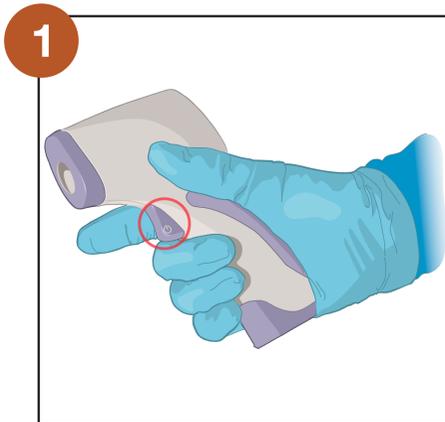
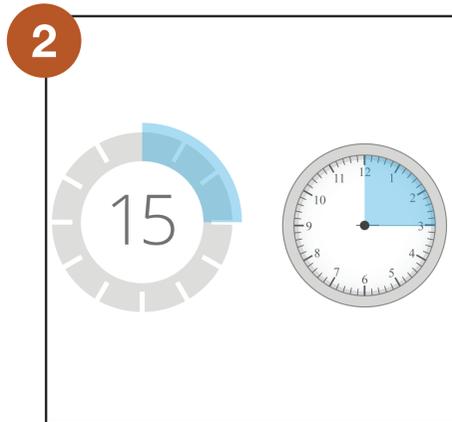


# General Instructions: How to Use an Infrared Thermometer\*

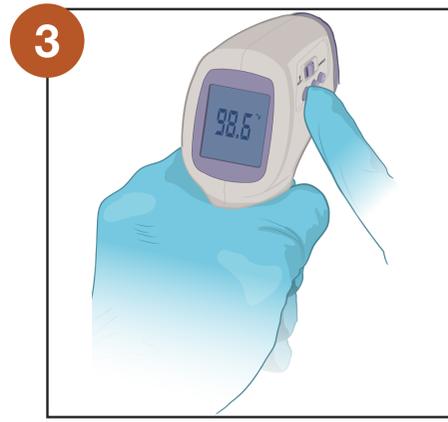
\*Instructions may be different for different types of infrared thermometer



**1. Press the “Power” button to turn the thermometer on.**



**2. Wait at least 15 minutes for the device to warm up.**



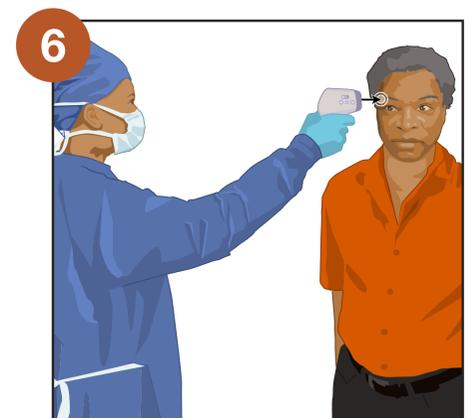
**3. Press the button to put the thermometer in Celsius mode.**  
Note: Confirm the thermometer is on “body reading” setting (if applicable).



**4. Stand to the side of the person whose temperature you are taking.**  
Do not face them directly.  
Take two steps back.



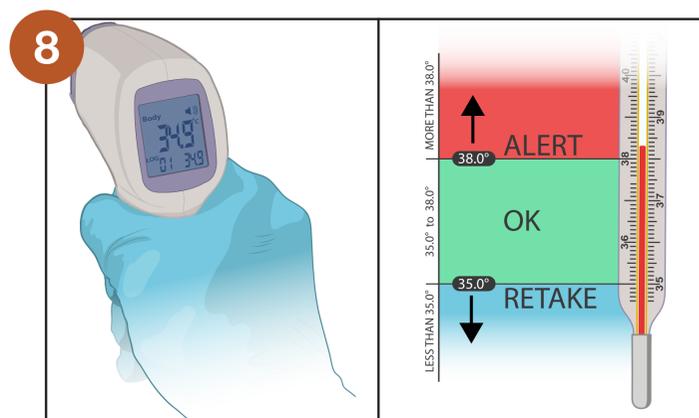
**5. Ask the person to push back hair, remove hat or glasses, and wipe off perspiration, as this could give an inaccurate reading.**



**6. Point the thermometer at the end of the person’s eyebrow.**

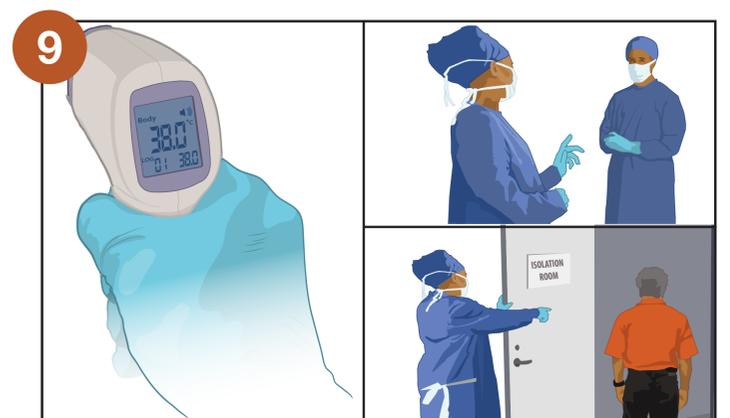


**7. Hold the thermometer at a length of 3 fingers put together from the person’s temple (3-5 cm).**  
The thermometer should not touch the skin.



**8. Read the thermometer screen.**

- Temperature is less than 35°C, take temperature again.
- Temperature is 38°C or higher, this person has a fever.



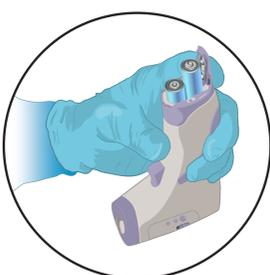
**9. If person meets rest of suspect case definition, then:**

- Notify supervisor.
- Escort patient to the isolation area.

**Remember to wait 15 seconds between each patient!  
Never turn off the device until your shift is over!**

## Maintenance

- **Change the batteries often.** Frequency will depend on the type of thermometer.
- Wipe the lens daily.



## Messages

Screen display messages:

- “H”: means that the temperature is too high,  $T > 42.2^{\circ}\text{C}$ . Take temperature again.
- “L”: means that the temperature is too low,  $T < 34^{\circ}\text{C}$ . Take temperature again.
- “Err”: means that there is a display error. Take temperature again.
- Blank screen: Check that the batteries are in the right place. Check that the batteries are new.

