

# 1988

# Behavioral Risk Factor Surveillance System Questionnaire

Originally released for 1988 data collection year Reconstructed October 15, 2008

# **Behavioral Risk Factor Surveillance System** 1988 Questionnaire

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# $\frac{\texttt{BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM}}{\texttt{DATA COLLECTION INSTRUMENT}}$

#### INTERVIEWER'S SCRIPT

|                              | FRATUM<br>CODE    |       | NU                | PSU<br>JMBER<br>4-8) |      | RECORD<br>NUMBER<br>(9)                                   | DAT<br>MM                                 | DD YY  (10-15)   | INTERVIEWER ID (16-17) |
|------------------------------|-------------------|-------|-------------------|----------------------|------|---|---|--|------------------------|
| chosen ra                    | g a study of the  | ne he | alth <sub>l</sub> | oract                | ices | calling for the<br>of to be include<br>by affect their he | resided in the study                      | ents. Your number has beer<br>v, and we'd like to ask some   | ·                      |
| □ Is this                    | Area Code (18-20) |       |                   | refi<br>1-23         |      | Suffi:  |   | Thank you very much, but I beem to have dialed the wrong number. It's possible that your number may be called at a later time. |                        |
| Is this                      | a private         | res   | ide               | nce?                 | )    |   | ou very much, l<br>rviewing in priv<br>es |  |                        |
|                              | Calling           |       |                   |                      |      | Data/E:ma   | TD#                                       |  |                        |
|                              | Period<br>1       | 0     | 0                 | 0                    | 0    | Date/Time   | ID#                                       | Call Disposition Cod 01-Completed Interview  | es                     |
|                              | 2                 | 0     |                   | 0                    | 0    |   |   | 02-Refused Interview   |                        |
| O Line Busy                  |                   | 0     | 0                 | 0                    | 0    |   |   | 03-Non-working Number  |                        |
| • No Answer                  | 4                 | 0     | 0                 | 0                    | 0    |   |   | 04-No Answer (multiple   |                        |
|                              | 5                 | 0     | 0                 | 0                    | 0    |   |   | tries)<br>05-Business Phone  |                        |
|                              |                   | Ü     | Ū                 | Ü                    | Ü    |   |   | 06-No Eligible Responde this number  | nt at                  |
| O Made Appoi                 | intment           |       |                   |                      |      |   |   | 07-No Eligible Responde could be reached dur   |                        |
| O Refused Fi                 | irst Time         |       |                   |                      |      |   |   | time period 08-Language barrier  | o f                    |
| Spoke With:                  |                   |       |                   |                      |      |   |   | prevented completion interview 09-Interview terminated   |                        |
| Correct resp                 | ondent is:        |       |                   |                      |      |   |   | within questionnaire 10-Line busy (multiple  |                        |
| Call-back da<br>Refusal date |                   | or    |                   |                      |      |   |   | tries) 11-Selected respondent unable to respond be   | ecause                 |
| Additional                   |                   | n:    |                   |                      |      |   |   | of physical or menta impairment  | ıl                     |
| My ID#                       |                   |       |                   |                      |      |   |   | <u> </u>   | <b>.</b>               |
|                              |                   |       |                   | _                    |      | , ,   | Final Dis                                 |  |                        |
| Edited By:                   |                   |       |                   | Da                   | ate: | _/_/_   | oi Teleph                                 | none Call: (26-27  | ')                     |

|              | lives in | dy requires that we<br>n your household. Ho<br>ng yourself, are 18 | w many m | embeı  | rs (  | of y    | our | hc        |          |      | .d,                | (28  | IF "1"   | F   | Page 3     |
|--------------|----------|--|----------|--------|-------|---------|-----|-----------|----------|------|--------------------|------|----------|-----|------------|
| ightharpoons | How many | are men and how man  | y are wo | men.   |       |         |     |           |          | • •  |                    |      | Men (29) |     | Women (30) |
|              |          | ne oldest man who propries is the next oldest Etc.                 |          |        |       |         |     |           |          |      |                    | ıous | ehold    | l?  |            |
| ightharpoons |          | ne oldest woman who is the next oldest Etc.                        |          |        |       |         |     |           |          |      |                    |      | useho    | ld? |            |
|              |          |  |          | :      | Suf   | fix:    |     |           |          |      | _                  |      |          |     |            |
|              |          |  |          | T 7 OF | . D.T | · C T M | O E | DII       | ONTE     | NTTT | . V I D I D        | D    |          |     |            |
|              |          | Name/Relationship  |          | LAST   | 2     | 3       | 4   | <u>Рп</u> | ONE<br>6 | 7    | м <u>ь</u> г.<br>8 | 9    |          |     |            |
|              |          | Mame/ Netactonship   | 1        |        | 1     | 1       | 1   | 1         | 1        | 1    | 1                  | 1    |          |     |            |
|              |          |  | 2        |        | 2     | 1       | 2   | 1         | 2        | 1    | 2                  | 1    |          |     |            |
|              |          |  | 3        |        | 2     | 3       | 1   | 2         | 3        | 1    | 2                  | X    |          |     |            |
|              |          |  | 1        |        | 3     | 4       | 1   | 2         | 3        | 4    | X                  | X    |          |     |            |
|              |          |  |          |        | 4     | 5       | 1   | 2         | 3        | 4    | 5                  | 1    |          |     |            |
|              |          |  |          |        | 1     | 2       | 3   | 4         | X        | X    | Х                  | X    |          |     |            |
|              |          |  | 2        | 2 3    | 4     | 5       | 6   | 7         | 1        | Χ    | Χ                  | Х    |          |     |            |
|              |          |  | 8        | 3 1    | 2     | 3       | 4   | 5         | 6        | 7    | Χ                  | Χ    |          |     |            |
|              |          |  |          |        |       |         |     |           |          |      |                    |      |          |     |            |

| hicksim The person in your household that I need     | d to speak with is Page 3        |
|--|----------------------------------|
|  | V                                |
| N  | 111 6 11                         |
| HELLO. I'm   | calling for the                  |
| To correct respondent $>$ I'm a member of special re | esearch team.                    |
| We're doing a study of                               | residents regarding their health |
| practices and day-to-day living habits. You          | have been randomly chosen to be  |
| included in the study from among the adult in        | members of your household.       |

The interview will only take a short time, and all the information obtained in this study will be  $\underline{\text{confidential}}$ . First, I'd like to begin by asking you about using seatbelts.....

#### SECTION A: SEATBELTS

1. How often do you use seat belts when you drive or ride in a car?

| Would you say: |    | PLEASE READ                  | (31) |
|----------------|----|------------------------------|------|
|                | a. | Always                       | 1    |
|                | b. | Nearly Always                | 2    |
|                | С. | Sometimes                    | 3    |
|                | d. | Seldom                       | 4    |
|                | е. | Never                        | 5    |
| DO NOT         |    | Don't know/Not sure          | 7    |
| READ<br>THESE  |    | Never drive or ride in a car | 8    |
| RESPONSES      |    | Refused                      | 9    |

#### SECTION B: HYPERTENSION

These next questions are about hypertension or high blood pressure:

2. Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

| PROBE FOR | DOCTOR, | NURSE OR OTHER HEALTH PROFESSIONAL        | (32) |
|-----------|---------|---|------|
|           | a.      | No, GO TO SECTION C (p.7)                 | 1    |
|           | b.      | Yes, by a Doctor                          | 2    |
|           | С.      | Yes, by a Nurse                           | 3    |
|           | d.      | Yes, by other Health Professional         | 4    |
|           |         | Don't know/Not sure GO TO SECTION C (p.7) | 7    |
|           |         | Refused, GO TO SECTION C (p.7)            | 9    |

| or have you been told                    |         | re than one occasion that your blood pressure was is only once?        | nign, |
|--|---------|--|-------|
|  |         |  | (33)  |
|  | a.      | More than once   | 1     |
|  | b.      | Only once  | 2     |
|  |         | Don't know/Not sure  | 7     |
|  |         | Refused  | 9     |
| 4 Is any medicine cur                    | rently  | y prescribed for your high blood pressure?                             |       |
| 4. 15 any medicine car                   | Terrery | y preserrated for your might brook pressure.                           | (34)  |
|  | a.      | Yes  | 1     |
|  | b.      | No, <u>GO TO Q6</u>  | 2     |
|  |         | Don't know/Not sure GO TO Q6   | 7     |
|  |         | Refused, GO TO Q6  | 9     |
| 5 Are you currently t                    | akina   | medicine for your high blood pressure?                                 |       |
| o. The you carrenery e                   | aning   | medicine for your might brook probbate.                                | (35   |
| PROBE FOR "ALL OR                        | a.      | Yes, all or most of the time   | 1     |
| MOST OF THE TIME" OR "ONLY OCCASIONALLY" | b.      | Yes, only occasionally   | 2     |
| IF NECESSARY. IF ANSWER IS "YES", USE    | С.      | No   | 3     |
| "YES, ALL OR MOST OF<br>THE TIME"        |         | Don't know/Not sure  | 7     |
|  |         | Refused,   | 9     |
| 6. As far as you know, or is it still h  | _       | our blood pressure presently normal or under co                        | ntrol |
| -  |         | DER CONTROL INCLUDES "RETURNED TO NORMAL" AND HAVE HIGH BLOOD PRESSURE | (36   |
| _NO_20                                   | a.      | Normal   | 1     |
|  | b.      | Under control  | 2     |
|  |         |  |       |
|  | С.      | Still high   | 3     |
|  |         | Don't know/Not sure  | 7     |
|  |         | Refused,   | 9     |

#### SECTION C: EXERCISE

The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

|  | rticipate in any physical activities or nenics, golf, gardening or walking for |
|--|--|
|  | (37)   |
| a. Yes   |  |
| b. No, <u>GO 1</u>   | O SECTION D (p.10)   |
| Do   | n't know/Not sure, <u>GO TO SECTION D</u> (p.10)                               |
| Re   | fused, GO TO SECTION D (p.10) 9  |
| 8. What type of physical activity or during the past month?      | exercise did you spend the most time doing                                     |
|  | (38–39   |
| SEE CODING LIST A a. Activity                                    | · · · · · · · · · · · · · · · · · · ·  |
| Re   | fused, <u>GO TO Q13 (p.8)</u> 9 9  |
| Activity   |  |
| ASK QUESTION 9 ONLY IF ANSWER TO WALKING, OR SWIMMING, ALL OTHER |  |
| 9. How far did you usually walk/run/                             |  |
|  | (40-42)  |
| a. Miles an  | d tenths   |
| (SEE CODING LIST B DO IF RESPONSE IS NOT                         | n't know/Not sure 7 7. 7   |
|  | fused 9 9. 9   |

| 10. | How many times per the past month?    | week   | or per       | month did you take part in this activity    | duri  | .ng  |
|-----|---------------------------------------|--------|--------------|---|-------|------|
|     |                                       |        |              |   | (43   | -45) |
|     |                                       | a.     | Times        | per week                                    | 1 _   |      |
|     |                                       | b.     | Times        | per month                                   | 2 _   |      |
|     |                                       |        |              | Don't know/Not sure                         | . 7   | 7 7  |
|     |                                       |        |              | Refused                                     | . 9   | 9 9  |
| 11. | And when you took pusually keep at it |        | in this      | s activity, for how many minutes or hours o | lid y | 'ou  |
|     |                                       |        |              |   | (46-  | 48)  |
|     |                                       | a.     | Hours        | & Minutes                                   | _:    |      |
|     |                                       |        |              | Don't know/Not sure                         | 7: 7  | 7    |
|     |                                       |        |              | Refused                                     | 9: 9  | 9    |
| 12. | Was there another p the last month?   | ohysio | cal act      | civity or exercise that you participated in | ı dur | ing  |
|     |                                       |        |              |   | ( 4   | 49)  |
|     |                                       | a.     | Yes .        |   |       | 1    |
|     |                                       | b.     | No, <u>G</u> | O TO SECTION D (p.10)                       | ,     | 2    |
|     |                                       |        |              | Don't know/Not sure, GO TO SECTION D (p.10) |       | 7    |
|     |                                       |        |              | Refused, GO TO SECTION D (p.10)             | ,     | 9    |
|     | What other type of past month?        | physi  | ical ac      | ctivity gave you the next most exercise dur | ing   | the  |
|     |                                       |        |              |   | (50   | -51) |
|     |                                       | a.     | Activ        | ity   |       |      |
| S   | EE CODING LIST A                      |        |              | Refused GO TO SECTION D (p.10)              | 9     | 9    |
|     |                                       |        |              |   |       |      |

Activity

| ASK QUESTION 14 ONLY IF ANSW.<br>WALKING, OR SWIMMING, ALL OT |   |
|---|---|
| 14. How far did you usually walk/                             |   |
|   | (52-54)   |
| a. Mile   | s and tenths                                      |
| SEE CODING LIST B IF RESPONSE IS NOT IN                       | Don't know/Not sure 7 7. 7                        |
| MILES AND TENTHS  | Refused 9 9. 9                                    |
| 15. How many times per week or pe                             | er month did you take part in this activity?      |
|   | (55–57)   |
| a. Time   | s per week 1                                      |
| b. Time   | s per month 2                                     |
|   | Don't know/Not sure 7 7 7                         |
|   | Refused 9 9 9                                     |
| 16. And when you took part in thi usually keep at it?         | s activity, for how many minutes or hours did you |
|   | (58-60)   |
| a. Hour   | s & Minutes::                                     |
|   | Don't know/Not sure 7: 7 7                        |
|   | Refused 9: 9 9                                    |

#### SECTION D: DIET

| 17. | About how much do you weigh without shoes?                |                |
|-----|---|----------------|
|     |   | (61-63)        |
|     | a. Weight   |                |
|     |   | pounds         |
|     | Don't know/Not sure                                       | 7 7 7          |
|     | Refused   | 9 9 9          |
| 18. | About how tall are you without shoes?                     |                |
|     |   | (64-66)        |
|     | a. Height   | /<br>Ft/Inches |
|     | Don't know/Not sure                                       |                |
|     | Refused   |                |
|     |   |                |
| 19. | Are you now trying to lose weight?                        | (67)           |
|     |   |                |
|     | a. Yes  |                |
|     | b. No, <u>GO TO 22 (p.11)</u>                             | . 2            |
|     | Refused, <u>GO TO 22 (p.11)</u>                           | . 9            |
| 20. | Are you eating fewer calories to lose weight?             |                |
|     |   | (68)           |
|     | a. Yes  | . 1            |
|     | b. No   | . 2            |
|     | Don't know/Not sure                                       | . 7            |
|     | Refused   | . 9            |
| 21. | Have you increased your physical activity to lose weight? |                |
|     |   | (69)           |
|     | a. Yes  | . 1            |
|     | b. No   | . 2            |
|     | Don't know/Not sure                                       | . 7            |
|     | Refused   | . 9            |

| ZZ. | now often do you usuali | ly add sait to your rood at the table:      |      |
|-----|-------------------------|---|------|
|     | Would you say:          | PLEASE READ                                 | (70) |
|     | a.                      | Most of the time                            | 1    |
|     | b.                      | Sometimes                                   | 2    |
|     | С.                      | Rarely                                      | 3    |
|     | d.                      | or<br>Never                                 | 4    |
|     |                         | Don't know/Not sure                         | 7    |
|     |                         | Refused                                     | 9    |
| 23. | Overall, would you say  | your diet is high, medium, or low in fiber? |      |
|     |                         |   | (71) |
|     | a.                      | High  | 1    |
|     | b.                      | Medium                                      | 2    |
|     | С.                      | Low   | 3    |
|     |                         | Don't know/Not sure                         | 7    |
|     |                         | Refused                                     | 9    |
| 24. | Overall, would you say  | your diet is high, medium, or low in fat?   |      |
|     |                         |   | (72) |
|     | a.                      | High  | 1    |
|     | b.                      | Medium                                      | 2    |
|     | С.                      | Low   | 3    |
|     |                         | Don't know/Not sure                         | 7    |
|     |                         | Refused                                     | 9    |

## SECTION E: TOBACCO USE

Now, I would like to ask you a few questions about tobacco products: 25. Have you smoked at least 100 cigarettes in your entire life?

|                             |       |       |  | (73)      |
|-----------------------------|-------|-------|--|-----------|
| 100                         | a.    | Yes   |  | 1         |
| 100 cigarettes<br>= 5 packs | b.    | No,   | GO TO Q29 (p.13)                             | 2         |
|                             |       |       | Don't know/Not sure, GO TO Q29 (p.13)        | 7         |
|                             |       |       | Refused, GO TO Q29 (p.13)                    | 9         |
| 26. Do you smoke cigare     | ttes  | now?  |  |           |
|                             |       |       |  | (74)      |
|                             | a.    | Yes   |  | 1         |
|                             | b.    | No,   | GO TO Q29 (p.13)                             | 2         |
|                             |       |       | Refused, <u>GO TO Q29 (p.13)</u>             | 9         |
| 27. On the average, abo     | ut ho | ow ma | any cigarettes a day do you now smoke?       |           |
|                             |       |       |  | (75-76)   |
| 1 Pack = 20                 | a.    | Num   | ber of cigarettes                            |           |
| <u>cigarettes</u>           | b.    | Don   | 't smoke regularly                           | 8 8       |
|                             |       |       | Refused                                      | 9 9       |
| 28. Have you stopped sm     | oking | g for | a week or more sometime during the past year | <u>-?</u> |
|                             |       |       |  | (77)      |
|                             | a.    | Yes   |  | 1         |
|                             | b.    | No.   |  | 2         |
|                             |       |       | Refused                                      | 9         |

| 29. Have you ever tobacco or si |              | ried any smokeless tobacco products such as chewing | ĺ    |
|---------------------------------|--------------|---|------|
| <u> </u>                        | PROBE FOR CH | HEWING TOBACCO, SNUFF, OR BOTH                      | (78) |
|                                 | a.           | Yes, chewing tobacco                                | 1    |
|                                 | b.           | Yes, snuff  | 2    |
|                                 | С.           | Yes, both   | 3    |
|                                 | d.           | No, neither GO TO SECTION F (p.14)                  | 4    |
|                                 |              | Don't know/Not sure, GO TO SECTION F (p.14)         | 7    |
|                                 |              | Refused, GO TO SECTION F (p.14)                     | 9    |
| 30. Do you curren snuff?        | tly use any  | smokeless tobacco products such as chewing tobacc   | o or |
| <u> </u>                        | PROBE FOR CH | HEWING TOBACCO, SNUFF, OR BOTH                      | (79) |
| <u>"Yes"</u><br>INCLUDES        | a.           | Yes, chewing tobacco                                | 1    |
| OCCASIONAL<br>USE               | b.           | Yes, snuff  | 2    |
| <u>001</u>                      | С.           | Yes, both   | 3    |
|                                 | d.           | No  | 4    |
|                                 |              | Don't know/Not sure                                 | 7    |
|                                 |              | Refused   | 9    |
|                                 |              |   |      |

#### SECTION F: ALCOHOL CONSUMPTION

These next few questions are about the use of beer, wine, or liquor--all kinds of alcoholic beverages that people drink at meals, special occasions, or when just relaxing.

| 31. | Have you had any beer,          | wine or liquor during the past $\underline{month}$ , that is, $\sin \theta$ | nce     |
|-----|---------------------------------|---|---------|
|     |                                 |   | (80)    |
|     | a.                              | Yes   | 1       |
|     | b.                              | No, GO TO SECTION G (p.17)  | 2       |
|     |                                 | Refused, GO TO SECTION G (p.17)   | 9       |
| 32. | During the past month, beer?    | how many days per week or per month did you drink                           | any     |
|     |                                 |   | (81-83) |
|     | a.                              | Days per week   | 1       |
|     | b.                              | Days per month  | 2       |
|     | С.                              | Never or none <u>GO TO Q 34 (p.15)</u>                                      | 8 8 8   |
|     |                                 | Don't know/Not sure, GO TO Q 34 (p.15)                                      | 7 7 7   |
|     |                                 | Refused <u>GO TO Q 34 (p.15)</u>  | 9 9 9   |
| 33. | On the days when you d average? | rank beer, about how many beers did you drink on th                         | ne      |
|     |                                 |   | (84-85) |
|     | a.                              | Number of beers   |         |
|     |                                 | Don't know/Not sure   | 7 7     |
|     |                                 | Refused   | 9 9     |

| 34. | Also, during the past m any wine?             | onth, how many days per week or per month did you   | drink                                  |
|-----|---|---|--|
|     |   |   | (86-88)                                |
|     | a.  | Days per week   | 1                                      |
|     | b.  | Days per month  | 2                                      |
|     | С.  | Never or none GO TO Q 36  | 8 8 8                                  |
|     |   | Don't know/Not sure, GO TO Q 36   | 7 7 7                                  |
|     |   | Refused GO TO Q 36  | 9 9 9                                  |
| 35. | On the days when you dr on the average?       | ank wine, about how many glasses of wine did you d  | lrink                                  |
|     |   |   | (89-90)                                |
|     | a.  | Number of glasses of wine   |  |
|     |   | Don't know/Not sure   | 7 7                                    |
|     |   | Refused   | 9 9                                    |
| 36. |   | nth, about how many days per week or per month did  | l you                                  |
|     | nave any liquor to drin                       | k, such as vodka, gin, rum or whiskey?  |  |
|     | nave any liquor to drir                       | ek, such as vocka, gin, rum or whiskey?   | (91-93)                                |
|     | nave any liquor to drin                       | Days per week   |  |
|     |   |   | 1                                      |
|     | a.  | Days per week   | 1                                      |
|     | a.<br>b.                                      | Days per week   | 1<br>2<br>8 8 8                        |
|     | a.<br>b.                                      | Days per week   | 1<br>2<br>8 8 8<br>7 7 7               |
| 37. | a.<br>b.<br>c.                                | Days per week  Days per month  Never or none, GO TO Q 38 (p.16)  Don't know/Not sure, GO TO Q 38 (p.16)   | 1<br>2<br>8 8 8<br>7 7 7<br>9 9 9      |
| 37. | a. b. c. On the days when you dr              | Days per week  Days per month  Never or none, GO TO Q 38 (p.16)  Don't know/Not sure, GO TO Q 38 (p.16)  Refused, GO TO Q 38 (p.16)   | 1<br>2<br>8 8 8<br>7 7 7<br>9 9 9      |
| 37. | a. b. c. On the days when you dr              | Days per week  Days per month  Never or none, GO TO Q 38 (p.16)  Don't know/Not sure, GO TO Q 38 (p.16)  Refused, GO TO Q 38 (p.16)   | 1 = 2 = 8 8 8 8 7 7 7 7 9 9 9 9 9 e on |
| 37. | a. b. c. On the days when you dr the average? | Days per week  Days per month  Never or none, GO TO Q 38 (p.16)  Don't know/Not sure, GO TO Q 38 (p.16)  Refused, GO TO Q 38 (p.16)  ank any liquor, about how many drinks did you have | 1 = 2 = 8 8 8 8 7 7 7 7 9 9 9 9 9 e on |

| 38. |   |    |       | nolic beverages, that is beer, wine, and licing the past month did you have 5 or more dr | _    |      |
|-----|---|----|-------|--|------|------|
|     |   |    |       |  | (96- | -97) |
|     |   | a. | Numbe | r of times   |      |      |
|     |   | b. | None  |  | 8    | 8    |
|     |   |    |       | Don't know/Not sure  | 7    | 7    |
|     |   |    |       | Refused  | 9    | 9    |
| 39. | And during the past perhaps too much to |    | •     | w many times have you driven when you've had   | d    |      |
|     |   |    |       |  | (98- | -99) |
|     |   | a. | Numbe | r of times   |      |      |
|     |   | b. | None  |  | 8    | 8    |
|     |   |    |       | Don't know/Not sure  | 7    | 7    |
|     |   |    |       | Refused  | 9    | 9    |
|     |   |    |       |  |      |      |

#### SECTION G: PREVENTIVE HEALTH PRACTICES

Some people visit a doctor for a  $\underline{\text{routine checkup}}$ , even though they are feeling well and have not been sick.

| 40. About how long has checkup?       | it b              | een since you last visited a doctor for a routine  |                                     |
|---------------------------------------|-------------------|--|-------------------------------------|
| Was it:                               |                   | PLEASE READ  | (100)                               |
|                                       | a.                | Within the past year (0 TO 12 MONTHS)  | 1                                   |
|                                       | b.                | Within the past two years (13 TO 24 MONTHS)  | 2                                   |
|                                       | c.                | Within the past five years (25 TO 60 MONTHS)   | 3                                   |
|                                       | d.                | OR More than five years ago (61+ MONTHS)   | 4                                   |
|                                       |                   | Don't know/Not sure  | 7                                   |
|                                       |                   | Never  | 8                                   |
|                                       |                   | Refused  | 9                                   |
| These next questions ar in the blood. | e abo             | out blood cholesterol, which is a fatty substance  | found                               |
| 41. Have you ever had y               | our l             | olood cholesterol checked?   |                                     |
|                                       |                   |  |                                     |
|                                       |                   |  | (101)                               |
|                                       | a.                | Yes  | (101)                               |
|                                       | a.<br>b.          | Yes  |                                     |
|                                       |                   |  | 1                                   |
|                                       |                   | No, GO TO Q48 (p.19)   | 1 2                                 |
| 42. About how long has                | b.                | No, GO TO Q48 (p.19)  Don't know/Not sure, GO TO Q48 (p.19)  | 1<br>2<br>7                         |
| 42. <u>About</u> how long has Was it: | b.                | No, GO TO Q48 (p.19)  Don't know/Not sure, GO TO Q48 (p.19)  Refused, GO TO Q48 (p.19)   | 1<br>2<br>7                         |
| <del></del>                           | b.                | No, GO TO Q48 (p.19)  Don't know/Not sure, GO TO Q48 (p.19)  Refused, GO TO Q48 (p.19)  een since you had your blood cholesterol checked?                                    | 1<br>2<br>7<br>9                    |
| <del></del>                           | b.                | No, GO TO Q48 (p.19)  Don't know/Not sure, GO TO Q48 (p.19)  Refused, GO TO Q48 (p.19)  een since you had your blood cholesterol checked?  PLEASE READ                       | 1<br>2<br>7<br>9                    |
| <del></del>                           | b. it be          | No, GO TO Q48 (p.19)  Don't know/Not sure, GO TO Q48 (p.19)  Refused, GO TO Q48 (p.19)  een since you had your blood cholesterol checked?  PLEASE READ  Within the past year | 1<br>2<br>7<br>9<br>(102)           |
| <del></del>                           | b.  it be  a.  b. | No, GO TO Q48 (p.19)  Don't know/Not sure, GO TO Q48 (p.19)  Refused, GO TO Q48 (p.19)  een since you had your blood cholesterol checked?  PLEASE READ  Within the past year | 1<br>2<br>7<br>9<br>(102)<br>1<br>2 |

Refused ..... 9

| 43. | Have you ever been tol                        | d your blood cholesterol level, <u>in numbers</u> ?       |     |
|-----|---|---|-----|
|     |   | (103  | 3)  |
|     | a.  | Yes   |     |
|     | b.  | No, <u>GO TO Q 45</u>                                     |     |
|     |   | Don't know/Not sure, GO TO Q 45 7                         |     |
|     |   | Refused, <u>GO TO Q 45</u> 9                              |     |
| 44. | What is your blood cho                        | lesterol level?   |     |
|     |   | (104-10   | )6  |
|     | a.  | RECORD THE NUMBER   |     |
|     |   | Don't know/Not sure 7 7 7                                 | 7   |
|     |   | Refused 9 9 9   | 9   |
| 45. | Have you ever been tol blood cholesterol is h | d by a doctor or other health professional that your igh? |     |
|     |   | (107  | 7)  |
|     | a.  | Yes 1   |     |
|     | b.  | No 2  |     |
|     |   | Don't know/Not sure 7                                     |     |
|     |   | Refused 9   |     |
| 46. | Are you now under the blood fat level?        | advice of a doctor to reduce your blood cholesterol or    |     |
|     |   | (10   | 18) |
|     | a.  | Yes1  |     |
|     | b.  | No, GO TO Q 48 (p.19) 2                                   |     |
|     |   | Don't know/Not sure, <u>GO TO Q 48 (p.19)</u> 7           | ,   |
|     |   | Refused, <u>GO TO Q 48 (p.19)</u> 9                       | )   |

| 47a. | prescribe a medication                     | on to lower, your blood cholesterol?  |        |
|------|--|---|--------|
|      |  |   | (109)  |
|      | a.   | Yes   | 1      |
|      | b.   | No  | 2      |
|      |  | Don't know/Not sure   | 7      |
|      |  | Refused   | 9      |
| 47b. | provide you a low fa                       | t or low cholesterol diet?  |        |
|      |  |   | (110)  |
|      | a.   | Yes   | 1      |
|      | b.   | No  | 2      |
|      |  | Don't know/Not sure   | 7      |
|      |  | Refused   | 9      |
| 47c. | refer you to a dietior cholesterol in your | tian, nutritionist, or nurse to help you reduce the diet?                         | e fat  |
|      |  |   | (111)  |
|      | a.   | Yes   | 1      |
|      | b.   | No  | 2      |
|      |  | Don't know/Not sure   | 7      |
|      |  | Refused   | 9      |
| 48.  |  | ou about diabetes, sometimes called sugar diabetes doctor that you have diabetes? | . Have |
|      |  |   | (112)  |
|      | a.   | Yes   | 1      |
|      | b.   | No  | 2      |
|      |  | Don't know/Not sure   | 7      |
|      |  | Refused   | 9      |

47. Did the doctor:

Next I'd like to ask you about getting your <a href="blood pressure">blood pressure</a> checked.

| 49. About how long has i doctor or other heal |                | ince you last had your blood pressure taken b<br>ssional? | у а     |
|---|----------------|---|---------|
| Was it:                                       |                | PLEASE READ   | (113)   |
| i   | a. With        | nin the past year (0 TO 12 MONTHS)                        | 1       |
| 1   | b. With        | nin the past two years (13 TO 24 MONTHS)                  | 2       |
|   | c. With        | nin the past five years (25 TO 60 MONTHS) OR              | 3       |
|   | d. More        | e than five years ago (61+ MONTHS)                        | 4       |
|   |                | Don't know/Not sure, GO TO Q 52 (p.21)                    | 7       |
|   |                | Never, <u>GO TO Q 52 (p.21)</u>                           | 8       |
|   |                | Refused, <u>GO TO Q 52 (p.21)</u>                         | 9       |
| 50. Blood pressure is us your blood pressure  |                | ven as one number over another. Were you told numbers?    |         |
|   |                |   | (114)   |
| ć   | a. Yes         |   | 1       |
| l   | b. No,         | GO TO Q 52 (p.21)   | 2       |
|   |                | Don't know/Not sure, GO TO Q 52 (p.21)                    | 7       |
|   |                | Refused, GO TO Q 52 (p.21)                                | 9       |
| 51. What was your blood                       | pressure       | , in numbers?   |         |
|   |                | (115-   | -120)   |
| ć   | a. <u>RECC</u> | RD THE NUMBER   | ′       |
|   |                | Don't know/Not sure 7 7 7 /                               | 7775    |
|   |                | Refused 9 9 9 /   | ′ 9 9 9 |
|   |                |   |         |

# SECTION H: DEMOGRAPHICS

And finally, these last few questions ask for a little more information about yourself.

| 52. | How old were you on                    | your   | last birthday?                                    |          |
|-----|--|--------|---|----------|
|     |  |        | (   | 121-122) |
|     |  | a.     | CODE AGE IN YEARS                                 |          |
|     |  |        | Do not remember/Not sure                          | 0 7      |
|     |  |        | Refused   | 0 9      |
| 53. | What is your race?                     |        |   |          |
|     | Would yo                               | ou sag | Y PLEASE READ                                     | (123)    |
|     |  | a.     | White   | . 1      |
|     |  | b.     | Black   | . 2      |
|     |  | с.     | Asian, Pacific Islander                           | . 3      |
|     |  | d.     | Aleutian, Eskimo or American Indian               | . 4      |
|     |  | е.     | Other specify                                     | 5        |
|     |  |        | Don't know/Not sure                               | . 7      |
|     |  |        | Refused   | . 9      |
| 54. | Are you of Hispanic<br>Rican or Cuban? | orig   | rin such as Mexican American, Latin American, Pue | erto     |
|     |  |        |   | (124)    |
|     |  | a.     | Yes   | . 1      |
|     |  | b.     | No  | . 2      |
|     |  |        | Don't know/Not sure                               | . 7      |
|     |  |        | Refused   | . 9      |

| 55. What is the highest | grad | e or year of school you completed?  |       |
|-------------------------|------|-------------------------------------|-------|
| READ ONLY IF NECESSARY  |      |                                     | (125) |
|                         | a.   | Eighth Grade or Less                | 1     |
|                         | b.   | Some High School                    | 2     |
|                         | С.   | High School Grad or GED Certificate | 3     |
|                         | d.   | Some Technical School               | 4     |
|                         | е.   | Technical School Graduate           | 5     |
|                         | f.   | Some College                        | 6     |
|                         | g.   | College Graduate                    | 7     |
|                         | h.   | Post Grad or Professional Degree    | 8     |
|                         |      | Refused                             | 9     |
| 56. Are you currently:  |      |                                     |       |
|                         |      | PLEASE READ                         | (126) |
|                         | a.   | Employed for wages                  | 1     |
|                         | b.   | Self employed                       | 2     |
|                         | С.   | Out of work for more than 1 year    | 3     |
|                         | d.   | Out of work for less than 1 year    | 4     |
|                         | е.   | Homemaker                           | 5     |
|                         | f.   | Student or                          | 6     |
|                         | g.   | Retired                             | 7     |
|                         |      | Refused                             | 9     |

57. And are you:

|  | PLEASE READ   | (127) |
|--|---|-------|
| a.   | Married   | 1     |
| b.   | Divorced  | 2     |
| С.   | Widowed   | 3     |
| d.   | Separated   | 4     |
| е.   | Never been married  | 5     |
| f.   | or A member of an unmarried couple                        | 6     |
|  | Refused   | 9     |
| 58. Which of the following from all sources? | categories best describes your annual <u>household</u> in | come  |
|  | PLEASE READ   | (128) |
| a.   | Less than \$10,000  | 1     |
| b.   | \$10 to \$15,000  | 2     |
| с.   | \$15 to \$20,000  | 3     |
| d.   | \$20 to \$25,000  | 4     |
| e.   | \$25 to \$35,000  | 5     |
| f  | \$35 to \$50,000  | 6     |
| g.   | or<br>Over \$50,000                                       | 8     |
|  | Don't know/Not sure                                       | 7     |
|  | Refused   | 9     |

| 59. INTERVIEWER: INDICATE SEX OF RESPONDENT  |         |
|--|---------|
| ASK IF NECESSARY   | (129)   |
| a. Male, GO TO Q 63, (p.25)  | 1       |
| b. Female  | 2       |
| INTERVIEWER: ASK THIS QUESTION ONLY TO FEMALES  BETWEEN 18 and 45 YEARS OF AGE,  |         |
| OTHERWISE, GO TO QUESTION 63, (p.25).  |         |
| 60. To your knowledge, are you now pregnant?   |         |
|  | (130)   |
| a. Yes   | 1       |
| b. No, <u>GO TO Q 62</u>   | 2       |
| Don't know/Not sure, GO TO Q 62  | 7       |
| Refused, <u>GO TO Q 62</u>   | 9       |
| 61. During what month is your baby due?  |         |
| (1)  | 31-132) |
| a. CODE MONTH, <u>GO TO Q 63 (p.25)</u>  |         |
| $\frac{\text{CODE MONTH:}}{01=\text{Jan, 02=Feb, etc.}}  \text{Don't know/Not sure, } \underline{\text{GO TO Q 63 (p.25)}} \; .$ | 7 7     |
| Refused, GO TO Q 63 (p.25)   | 9 9     |
| 62. Are you currently taking birth control pills?  |         |
|  | (133)   |
| a. Yes   | 1       |
| b. No  | 2       |
| Don't know/Not sure  | 7       |
| Refused  | 9       |

| used today?  |     |
|--|-----|
| DIFFERENTIATE BETWEEN TELEPHONE NUMBERS AND        |     |
| TELEPHONE SETS IF NECESSARY. INCLUDE ALL TELEPHONE |     |
| NUMBERS THAT CAN REACH HOUSEHOLD                   | (13 |

63. How many telephone <u>numbers</u> will reach this household, including the number I

#### INSERT ADDITIONAL MODULES OR QUESTIONS HERE

#### CLOSING STATEMENT

That's my last question. Let me emphasize that your answers cannot be identified with your name. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.

# MODULE 1: COUNTY OF RESIDENCE

1. What county do you live in?

|                         |    |                     | (135 | 5-1 | .37) |
|-------------------------|----|---------------------|------|-----|------|
|                         | a. | County Code         |      |     |      |
|                         |    | Don't know/Not sure | 7    | 7   | 7    |
| SEE COUNTY<br>CODE LIST |    | Refused             | 9    | 9   | 9    |

Note:

County Codes are available at: http://www.itl.nist.gov/fipspubs/

## MODULE 2: BREAST CANCER SCREENING

## PLEASE NOTE: ASK ALL FEMALES, OTHERWISE GO TO NEXT MODULE

These next questions are about mammograms, which are x-ray tests of the breast to look for cancer.

| 1. | Have you ever heard of a | mammogram?                                   |       |
|----|--------------------------|--|-------|
|    |                          |  | (138) |
|    | a.                       | Yes  | 1     |
|    | b.                       | No, GO TO Q5 MODULE 2                        | 2     |
|    |                          | Don't know/Not sure, GO TO Q5 MODULE 2       | 7     |
|    |                          | Refused, GO TO Q5 MODULE 2                   | 9     |
| 2. | Have you ever had a mamm | ogram?                                       |       |
|    | -                        |  | (139) |
|    | a.                       | Yes  | 1     |
|    | b.                       | No, GO TO Q5 MODULE 2                        | 2     |
|    |                          | Don't know/Not sure, GO TO Q5 MODULE 2       | 7     |
|    |                          | Refused, GO TO Q5 MODULE 2                   | 9     |
| 3. | About how long has it be | en since you had your last mammogram?        |       |
|    | Was it:                  | PLEASE READ                                  | (140  |
|    | a.                       | Within the past year (0 TO 12 MONTHS)        | 1     |
|    | b.                       | Within the past two years (13 TO 24 MONTHS)  | 2     |
|    | С.                       | Within the past five years (25 TO 60 MONTHS) | 3     |
|    | d.                       | OR More than five years ago (61+ MONTHS)     | 4     |
|    |                          | Don't know/Not sure                          | 7     |
|    |                          | Refused                                      | 9     |

| 4. |                          | done as part of a routine checkup, because of a ve already had breast cancer? | breast |
|----|--------------------------|---|--------|
|    |                          |   | (141)  |
|    | a.                       | Routine checkup   | 1      |
|    | b.                       | Breast problem  | 2      |
|    | с.                       | Had breast cancer   | 3      |
|    |                          | Don't know/Not sure   | 7      |
|    |                          | Refused   | 9      |
| 5. | Do you know how to exami | ne your own breasts for lumps?  |        |
|    |                          |   | (142)  |
|    | a.                       | Yes   | 1      |
|    | b.                       | No, GO TO NEXT MODULE   | 2      |
|    |                          | Don't know/Not sure, GO TO NEXT MODULE  | 7      |
|    |                          | Refused, GO TO NEXT MODULE  | 9      |
| 6. | About how often do you e | xamine your breasts for lumps?  |        |
|    |                          | (14.  | 3-145) |
|    | a.                       | Times per day 1   |        |
|    | b.                       | Times per week 2  |        |
|    | c.                       | Times per month 3   |        |
|    | d.                       | Times per year 4  |        |
|    | e.                       | Never 8   | 8 8    |
|    |                          | Don't know/Not sure 7   | 7 7    |
|    |                          | Refused 9   | 9 9    |

#### MODULE 3: CERVICAL CANCER SCREENING

#### PLEASE NOTE: ASK ALL FEMALES, OTHERWISE GO TO NEXT MODULE

These next questions are about certain kinds of medical tests and examinations. 1. Have you ever heard of a Pap smear test? (146)Yes ...... No, GO TO Q4 MODULE 3 ..... Don't know/Not sure, GO TO Q4 MODULE 3 ... 7 Refused, GO TO Q4 MODULE 3 ..... 9 2. Have you ever had a Pap smear? (147)Yes ..... 1 No, GO TO Q4 MODULE 3 ..... Don't know/Not sure, GO TO Q4 MODULE 3 ... 7 Refused, GO TO Q4 MODULE 3 ..... 3. When did you have your last Pap smear? Was it: PLEASE READ (148)Within the past year ...... (0 TO 12 MONTHS) 1 a. Within the past two years .... (13 TO 24 MONTHS) b. Within the past five years ... (25 TO 60 MONTHS) c. More than five years ago ...... (61+ MONTHS) d. Don't know/Not sure ..... 7 Refused ..... 9 4. Have you ever had a hysterectomy? PLEASE NOTE: A HYSTERECTOMY IS "AN OPERATION TO REMOVE THE UTERUS." (149)Yes ..... a. No ..... Don't know/Not sure ..... 7

Refused .....

9

#### MODULE 4: COLORECTAL CANCER SCREENING

These next questions are about digital rectal exams, that is, when a doctor inserts his finger in the rectum to check for problems.

| 1. Have you ever heard of a digital rectal exam?    |                     |
|---|---------------------|
|   | (150)               |
| a. Yes  | 1                   |
| b. No, GO TO Q4 MODULE 4                            | 2                   |
| Don't know/Not sure,                                | GO TO Q4 MODULE 4 7 |
| Refused, GO TO Q4 MOD                               | <u>ULE 4</u> 9      |
| 2. Have you ever had a digital rectal exam?         |                     |
|   | (151)               |
| a. Yes  | 1                   |
| b. No, GO TO Q4 MODULE 4                            | 2                   |
| Don't know/Not sure,                                | GO TO Q4 MODULE 4 7 |
| Refused, GO TO Q4 MOD                               | <u>ULE 4</u> 9      |
| 3. When did you have your last digital rectal exam? |                     |
| Was it: PLEASE REA                                  | <u>D</u> (152)      |
| a. Within the past year                             | (0 TO 12 MONTHS) 1  |
| b. Within the past two years                        | (13 TO 24 MONTHS) 2 |
| c. Within the past five years                       | (25 TO 60 MONTHS) 3 |
| OR<br>d. More than five years ago .                 | (61+ MONTHS) 4      |
| Don't know/Not sure.                                | 7                   |
| Refused   | 9                   |

| 4. | . A blood stool test is when the stool is examined to determine whether i contains blood. Have you ever heard of a blood stool test? | t     |
|----|--|-------|
|    |  | (153) |
|    | a. Yes   | 1     |
|    | b. No, GO TO Q7 MODULE 4   | 2     |
|    | Don't know/Not sure, $\underline{\text{GO TO Q7 MODULE 4}}$ .  | 7     |
|    | Refused, GO TO Q7 MODULE 4   | 9     |
| 5. | . Have you ever had a blood stool test?  |       |
|    |  | (154) |
|    | a. Yes   | 1     |
|    | b. No, GO TO Q7 MODULE 4   | 2     |
|    | Don't know/Not sure, $\underline{\text{GO TO Q7 MODULE 4}}$ .  | 7     |
|    | Refused, GO TO Q7 MODULE 4   | 9     |
| 6. | . When did you have your last blood stool test?  |       |
|    | Was it: PLEASE READ  | (155) |
|    | a. Within the past year (0 TO 12 MONTH   | HS) 1 |
|    | b. Within the past two years (13 TO 24 MONTE   | HS) 2 |
|    | c. Within the past five years (25 TO 60 MONTE  | HS) 3 |
|    | d. More than five years ago (61+ MONTE   | HS) 4 |
|    | Don't know/Not sure  | 7     |
|    | Refused  | 9     |

| ′ • | -                        | heard of a proctoscopic exam?                |       |
|-----|--------------------------|--|-------|
|     |                          |  | (156) |
|     | a.                       | Yes  | 1     |
|     | b.                       | No, GO TO NEXT MODULE                        | 2     |
|     |                          | Don't know/Not sure, GO TO NEXT MODULE       | 7     |
|     |                          | Refused, GO TO NEXT MODULE                   | 9     |
| 8.  | Have you ever had a proc | toscopic exam?                               |       |
|     |                          |  | (157) |
|     | a.                       | Yes  | 1     |
|     | b.                       | No, GO TO NEXT MODULE                        | 2     |
|     |                          | Don't know/Not sure, GO TO NEXT MODULE       | 7     |
|     |                          | Refused, GO TO NEXT MODULE                   | 9     |
| 9.  | When did you have your 1 | ast proctoscopic exam?                       |       |
|     | Was it:                  | PLEASE READ                                  | (158) |
|     | a.                       | Within the past year (0 TO 12 MONTHS)        | 1     |
|     | b.                       | Within the past two years (13 TO 24 MONTHS)  | 2     |
|     | С.                       | Within the past five years (25 TO 60 MONTHS) | 3     |
|     | d.                       | More than five years ago (61+ MONTHS)        | 4     |
|     |                          | Don't know/Not sure                          | 7     |
|     |                          | Refused                                      | 9     |
|     |                          |  |       |

## MODULE 5: INJURY CONTROL AND CHILD SAFETY

| 1. | Is there a working smoke | detector in your household?   |         |
|----|--------------------------|---|---------|
|    |                          |   | (159)   |
|    | a.                       | Yes   | 1       |
|    | b.                       | No  | 2       |
|    |                          | Don't know/Not sure   | 7       |
|    |                          | Refused   | 9       |
| 2. |                          | ve you (or has anyone in your household) used a temperature of the hot water? |         |
|    |                          |   | (160)   |
|    | a.                       | Yes   | 1       |
|    | b.                       | No  | 2       |
|    |                          | Don't know/Not sure   | 7       |
|    |                          | Refused   | 9       |
| 3. | What is the age of the y | oungest child in your household?  |         |
|    |                          | (1  | 61-162) |
|    | a.                       | Age in years (If > 10 GO TO NEXT MODULE)                                      |         |
|    | b.                       | No children in household $\underline{	t GO}$ TO NEXT $\underline{	t MODULE}$  | 8 8     |
|    |                          | Don't know/Not sure, GO TO NEXT MODULE .                                      | 7 7     |
|    |                          | Refused, GO TO NEXT MODULE  | 9 9     |
| 4. | Do you have the telephon | e number for the Poison Control Center in your are                            | ea?     |
|    |                          |   | (163)   |
|    | a.                       | Yes   | 1       |
|    | b.                       | No  | 2       |
|    |                          | Don't know/Not sure   | 7       |
|    |                          | Refused   | 9       |

| 5. |   | ter s | something poisonous is swallowed. Do you have any              |       |
|----|---|-------|--|-------|
|    |   |       |  | (164) |
|    |   | a.    | Yes  | 1     |
|    |   | b.    | No   | 2     |
|    |   |       | Don't know/Not sure  | 7     |
|    |   |       | Refused  | 9     |
| 6. | When riding in a car seat or seat belt? | , how | $	ilde{	t w}$ often is the youngest child buckled in a car saf | ety   |
|    | Would you say:                          |       | PLEASE READ  | (165) |
|    |   | a.    | All the time   | 1     |
|    |   | b.    | Most of the time   | 2     |
|    |   | С.    | Sometimes  | 3     |
|    |   | d.    | Rarely   | 4     |
|    |   | е.    | Never  | 5     |
|    |   |       | Don't know/Not sure  | 7     |
|    |   |       | Refused  | 9     |
|    |   |       |  |       |

# MODULE 6: AIDS

Next, I would like to ask you some questions about AIDS and the AIDS virus infection.

| 1. | Compared to most peo | ple, | how much would you say you know about AIDS? |       |
|----|----------------------|------|---|-------|
|    | Would you say:       |      | PLEASE READ                                 | (166  |
|    |                      | a.   | A lot                                       | 1     |
|    |                      | b.   | Some  | 2     |
|    |                      | c.   | A little                                    | 3     |
|    |                      | d.   | Or<br>Nothing                               | 4     |
|    |                      |      | Don't know/Not sure                         | 7     |
|    |                      |      | Refused                                     | 9     |
| 2. | What are your chance | s of | getting the AIDS virus?                     |       |
|    | Would you say:       |      | PLEASE READ                                 | (167  |
|    |                      | a.   | High  | 1     |
|    |                      | b.   | Medium                                      | 2     |
|    |                      | С.   | Low   | 3     |
|    |                      | d.   | Or<br>None                                  | 4     |
|    |                      |      | Don't know/Not sure                         | 7     |
|    |                      |      | Refused                                     | 9     |
| 3. | Has concern about AI | DS c | hanged your life in any way?                |       |
|    |                      |      |   | (168) |
|    |                      | a.   | Yes   | 1     |
|    |                      | b.   | No  | 2     |
|    |                      |      | Don't know/Not sure                         | 7     |
|    |                      |      | Refused                                     | 9     |

| 4. | Have you ever had your        | blood tested for the ALDS virus?                                   |       |
|----|-------------------------------|--|-------|
|    |                               |  | (169) |
|    | a.                            | Yes  | 1     |
|    | b.                            | No, GO TO Q6 MODULE 6  | 2     |
|    |                               | Don't know/Not sure, GO TO Q6 MODULE 6                             | 7     |
|    |                               | Refused, GO TO Q6 MODULE 6   | 9     |
| 5. | Was it when you donated       | blood or was it some other time?                                   |       |
|    |                               |  | (170) |
|    | a.                            | When donated blood   | 1     |
|    | b.                            | Some other time  | 2     |
|    | С.                            | Both   | 3     |
|    |                               | Don't know/Not sure  | 7     |
|    |                               | Refused  | 9     |
| 6. | Have you ever personall AIDS? | $\underline{y}$ known anyone with the AIDS virus infection or with |       |
|    |                               |  | (171) |
|    | a.                            | Yes  | 1     |
|    | b.                            | No   | 2     |
|    |                               | Don't know/Not sure  | 7     |
|    |                               | Refused  | 9     |

# Coding Lists Coding List A: Activity codes

| Code | Description                        | Cod | e Description            |
|------|------------------------------------|-----|--------------------------|
| 01   | Aerobics class                     | 27  | Painting/papering house  |
| 02   | Back packing                       | 28  | Racquetball              |
| 03   | Badminton                          | 29  | Raking lawn              |
| 04   | Basketball                         | 30  | *Running                 |
| 05   | Bicycling for pleasure             | 31  | Rope skipping            |
| 06   | Boating (canoeing, rowing, sailing | 32  | Scuba diving             |
|      | for pleasure/camping)              | 33  |                          |
| 07   | Bowling                            | 34  | Sledding, tobogganing    |
| 08   | Boxing                             | 35  | Snorkeling               |
| 09   | Calisthenics                       | 36  | Snow shoeing             |
| 10   | Canoeing/rowing (in competition)   | 37  | Snow shoveling by hand   |
| 11   | Carpentry                          | 38  | Snow blowing             |
| 12   | Dancing (aerobic/ballet)           | 39  | Snow skiing              |
| 13   | Fishing from river bank or boat    | 40  | Soccer                   |
| 14   | Gardening (spading, digging,       | 41  | Softball                 |
|      | weeding, filling)                  | 42  | Squash                   |
| 15   | Golf                               | 43  | Stair climbing           |
| 16   | Handball                           | 44  | Stream fishing in waders |
| 17   | Health club exercise               | 45  | Surfing                  |
| 18   | Hiking (cross-country)             | 46  | *Swimming laps           |
| 19   | Home exercise                      | 47  | Table tennis             |
| 20   | Horseback riding                   | 48  | Tennis                   |
| 21   | Hunting large game (deer, elk)     | 49  | Touch football           |
| 22   | *Jogging                           | 50  | Volleyball               |
| 23   | Judo/karate                        | 51  | *Walking                 |
| 24   | Mountain climbing                  | 52  | Water skiing             |
| 25   | Mowing lawn                        | 53  | Weight lifting           |
| 26   | Paddleball                         | 54  | Other                    |

## Coding List B: Intensity factors for common leisure activities

#### Lap swimming

50-ft. pool 10 laps = .1 mile 100-ft. pool 5 laps = .1 mile 50-meter pool 3 laps = .1 mile

#### Running/jogging/walking

1/2 mile = .5 mile 1/4 mile = .3 mile 1/8 mile = .1 mile 1 block = .1 mile