



Department
of Health

New York State Department of Health: Disability and Health Program

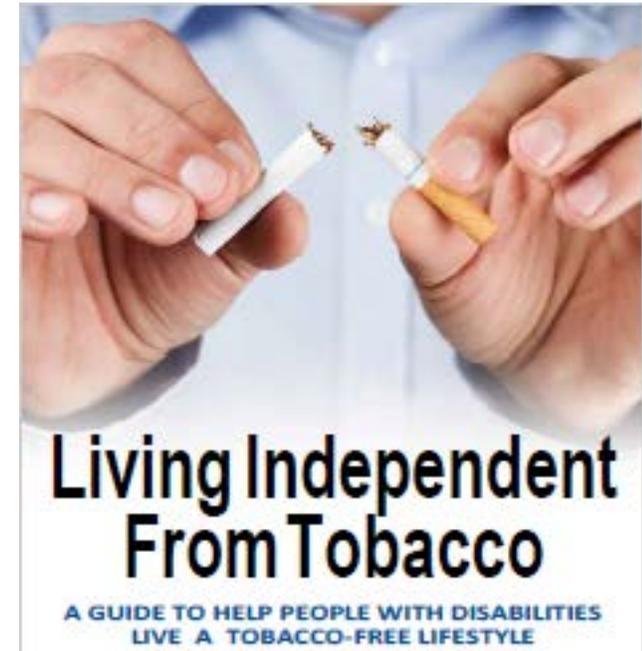
End of project period presentation

June 8, 2021

Improving the Health of People with Mobility Limitations and Intellectual
Disabilities through State-based Public Health Programs
FOA DD16-1603

EBI: Living Independent from Tobacco (LIFT)

- **Evidence basis:** [Pomeranz, et.al](#)
- **Purpose:** Tobacco use disparities
- **Implementation:** Training, starter kits recruitment, incentives
- **Outcomes:** 4 sites, 8 workshops, 30 participants, program well received
- **Lessons learned:** recruitment, retention, transportation issues



PSE: 3D Printing of Adaptive Equipment for People with Disabilities

- Innovative approach to increasing **physical activity** and **healthy eating**
- Collaboration with ARISE Independent Living Center and local high school technology class
- Equipment made available to community organizations (YMCA, libraries, housing authorities).
- Sustainability – on-line catalog, Makers Making Change, meetings with organizations (**Reach: 1,286** -*received information about the project*)



PSE: Arc Collaborative

- Pilot program to implement PSE changes to increase healthy behaviors at day habilitation sites
- 5 sites; 3 PSE changes each; Reach = 1,845 (individuals and staff)
 - Healthy vending; Wellness committee, updated nutrition guidelines; daily physical activity timeslot
- Organizational buy-in; Staff champions



Thank you!

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