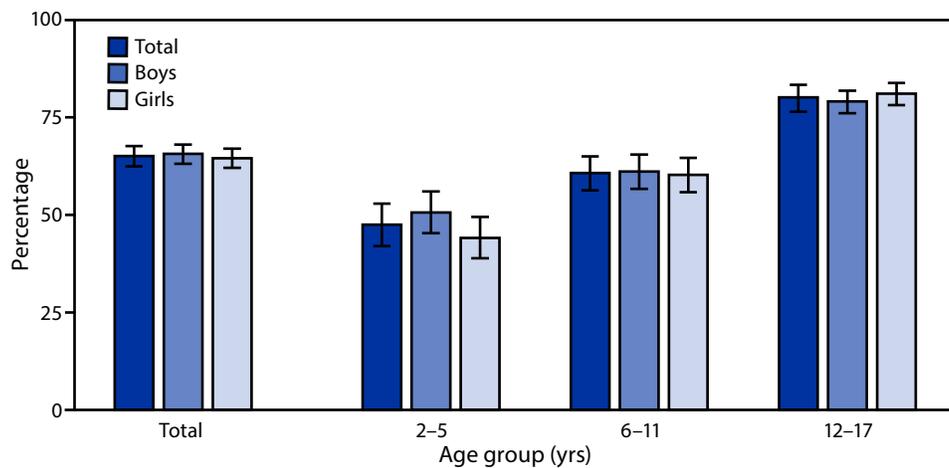


QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

Percentage* of Children† Aged 2–17 Years With >2 Hours of Screen Time Per Weekday,[§] by Sex and Age Group — National Health Interview Survey,[¶] United States, 2020



* With 95% CIs indicated by error bars.

† Children are defined here as children and adolescents (i.e., persons aged 2–17 years).

§ Based on a response to the question, "On most weekdays, does (child's name) spend more than 2 hours a day in front of a TV, computer, cellphone, or other electronic device watching programs, playing games, accessing the Internet, or using social media?" Respondents were instructed not to include time spent for schoolwork.

¶ Estimates are based on household interviews of a sample of the civilian, noninstitutionalized U.S. population.

Overall, 65.7% of boys and 64.6% of girls aged 2–17 years spent >2 hours of screen time per weekday, in addition to screen time spent for schoolwork. Among both boys and girls, the percentage of children who spent >2 hours of screen time increased with increasing age group from 47.5% for those aged 2–5 years to 80.2% for those aged 12–17 years.

Source: National Center for Health Statistics, National Health Interview Survey, 2020. <https://www.cdc.gov/nchs/nhis/index.htm>

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