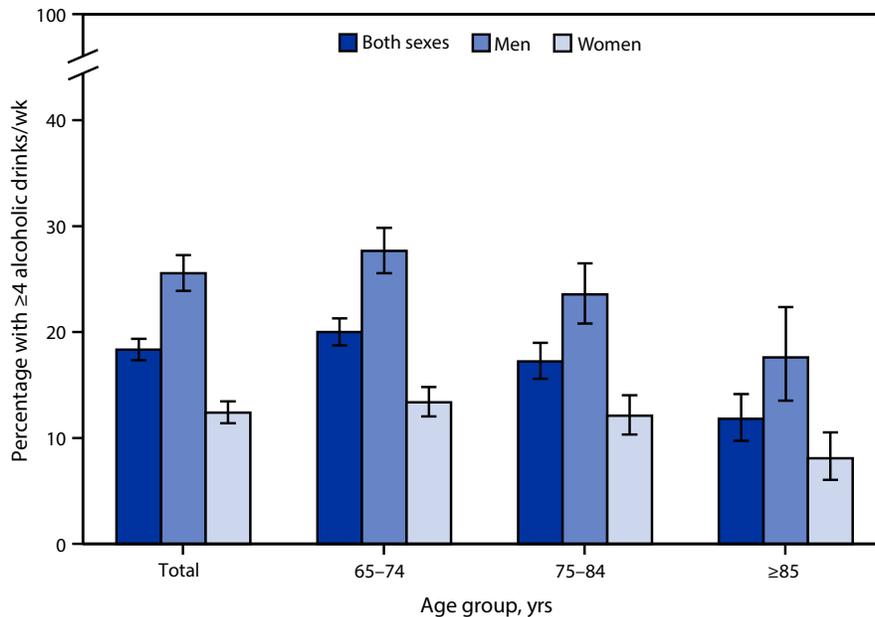


## QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

### Percentage\* of Adults Aged $\geq 65$ Years Who Drank Four or More Alcoholic Drinks Per Week,<sup>†</sup> by Sex and Age — National Health Interview Survey, United States, 2020<sup>§</sup>



\* With 95% CIs indicated by error bars.

<sup>†</sup> Based on responses to a series of questions about consumption of alcoholic beverages for adults who had at least one drink in their lifetime.

<sup>§</sup> Estimates are based on household interviews of a sample of the civilian, noninstitutionalized U.S. population.

In 2020, 18.3% of adults aged  $\geq 65$  years reported drinking four or more alcoholic drinks per week. Among adults aged  $\geq 65$  years, men were more likely (25.6%) than women (12.4%) to have four or more drinks. Percentages of those having four or more drinks were higher among men than women for the following age groups: 65–74 years (27.7% versus 13.4%), 75–84 years (23.6% versus 12.1%) and  $\geq 85$  years (17.6% versus 8.1%). Among both men and women, the percentage of adults aged  $\geq 65$  years who drank four or more alcoholic drinks per week decreased as age increased, from 20.0% for those aged 65–74 years to 11.8% for those aged  $\geq 85$  years.

Source: National Health Interview Survey, 2020. <https://www.cdc.gov/nchs/nhis.htm>

Reported by: Robin A. Cohen, PhD, [rzc6@cdc.gov](mailto:rzc6@cdc.gov), 301-458-4152; Michael E. Martinez, MPH, MHSA.

For more information on this topic, CDC recommends the following link: <https://www.cdc.gov/alcohol/index.htm>