

**Data Brief 377: Antidepressant Use Among Adults: United States, 2015–2018**

**Data table for Figure 1. Percentage of adults aged 18 and over who used antidepressant medication over past 30 days, by age and sex: United States, 2015–2018**

Sex	Sample size	Percent	Standard error
Both sexes			
Total	11,704	13.2	0.68
18–39	4,164	7.9	0.85
40–59	3,546	14.4	0.97
60 and over	3,994	19.0	1.25
Men			
Total	5,656	8.4	0.74
18–39	2,005	5.5	0.91
40–59	1,651	8.4	1.25
60 and over	2,000	12.8	1.18
Women			
Total	6,048	17.7	0.81
18–39	2,159	10.3	1.11
40–59	1,895	20.1	1.23
60 and over	1,994	24.3	1.67

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey, 2015–2018.

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**Data table for Figure 2. Percentage of adults aged 18 and over who used antidepressant medication over past 30 days, by race and Hispanic origin and sex: United States, 2015–2018**

Sex and race and Hispanic origin	Sample size	Percent	Standard error
Both sexes			
Non-Hispanic white	3,906	16.6	0.87
Non-Hispanic black	2,563	7.8	0.74
Non-Hispanic Asian	1,556	2.8	0.40
Hispanic	3,161	6.5	0.60
Men			
Non-Hispanic white	1,961	10.5	1.05
Non-Hispanic black	1,213	5.0	0.59
Non-Hispanic Asian	749	2.1	0.63
Hispanic	1,459	4.0	0.68
Women			
Non-Hispanic white	1,945	22.3	1.02
Non-Hispanic black	1,350	10.0	0.98
Non-Hispanic Asian	807	3.4	0.62
Hispanic	1,702	8.9	0.72

NOTE: Persons who reported other race, or more than one race are not included in the figure.

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey, 2015–2018.

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**Data table for Figure 3. Percentage of adults aged 18 and over who used antidepressant medication over past 30 days, by education level and sex: United States, 2015–2018**

Sex and education level	Sample size	Percent	Standard error
Both sexes			
Less than high school	2,603	11.4	1.13
High school graduate or GED	2,800	11.5	0.06
Some college or more	6,278	14.3	0.83
Women			
Less than high school	1,343	6.6	0.78
High school graduate or GED	1,406	6.6	0.76
Some college or more	2,896	9.6	1.10
Men			
Less than high school	1,260	16.7	1.93
High school graduate or GED	1,394	16.6	1.67
Some college or more	3,382	18.3	0.90

NOTES: GED is general equivalency diploma. Sample sizes do not add to totals in the data table for Figure 1 due to missing information on level of education.

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey.

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**Data table for Figure 4. Trends in antidepressant use over past 30 days among adults aged 18 and over, by sex: United States, 2009–2018**

Cycle and sex	Sample size	Percent	Standard error
Both sexes			
2009–2010	6,478	10.6	0.75
2011–2012	5,820	12.7	1.16
2013–2014	6,080	14.7	0.80
2015–2016	5,936	12.6	0.92
2017–2018	5,768	13.8	1.01
Men			
2009–2010	3,150	7.1	0.60
2011–2012	2,876	8.7	0.95
2013–2014	2,903	10.2	1.04
2015–2016	2,858	8.1	0.99
2017–2018	2,798	8.7	1.08
Women			
2009–2010	3,328	13.8	1.17
2011–2012	2,944	16.4	1.56
2013–2014	3,177	18.9	0.99
2015–2016	3,078	16.8	1.16
2017–2018	2,970	18.6	1.13

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Survey, 2015–2018.