# CDC Actions to Prevent the Spread of Antifungal Resistance

Drug-resistant fungi can quickly spread through our communities, healthcare facilities, the environment (e.g., soil, water), and around the world. Antifungal-resistant infections have increased in recent years. Few drugs are available to treat fungal infections. CDC works to fight antifungal resistance using a One Health approach, which recognizes that the health of people is closely tied to the health of animals and our shared environment.

## CDC ACTS IN FIVE STRATEGIC AREAS



## **Emerging Resistance**

Each year among hospitalized patients in the United States, antifungal-resistant *Candida auris (C. auris)* causes about **400** infections and all other types of antifungal-resistant *Candida* cause about **35.000** infections.

## **Prevention**

Build capacity to prevent and contain antifungal-resistant infections and healthcare-associated infections (HAIs). Promote responsible use of antifungals through outreach to consumers, industry, and healthcare providers.

## **One Health Surveillance**

Work with federal and state agencies to expand capabilities for testing and tracking antifungal resistance and identify trends and patterns in hospital and agricultural settings.

## **Advanced Diagnostics and Laboratory Capacity Building**

Develop and validate new laboratory tests and clinical diagnostics to detect antifungal-resistant infections and improve surveillance, infection control, and treatment decisions.

### Research

Improve understanding of the many factors that contribute to the emergence, spread, and continuous presence of antifungal-resistant infections.

## International Collaboration

Work with international partners to detect, prevent, and control antifungal-resistant fungi throughout the world.





# Moving Forward to Combat Antifungal Resistance

As part of the 2020 U.S. National Action Plan, CDC and partner agencies are taking action to address antifungal resistance. The activities below are a snapshot of the antifungal resistance activities, including prevention, One Health surveillance, diagnostics and lab capacity building, research, and international collaboration.

## **Prevention**



- Support state and local health departments to help healthcare facilities contain the spread of *C. auris* through screening and infection control.
- Incorporate antifungal stewardship into existing CDC and state antibiotic stewardship programs.



## **One Health Surveillance**

• Work with internal and external partners to conduct environmental surveillance for antifungal-resistant *Aspergillus fumigatus (A. fumigatus)* in diverse crops and settings across the United States.

## **Advanced Diagnostics**

- Develop antifungal susceptibility testing assays for new antifungal drugs.
- Validate advanced diagnostic tests to detect antifungal-resistant yeast and molds.
- Work with the Clinical and Laboratory Standards Institute to develop quality control standards for new antifungals.

## Research



- Expand databases of whole-genome sequencing data on *C. auris*,
  A. fumigatus, and other resistant fungi.
- Examine the impact of antibiotics and antifungal drugs on the fungal microbiome and relationships to bacteria and other microbes.
- Study the effectiveness of different disinfectants against *C. auris*.



## **International Collaboration**

- Strengthen international surveillance and containment of *C. auris* and other types of antifungal-resistant *Candida*.
- Provide technical assistance and training to foreign ministries of health to expand local capacity to detect and identify antifungal-resistant *Candida*.



