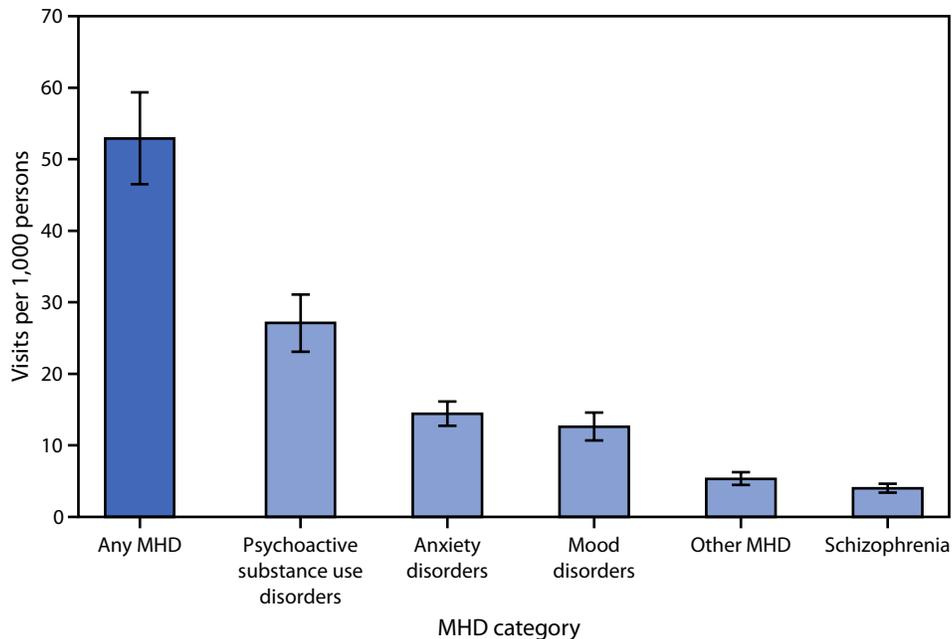


QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

Rates* of Emergency Department Visits Related to Mental Health Disorders Among Adults Aged ≥ 18 Years, by Disorder Category[†] — National Hospital Ambulatory Medical Care Survey, United States, 2017–2019[§]



Abbreviations: ED = emergency department; MHD = mental health disorder.

* Visit rates are based on the July 1, 2017–July 1, 2019, estimates of the civilian, noninstitutionalized population as developed by the U.S. Census Bureau Population Division; 95% CIs are indicated by error bars.

[†] ED visits with diagnosed MHDs were identified using *International Classification of Diseases, Tenth Revision, Clinical Modification* codes F01–F99 and were categorized into the following disorder categories: psychoactive substance use disorders (F10–F19); anxiety, stress-related, or other nonpsychotic mental disorders (F40–F48); mood (affective) disorders (F30–F39); other MHD (F01–F09 or F50–F99); and schizophrenia, schizotypal, delusional, or other nonmood psychotic disorders (F20–F29). A visit could be included in more than one disorder category.

[§] Based on a sample of visits by adults aged ≥ 18 years to EDs in noninstitutional general and short-stay hospitals located in the 50 states and the District of Columbia, excluding federal, military, and Veterans Administration hospitals.

During 2017–2019, 52.9 ED visits per 1,000 persons were related to a diagnosed MHD in the United States per year. Approximately one half of mental health–related visits had a diagnosis of a psychoactive substance use disorder at a rate of 27.1 visits per 1,000 persons per year, followed by an anxiety, stress-related, or other nonpsychotic mental disorder (14.4), mood (affective) disorder (12.6), other MHD (5.3), and schizophrenia, schizotypal, delusional, or other nonmood psychotic disorder (4.0).

Source: National Center for Health Statistics. National Hospital Ambulatory Medical Care Survey, 2017–2019. https://www.cdc.gov/nchs/ahcd/ahcd_questionnaires.htm

Reported by: Zachary J. Peters, MPH, zpeters@cdc.gov, 301-458-4130; Danielle Davis, MPH; Loredana Santo, MD.

For more information on this topic, CDC recommends the following link: <https://www.cdc.gov/mentalhealth/tools-resources/individuals/index.htm>.