



# Milestones Matter

Track your child's developmental milestones and try brain building tips to add learning to everyday moments!

## Track Your Child's Development

Track how your child plays, learns, speaks, acts, and moves with CDC's *Milestone Tracker* app—and share all progress and any concerns with their doctor during well-child visits. [www.cdc.gov/MilestoneTracker](http://www.cdc.gov/MilestoneTracker)



**BY 18 MONTHS:**  
Points to show you something interesting



**BY 12 MONTHS:**  
Plays games with you, like "peek-a-boo"



**BY 6 MONTHS:**  
Laughs with you



**BY 2 MONTHS:**  
Smiles at you

### Brain Building Tip:

*Suggested Age: 0–2 years*

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We're surrounded by words that are ready for reading. Try reading signs aloud to your child and talk to them about what they mean.

It doesn't matter if it's a book, magazine, or billboard – it all counts! Reading to your child, anywhere and everywhere, helps them develop a rich, diverse vocabulary. Find more tips at [vroom.org](http://vroom.org).

Learn the Signs.  
Act Early.



Centers for Disease  
Control and Prevention

[www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly)  
1-800-CDC-INFO

**Do you have concerns about how your child plays, learns, speaks, acts or moves? Visit [www.cdc.gov/concerned](http://www.cdc.gov/concerned) and talk with your child's doctor.**

CDC does not endorse private products, services, or enterprises. Vroom Tips are not a diagnostic tool.