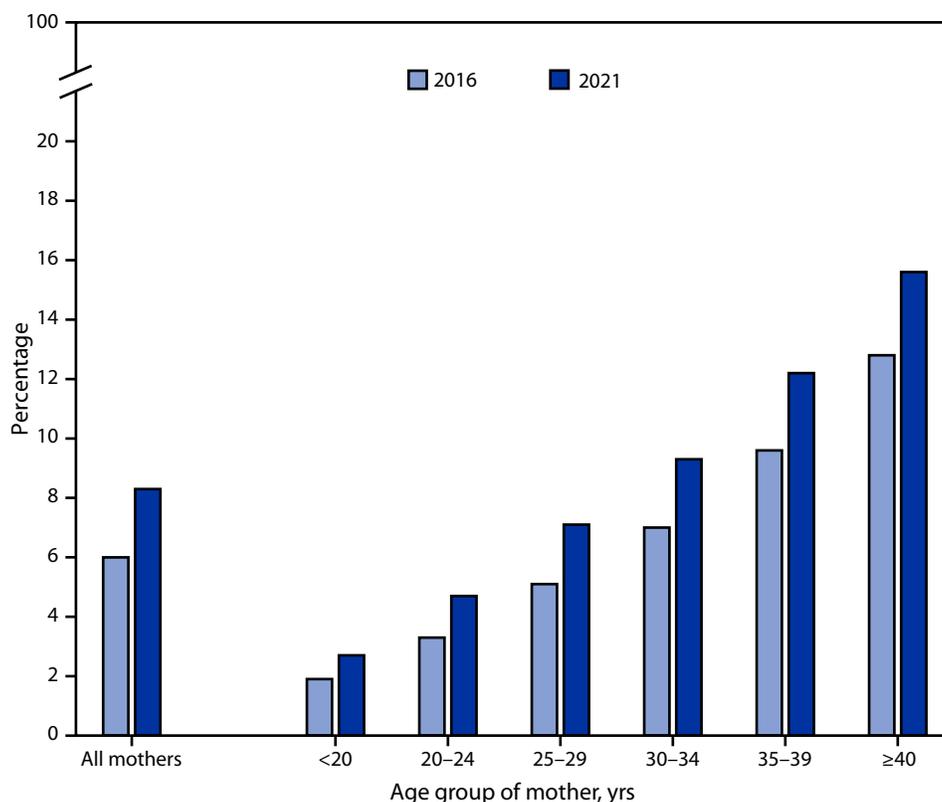


QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

Percentage of Mothers with Gestational Diabetes,* by Maternal Age — National Vital Statistics System, United States, 2016 and 2021



* Diabetes diagnosed during the pregnancy as reported on the birth certificate. National information on gestational diabetes became available for the first time in 2016 and might be underreported.

The percentage of mothers giving birth who received a diagnosis of diabetes during pregnancy (gestational diabetes) increased from 6.0% in 2016 to 8.3% in 2021. Increases in gestational diabetes were seen in each maternal age group, and rates rose steadily with maternal age; in 2021, the rate for mothers aged ≥ 40 years (15.6%) was nearly six times as high as the rate for mothers aged < 20 years (2.7%).

Source: National Center for Health Statistics, National Vital Statistics System, Natality Data. <https://www.cdc.gov/nchs/nvss/births.htm>

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For more information on this topic, CDC recommends the following link: <https://www.cdc.gov/pregnancy/diabetes.html>