

Consumer Opinion Panel

Project FIRST

R867-97P OMB No. 0910-0558 Expiration date: 12/31/2007

	SECTION A: HEALTH AND HEALTH CARE										
Are you currently pregnant and at least 18 years old?											
	Yes□ No□ → (THAN	IK YOU, PLEA	SE RETURN QUESTIC	NNAIRE IN THE E	NCLOSED POSTAGE	PAID ENVELOPE)					
2.	When is your baby due? (PLEASE WRITE IN MONTH AND DAY) MONTH:	DAY:									
3.	Who provides your prenatal care? (PLEASE "X" ALL THAT APP	PLY)									
	An obstetrician										
4.	How many weeks pregnant were you when you went for your first prenatal visit?										
	4 weeks or less		13 to 18 weeks 19 to 24 weeks 25 weeks or more]						
5.	Are you covered by any kind of health insurance or any kind of program like Medicaid?	of health care	e plan, such as insu	rance obtained	through an employ	er or a governmen					
	Yes □	No	🗆								
6.	In the past month, were you enrolled in the WIC program or d children? (WIC is a program that gives food to pregnant and					AT APPLY)					
			enrolled or got	🗆 N	0	🗆					
7.	What was your weight just <u>before</u> you became pregnant?		POUNDS								
8.	How tall are you? FEET		INCHES								
9.	What is your age? YEARS										
10.	On the average, how many cigarettes do you smoke a day no	ow? (Write in	0 if you do not smo	oke).							
	CIGARETTES I	PER DAY									
11.	How many people <u>not</u> including yourself smoke inside your ho	ome most da	ys? (Include famil	y members, frier	nds, and anyone e	lse.)					
	0		3	4 or more	🗆						
12.	Have you had gestational diabetes with this pregnancy?										
	Yes □ 1	No 🗆	Don't know								
13.	As best you know, which of the following health conditions do	you yourself	or your baby's oth	er relatives have	e? (PLEASE "X" AI	L THAT APPLY)					
	,	, ,	,		` THE BABY'S	•					
	Louis Tourist Make Assa (Touris I)	YOU, THE BABY'S MOTHER	THE BABY'S <u>FATHER</u>	THE BABY'S BROTHER OR SISTER	GRANDPAREN' AUNTS, OR <u>UNCLES</u>	TS, NONE OF THESE RELATIVES					
	Juvenile onset diabetes (Type I)										
	Asthma										
	Food allergy										
	Allergies to pollen, dust, animals, latex, or anything else										
	Overweight or obesity										
14.	Since you learned that you were pregnant, have you eaten my you learned that you are pregnant and you don't eat the food			Before or Now."	-	eat the food before					
	N		MORE	LESS T	HE SAME BEFO	RE OR NOW					
	Milk or other dairy foods										
	Eggs Canned tuna										
	Swordfish, shark, tile fish, or king mackerel										
	Any other type of fish										
	Shellfish										
	Luncheon meats										
	Nuts, peanuts, or peanut butter										
	Alcoholic drinks										
	Vitamin or mineral supplements										
	Any herbal or botanical supplement										

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IF YOU HAVE <u>NOT EATEN LESS</u> OF ANY FOOD LISTED IN QUESTION 14, GO TO QUESTION 16.

15. For each food that you are eating <u>less of</u>, please indicate the reason. **(PLEASE "X" ALL THAT APPLY)**

				UPSETS MY STOMACH OR MAKES ME FEEL SICK	MAY HARM MY BABY	TO PREVENT A FOOD ALLERGY IN MY BABY	OTHER REASON	
	Milk or other dairy foods							
	Eggs							
	Canned tuna							
	Swordfish, shark, tile fish, o							
	Any other type of fish Shellfish							
	Luncheon meats							
	Nuts, peanuts, or peanut bu							
	Alcoholic drinks							
	Vitamin or mineral supplem							
	Any herbal or botanical sup	plement						
[SECTION	B: EMPLO	YMENT				
16.	Did you work for pay at any time from the 3 mo	•	came pregna		esent time? TO QUESTION	23)		
17.	Using 1 to mean "None" and 5 to mean "Very r	much," how much sa		you get from y		< ?	V=pv Muou /F	
	<u>None (1)</u>		<u>(3)</u> □		<u>(4)</u> □		VERY MUCH (5	1
18.	About how much of your family's income come working. If you have reduced your work hours	because of your pre	egnancy, ans	wer for the tin	ne before you	reduced your	r hours.) —	ne you were
19	Less than half	About half	·		More thar	n half	⊔	
	Yes, the same number of hours as Yes, but with reduced hours							
	Yes, but on leave until after the ba	by's birth	🗆					
20.	How many hours per week do you usually wor	k at this job now? (If	you work at	two or more jo	obs, answer fo	or the total nu	mber of hours y	you work.)
	1 to 9 hours per week			s per week				
	10 to 19 hours per week 20 to 29 hours per week			s per week hours per we				
21.	Thinking of work leave that you can use for manumber of weeks of leave you are eligible for it 0 in all.) WEEKS OF FULLY PAID LEAVE	n each of the catego	ories listed be		ive no leave ti	hat you can u		y leave, writ
22.	In your opinion, how supportive of breastfeedir							
	Not at all supportive Not too supportive			at supportive.				
23.	Do you plan to work for pay during your baby's	-						
	Yes		No	📙 🤻	►(Go to Sect	rion C)		
24.	How many weeks after the baby is born do you							
	Fewer than 4 weeks			eks				
	4 to 6 weeks			eks				
	7 to 9 weeks			eks 30 weeks				
			oro triair c			_		
25.	How many hours per week do you plan to worl	< ?						
	1 to 9 hours per week		30 to 34 ho	urs per week.				
	10 to 19 hours per week			urs per week. 40 hours per w				
26.	How many hours per week would you prefer to	work when you retu	urn to work?					
	1 to 9 hours per week		30 to 34 ho	urs per week.				
	10 to 19 hours per week			urs per week.				
	20 to 29 hours per week			40 hours per wer not to work.				
27	What will you do with your baby while you are	working? (Diesee"	·			_		
	My baby will be cared for by a family member My baby will be cared for by someone not in I will keep my baby with me while I work out:	er my family	□ Iw	ill keep my ba			nome	
ſ		SECTION (C: INFANT F	EEDING				
20 20	What method do you plan to use to feed your new baby in the first few weeks?							
_0.		-						
	Breastfeed only (baby will not be g Formula feed only			→ (Co == 0::	ECTION 241			
	Both breast and formula feed			→ (Go TO QU → (Go TO QU	•			
	Don't know yet		_	→(G0 T0 Q0				

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29	How old do you think your baby will be wh	nen vou first feed him	or her form	ula or any othe	er food besides l	breast milk?			
_0.	Less than one month	•		•					
	1 to 2 months								
	3 to 4 months					-			
		_				. —			
30.	Do you plan to continue breastfeeding after	er you return to work?	•						
	Yes	No 🗆		Do not plan to	o work after the	baby's birth	🗆		
21	How old do you think your baby will be wh	on you completely st	on broastfo	odina?					
31.	Tiow old do you tillink your baby will be wi		•	ealing :					
			MONTHS						
32.	Using 1 to mean "Not at all Confident" and	d 5 to mean "Very Cor	nfident," ho	w confident are	e you that you w	ill be able to br	eastfeed until	the baby is	
	the age you marked in Question 31?	•			,			,	
	Not At All Confident					Very Co	onfident_		
	<u>(1)</u> □	<u>(2)</u> □	<u>(3)</u> □		<u>(4)</u> □		<u>5)</u> ¬		
	ь	Ц	Ц		Ц		_		
33.	Using 1 to mean "Very Uncomfortable" an	d 5 to mean "Very Co	mfortable,"	how comfortal	ble would you b	e in the followir	ng situations?		
				VERY				VERY	
			Unc	OMFORTABLE	(2)	(2)		MFORTABLE	
	Nursing your baby in the presence of close	women friends		<u>(1)</u> □	<u>(2)</u> □	<u>(3)</u> □	<u>(4)</u> □	<u>(5)</u> □	
	Nursing your baby in the presence of men				_				
	close friends								
	Nursing your baby in the presence of men close friends								
				_	_	_	_	_	
34.	Which of the following statements is close	•	-						
	Breastfeeding								
	A mix of both breast and	•				_			
	Formula feeding Breastfeeding and formu								
	Brodeling and forma	na rooding aro oquany	good way	, 10 1000 a bab	<i>y</i>	🗕			
35.	How strongly do you agree or disagree wi	th the following stater	nents?		Sour	Nerries			
				STRONGL	SOME- Y WHAT	NEITHER AGREE NOR	SOMEWHAT	STRONGLY	
				DISAGRE		DISAGREE	AGREE	AGREE	
	Infant formula is as good as breast milk								
	If a baby is breastfed, he or she will be less If a baby is breastfed he or she will be less								
	If a baby is breastfed he or she will be less		-						
	Babies should be exclusively breastfed (fe			_	_	_	_	_	
	months If a child was breastfed, he or she will be l								
	ii a ciliid was breastied, he or she will be i	ess likely to become t	DDESE		Ш			Ш	
36.	How do the following people think your ba		ne first few	weeks? (Mark	"No one in this	category" if the	re is no one in	the category,	
	such as if you don't yet have a pediatricia	n for the baby.)			ONLY	BOTH BREAST	NO OPINION	No one in	
				ONLY	FORMULA	AND	OR DON'T	THIS	
	Baby's father			BREASTFE	ED FED	FORMULA FED	KNOW	CATEGORY	
	Your mother			_					
	Your mother-in-law								
	Your obstetrician or other doctor								
	Baby's pediatrician or other doctor								
37	How important are the following people's	opinions in your decis	ion about h	now to feed you	ır babv?				
01.	Tion important are the fellowing people of	opiniono in your doolo	ion about i	ion to lood you	baby .		No one in		
			AT ALL	NOT VERY	SOMEWHAT	VERY	THIS		
	Baby's father		DRTANT	IMPORTANT □	<u>IMPORTANT</u> □	<u>IMPORTANT</u> □	CATEGORY		
	Your mother								
	Your mother-in-law								
	Your obstetrician or other doctor								
	Baby's pediatrician or other doctor								
38.	About how many of your friends and relati	ives have breastfed th	neir babies?	•					
	One or two								
	Three to five						STION 40)		
	More than five	🗆	Don't know	N	🗆				
20	About how many of your friends and rolati	ivos hava navar brass	tfod thoir ir	ofanta at all?					
39.	About how many of your friends and relatives have <u>never</u> breastfed their infants at all?								
	One or two								
	Three to five □ Don't know □ More than five □								
40. When you were babies, were you and the baby's father ever breastfed?									
				<u>Yes</u>	<u>No</u>	Don't Know			
		, the baby's mother							
	Pah				П				
	Dau	y's father		. 🗆	Ц	ш			
41.				. –	_	_	expectina.		
41.	How many other babies have you had or a			. –	_	_	expecting.		

40							
42.	Have you ever given birth by cesarean? Yes□	No					
40							
43.	Did you breastfeed, for any time at all, any of your other babie Yes		□ →(Go to se	CTION D)			
	-						
44.	How old was your baby when you stopped breastfeeding? (In Less than one month □	7 to 9	months		🗆	ungest one.)	
	1 to 2 months		12 months than 12 months .				
	5 to 6 months	More	than 12 months.		⊔		
	SECTIO	N D: OTHER INFO	RMATION				
45	Have you heard about any problems in food related to:						
70.	•		YES	<u>No</u>			
	Listeria Mercury						
	Dioxins or PCB's						
IF Y	OU HAVE NOT HEARD OF ANY OF THESE PROBLEMS, G	O TO QUESTION	47.				
	For each problem in Question 45 that you have heard of, do y			s related to	the problem?	PLEASE "X"	ALL THA
	APPLY)	,			•	(
	SOME ALL	SOME TYPES	ALL TYPES OF	SOME	SOME TYPES OF	ALL TYPES OF	
	TYPES OF TYPES OF SOME TYPES OF FISH FISH SHELLFISH	F OF MEAT OR CHICKEN	MEAT OR CHICKEN	TYPES OF CHEESES	LUNCHEON MEATS	LUNCHEON MEATS	Don'
	Listeria						
	Mercury □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □						
47	Have you have obtained information about your diet or about	fooding habing fro	m any of the follo	wing course	a for this are	ananov or a pro	vious
47.	one? For information about feeding babies, please think of b	reastfeeding, formu	ula feeding, feedi	ing solid food	ds, or any otl	ner infant feedin	ig
	information.	IFORMATION ABOUT	MY INFORMA	ATION ABOUT	No info	ORMATION FROM	THIS
	Doctor, nurse, or other health professional	DIET WHILE PREGNA	<u> FEEDII</u>	NG BABIES □		SOURCE	
	WIC food program						
	Relative or friend						
	Newspaper or magazine						
	Television or radio						
	The web site, <u>www.4woman.gov</u> The web site, <u>www.breastfeeding.com</u>						
	Other government web site	П					
	Other non-government web site						
48.	Have you recently seen, heard, or read anything about breas		nfant formula fror	n the followii	• .	NT FORMULA	
		YES	<u>No</u>	_ -	YES	<u>No</u>	
	TV Magazine						
	Newspaper	🗆					
	Radio On the internet or web						
	Billboards or outdoor posters						
FOF	R QUESTION 49, PLEASE LOOK AT THE PICTURES ON TH	IE AD INSERT INC	LUDED WITH T	HIS QUEST	IONNAIRE.		
49.	Have you recently seen the ads shown on the Ad Insert? Ha	ve vou recently see	en an ad				
		,,					
					YES N	NOT SL	JRE_
	On TV that shows a pregnant woman riding a mechanical b On TV that shows a pregnant woman drinking soda and eat						
	On TV that shows a pregnant women in a log rolling competit						
	In a magazine or newspaper that shows two dandelions? S						
	In a magazine or newspaper that shows two otoscopes, the Print Ad 2						
	In a magazine or newspaper that shows two scoops of ice of						
	In a magazine or newspaper or on a billboard or the interne breastfeeding? See Print Ad 4						
	·						
50.	Have you recently heard any ads on the radio that feature a ranother ad is a song set to country western music. Have you				d is a song s	set to soul music	c and
	Yes, the soul music ad	No h	ave not heard eit	hor		7	
	Yes, the country western music ad		ure				
51.	Date you completed this form: MONTH DAY _	YEAR					
52.	As mentioned in the brochure, we need your current telephor	ne number in order	to ensure that yo	ou are involv	ed at every s	step of Project F	IRST.
	My current telephone number is:		·				
	Area code Telephone n	umber					
53.	Are you the Synovate Consumer Opinion Panel Member?						
	Yes	N	o	I			
	DI EASE DETIIDN THIS OHESTIONNAIDE AND THE AD INS	THANK YOU.	e boeeibi e in	THE BOST	ACE DAID E	NVELODE DD	אוויבי

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