

# CDC's *Learn the Signs. Act Early.* for Child Care Development Fund (CCDF) Grantees

**FREE** research-based, parent-friendly resources on child development  
Boost family engagement and your own professional development

## Professional Development

CDC's *Learn the Signs. Act Early.* materials...

- ✓ Help your providers meet CCDF professional development requirements by earning CEUs with FREE *Watch Me! Celebrating Milestones and Sharing Concerns* ([www.cdc.gov/WatchMeTraining](http://www.cdc.gov/WatchMeTraining))
- ✓ Help your providers meet CCDF health and safety training requirements
- ✓ Aid in early identification of the 1 in 6 children with a developmental delay or disability

*Note: In centers that conduct developmental screenings, these materials support and complement, but do not replace, developmental screening.*

## Family Engagement

CDC's *Learn the Signs. Act Early.* materials...

- ✓ Supply information and resources on developmental monitoring to help your providers meet CCDF consumer and provider education provisions on family engagement
- ✓ Help providers communicate with parents about development
- ✓ Supply guidance for providers on discussing developmental concerns
- ✓ Help parents celebrate their child's development and act on developmental concern



**Watch Me! Training**  
FREE 1-hour online CEU course  
for early educators



**Milestone Checklists**  
Objective, research-based; for ages  
2 months through 5 years

You can ensure children with developmental delays and disabilities receive the help they need by...

1. Encouraging all providers to take CDC's FREE 1-hour online CEU course, *Watch Me! Celebrating Milestones and Sharing Concerns*. Featured in Early Educator Central (<https://earlyeducatorcentral.acf.hhs.gov/coursework>).
2. Encouraging programs to use CDC's [milestone checklists](#) or *Milestone Moments* booklet to
  - Increase providers' practice of ongoing developmental monitoring;
  - Complement developmental screening by engaging families in monitoring milestones; and
  - Increase providers' knowledge of signs of potential developmental delay and what to do when there is a concern.
3. Supporting programs and child care providers by sharing CDC's *How to Help My Child* and *How to Talk to the Doctor* tip sheets for families.

[www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly) | 1-800-CDC-INFO (1-800-232-4636)



**Learn the Signs. Act Early.**

# Getting materials is easy with 3 simple options:

Print **FREE** materials directly at  
[www.cdc.gov/ActEarly/Materials](http://www.cdc.gov/ActEarly/Materials)

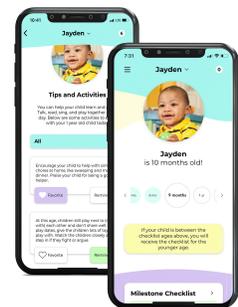
OR

Order **FREE** printed materials  
(in limited quantities) in English or Spanish  
from [www.cdc.gov/ActEarly/Orders](http://www.cdc.gov/ActEarly/Orders)

OR

Download the **FREE**  
**Milestone Tracker** mobile app  
Learn more at [www.cdc.gov/MilestoneTracker](http://www.cdc.gov/MilestoneTracker)

*Most materials are available in English and Spanish, many in simplified Chinese and Korean, and some in other languages.*



Find the **FREE** resources pictured here and others at [www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly).

**Want to customize CDC materials with your logo and contact information?** Local contact information is helpful to families. Request customizable files from [ActEarly@cdc.gov](mailto:ActEarly@cdc.gov) and have them printed locally.

The Centers for Disease Control and Prevention's (CDC's) *Learn the Signs. Act Early.* program aims to improve early identification of children with developmental disabilities so children and families can get the services they need as early as possible.

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