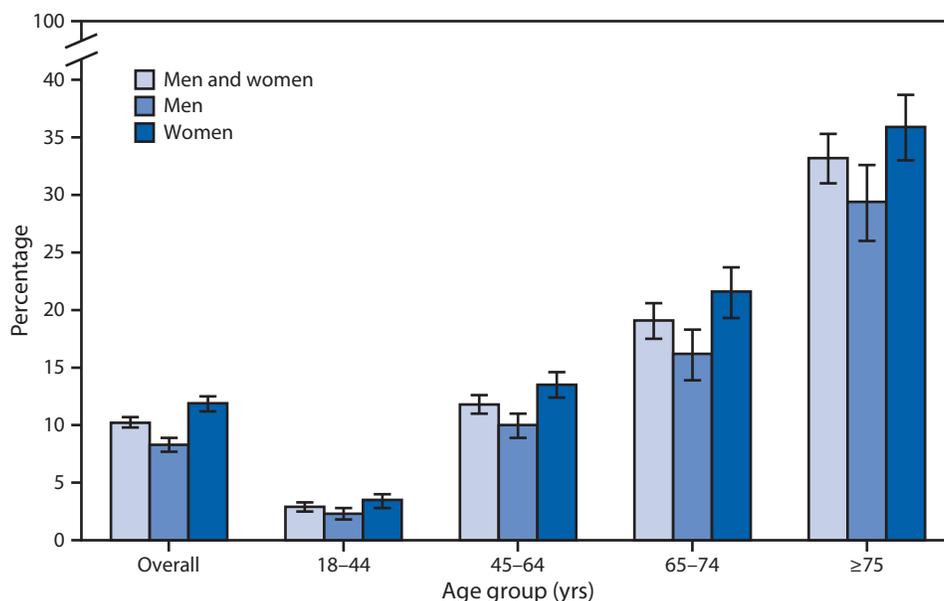


## QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

## Percentage\* of Adults Aged $\geq 18$ Years Who Cannot or Find It Very Difficult to Stand or Be on Their Feet for About 2 Hours Without Using Special Equipment,<sup>†</sup> by Age Group and Sex — National Health Interview Survey,<sup>§</sup> United States, 2015



\* With 95% confidence intervals indicated with error bars.

<sup>†</sup> Based on the survey question that asked "By yourself, and without using any special equipment, how difficult is it for you to stand or be on your feet for about 2 hours?" The response categories consisted of "not at all difficult," "only a little difficult," "somewhat difficult," "very difficult," "can't do at all," or "do not do this activity." The response categories "very difficult" and "can't do at all" are combined for this chart.

<sup>§</sup> Estimates are based on household interviews of a sample of the civilian, noninstitutionalized U.S. population and are derived from the National Health Interview Survey Sample Adult component.

A reported 10.2% of adults aged  $\geq 18$  years cannot, or find it very difficult to, stand or be on their feet for about 2 hours without using special equipment. The percentage of adults who reported this difficulty increased with age: 2.9% of those aged 18–44 years, 11.8% of those aged 45–64 years, 19.1% of those 65–74 years, and 33.2% of those aged  $\geq 75$  years. Overall, women were more likely (11.9%) than men (8.3%) to report this difficulty, and higher percentages were noted for women within each age group.

Source: National Health Interview Survey, 2015 (<http://www.cdc.gov/nchs/nhis.htm>).

Reported by: Maria A. Villarroel, PhD, [MVillarroel@cdc.gov](mailto:MVillarroel@cdc.gov), 301-458-4668; Debra L. Blackwell, PhD.