

## Ideas for Parents: Managing Chronic Conditions in Schools

### Audio Descriptive Text

Title: Chapter 2. Engaging Parents to Support Healthy School Environments; Ideas for Parents: Managing Chronic Conditions in Schools. Graphic of School Health Services wheel, with slices for Acute & Emergency Care; Care Coordination; Family Engagement; and Chronic Disease Management. Image of Active Child icon.

### Video Summary

- Parents can play an integral role in managing chronic health conditions by becoming involved in the school's efforts to promote disease prevention and wellness.
- Parents can advocate for a school nurse and for school health services that can assist all students with health concerns.
- By working with the school nurse and appropriate school officials, families can help with the development of individualized health care plans, assist with goal setting, and provide necessary medications.

### Audio Script

Parents should be aware of the available school health services and how such services can benefit their children. Parents can play an integral role in managing chronic health conditions by becoming involved in the school's efforts to promote disease prevention and wellness. They can do this by ensuring appropriate vaccination status and encouraging proper nutrition and physical activity for their children.

Parents can advocate for a school nurse and for school health services that can assist all students with health concerns, including first aid and emergency care. Parents should give permission to the school nurse to communicate with the family's health care provider and update any changes, as needed.

It is important for parents and families to be engaged, especially if the student has a chronic health condition. By working together with the school nurse and other appropriate school officials, the family can help with the development of an individualized health care plan, assist with setting goals, and provide necessary medications.