

Screening Tool for Identifying Women with Menorrhagia for Testing and Evaluation for Underlying Bleeding Disorders

Instructions: Circle the appropriate response for each of the eight (8) questions below.

1. How many days did your period usually last, from the time bleeding began until it completely stopped?

- i. Less than 7 days
- ii. Greater than or equal to 7 days
- iii. Don't know

2. How often did you experience a sensation of "flooding" or "gushing" during your period?

- i. Never, rarely, or some periods
- ii. Every or most periods
- iii. Don't know

3. During your period did you ever have bleeding where you would bleed through a tampon or napkin in 2 hours or less?

- i. Never, rarely, or some periods
- ii. Every or most periods
- iii. Don't know

4. Have you ever been treated for anemia?

- i. No
- ii. Yes
- iii. Don't know

5. Has anyone in your family ever been diagnosed with a bleeding disorder?

- i. No
- ii. Yes
- iii. Don't know

6. Have you ever had a tooth extracted or had dental surgery?

- i. No (If no, go to question 7)
- ii. Yes
- iii. Don't know

a. Did you have a problem with bleeding after tooth extraction or dental surgery?

- i. No
- ii. Yes
- iii. Don't know

7. Have you ever had surgery other than dental surgery?

- i. No (If no, go to question 8)
- ii. Yes
- iii. Don't know

a. Did you have bleeding problems after surgery?

- i. No
- ii. Yes
- iii. Don't know

8. Have you ever been pregnant?

- i. No
- ii. Yes
- iii. Don't know

a. Have you ever had a bleeding problem following delivery or after a miscarriage?

- i. No
- ii. Yes
- iii. Don't know

How to Use the Screening Tool

The screening tool is considered to be positive if 1 of the following 4 criteria were met:

1. The duration of menses was greater than or equal to 7 days and the woman reported either "flooding" or bleeding through a tampon or napkin in 2 hours or less with most periods;
2. A history of treatment of anemia;
3. A family history of a diagnosed bleeding disorder; or
4. A history of excessive bleeding with tooth extraction, delivery or miscarriage, or surgery

Sources:

Philipp CS, Faiz A, Dowling NF, et al. Development of a screening tool for identifying women with menorrhagia for hemostatic evaluation. *Am J Obstet Gynecol* 2008; 163:e1-163.e8.

Philipp CS, Faiz A, Heit JA, et al. Evaluation of a screening tool for bleeding disorders in a US multisite cohort of women with menorrhagia. *Am J Obstet Gynecol* 2011; 204:209.e1-7.