Descriptive Text: Green chalkboard background with chalk drawings of science and math activities. Blue CDC logo in bottom right corner.

CDC Public Health Nurse Augustina Delaney, PhD, shares her story.

Text on Screen: CDC NERD Academy Public Health Careers: Public Health Nurse

Augustina: So, in my position, I actually work with all types of STEM professionals. I get to work with statisticians, with biologists, people who work in laboratories and we all work together because we have different areas of expertise and together, we can better understand the types of programs that we are providing or supporting. And then we can better come up with solutions to make the programs better.

So, I think one of the things I never realized before I started in public health is just how much public health touches so many areas of our lives. So, I think the best advice is to just figure out what you're interested in and think about ways that that impacts the health of people and really kind of focus on that because it could be anything from the environment to diseases to exercises, all of those things are related to public health.

I actually ended up in public health on accident. Somebody who was in my Ph.D. program emailed me and said, "Hey, there's this position working on the Zika response and we need someone who has both clinical experience and also data experience." And I thought it sounded interesting. So, I went to the interview and I decided to take the job and here I am, five years later, still working at the CDC.

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To learn more about public health careers, visit: www.cdc.gov/stem/careers