

## Chapter 6. Sources of Information

**Table 6.1. Percent of mothers who obtained information about feeding babies from each of the following sources for this baby or a previous one by infant age<sup>1, 2</sup>**

Infant Feeding Practices Study II

	<b>Month 4</b>	<b>Month 10</b>
Doctor, nurse, or other health professional	81.9	76.0
WIC food program	33.4	30.6
Baby care class or support group	22.1	18.6
Relative or friend	65.9	64.1
Books or videos	49.3	46.0
Newsletters	25.9	24.7
Newspapers or magazines	45.9	44.2
Television or radio	11.7	12.0
The web site <a href="http://www.4woman.gov">www.4woman.gov</a>	0.8	0.7
The web site <a href="http://www.womenshealth.gov">www.womenshealth.gov</a>	0.8	0.7
Other web site	30.6	30.0
N	2,232	1,803

<sup>1</sup> Table is based on variables: M4A8A-K, MXA8A-K

<sup>2</sup> Column percentages do not add up to 100% because mothers could choose all that apply

<http://www.cdc.gov/ifps>



**Table 6.2. Percent of mothers who obtained information about herbal or botanical preparations from each source in the past few years regardless of whether or not they gave their baby these products by infant age<sup>1, 2</sup>**

Infant Feeding Practices Study II

	<b>Month 3</b>	<b>Month 10</b>
A sales person at a store	3.7	8.2
Product labels or advertisements	12.3	24.3
Doctor or physician assistant	8.3	19.1
Nurse, nurse midwife, or nurse practitioner	6.1	10.1
An alternative medicine practitioner, herbalist or chiropractor	4.2	10.6
Pharmacist	2.1	5.6
Nutritionist or dietitian	1.7	3.8
Lactation consultant	4.3	6.6
Relative or friend	20.8	46.6
Birthing, baby care, or breastfeeding class	2.3	3.9
Pregnancy or breastfeeding support group	2.6	3.9
Books or videos	6.4	13.8
Newsletters	2.1	6.6
Newspapers or magazines	13.6	28.0
A web site	15.5	26.0
<b>N</b>	<b>2,387</b>	<b>880</b>

<sup>1</sup> Table is based on variables: M3A25A-O, MXA35A-O

<sup>2</sup> Column percentages do not add up to 100% because mothers could choose all that apply

**Table 6.3. Percent of mothers who obtained information about breastfeeding, diet while breastfeeding, and breast pumps from each source for this baby or a previous one at month 2 survey<sup>1, 2</sup>, among mothers who ever breastfed**

Infant Feeding Practices Study II

	<b>N</b>	<b>Information about breastfeeding</b>	<b>Information about my diet while breastfeeding</b>	<b>Information about breast pumps</b>	<b>No information from the source</b>
Doctor or physician assistant	2,065	61.9	33.5	11.1	32.5
Nurse, nurse midwife, or nurse practitioner	2,062	62.7	29.4	19.2	32.7
Nutritionist or dietician	2,052	8.6	10.0	2.6	85.8
WIC food program	2,042	25.6	22.5	11.1	69.5
Lactation consultant	2,057	60.8	25.2	31.0	36.7
Relatives or friends	2,054	54.0	23.7	24.8	39.9
Birthing or baby care class	2,054	33.3	16.9	13.0	65.8
Breastfeeding support group	2,040	8.8	3.6	3.2	90.8
Telephone support helpline or hotline	2,026	6.3	1.4	1.4	93.1
Books or videos	2,064	53.1	34.1	19.7	45.3
Newsletter	2,041	13.5	7.2	3.4	85.5
Newspapers or magazines	2,057	36.2	22.8	15.6	61.0
Television or radio	2,046	5.3	1.4	1.0	94.2
The web site <a href="http://www.4woman.gov">www.4woman.gov</a>	2,052	1.3	0.3	0.3	98.6
The web site <a href="http://www.womenshealth.gov">www.womenshealth.gov</a>	2,049	1.3	0.4	0.3	98.5
Other web site	2,029	28.7	17.6	16.9	68.2

<sup>1</sup> Table is based on variables: M2D2A1-P4

<sup>2</sup> Column percentages do not add up to 100% because mothers could choose all that apply