

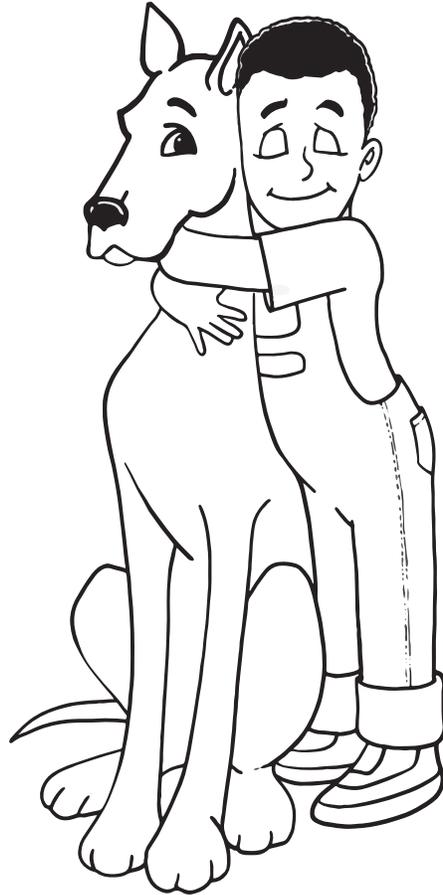
STAY HEALTHY AROUND ANIMALS!



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention



STAY HEALTHY AROUND ANIMALS!



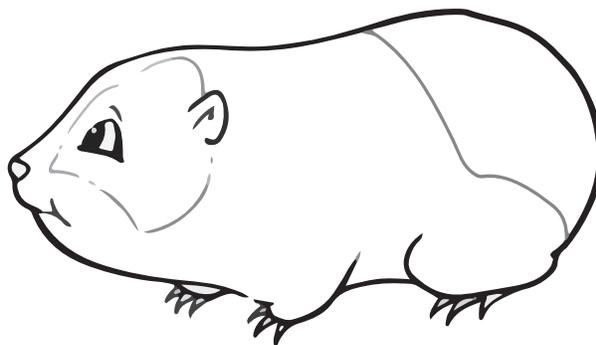
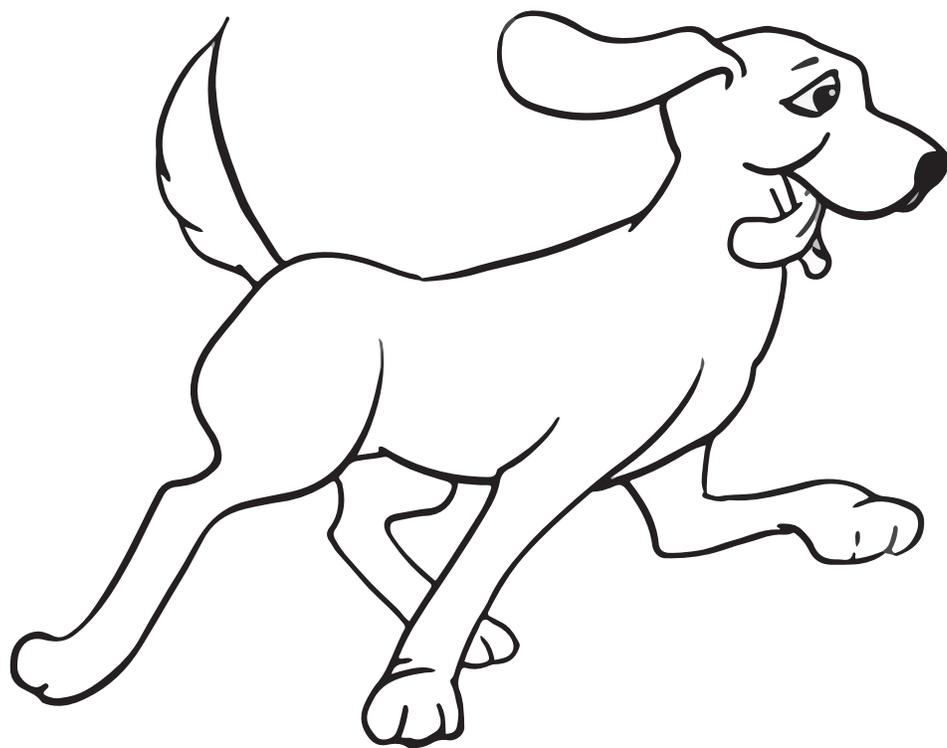
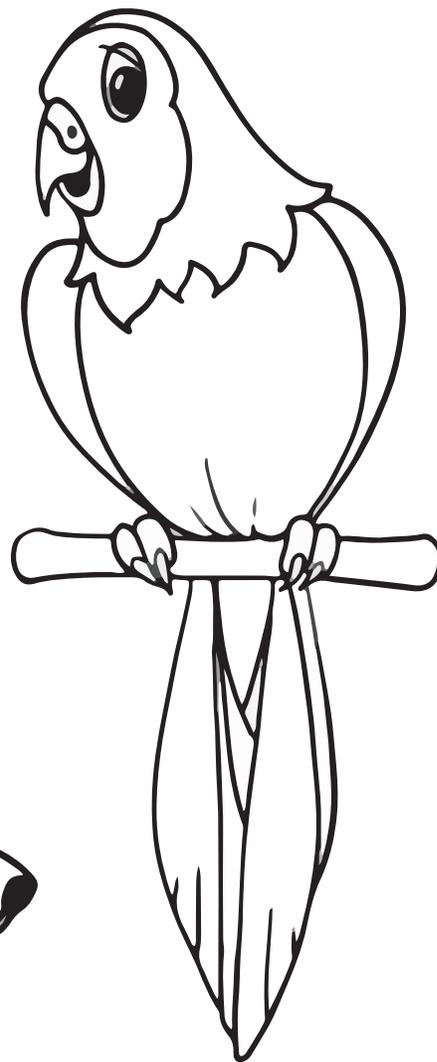
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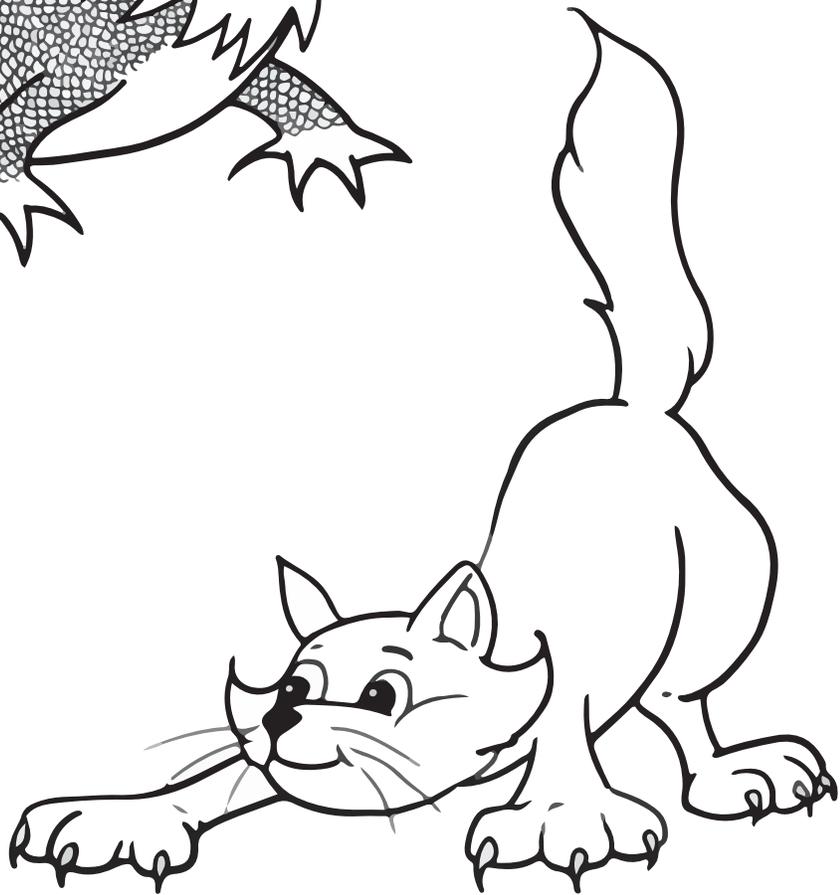
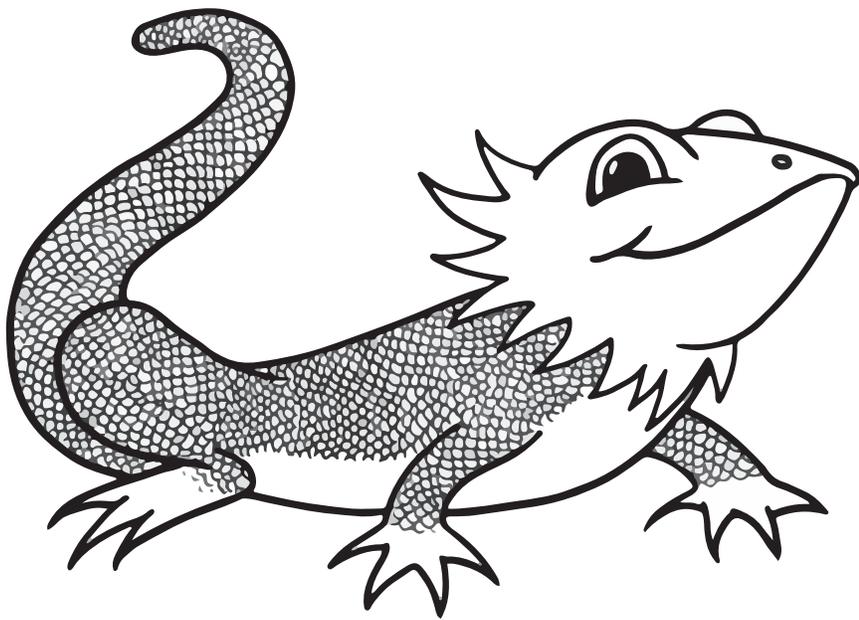
Note to Parents, Guardians, and Educators

The Centers for Disease Control and Prevention has created this coloring book to offer parents, guardians, and educators an interactive way to talk to kids about staying healthy around animals, including pets and wildlife. It's important for children to know that animals can sometimes spread harmful germs that can make people sick, but there are ways to stay healthy while enjoying animals. We hope you will encourage this book's use in your schools, communities, and at home to help children learn the importance of practicing healthy habits around animals.

PETS CAN BE FUN!

**Animals can be cute
and fun to play with.**





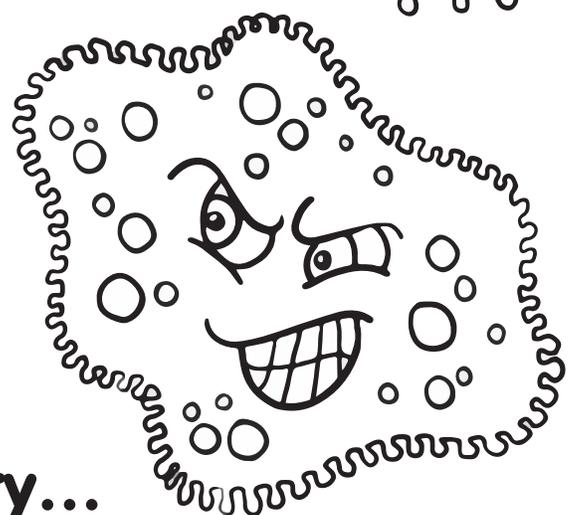
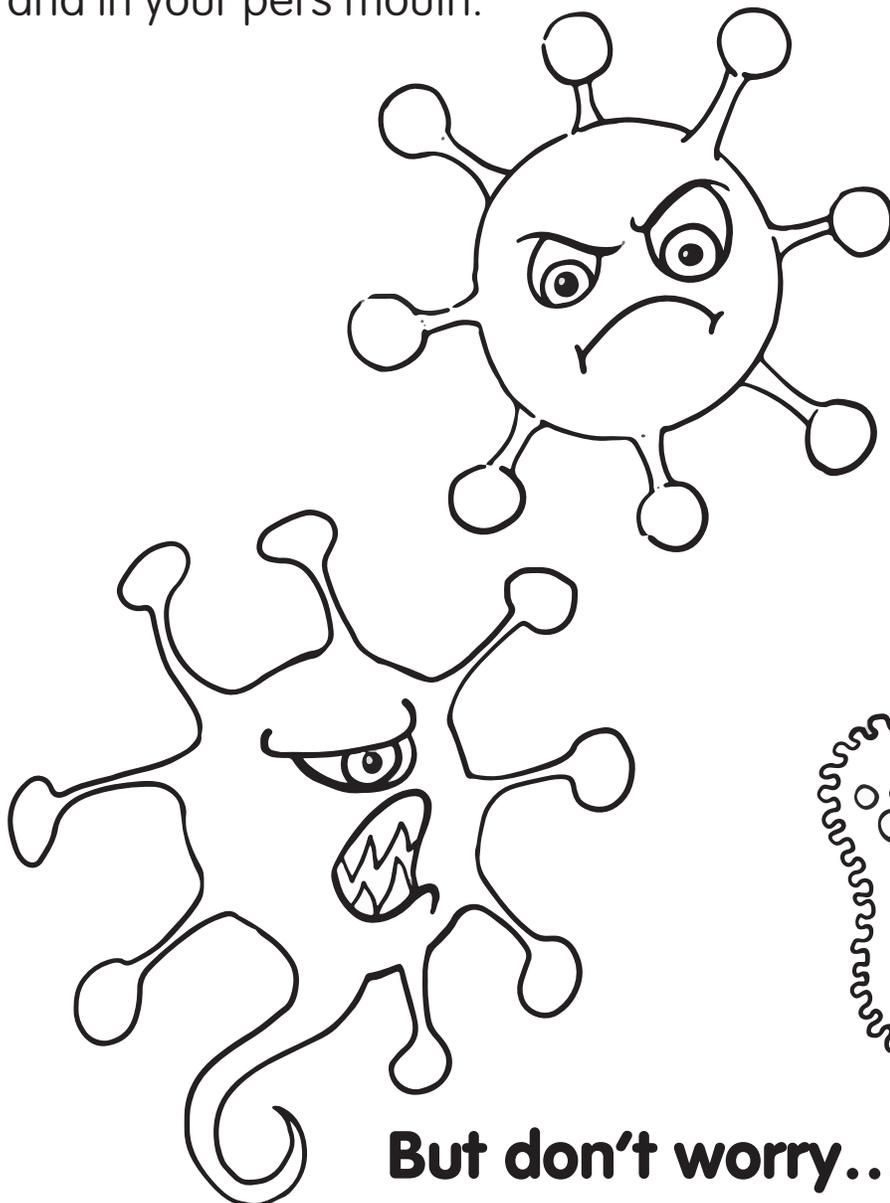
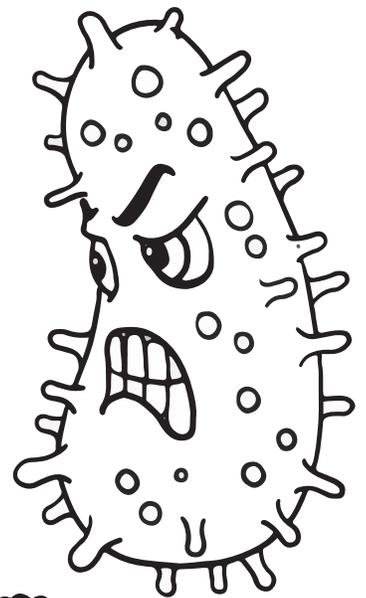
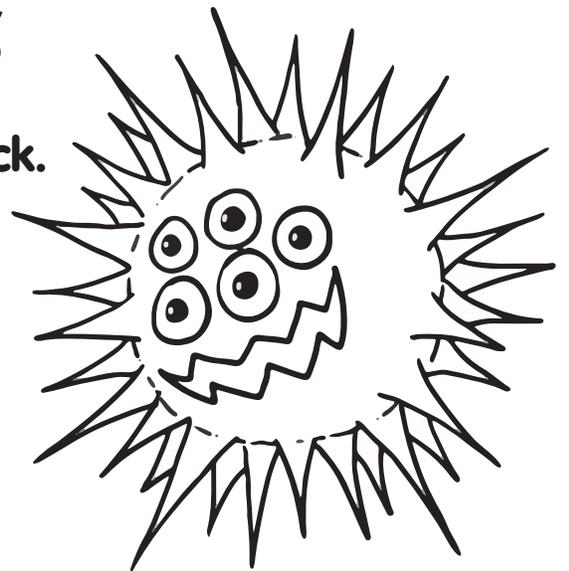
Do you have a pet?

BUT ANIMALS CAN SOMETIMES SPREAD SCARY GERMS

Animals can carry germs that make you sick.

Animals can spread germs even if they look clean and healthy.

These germs can live on your pet's fur, scales, or feathers, in your pet's poop, and in your pet's mouth.

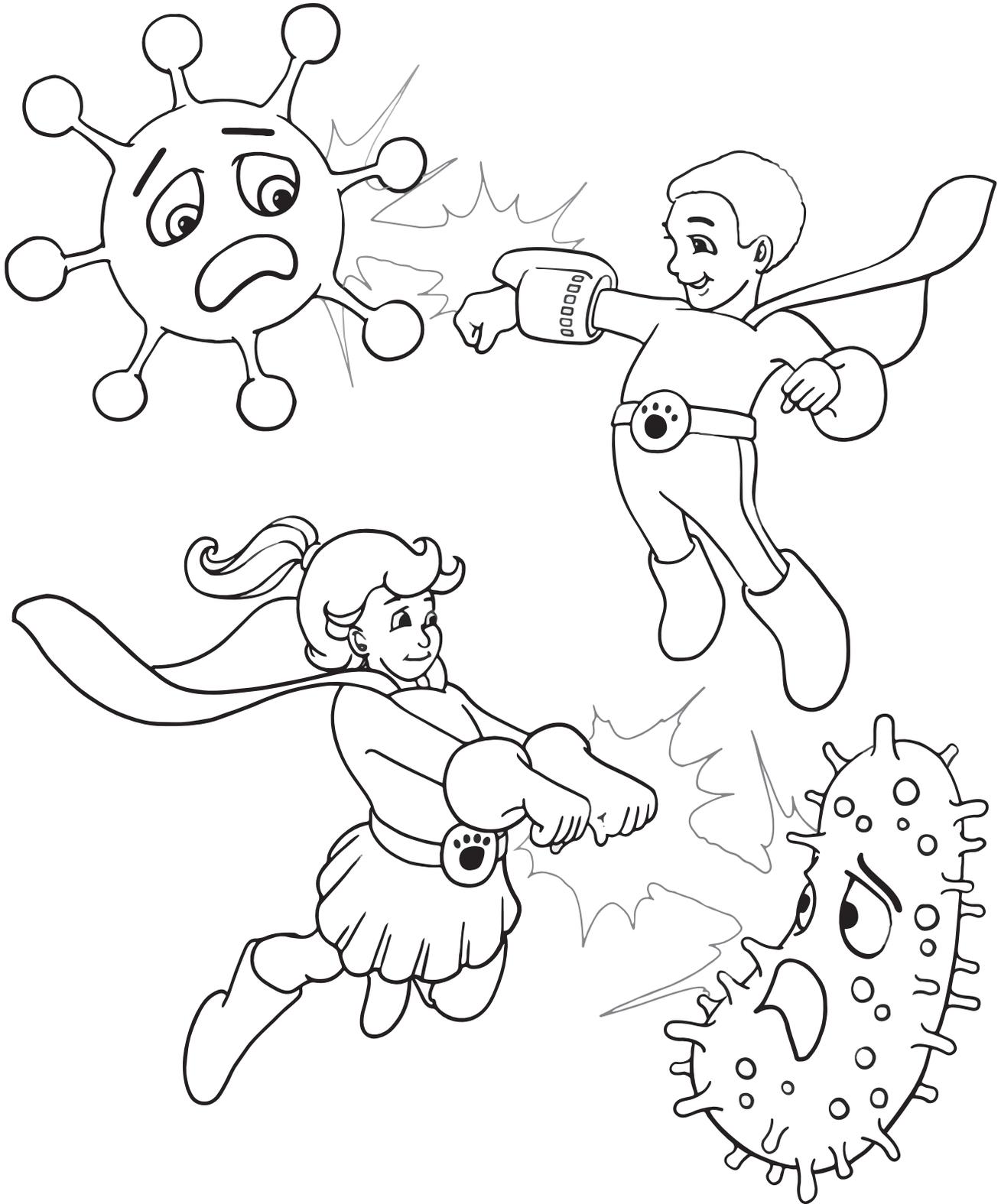


But don't worry...

Because you can fight off these germs!

You can fight these germs!

Be a hero and protect yourself from germs.



Turn the page to learn how.



Wash your hands!

Here's when you should wash your hands:

- After going potty.
- Before eating.
- After blowing your nose, coughing, or sneezing.

You should also wash your hands after:



Playing with your pet.



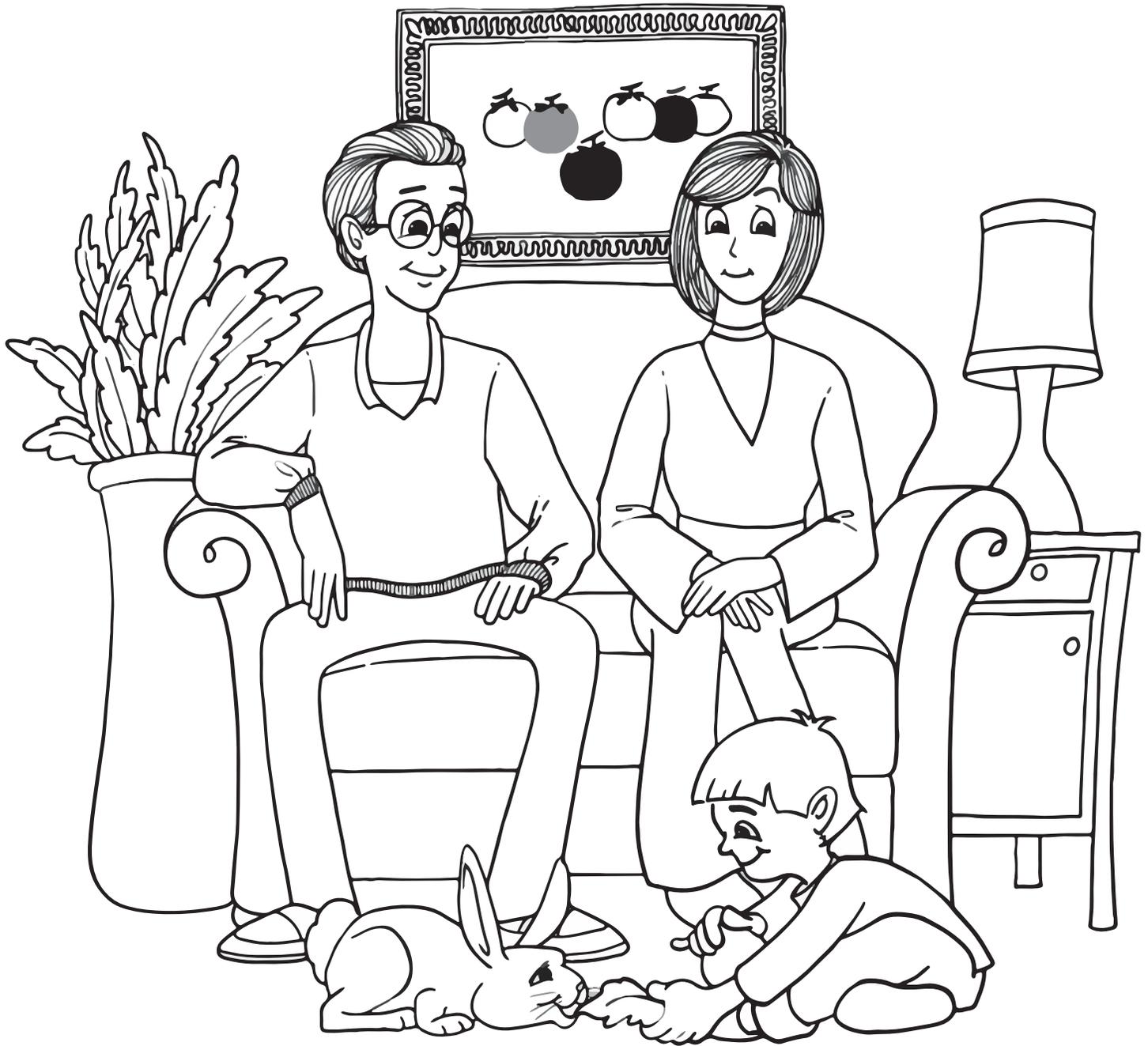
Feeding your pet.



Cleaning up after your pet.



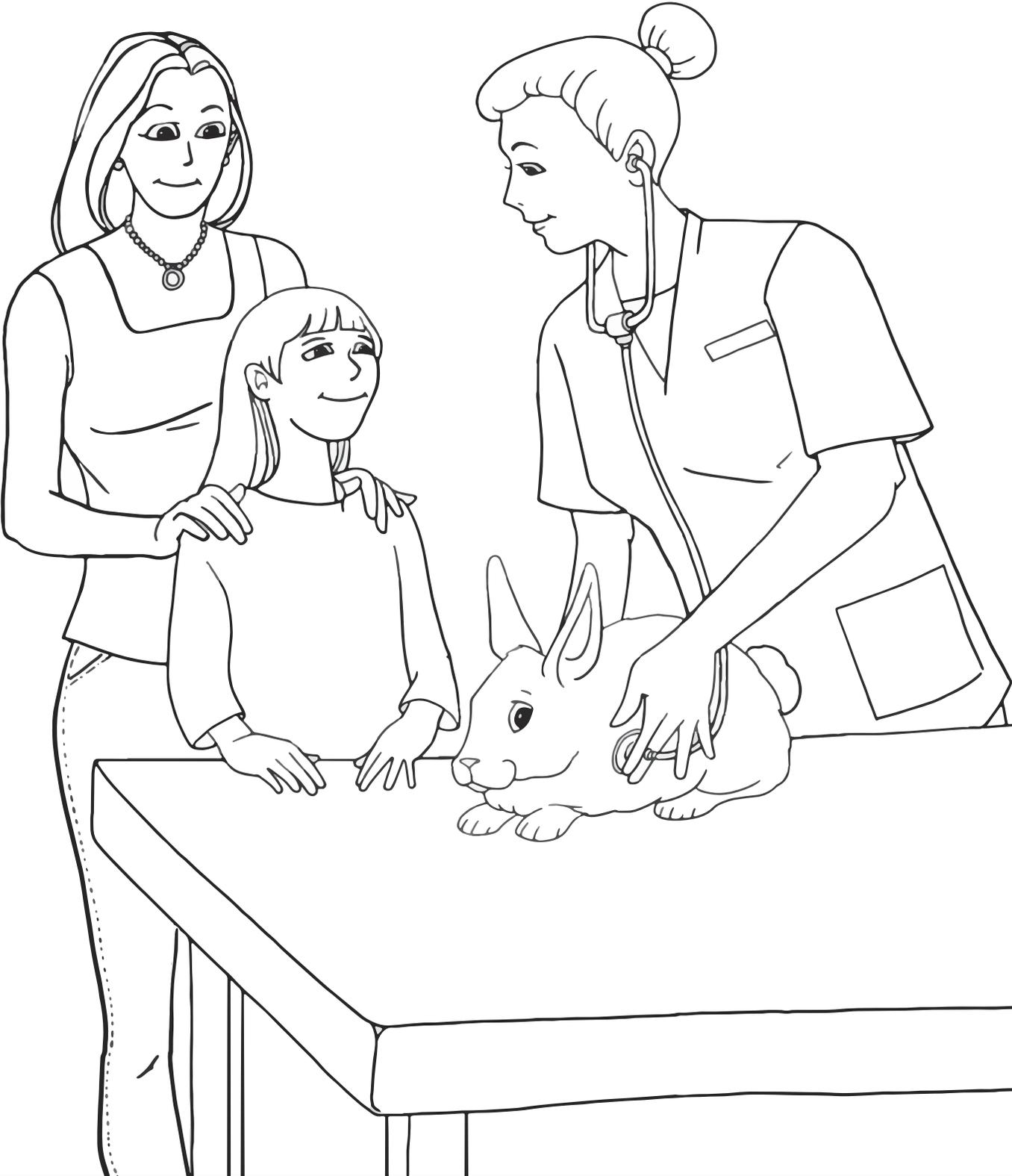
Touching your pet's supplies, like their cage, toys, or food.

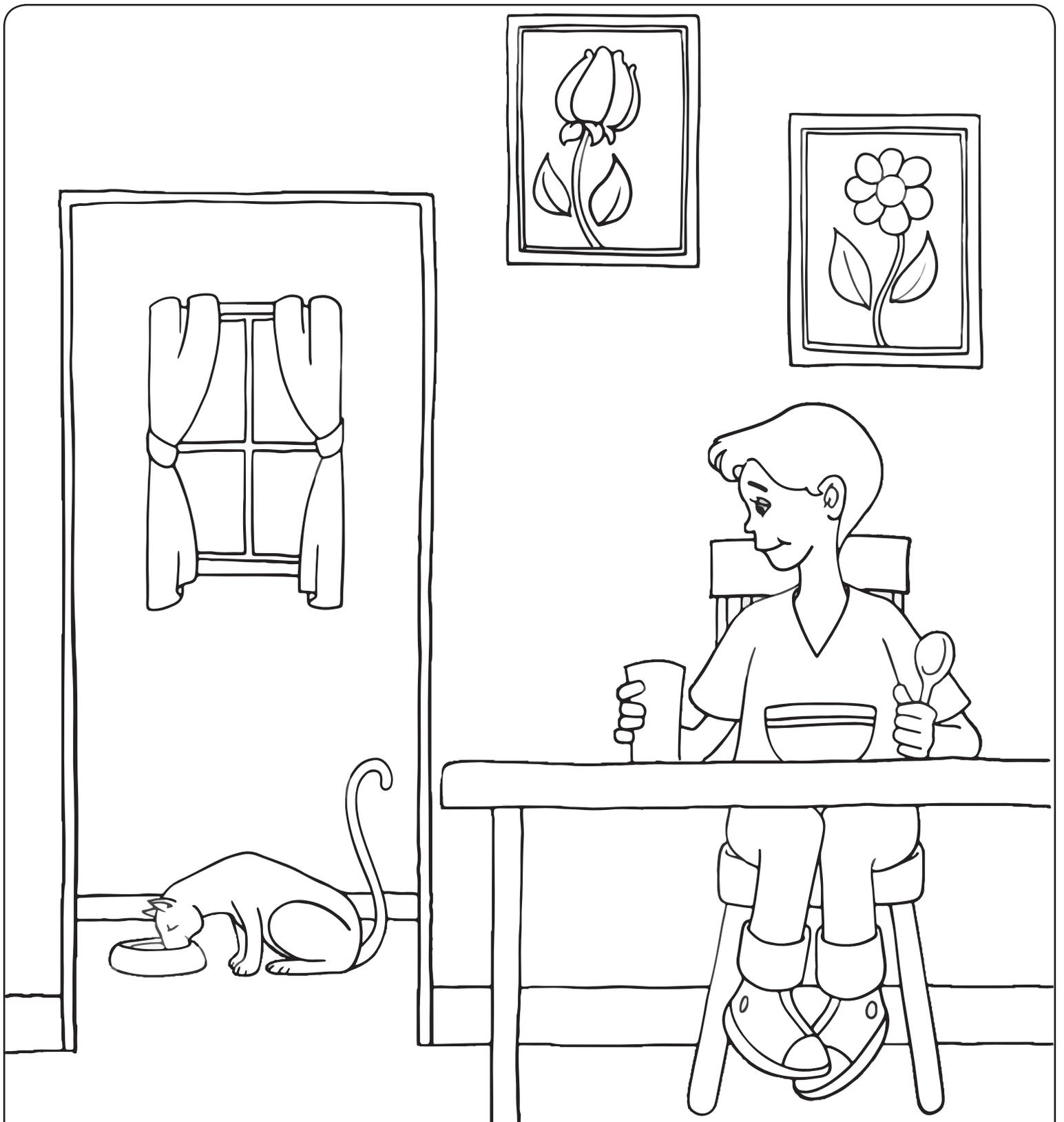


Help take care of your pet!

- Make sure your pet gets plenty of exercise.
- Give your pet lots of love and attention, but don't kiss them or let them lick your face!
- Be gentle with pets so you don't scare or hurt them.
- Ask a grown-up for help taking care of your pet.
- Tell a grown up if you get scratched or bitten by a pet.

Pets should go to the veterinarian, or animal doctor, every year for check ups.

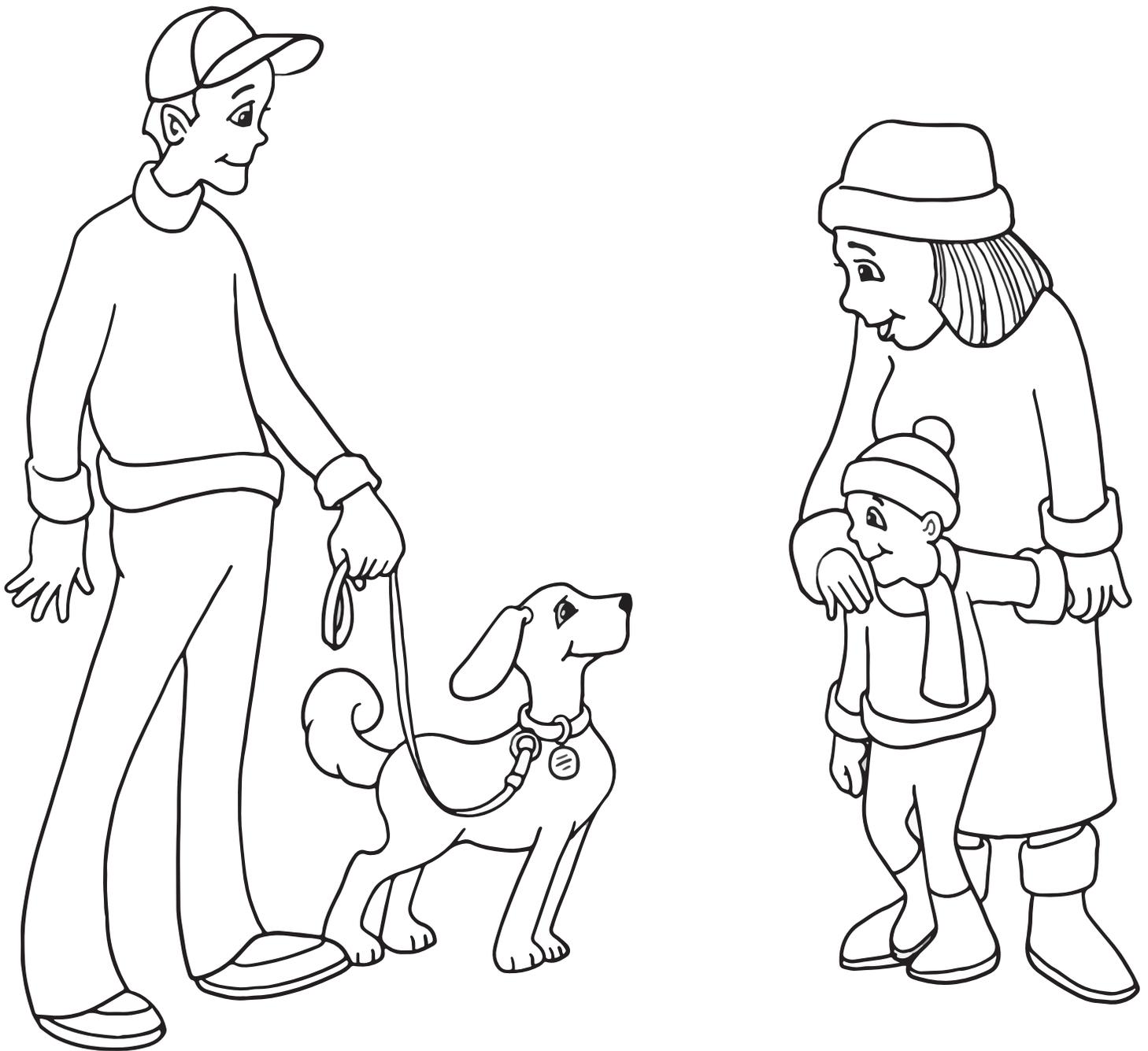




Don't eat around animals.

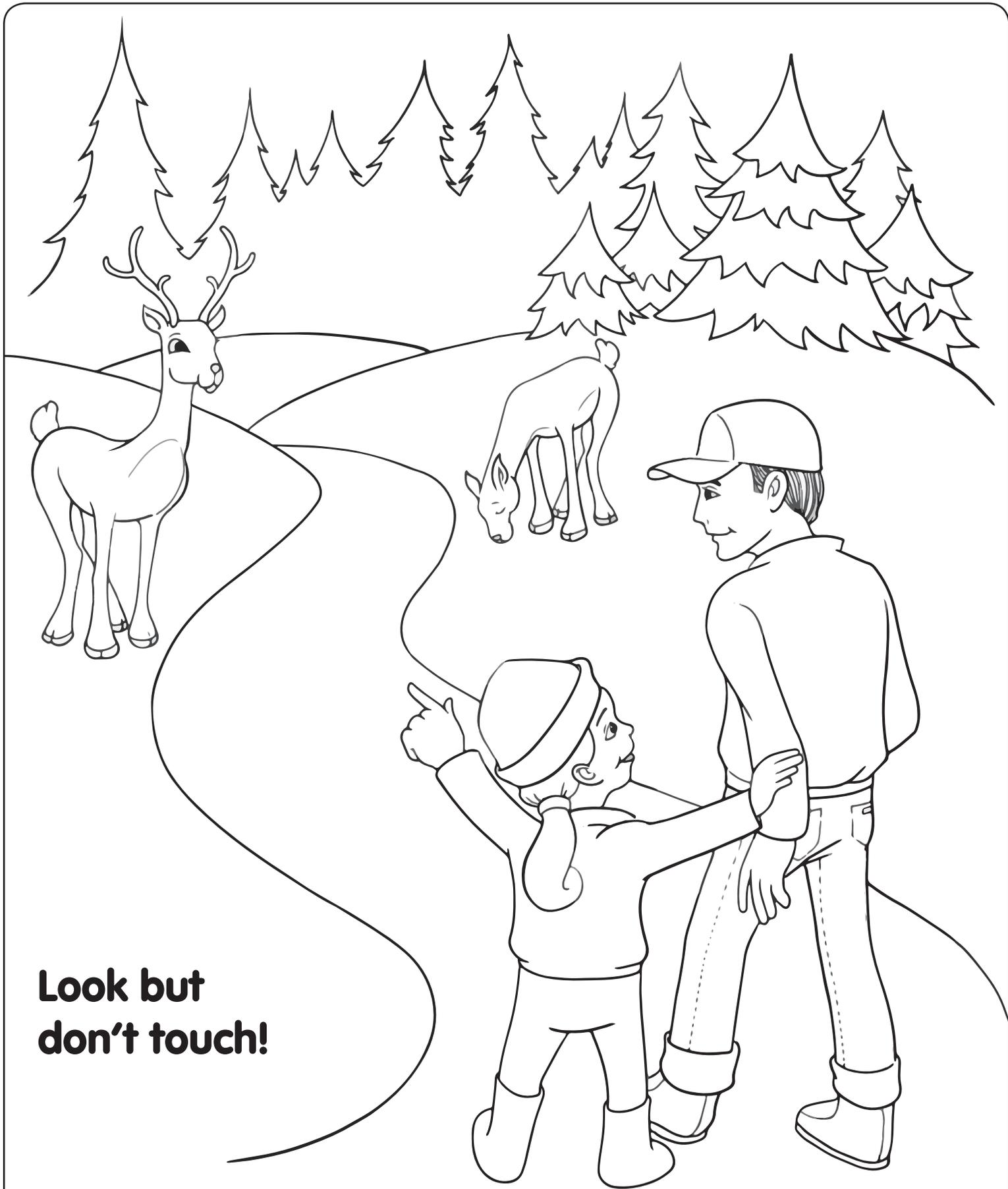
- Eat and drink away from animals.
- Keep pets out of places where food is being made or eaten.
- Don't feed people food to your pet – this could make them sick!

**Ask a grown-up before touching
a strange animal.**



Always ask a grown-up before touching an animal you don't know, even if it looks friendly.

Not all animals want to be touched or petted!



**Look but
don't touch!**

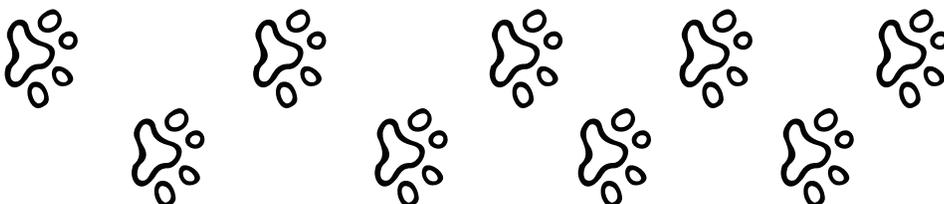
Wild animals can be fun to watch, but you should **never try to touch one.**

GREAT JOB!

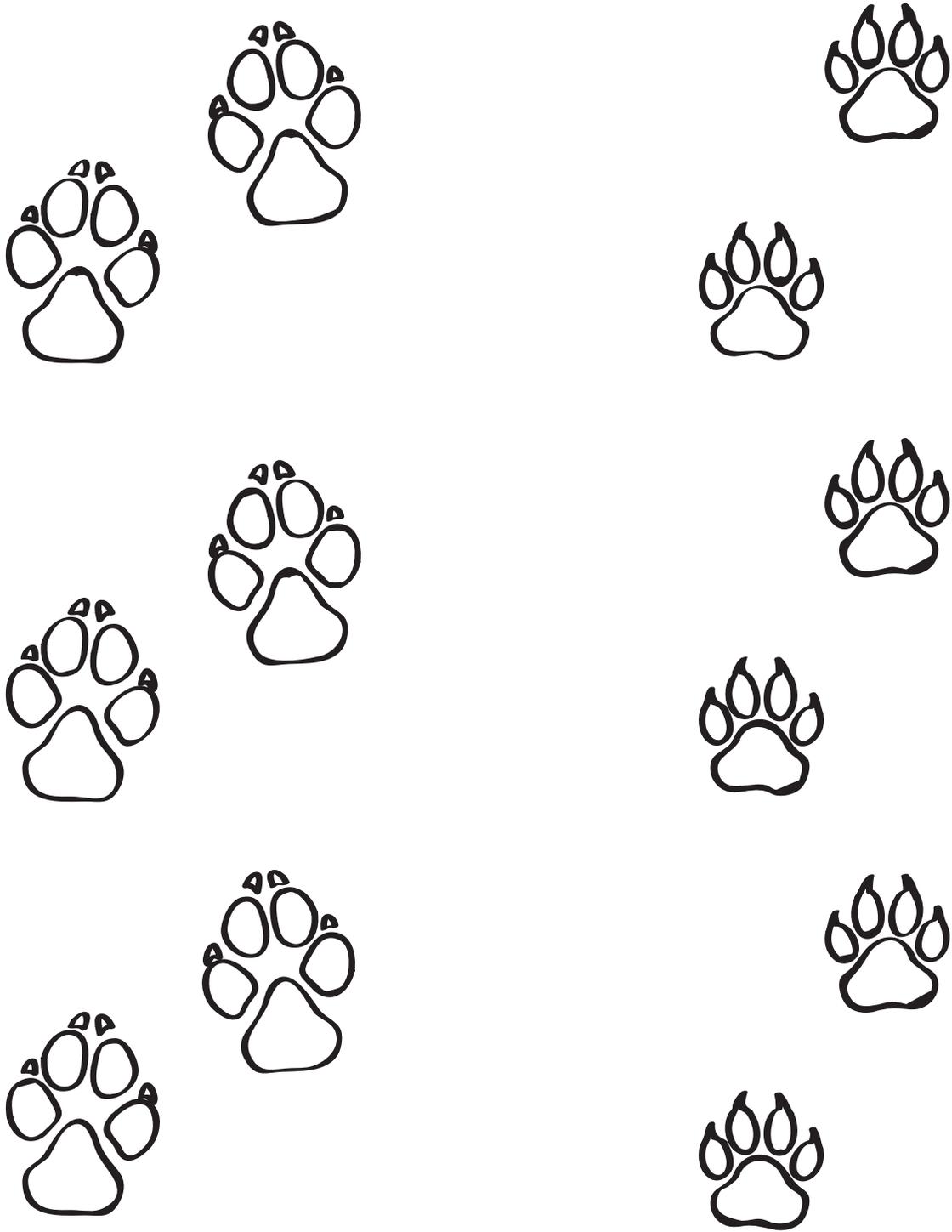


Animals can be fun but sometimes they can spread germs that can make you sick!

- Always wash your hands after playing with animals.
- Don't eat or drink around animals.
- Look, but don't touch strange animals and animals you see outside.
- Help your parents take care of your pet!



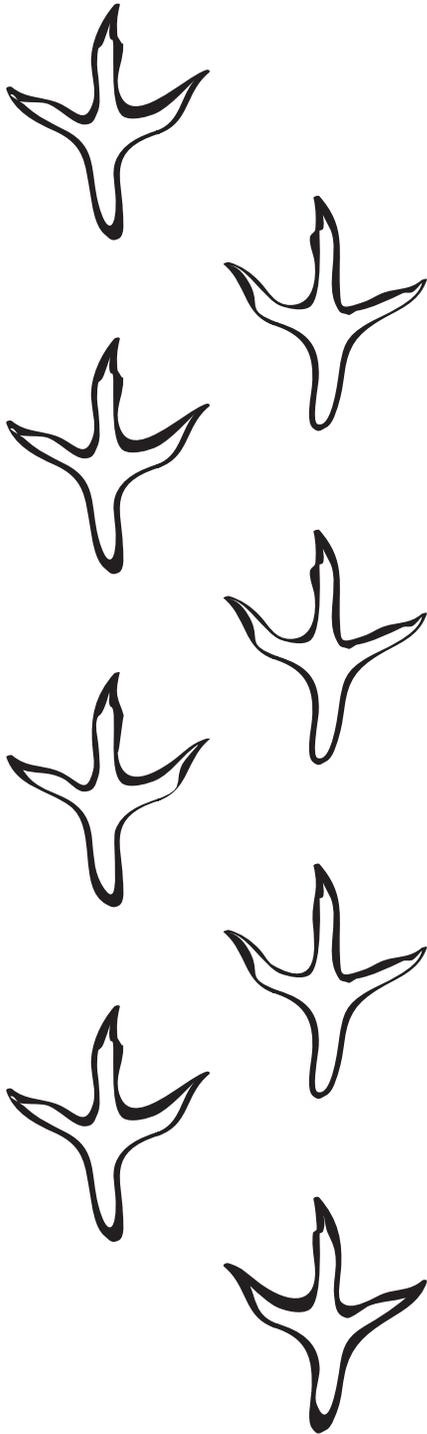
STAY HEALTHY AND SAFE AROUND ANIMALS,



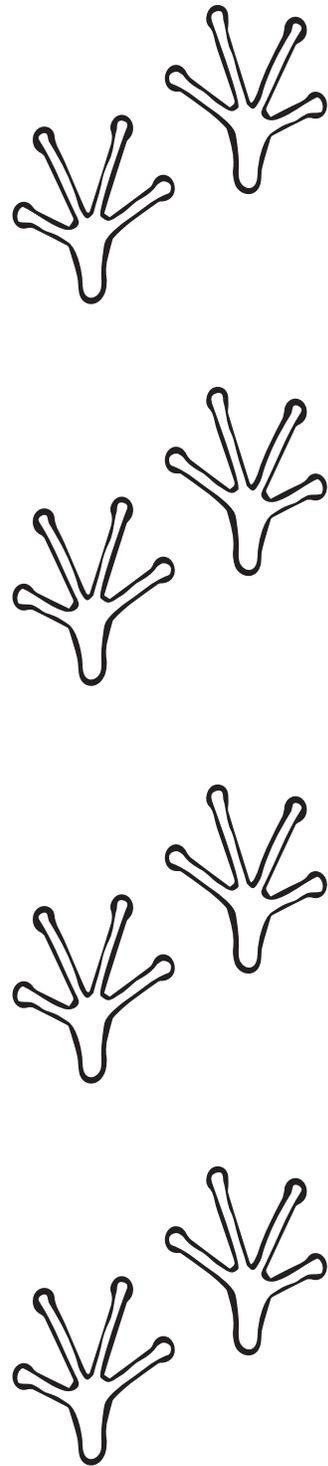
dog

cat

NO MATTER WHAT
TYPE THEY ARE!



bird



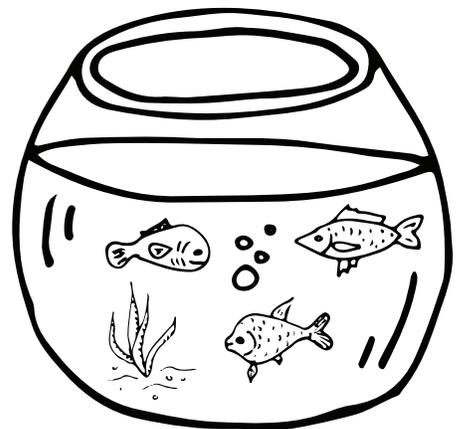
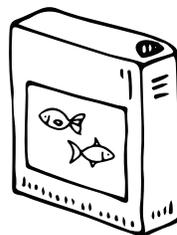
frog

HERE ARE A FEW
THINGS I CAN DO
TO STAY HEALTHY
AROUND ANIMALS:

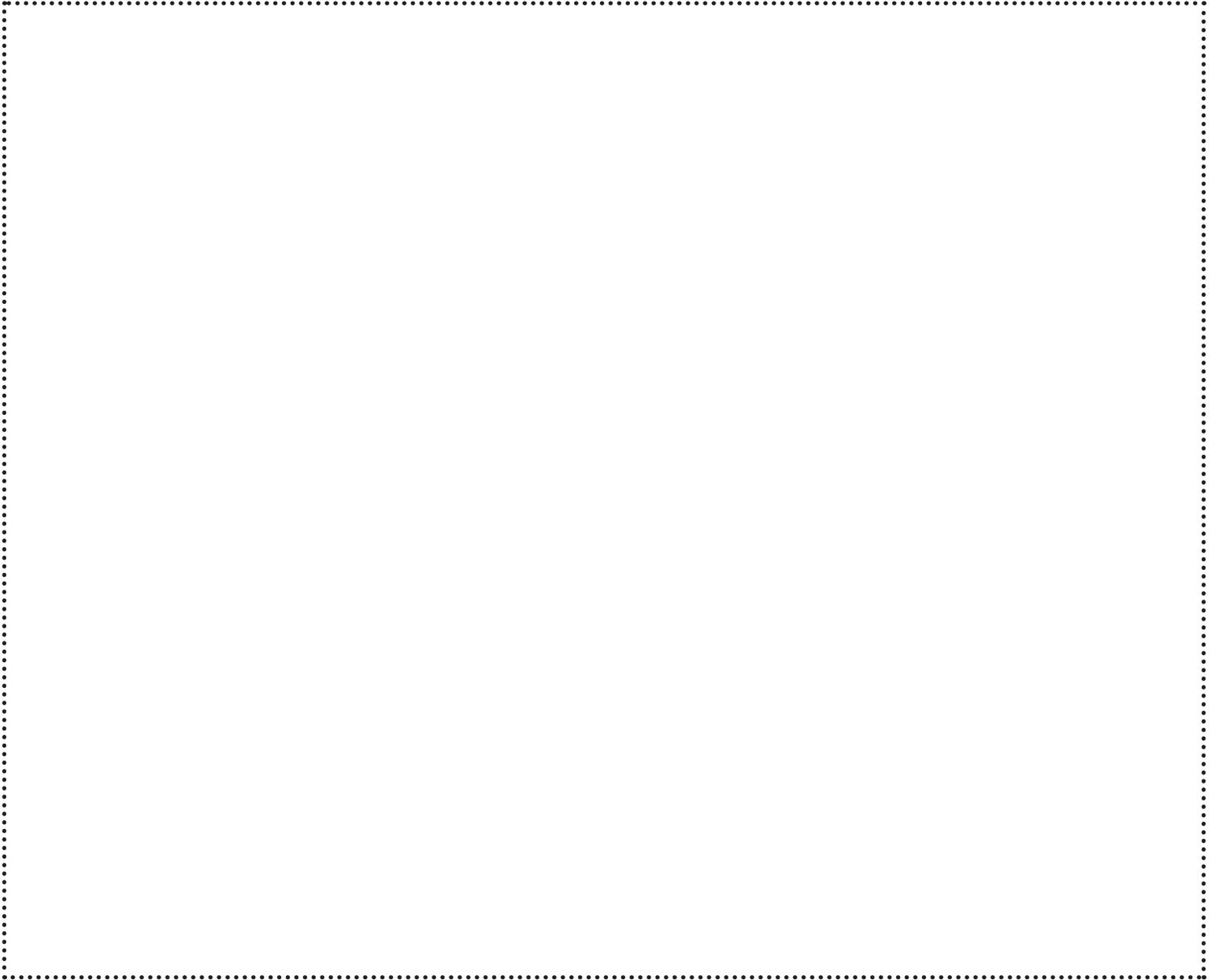
1 _____

2 _____

3 _____



DRAW A PICTURE OF YOUR FAVORITE ANIMAL!





www.cdc.gov/healthypets



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