

# En mi pwopwo iei ika non ewe ier a no?

Mutir kuta aninisin sefei ika mi toruk ekei essisinen semwen:



Metekin non mokur  
ese wesino mi chok  
nanapono



Mwanien ika  
masoroch



Mi kasiwin  
nenenon non  
mesomw



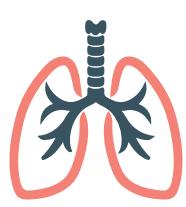
Pwichikaren semwen  
mi tori 100.4°F ika fen  
watte seni



Kitipwopwo won  
poumw ika won  
mesomw



Ekiekingawen pusing  
atawok ika ewe  
mwonukon



Weires omw  
ngasangas



Metekin nukomw  
ika pichipichin  
ngasangasomw  
mei mutiruno



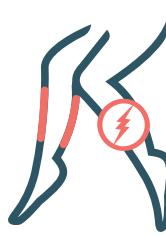
Watten eningaw  
me mus



Watten metekin  
upomw ese tongeni  
epwe wesino



Mwokutukutun ewe  
monukon mi kauno  
ika kisitiw nupwen  
omw pwopwo



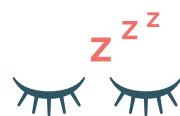
Watten kitipwopwo,  
onuwen par ika metek  
won pechomw ika  
poumw



Mi cha ika sopwuno  
seni fan mesomw  
nupwen omw pwopwo



Watte cha ika  
sopwunon fan mesomw  
wesinon omw pwopwo



Watten monunu

Ekei ekoch essinen watten osukosuken non inisumw. Ika kese tawe omw kopwe chuuri noumw daktor, feino non roomwen emerchensi. Kopwe esinei ngenir pwun en mi pwopwo ika en mi pwopwo non ewe ier a no.



Kaieo sopwosopwen porous  
won [cdc.gov/HearHer](https://cdc.gov/HearHer)



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