34.9	37.6	7.7
Missouri	27.5	30.6	11.3
Montana	24.3	26.9	10.7
Nebraska	25.3	27.9	10.3
Nevada	24.5	27.2	11.0
New Hampshire	25.5	27.5	7.8
New Jersey	21.9	24.0	9.6
New Mexico	28.0	30.7	9.6
New York	22.1	24.5	10.9
North Carolina	27.7	30.4	9.7
North Dakota	30.5	33.1	8.5
Ohio	27.8	30.9	11.2
Oklahoma	29.6	33.0	11.5
Oregon	25.3	28.0	10.7
Pennsylvania	24.9	28.2	13.3
Rhode Island	23.9	27.0	13.0
South Carolina	30.9	34.4	11.3
South Dakota	25.4	28.0	10.2
Tennessee	27.4	30.1	9.9
Texas	26.3	29.8	13.3
Utah	21.5	23.8	10.7
Vermont	27.3	28.6	4.8
Virginia	25.8	28.9	12.0
Washington	24.6	26.4	7.3
West Virginia	31.9	35.0	9.7
Wisconsin	30.1	32.6	8.3
Wyoming	23.3	25.0	7.3

SOURCE: National Center for Health Statistics, National Vital Statistics System, Natality file.