

# SAFE AND HEALTHY DIAPER CHANGING STEPS IN EMERGENCY SETTINGS



Keep a hand on the child for safety at all times!



## 1 PREPARE

- If possible, cover the diaper changing surface with disposable liner.
- Bring your supplies (e.g., clean diaper, wipes, diaper cream, plastic or waterproof bag for soiled clothing, extra clothes) to the diaper changing surface.



## 2 CLEAN CHILD

- Place the child on diapering surface and unfasten diaper.
- Clean the child's diaper area with disposable wipes or a clean, damp cloth. Always wipe front to back!
- Keep soiled diaper/clothing away from any surfaces that cannot be easily cleaned. Securely bag soiled clothing.



## 3 REMOVE TRASH

- Place used wipes in the soiled diaper.
- Discard the soiled diaper and wipes in the trash can.



## 4 REPLACE DIAPER

- Slide a fresh diaper under the child.
- Apply diaper cream, if needed.
- Fasten the diaper and dress the child.



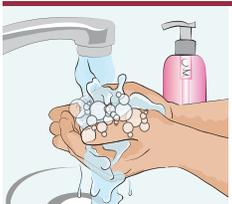
## 5 WASH CHILD'S HANDS

- Use soap and water to wash the child's hands thoroughly.
- If handwashing facilities are not available at the diapering station, clean child's hands with hand sanitizer. Try to keep child from touching eyes or mouth until the hand sanitizer has dried. Wash child's hands with soap and water as soon as possible.
- Place the child in a safe area (e.g., in a baby carrier on the floor beside you or with another guardian).



## 6 CLEAN UP

- Remove liner from the changing surface and discard in the trash can.
- Wipe up any visible soil with damp paper towels or a baby wipe.
- Wet the entire surface with disinfectant; make sure you read and follow the directions on the disinfecting spray, fluid or wipe.



## 7 WASH YOUR HANDS

- Wash your hands thoroughly with soap and water.
- If handwashing facilities are not available at the diapering station, clean your hands with hand sanitizer and wash your hands with soap and water as soon as possible.



Centers for Disease Control and Prevention  
National Center for Emerging and Zoonotic Infectious Diseases