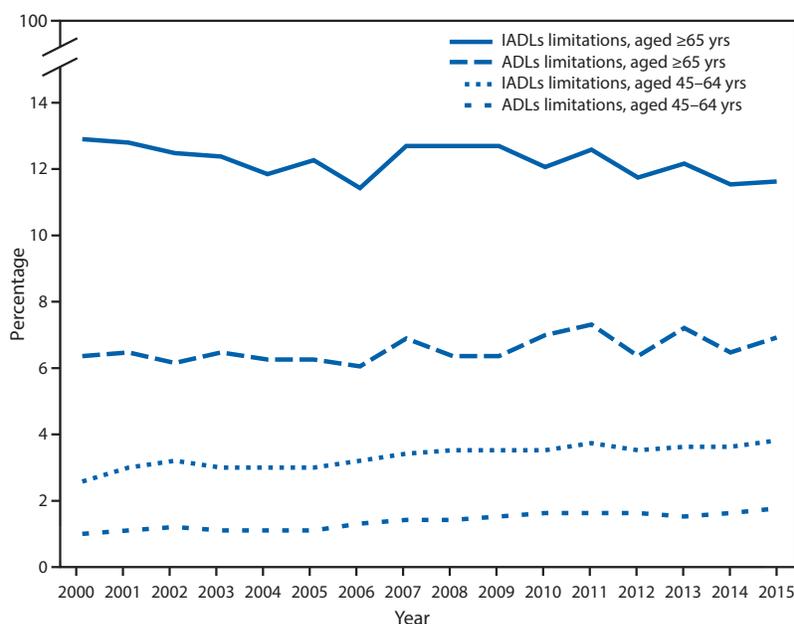


## QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

## Percentage of Adults Aged $\geq 45$ Years with Activity Limitations, by Age Group and Type of Limitation\* — National Health Interview Survey,<sup>†</sup> United States, 2000–2015



**Abbreviations:** ADLs= activities of daily living; IADLs= instrumental activities of daily living.

\* Limitations in ADLs are based on response to the question, "Because of a physical, mental, or emotional problem, does [person] need the help of other persons with personal care needs, such as eating, bathing, dressing, or getting around inside this home?" Limitations in IADLs are based on response to the question, "Because of a physical, mental, or emotional problem, does [person] need the help of other persons in handling routine needs, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?"

<sup>†</sup> Estimates are based on household interviews of a sample of the noninstitutionalized U.S. civilian population and are derived from the National Health Interview Survey Family Core component.

The percentage of adults aged 45–64 years with limitations in activities of daily living (ADLs) increased from 1.3% in 2000 to 2.0% in 2015, and the percentage with limitations in instrumental activities of daily living (IADLs) increased from 2.8% to 4.0%. Among adults aged  $\geq 65$  years, the percentage with limitations in ADLs increased from 6.4% to 6.9%, and the percentage with limitations in IADLs decreased from 12.9% to 11.7%.

**Source:** National Health Interview Survey, 2000–2015. <http://www.cdc.gov/nchs/nhis.htm>.

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