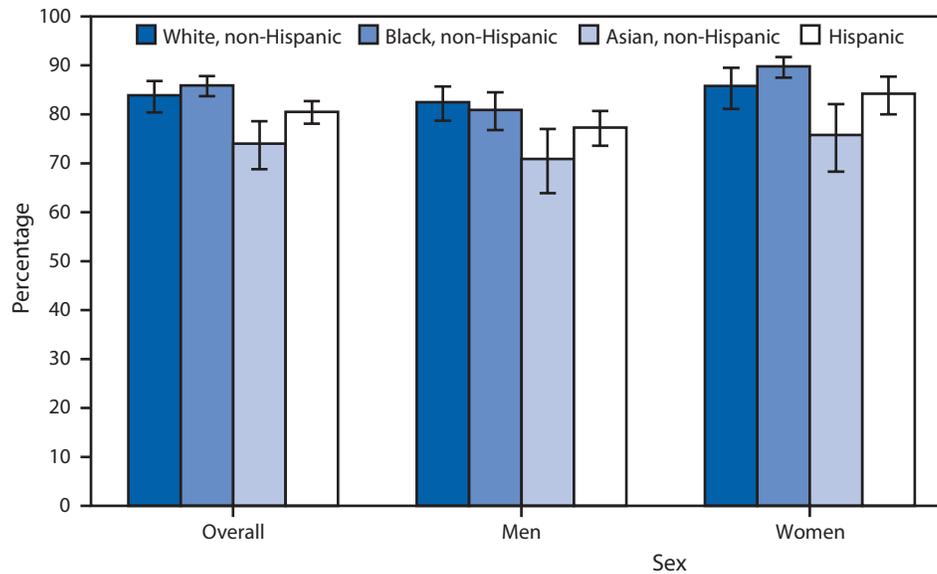


QuickStats

FROM THE NATIONAL CENTER FOR HEALTH STATISTICS

Age-Adjusted Prevalence^{*,†} of Adults Aged ≥ 18 Years with Hypertension[§] Who Are Aware They Have Hypertension,[¶] by Sex and Race/Ethnicity — National Health and Nutrition Examination Survey, United States, 2011–2014



* With 95% confidence intervals indicated by error bars.

† Age-adjusted, using the subpopulation of persons aged ≥ 18 years with hypertension during 2007–2008.

§ Respondents were defined as having hypertension if their systolic blood pressure was ≥ 140 mm Hg or their diastolic blood pressure was ≥ 90 mm Hg, or they were currently taking medication to lower high blood pressure.

¶ Respondents with hypertension who answered “yes” to the question, “Have you ever been told by a doctor or health professional that you had hypertension, also called high blood pressure?”

For the period 2011–2014, 83.3% of adults aged ≥ 18 years with hypertension were aware of their hypertension status. Overall, a smaller percentage of non-Hispanic Asian adults (74.0%) with hypertension were aware of their status compared with non-Hispanic white (83.9%), non-Hispanic black (85.9%), and Hispanic adults (80.5%) with hypertension. This pattern generally was found for both men and women, with the exception of non-Hispanic Asian men and Hispanic men, where the difference was not significant. A larger percentage of non-Hispanic black and Hispanic women were aware of their hypertension condition compared with non-Hispanic black and Hispanic men, respectively.

Source: Nwankwo T, Yoon SS, Burt V, Gu Q. Hypertension among adults in the United States: National Health and Nutrition Examination Survey, 2011–2012. NCHS data brief no. 133; 2013. <http://www.cdc.gov/nchs/data/databriefs/db133.htm>.

CDC. National Health and Nutrition Examination Survey data. Hyattsville, MD: US Department of Health and Human Services, CDC, National Center for Health Statistics; 2013–2014. <http://www.cdc.gov/nchs/nhanes.htm>.

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