Data table for Figure 1. Percent distribution of severity of anxiety symptoms in the past 2 weeks among adults aged 18 and over: United States, 2019

Severity of anxiety symptoms	Percent (95% confidence interval)	Standard error
None or minimal	84.4 (83.8–84.9)	0.28
Mild	9.5 (9.1–9.9)	0.21
Moderate	3.4 (3.1-3.6)	0.12
Severe	2.7 (2.5-3.0)	0.12

NOTES: Confidence intervals were calculated using the Korn-Graubard method for complex surveys. Severity of anxiety symptoms was based on the seven-item Generalized Anxiety Disorder scale (GAD-7) and summarized into none or minimal (values 0–4), mild (values 5–9), moderate (values 10–14), and severe (values 15–21). Estimates are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for Figure 2. Percentage of adults aged 18 and over who experienced symptoms of anxiety in the past 2 weeks, by symptom severity and age group: United States, 2019

Severity of anxiety symptoms and age group	Percent (95% confidence interval)	Standard error
Any severity		
18–29	19.5 (18.1-20.9)	0.71
30–44	16.6 (15.6–17.7)	0.53
45–64	15.2 (14.3–16.2)	0.46
65 and over	11.2 (10.3–12.1)	0.43
Mild		
18–29	12.1 (11.0-13.3)	0.57
30–44	10.2 (9.4–11.1)	0.43
45–64	8.8 (8.2–9.5)	0.34
65 and over	7.1 (6.5–7.8)	0.33
Moderate		
18–29	4.3 (3.6-5.0)	0.35
30–44	3.5 (3.1–4.0)	0.23
45–64	3.5 (3.0–3.9)	0.22
65 and over	2.2 (1.8–2.6)	0.19
Severe		
18–29	3.1 (2.5–3.8)	0.32
30–44	2.9 (2.5–3.4)	0.23
45–64	2.9 (2.6–3.3)	0.20
65 and over	1.9 (1.5–2.3)	0.21

NOTES: Confidence intervals were calculated using the Korn-Graubard method for complex surveys. Severity of anxiety symptoms was based on the seven-item Generalized Anxiety Disorder scale (GAD-7) and summarized into none or minimal (values 0-4), mid (values 5-9), moderate (values 10-14), and severe (values 15-21). Those categorized as having no or minimal symptoms of anxiety are not shown. Any severity includes those categorized as having either mild, moderate, or severe symptoms of anxiety in the past 2 weeks. Estimates are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for Figure 3. Percentage of adults aged 18 and over who experienced symptoms of anxiety in the past 2 weeks, by symptom severity and sex: United States, 2019

	Percent (95% confidence interval)	Standard error
Any severity		
	11.9 (11.3–12.6)	0.34
	19.0 (18.3–19.8)	0.39
Mild		
	7.6 (7.1–8.2)	0.28
	11.3 (10.7–11.9)	0.30
Moderate		
	2.4 (2.1–2.7)	0.15
	4.3 (3.9–4.7)	0.19
Severe		
	1.9 (1.7–2.2)	0.14
	3.5 (3.1–3.9)	0.18
	Mild Moderate	Any severity Any severity 11.9 (11.3–12.6) 19.0 (18.3–19.8) Mild 7.6 (7.1–8.2) 11.3 (10.7–11.9) Moderate 2.4 (2.1–2.7) 4.3 (3.9–4.7) Severe 1.9 (1.7–2.2)

NOTES: Confidence intervals were calculated using the Korn-Graubard method for complex surveys. Severity of anxiety symptoms was based on the seven-item Generalized Anxiety Disorder scale (GAD–7) and summarized into none or minimal (values 0–4), mild (values 5–9), moderate (values 10–14), and severe (values 15–21). Those categorized as having no or minimal symptoms of anxiety are not shown. Any severity includes those categorized as having either mild, moderate, or severe symptoms of anxiety in the past 2 weeks. Estimates are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for Figure 4. Percentage of adults aged 18 and over who experienced symptoms of anxiety in the past 2 weeks, by symptom severity and race and Hispanic origin: United States, 2019

Severity of anxiety symptoms and race and Hispanic origin	Percent (95% confidence interval)	Standard error
Any severity		
Hispanic	14.5 (13.1–15.9)	0.68
Non-Hispanic white	16.5 (15.9–17.2)	0.34
Non-Hispanic black	14.6 (13.2–16.1)	0.74
Non-Hispanic Asian	8.5 (6.9–10.5)	0.89
Mild		
Hispanic	8.8 (7.8–10.0)	0.55
Non-Hispanic white	10.1 (9.6–10.7)	0.26
Non-Hispanic black	8.6 (7.6–9.8)	0.57
Non-Hispanic Asian	5.6 (4.2–7.2)	0.72
Moderate		
Hispanic	3.1 (2.5-3.7)	0.30
Non-Hispanic white	3.6 (3.3–4.0)	0.16
Non-Hispanic black	3.1 (2.4-3.9)	0.39
Non-Hispanic Asian	1.5 (0.9–2.4)	0.36
Severe		
Hispanic	2.6 (2.0-3.3)	0.32
Non-Hispanic white	2.7 (2.5–3.0)	0.15
Non-Hispanic black	2.9 (2.3–3.6)	0.34
Non-Hispanic Asian	1.5 (0.8–2.5)	0.41

NOTES: Confidence intervals were calculated using the Korn-Graubard method for complex surveys. Severity of anxiety symptoms was based on the seven-item Generalized Anxiety Disorder scale (GAD–7) and summarized into none or minimal (values 0–4), mild (values 5–9), moderate (values 10–14), and severe (values 15–21). Those categorized as having no or minimal symptoms of anxiety are not shown. Any severity includes those categorized as having either mild, moderate, or severe symptoms of anxiety in the past 2 weeks. Estimates are based on household interviews of a sample of the civilian noninstitutionalized population.