

**SECTION A: BABY'S FEEDING AND HEALTH**

If your baby is regularly cared for by someone else, it is very important that you ask your child care provider to give you information for the feeding questions.

If you have older children, please think only about your youngest baby when you answer the questions.

**Section A-1: Feeding**

1. In the past 7 days, how often was your baby fed each food listed below? Include feedings by everyone who feeds the baby and include snacks and night-time feedings.

If your baby was fed the food once a day or more, write the number of feedings per day in the first column. If your baby was fed the food less than once a day, write the number of feedings per week in the second column. **Fill in only one column for each item.** If your baby was not fed the food at all during the past 7 days, write in 0 in the second column.

	<u>FEEDINGS PER DAY</u>	<u>FEEDINGS PER WEEK</u>
Breast milk .....	_____	_____
Formula .....	_____	_____
Cow's milk .....	_____	_____
Other milk: soy milk, rice milk, goat milk, etc.....	_____	_____
Other dairy foods: yogurt, cheese, ice cream, pudding, etc. ....	_____	_____
Other soy foods: tofu, frozen soy desserts, etc. ....	_____	_____
100% fruit or 100% vegetable juice .....	_____	_____
Sweet drinks: juice drinks, soft drinks, soda, sweet tea, Kool-Aid, etc. ....	_____	_____
Baby cereal .....	_____	_____
Other cereals and starches: breakfast cereals, teething biscuits, crackers, breads, pasta, rice, etc. ....	_____	_____
Fruit.....	_____	_____
Vegetables .....	_____	_____
French fries .....	_____	_____
Meat, chicken, combination dinners .....	_____	_____
Fish or shellfish .....	_____	_____
Peanut butter, other peanut foods, or nuts .....	_____	_____
Eggs .....	_____	_____
Sweet foods: candy, cookies, cake, etc.....	_____	_____
Other (Please specify) _____	_____	_____

2. What type of baby cereal was your baby fed in the past 7 days? **(PLEASE "X" ALL THAT APPLY)**
- Baby was not fed baby cereal.....       Dry cereal that you added a liquid to.....       Cereal in a jar already mixed .....
3. Which of the following was your baby given in vitamin or mineral drops or pills at least 3 days a week during the past 2 weeks? If your baby was given drops or pills that contained more than one of the items listed, please mark each of the separate items. **(PLEASE "X" ALL THAT APPLY)**
- Fluoride .....       Vitamin D.....       None of these .....
- Iron .....       Other vitamins .....
4. Has your baby used a pacifier in the past 7 days?      Yes.....       No .....
5. During the past 2 weeks, how often was your baby put to bed with a bottle of formula, breast milk, juice, juice drink, or any other kind of milk?
- At most bedtimes, including naps .....
- At most night bedtimes, but not naps.....
- At most naps, but not night bedtimes.....
- Only occasionally at bedtimes, including naps.....
- Never .....
6. How often have you added each of the following items to your baby's bottle of formula or pumped (or expressed) breast milk in the past 2 weeks? If you have not given your baby a bottle in the past 2 weeks, "X " here  and go to Instruction above Question 7.

	<u>NEVER</u>	<u>ONLY RARELY</u>	<u>EVERY FEW DAYS</u>	<u>ABOUT ONCE A DAY</u>	<u>AT MOST FEEDINGS</u>	<u>EVERY FEEDING</u>
Vitamins or minerals .....	<input type="checkbox"/>					
Baby cereal.....	<input type="checkbox"/>					
Sweetener .....	<input type="checkbox"/>					
Medicine .....	<input type="checkbox"/>					
Other (Specify) _____	<input type="checkbox"/>					

**IF YOUR BABY WAS FED FORMULA IN THE PAST 7 DAYS, PLEASE CONTINUE. ALL OTHERS GO TO INSTRUCTION ABOVE QUESTION 13 ON THIS PAGE.**

7. How often does your baby drink all of his or her bottle of formula?  
 Never.....  Rarely .....  Sometimes .....  Most of the time ....  Always .....
8. In the past 7 days, about how many ounces of formula did your baby drink at each feeding?  
 1 to 2...  3 to 4...  5 to 6 ...  7 to 8...  More than 8 ....
9. How often is your baby encouraged to finish a bottle if he or she stops drinking before the formula is all gone?  
 Never.....  Rarely .....  Sometimes .....  Most of the time ....  Always .....
10. Which formula was fed to your baby in the past 7 days? Infant formulas are listed alphabetically on the Formula List insert along with a group number. Please "X" the group number for each infant formula your baby was fed. **(PLEASE "X" ALL THAT APPLY)**

**Group 1**  **Group 2**  **Group 3**  **Group 4**  **Group 5**  **Group 6**

11. What type of formula was your baby fed? **(PLEASE "X" ALL THAT APPLY)**  
 Ready-to-feed .....  Powder from a can that makes more than one bottle.....   
 Liquid concentrate....  Powder from single serving packs.....
12. Which of the following describes the iron content of the formula you usually use?  
 With iron.....  Low iron (additional iron may be necessary) .....

**IF YOUR BABY WAS BREASTFED OR FED BREAST MILK IN THE PAST 7 DAYS, PLEASE CONTINUE. ALL OTHERS GO TO SECTION A-2 ON THIS PAGE.**

13. Does your baby usually feed from both breasts at each feeding?  
 Yes.....  No .....  Baby is only fed pumped milk.....  →(GO TO QUESTION 16)
14. Does your baby usually let go of the breast him or herself?  
 Yes, both breasts...  Yes, first breast only .....  Yes, second breast only .....  No.....
15. About how long does an average breastfeeding last?  
 Less than 10 minutes ..  20 to 29 minutes ....  40 to 49 minutes.....   
 10 to 19 minutes.....  30 to 39 minutes ....  50 or more minutes .....
16. In an average 24-hour period, what is the LONGEST time for you, the mother, between breastfeedings or pumping milk? Please count the time from the start of one breastfeeding or pumping session to the start of the next. Please think of time between feedings during both night and day to find the longest time. **(WRITE IN THE NUMBER OF HOURS AND MINUTES)**  
 \_\_\_\_\_ HOURS **AND** \_\_\_\_\_ MINUTES
17. How many times in the past 7 days was your baby fed pumped breast milk to drink? Include breast milk you expressed in any way as pumped milk. *(Write in 0 if your baby was not fed pumped milk to drink.)*  
 \_\_\_\_\_ TIMES → (IF 0, GO TO SECTION A-2 ON THIS PAGE)
18. How often does your baby drink all of his or her cup or bottle of pumped milk?  
 Never.....  Rarely .....  Sometimes .....  Most of the time ....  Always .....
19. How often is your baby encouraged to finish a cup or bottle if he or she stops drinking before the pumped breast milk is all gone?  
 Never.....  Rarely .....  Sometimes .....  Most of the time ....  Always .....

**Section A-2 Health**

20. Which of the following problems did your baby have during the past 2 weeks? **(PLEASE "X" ALL THAT APPLY)**
- |  |   |
|--|---|
| Fever..... <input type="checkbox"/>              | Runny nose or cold ..... <input type="checkbox"/>               |
| Diarrhea..... <input type="checkbox"/>           | Respiratory Syncytial Virus (RSV)..... <input type="checkbox"/> |
| Vomiting ..... <input type="checkbox"/>          | Cough or wheeze ..... <input type="checkbox"/>                  |
| Ear infection ..... <input type="checkbox"/>     | Asthma ..... <input type="checkbox"/>                           |
| Colic ..... <input type="checkbox"/>             | Food allergy..... <input type="checkbox"/>                      |
| Fussy or irritable..... <input type="checkbox"/> | Eczema (atopic dermatitis)..... <input type="checkbox"/>        |
| Reflux ..... <input type="checkbox"/>            | None of these..... <input type="checkbox"/>                     |
21. Did your baby receive any of the following medicines in the past 2 weeks? *(Please do not include vitamins or minerals.)*
- |                                    | <u>Yes</u>               | <u>No</u>                |
|------------------------------------|--------------------------|--------------------------|
| Antibiotics.....                   | <input type="checkbox"/> | <input type="checkbox"/> |
| Other prescription medicines ..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Non-prescription medicines.....    | <input type="checkbox"/> | <input type="checkbox"/> |
22. Was your baby given any herbal or botanical preparation or any kind of tea in the past 2 weeks? *(Do not count preparations applied to the baby's skin or anything the baby may have received through breastfeeding after you took an herbal or botanical preparation.)*  
 Yes.....  No .....  →(GO TO QUESTION 25 ON PAGE 3)



6. How important was each of the following reasons for your decision to stop breastfeeding your baby? (PLEASE ANSWER EACH ITEM)

	<u>NOT AT ALL IMPORTANT</u>	<u>NOT VERY IMPORTANT</u>	<u>SOMEWHAT IMPORTANT</u>	<u>VERY IMPORTANT</u>
My baby had trouble sucking or latching on .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My baby became sick and could not breastfeed.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My baby began to bite .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My baby lost interest in nursing or began to wean him or herself ...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My baby was old enough that the difference between breast milk and formula no longer mattered.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Breast milk alone did not satisfy my baby.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I thought that my baby was not gaining enough weight .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A health professional said my baby was not gaining enough weight .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I had trouble getting the milk flow to start .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I didn't have enough milk.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My nipples were sore, cracked, or bleeding .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My breasts were overfull or engorged .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My breasts were infected or abscessed .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
My breasts leaked too much.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Breastfeeding was too painful.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Breastfeeding was too tiring .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I was sick or had to take medicine.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Breastfeeding was too inconvenient.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I did not like breastfeeding .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I wanted to be able to leave my baby for several hours at a time ...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I wanted to go on a weight loss diet.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I wanted to go back to my usual diet .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I wanted to smoke again or more than I did while breastfeeding .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I had too many household duties.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I could not or did not want to pump or breastfeed at work.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pumping milk no longer seemed worth the effort that it required.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I was not present to feed my baby for reasons other than work .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I wanted or needed someone else to feed my baby .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Someone else wanted to feed the baby .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I did not want to breastfeed in public .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I wanted my body back to myself.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I became pregnant or wanted to become pregnant again .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

7. Did any of the following people want you to stop breastfeeding? (Mark "does not apply" if you do not have the person listed, such as "employer" if you do not work for pay.)

	<u>YES</u>	<u>NO</u>	<u>DOES NOT APPLY/ DON'T KNOW</u>
The baby's father .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your mother .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your mother-in-law .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your grandmother.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Another family member.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A doctor or other health professional .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Your employer or supervisor.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

8. Using 1 to mean "Very unfavorable" and 5 to mean "Very favorable," how do you feel about the experience of having breastfed your baby?

<u>VERY UNFAVORABLE</u>					<u>VERY FAVORABLE</u>
<u>1</u>	<input type="checkbox"/>	<u>2</u>	<input type="checkbox"/>	<u>3</u>	<input type="checkbox"/>
<u>4</u>	<input type="checkbox"/>	<u>5</u>	<input type="checkbox"/>		

9. Using 1 to mean "Not at all likely" and 5 to mean "Very likely," how likely is it that you would breastfeed again if you had another child?

<u>NOT AT ALL LIKELY</u>					<u>VERY LIKELY</u>
<u>1</u>	<input type="checkbox"/>	<u>2</u>	<input type="checkbox"/>	<u>3</u>	<input type="checkbox"/>
<u>4</u>	<input type="checkbox"/>	<u>5</u>	<input type="checkbox"/>		

SECTION H: SLEEPING ARRANGEMENTS, WORK, CHILD CARE, AND OTHER INFORMATION

Section H-1: Sleeping Arrangements

1. Please complete the information below for the times your baby was 2 weeks old, 1 month old, 2 months old, and now. Some of the questions ask you to think about "night." If your major time for sleeping is some time other than at night (for example, if you work at night and sleep during the day), please think of your major sleep period when the question asks about "night."

Table with 5 columns: Question, 2 Weeks, 1 Month, 2 Months, Now. Rows include longest time slept at night, position for naps, position to sleep at night, where usually sleep at night, what usually sleep in at night, and if ever lie down with or sleep with baby at night.

(Answer g through j only for the time periods you lay down with your baby)

Table with 5 columns: Question, 2 Weeks, 1 Month, 2 Months, Now. Rows include: g. On the nights you lay down with or slept with your baby, did you usually have the baby with you all night or part of the night?; h. How many nights per week did you and your baby usually lie down together or sleep together?; i. When you and your baby lay down together or slept together, did you usually: Stay with the baby and also sleep; Keep awake until the baby was asleep or finished feeding, and then put the baby somewhere else while you slept?; j. On the nights when you and your baby lay down together or slept together, who else usually lay down with or slept with you? (PLEASE "X" ALL THAT APPLY)

2. What are your reasons for bringing your baby to bed with you? (PLEASE "X" ALL THAT APPLY)

Table with 2 columns: Reason, checkbox. Reasons include: It is commonly done in my family; Sleeping with my baby helps the baby or me to sleep better; I think it is safer if my baby sleeps with me or us; A doctor or nurse advised sleeping with my baby; To breastfeed; To bottle feed; To help with a blocked milk duct or other breastfeeding problem; To be close or bond; To comfort when fussy; To comfort when sick.

IF YOU BROUGHT YOUR BABY TO BED WITH YOU, GO TO SECTION H-2 ON PAGE 6

3. What are your reasons for not bringing your baby to bed with you? **(PLEASE "X" ALL THAT APPLY)**

- It is not commonly done in my family .....
- We wake each other up, or baby wakes me or others in the bed.....
- I think it is safer if my baby does not sleep with me or us .....
- I don't think the baby should sleep with me because I smoke, take sedative medicine, or other reason.....
- A doctor or nurse advised not sleeping with my baby .....
- I think it will be too hard to get my baby to sleep in a crib when he or she is older .....

**Section H-2: Employment**

4. Did you work for pay at anytime from the 3 months before you became pregnant up to the end of your pregnancy?

- Yes.....  No .....  **→(GO TO QUESTION 6)**

5. How many months pregnant were you when you stopped working?

- I stopped working before I became pregnant .....  8 months pregnant .....
- Less than 3 months pregnant .....  9 months pregnant .....
- 3 to 5 months pregnant.....  Did not stop working before the birth.....
- 6 to 7 months pregnant.....

6. Did you work for pay any time during the past 4 weeks?

- Yes.....  No .....  **→(GO TO SECTION H-3 ON PAGE 7)**

7. How old was your baby when you began working after your delivery? *(If you are not sure, give your best estimate.)*

\_\_\_\_\_ MONTHS AND \_\_\_\_\_ WEEKS

8. How many hours per week did you usually work at your job during the past 4 weeks? *(Answer for whatever time you have been working if less than 4 weeks) (If you work at two or more jobs, answer for the total number of hours you work.)*

- 1 to 9 hours per week .....  30 to 34 hours per week .....
- 10 to 19 hours per week .....  35 to 40 hours per week .....
- 20 to 29 hours per week .....  More than 40 hours per week .....

9. What type of setting do you work in?

- A building (for example, office building, store or other retail building, restaurant, hospital, school).....
- A private residence (for example, your home or someone else's home) .....
- A vehicle (for example, transportation, delivery, flight attendant, pilot) .....
- Outdoors (for example, farmer, outdoor repair, gardener) .....
- Other .....

10. Using 1 to mean "None" and 5 to mean "Very much," how much satisfaction do you get from your paid work?

- NONE** **2** **3** **4** **VERY MUCH**
- 1** **2** **3** **4** **5**
- 

11. What do you do with your baby while you are working? **(PLEASE "X" ALL THAT APPLY)**

- My baby is cared for by a family member .....  I keep my baby with me while I work outside my home.....
- My baby is cared for by someone not in my family .....  I keep my baby with me while I work at home .....

12. In your opinion, how supportive of breastfeeding is your place of employment?

- Not at all supportive.....  Somewhat supportive .....
- Not too supportive .....  Very supportive .....

13. Did you breastfeed for any time in the past 4 weeks?

- Yes.....  No .....  **→(GO TO SECTION H-3 ON PAGE 7)**

14. Which of the following circumstances describe your situation during the past 4 weeks? *(If you have stopped breastfeeding, please answer for the time you were breastfeeding)* **(PLEASE "X" ALL THAT APPLY)**

- I keep my baby with me while I work and breastfeed during my work day.....  I pump milk during my work day and save it for my baby to drink later.....
- I go to my baby and breastfeed him or her during my work day.....  I pump milk during my work day, but I do not save it for my baby to drink later .....
- My baby is brought to me to breastfeed during my work day.....  I neither pump milk nor breastfeed during my work day.....

15. Have you had any of the following experiences during the past 4 weeks? Mark "No" if the item does not describe your circumstances, such as if you have no coworkers for the first item. (If you have stopped breastfeeding, please answer for the time you were breastfeeding.)

	<u>Yes</u>	<u>No</u>
A coworker made negative comments or complained to me about breastfeeding.....	<input type="checkbox"/>	<input type="checkbox"/>
My employer or my supervisor made negative comments or complained to me about breastfeeding.....	<input type="checkbox"/>	<input type="checkbox"/>
It was hard for me to arrange break time for breastfeeding or pumping milk.....	<input type="checkbox"/>	<input type="checkbox"/>
It was hard for me to find a place to breastfeed or pump milk .....	<input type="checkbox"/>	<input type="checkbox"/>
It was hard for me to arrange a place to store pumped breast milk.....	<input type="checkbox"/>	<input type="checkbox"/>
It was hard for me to carry the equipment I needed to pump milk at work.....	<input type="checkbox"/>	<input type="checkbox"/>
I felt worried about keeping my job because of breastfeeding .....	<input type="checkbox"/>	<input type="checkbox"/>
I felt worried about continuing to breastfeed because of my job.....	<input type="checkbox"/>	<input type="checkbox"/>
I felt embarrassed among coworkers, my supervisor, or my employer because of breastfeeding.....	<input type="checkbox"/>	<input type="checkbox"/>

**Section H-3: Child Care**

16. Was your baby cared for by someone other than you on a regular schedule during the past 4 weeks? That is, did someone else usually keep your baby at least once a week for 3 or more hours at a time? (Include arrangements in which the exact day or time may change if the child care usually occurred at least once a week.)

**Please mark "yes" if your baby is regularly cared for by anyone other than you, including the baby's father or other close relative.**

Yes.....                       No.....  →(GO SECTION J ON PAGE 8)

17. Who usually kept your baby during the past 4 weeks? (PLEASE "X" ALL THAT APPLY)

- Baby's father.....                       Other family member.....
- Baby's grandparent(s).....                       Someone not in your family.....

18. Where did the child care usually occur? (PLEASE "X" ALL THAT APPLY)

- Baby's home with no other children.....                       Other private home with other children or baby's brothers or sisters.....
- Baby's home with other children or baby's brothers or sisters.....                       Day care or child care center.....
- Other private home with no other children.....                       Other.....

19. How many days in an average week was your baby cared for by your regularly scheduled child care provider(s)? (Include days your baby was cared for by family members if they regularly provide child care while you are away from the baby)

\_\_\_\_\_ DAYS PER WEEK

20. On an average day when your baby was with your regular child care provider(s), how many hours was he or she with the child care provider(s)?

\_\_\_\_\_ HOURS

**FOR QUESTIONS 21-23, IF YOUR ANSWER IS DIFFERENT FOR DIFFERENT CHILD CARE PROVIDERS, ANSWER FOR THE ONE WHO FED YOUR BABY THE MOST TIMES PER WEEK.**

21. In your opinion, how supportive of breastfeeding is your child care provider?

- Not at all supportive.....                       Somewhat supportive.....                       Don't know.....
- Not too supportive.....                       Very supportive.....

22. On an average day when your baby was with your child care provider, how many times did the child care provider feed him or her? Please include feedings of breast milk, formula, and all other foods, and include meals and snacks.

\_\_\_\_\_ TIMES PER DAY FED BABY      None.....  →(GO INSTRUCTION ABOVE QUESTION 24)

23. How often did you find out what your regularly scheduled child care provider fed your baby?

- Seldom or never.....                       Sometimes.....                       Always or most of the time.....

**IF YOUR BABY IS ONLY CARED FOR IN YOUR HOME, GO TO SECTION J ON PAGE 8.**

**ANSWER QUESTIONS 24-26 FOR YOUR CHILD CARE THAT IS OUTSIDE OF YOUR HOME. IF YOU HAVE MORE THAN ONE CHILD CARE PROVIDER OUTSIDE OF YOUR HOME, ANSWER FOR THE ONE WHO FEEDS YOUR BABY THE MOST TIMES PER WEEK.**

24. Under your regular child care arrangements in the past 4 weeks, who usually provided the formula, if any, and food that your baby drank and ate? Include meals and snacks. (PLEASE "X" ALL THAT APPLY)

	<u>THE CHILD CARE PROVIDER</u>	<u>YOU, THE MOTHER</u>	<u>SOMEONE ELSE</u>	<u>BABY WAS NOT FED THIS ITEM</u>
Who provided the baby's formula?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Who provided the baby's food for meals? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Who provided the baby's snacks? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

25. Does your child care provider:

	<u>YES</u>	<u>NO</u>	<u>DON'T KNOW</u>
Feed a mother's pumped breast milk to her baby? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Allow mothers to breastfeed at the child care place before or after work? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Allow mothers to come in and breastfeed during their lunch or other breaks? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thaw and prepare bottles of pumped milk if needed? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Keep extra breast milk in a freezer for use if they run out during the day? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

26. How long does your child care provider keep fresh and thawed breast milk in the refrigerator?

	<u>THROWS MILK OUT OR SENDS IT HOME DAILY</u>	<u>KEEPS MILK OVER 1 NIGHT</u>	<u>KEEPS MILK OVER 2 NIGHTS</u>	<u>KEEPS MILK 3 NIGHTS OR LONGER (SUCH AS OVER A WEEKEND)</u>	<u>DON'T KNOW</u>
Fresh breast milk.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thawed breast milk.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**SECTION J: OTHER INFORMATION**

1. During the past 2 weeks, have you had any health conditions which made it hard or impossible for you to take care of your baby?  
Yes .....  No .....

2. On the average, how many cigarettes do you smoke a day now? (Write in 0 if you do not smoke).  
\_\_\_\_\_ CIGARETTES PER DAY

3. How many people including yourself smoke inside your home most days? (Include yourself, family members, friends, and anyone else.)  
0.....  1.....  2.....  3.....  4 or more.....

4. What kind of birth control are you or your husband or partner using now? (PLEASE "X" ALL THAT APPLY)

Not using any kind of birth control .....	<input type="checkbox"/>	Shot once a month (Lunelle®).....	<input type="checkbox"/>
Not having sex (abstinence) .....	<input type="checkbox"/>	Shot once every 3 months (Depo-Provera®) .....	<input type="checkbox"/>
Tubes tied or closed (female sterilization) .....	<input type="checkbox"/>	Contraceptive patch (OrthoEvra®) .....	<input type="checkbox"/>
Vasectomy (male sterilization) .....	<input type="checkbox"/>	Diaphragm, cervical cap, or sponge .....	<input type="checkbox"/>
Mini-pill .....	<input type="checkbox"/>	Cervical ring (NuvaRing® or others) .....	<input type="checkbox"/>
Pill .....	<input type="checkbox"/>	IUD (including Mirena®) .....	<input type="checkbox"/>
Condoms .....	<input type="checkbox"/>	Rhythm method or natural family planning .....	<input type="checkbox"/>
Withdrawal (pulling out) .....	<input type="checkbox"/>		

5. What is your weight now? \_\_\_\_\_ POUNDS

6. Which of the following statements is closest to your opinion? The best way to feed a 3-month old baby is:  
Breastfeeding .....   
A mix of both breast and formula feeding .....   
Formula feeding.....   
Breastfeeding and formula feeding are equally good ways to feed a baby...

7. In the past month, were you or your baby enrolled in the WIC program or did you get WIC food or vouchers for yourself or for your baby? (WIC is a program that gives food to pregnant and nursing women, babies, and young children.) (PLEASE "X" ALL THAT APPLY)

Yes, I was enrolled or got WIC food for myself.....  Yes, my baby was enrolled or got WIC formula or food .....  No.....

8. Does your baby have any serious, long-term medical problems?  
No.....  Yes .....  →(PLEASE EXPLAIN BRIEFLY) \_\_\_\_\_

9. Date you completed this form: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_