

You can't always see harmful cyanobacteria (blue-green algae).

Stay healthy by taking these steps every time you visit lakes, rivers, and streams.

✓ DO

- Follow guidance on posted signs.
- Rinse yourself and your pets with tap water right after going in the water.
- Bring plenty of water for pets to drink.

✗ DON'T

- Don't get lake, river, or stream water in your mouth.
- Don't let kids touch or eat mats of algae.
- Don't let pets drink lake, river, or stream water.
- Don't let pets eat algae or lick it off their fur.



www.cdc.gov/habs/