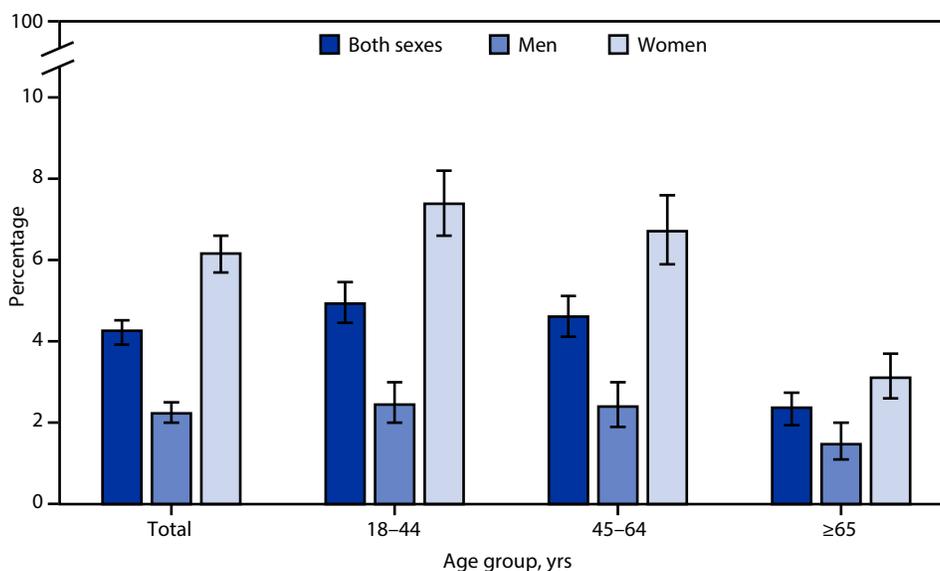


QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

Percentage* of Adults Aged ≥ 18 Years Who Have Been Bothered a Lot by Headache or Migraine in the Past 3 Months,[†] by Sex and Age Group — National Health Interview Survey, 2021[§]



* With 95% CIs indicated by error bars.

[†] Based on a response to the question, "In the past 3 months, how often did you have pain? Would you say never, some days, most days, or every day?" Those who responded with "some days," "most days," or "every day" were asked, "Over the past 3 months, how much have you been bothered by headache or migraine? Would you say not at all, a little, a lot, or somewhere in between?"

[§] Estimates are based on household interviews of a sample of the civilian, noninstitutionalized U.S. population.

In 2021, 4.3% of adults aged ≥ 18 years reported being bothered a lot by headache or migraine in the past 3 months with the percentage among women (6.2%) higher than that among men (2.2%). Percentages were higher among women than men in all age groups: 7.4% versus 2.5% in adults aged 18–44 years, 6.7% versus 2.4% in those aged 45–64 years, and 3.1% versus 1.5% in those aged ≥ 65 years. Among men and women, the percentage of those bothered a lot by headache or migraine in the past 3 months was lowest among those aged ≥ 65 years.

Source: National Center for Health Statistics, National Health Interview Survey, 2021. <https://www.cdc.gov/nchs/nhis.htm>

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