

Copy a Figure or Map

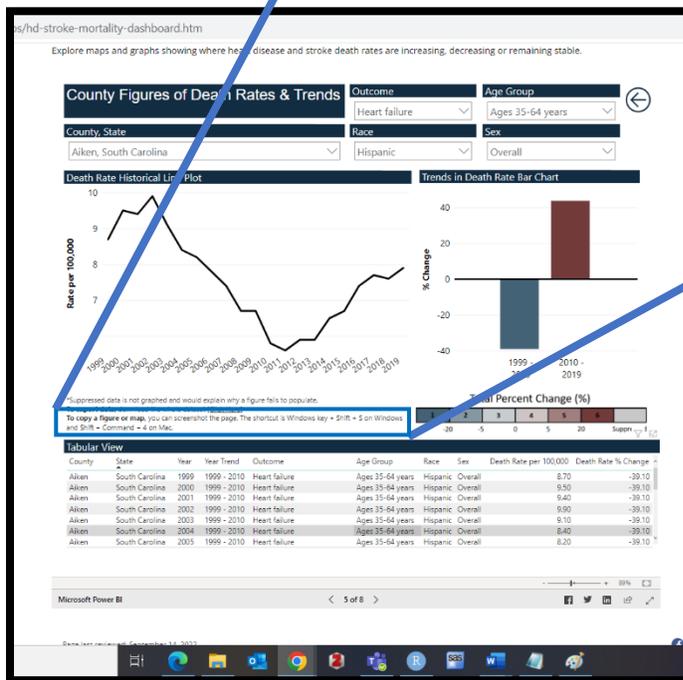
Step 1: Open the Local Trends in Heart Disease and Stroke Mortality Dashboard

<https://www.cdc.gov/dhdsp/maps/hd-stroke-mortality-dashboard.htm>

Step 2: Repeat steps on how to make a map/figure based on previous instructions for *Maps of Trends in Heart Disease or Stroke Mortality in Your State or County-Specific Figures of Trends in CVD*

Death Rates **BUT** do not work on full screen; do not click on the  box at the bottom right of the home page for the Dashboard.

To copy a figure or map, you can screenshot the page. The shortcut is Windows key + Shift + S on Windows and Shift + Command + 4 on Mac.



Step 3:

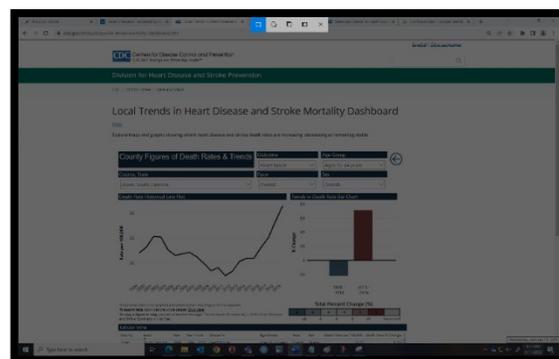
Under the figure there is a set of instructions for how **To copy a figure or map**.

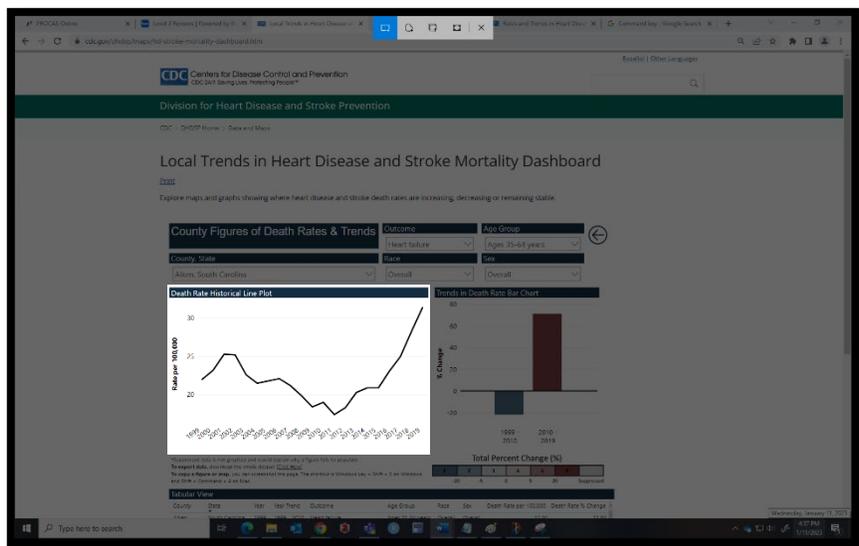
Follow these instructions based on your device and type the following.

Windows:  + Shift + S

Mac: Shift +  + 4

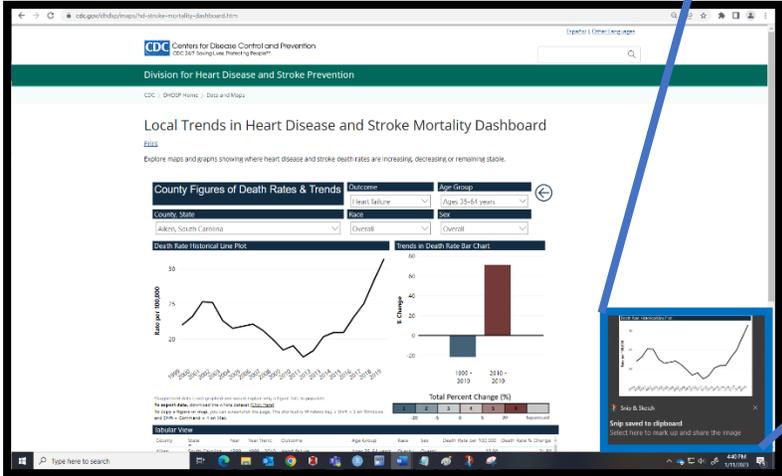
For this instruction we will be following the Windows steps. Once you type it, your screen should appear like the image below.

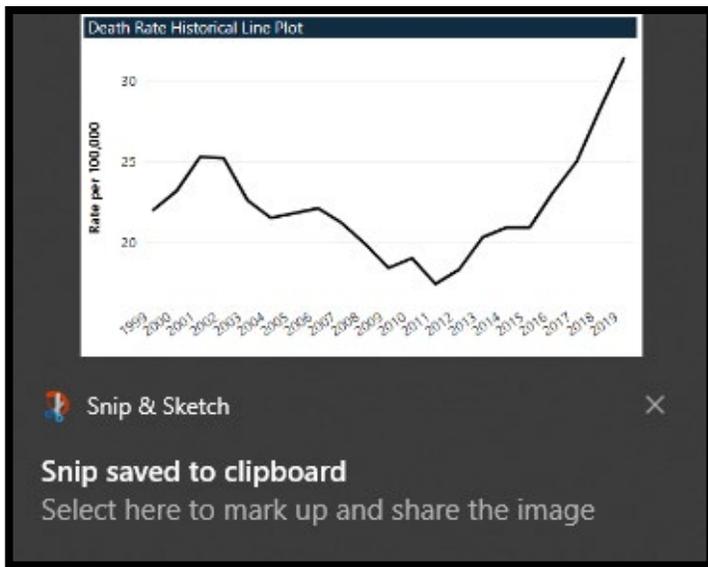




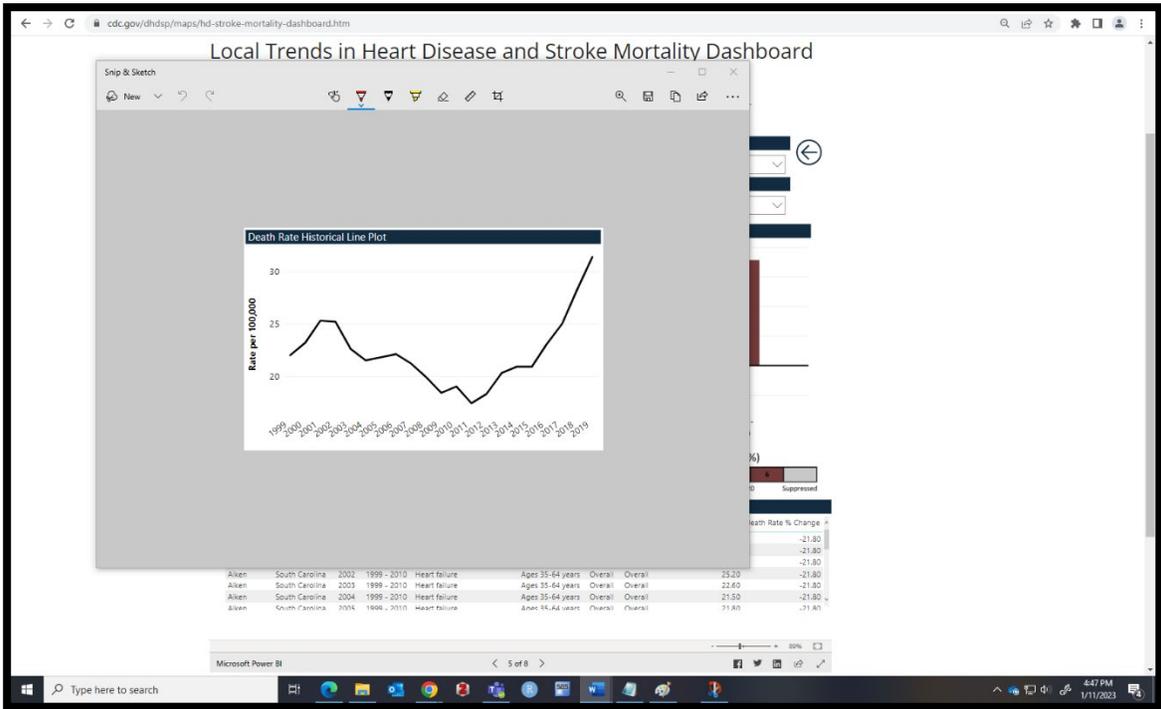
Step 4: Select and drag to capture the figure/map that you would like to copy.

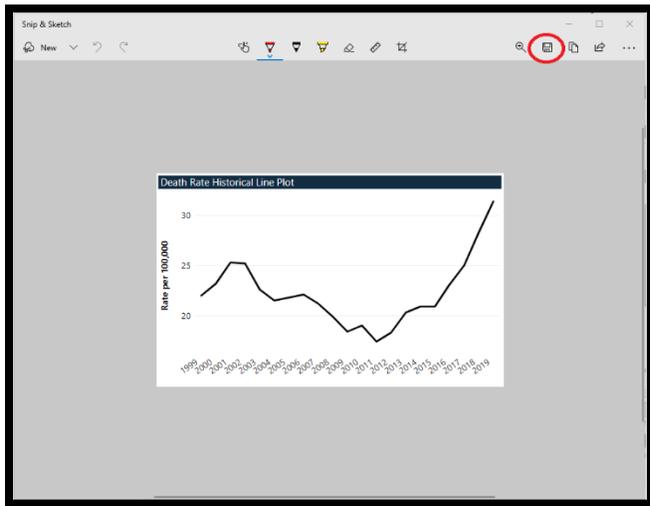
Once you have selected the figure/map, you will receive a notification that looks like this.

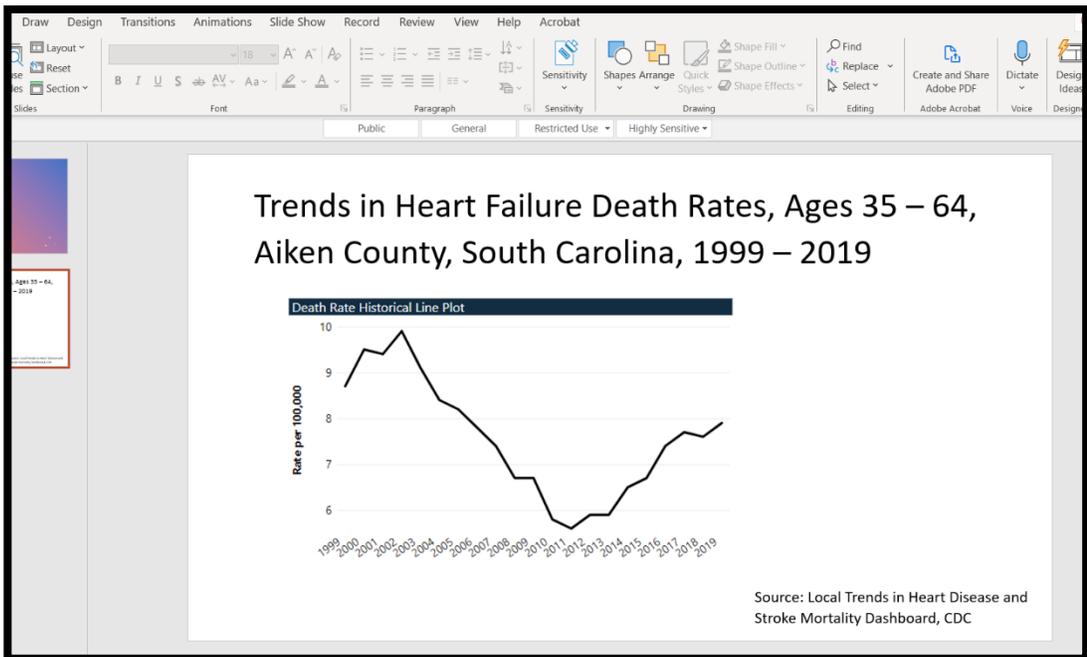


Step 5: Click the figure/map notification and a window will appear that allows you to edit and save the image.





Step 6: Click  to save your image to your desired file location.



Step 7: Insert the image into your document and add a title.