



Almost walking!  
And he plays peek-a-boo!

## It's time to change how we view a child's growth.

From birth to 5 years, there are milestones children should reach in terms of how they play, learn, speak, act, and move. A delay in any of these areas could be a sign of a developmental problem, even autism. Fortunately, the earlier a delay is recognized, the more you can do to help them reach their full potential.

For **FREE** information about milestones and **FREE** tools to help track a child's development, visit [www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly) or call **1-800-CDC-INFO (1-800-232-4636)**.

To see *Milestones in Action*, visit [www.cdc.gov/Milestones](http://www.cdc.gov/Milestones).



Learn the Signs. Act Early.